

Some Tips For A Better Lawn

RALEIGH—With winter loosening its frigid grip and warmer days appearing, people have begun to get interested in sowing seeds and spreading limestone and fertilizers.

Resolutions have been made to have a prettier lawn and a more productive garden than in past years. All are aware of the effort required in having the "model" yard and-or garden. Likewise, it is known that effort alone does not always mean success. Therefore, for optimum results our energy should be coupled with a basic knowledge of how to use fertilizer and lime materials effectively.

At the outset, users of fertilizers and limestone need to know what is inside the bag of materials they have bought. Secondly, the user needs to know how much of these materials to apply. Obviously