

Nursing . . . Its Beginning And Its Future As Described By UNC Public Nurse Department Head

CHAPEL HILL—One woman saved 1,500 wounded men from freezing by keeping her wits about her, working ceaselessly to keep fires going and feeding the men her own nourishing version of a hot toddy.

A N. C. woman, moved by a gory dream about a bleeding body, traveled by horseback through a winter night to Moores Creek in Pender County near Wilmington and found 20 wounded men lying under a tree. She tended to their wounds, fed them soup and then rode home to the children she had left the night before.

These women were moved to care for the sick and employ the healing touch. Today they are called nurses and their bicentennial story was recently told to members of the N. C. Nurses' Association attending clinical sessions in Greensboro by keynote speaker Dr. Dorothy Talbot, head of the department of

public health nursing at the University of North Carolina at Chapel Hill.

"Nursing has two universals," Dr. Talbot said, "caring and touch. Man always has, does and will need them in order to live."

In her presentation, she described the profession of nursing in 1776, 1876 and today. She concluded with remarks about nursing in 2076.

Nursing today has come a long way from what it was in 1776, she said, "when hospitals were robbing the United States or more citizens than the sword."

"Two hundred years ago men were obsessed with the problem of female morality," she said, "so there was no place for trained female nurses, women who would touch with warmth and caring the bodies of men."

"Nursing, therefore, was improvised, individualistic and occasionally ingenious.

Care of the sick was primarily the responsibility of each household," Dr. Talbot said.

The Moravians in Winston-Salem, she noted, had organized nursing services as early as the 1700's. Only men, however, were appointed "sick nurses" and the service they provided was very good, she said.

Ingenuity was the key to the development of better nursing methods in those early times.

One heroine of the American Revolution remembered in North Carolina is Mrs. Kerenhappuck Turner, Dr. Talbot said. Mrs. Turner, she said, rode from Maryland to Guilford County to nurse her son who had been injured in the war.

"Upon finding him, she carefully laid him on the floor of a log cabin," Talbot said. "Then she secured wooden tubs, bored holes in them and suspended them from the rafters. She filled

the tubs with cool water and allowed the water to drip on her son's infected wounds.

"This constant dripping was as efficient as a modern ice pack," Dr. Talbot said.

In the 1800's North Carolinians harvested most of their medicinal drugs from fields and forests. But some were imported, like quinine, which was the only known effective drug for malaria.

During the malaria epidemics quinine became precious and scarce, and the port cities, also plagued by the fever, were very reluctant to sell the drug to nurses or doctors from rural states like North Carolina.

Therefore, some North Carolina women became quinine smugglers.

"They would travel to these ports, purchase the quinine illegally," Talbot said, "and stuff it in dolls or sew it into hoop skirts and so avoid being caught. They would then return to the state and dispense it,

especially in the coastal areas where malaria was rampant."

During the Civil War, Mary Ann (Mother) Bickerdyke nursed both the Blue and the Grey up and down the Mississippi River without pay or authority, Dr. Talbot noted.

"One freezing night in the battle of Lookout Mountain near Chattanooga," she said "the hospital tents were blown down by an ice storm. Mother Bickerdyke prepared a quantity of 'panado', a concoction of crackers, sugar, hot water and whiskey and ordered men to burn the log supports of the tents for warmth.

"She ran all night from man to man with hot bricks in one hand, hot drinks in the other," she said. "She saved 1,500 men—a measure of her nursing intervention!"

Regardless of all of these splendid examples of the ability of women to nurse, Dr. Talbot said, it took World War II to bring

American nursing to its present stature.

"Femininity in foxholes, with mud-caked khaki coveralls over pink panties," she remarked, "captured the attention of the public and the fighting men. Nurses were made officers and became colleagues with physicians."

Today, however, the Miss Nightingale image of the nursing profession, along with that of the physician, is being questioned.

Dr. Talbot said defensive nursing, like defensive medicine practiced by physicians, is becoming popular.

She also said that because of the rise in malpractice suits, insurance agencies and other firms may enlist the services of nurses and other medical personnel to watch doctors.

"Our professional conduct will cause us more and more to 'blow the whistle' when care is not good" she said.

"We will also need continuing education as the consumer asks more often, 'Are you a practicing nurse? Show me your credentials.'"

"Consumers will decide who will nurse them. They will scrutinize and judge our work. There will be less innovation—for we will all have to be 'super careful' and practice defensive nursing," Dr. Talbot said.

In 2076 nurses may not even be fashionable, she said.

As salaries increase, health care institutions are finding it economical to use a higher proportion of workers with less training and who, therefore, command less wages.

Dr. Talbot strongly suggested that nurses control their future by working in seven important areas.

The American Nurses Association, she said, should be recognized as a bona fide labor union; and one accrediting body for nursing

education programs should be chosen among the competing National League for Nursing and the American Nurses Association.

A standard certification program should be agreed upon if the subject of licensing nurses is ever to be settled, she said. This is also necessary if the exact role of the nurse is to be identified, she added.

Finally, she said, nurses have to participate in determining who the primary care provider for the future will be; how the quality of nursing care will be assured; and, who should be included in making policy decisions that relate to health care services for consumers.

Although nurses may be in an ambiguous and uncomfortable position today, she said, their basic role of helping manage anxiety, stress and pain will remain the same.

Continued On Page 6

The Society News

Dr. and Mrs. Edward G. Bond, Pat and Grif Bond, Mrs. John A. Bunch and Ben Bunch attended the Carolina-Clemson Basketball game in Greensboro last Wednesday.

Mrs. Kermit Layton Jr. spent last weekend in Windsor visiting her parents Mr. and Mrs. Duke Spruill.

Mrs. Grover Bayles, Sr. has returned to her home in Newport News.

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TALK TO THE INTEGON LISTENER.

Va. after visiting her son and his family Mr. and Mrs. Grover Bayles at Hornblow Point.

Mr. and Mr. Robert Wilkins have returned after spending several days visiting relatives in New York and Mass.

Mr. and Mrs. N. J. George attended the Inaugural Ball Friday night in Raleigh.

Mr. Bill Bowen of Windsor was guest of Miss Margaret Farless last weekend.

Mrs. Kermit Layton, Sr. is visiting her mother Mrs. R. O. Shaheen in Jacksonville this week.

Mrs. Lance Bufflap of Wilmington spent the weekend as guest of her father-in-law and sister-in-law, J. Edwin Bufflap and Miss Dorothy Bufflap.

Mr. and Mrs. Bill Ervin and son of Wilmington were weekend guests of Mr. Ervin's parents, Mr. and Mrs. James Ervin.

Mrs. Gladys Hughes has returned after spending the Christmas Holidays with her son and family Col. and Mrs. Frank A. Hughes in New Orleans.

Mr. and Mrs. Hiram Weeks spent the weekend in Charlotte and attended the N. C. State Motor club convention.

The Veterans Administration leads all federal agencies in hiring Vietnam-era veterans with more than 33,000 on its rolls.

For And About Women

Thursday, January 13, 1977

THE CHOWAN HERALD

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The Bandon Notebook By Maggie B.

By Maggie B.

Looks like old man Winter is here to stay awhile. As I looked at the lovely Chowan River this morning, there was pure ice beyond our pier, the wind was still blowing and water choppy. But don't forget, any day you can get out of bed, walk over to the window and look out is a good day, regardless of the weather...so many, many people can't.

Country Club Luncheon Set

The Chowan Golf and Country Club ladies' auxiliary will hold its monthly luncheon on January 20. Bridge and golf will be available, it was reported.

Members are asked to make reservations by next Tuesday through Mrs. Wesley Chesson at 482-2336.

Garden Club Holds Meeting

The December meeting of the Garden of Eden Club was held last Tuesday at the home of Mrs. Fred Drane on West Water Street.

Lewis Fink of Rocky Mount presented an interesting talk and slide presentation on birds in the U.S. The regular business session followed, and refreshments were served.

I received a note from a friend with whom I had gone to Grammar School many years ago. Inside she enclosed a little poem which I guess she had cut out of a magazine. Share it with me:

Life Long Friendship
Friendship is a chain of gold,
Shaped in God's all perfect mold,
Each link a smile, a laugh, a tear,
A touch of the hand, a word of cheer.
Friendship is precious—something money cannot buy—cherish it. To me, friends are far more to be desired than wealth.

Sunday morning the rains had stopped but the skies still looked as if they were going to cry again. Supt. H. T. Bunting warmly welcomed the fine group assembled for Sunday School at Bandon. It seems that Dave Lapham is really determined that the women are going to cook for the

men at the close of our contest. He was the first to bring in two new people to Sunday School! Supt. Bunting sadly announced that our dear friend, Gus Perry passed away about 11 A. M. Saturday and would be buried Monday.

Prayer List: Mr. Roy Housden will be admitted to Portsmouth Naval Hospital on Monday. He will be in Ward "A" in case anyone would like to send a card. Mrs. Eva Jernigan came home from the hospital Monday afternoon but still needs our prayers; also still in need of prayer are Bill Matthews, Mrs. Donna Hardison, Mrs. Juanita Elliott, Mrs. Neelie Smith, Mrs. Myrtle Peele and Mrs. Jessie Porter. Please add our friends to your prayer list as well as our missionaries and our beloved pastor.

Local Educators Review Successful Programs

North Carolina educators had an opportunity to observe over 40 successful education projects from across the nation January 6-7 in Raleigh. The projects, which have resulted in significant learning gains for students, were presented at an Awareness Conference held at McKimmon Continuing Education Center on the N. C. State University campus.

John Guard, principal at White Oak School, and Don Lassiter, Edenton-Chowan Director of Instruction, were among the 500 educators viewing and making project presentations.

Project PEGASUS - PACE, a validated, innovative tool for placing a child at the proper instructional reading level, was presented by the local educators. PEGASUS, which was patterned after a successful program in the Tuscaloosa, Ala. school system, is in its second year of operation at White Oak

School. The project recognizes that learning is multi-dimensional, and places more emphasis on progressive, continuous building of reading skills than on specific instructional material. This is accomplished through individually diagnosing a student's level of skills through an informal inventory and proceeding with individualized diagnostic instruction.

Sponsored by the Department of Public Instruction's Division of Development, the conference was organized to give teachers and administrators an opportunity to learn about proven, successful educational methods being used in other states.

The presentations covered a wide range of topics including: reading, math and science education, guidance services, teacher evaluation, career education, community involvement, and program for exceptional children.

Bible Study will be Continued On Page 6

'No, Not One' Is Edenton Baptist Sermon Topic

Dr. Robert E. Gray, pastor of Edenton Baptist Church, has selected for his sermon subject at the 11 o'clock worship Sunday morning the topic "No, Not One." Scripture will be taken from Romans 3:1-20.

Special music at the morning worship will be the Sanctuary Choir rendering "Jesus, Name of Wondrous Love."

At the 7:30 evening service, he will speak on "Philip, Runner for The Lord" with text taken from Acts 8:26-40.

Arts Council Concert Set

The Chowan Arts Council is sponsoring an organ concert by Hugh Dial on January 20 at 7:30 P.M. in St. Paul's Episcopal Church.

Dial is from Concord, and is a graduate of the University of North Carolina at Greensboro; and has his master's degree from the University of North Carolina at Chapel Hill. He has had special organ studies at Davidson College.

His interest in drama was furthered with his work with the Lost Colony production where he was assistant organist and helped with costuming. His organ concert during the Edenton Symposium last April was one of its highlights and enjoyed by all who attended. Dial is the organist at St. Paul's Church.

The concert is free and open to all the public.

A Memorable Day

The first day of seventy-seven was bitter cold. If God calls we must go, whether young or old. From my window I could see the tent, And watch the people how they came and went.

The ground was frozen, the wind icy cold. George went out into eternity, he wasn't so very old. Yes when the death angel makes the call, Then we have to go not just one but all.

They buried him there in the family plot. The wind blew cold, it did not stop. He had a sister and several brothers, too. This man I am referring to, I really never knew.

I watched the tent toss to and fro. Yes it is a signal we all must go. I marched around the grave on frozen ground, To view the beautiful flowers that lay all around.

This life is short and filled with woe. When God calls us into eternity we'll have to go. We'll have to meet the deeds we have done. We hope to enter where there be no setting sun.

It's appointed unto man once to die. What few years we are here they seem to fly. And then the judgment we'll have to face. This applies not to one but all the human race.

I was asked what I would write on next. We never know this life is short and so complexed. My life has been one that I can't explain. At the end a better home I hope to gain.


BY MARY LIZZIE LANE

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HOURS: 10 A.M. — 5 P.M.

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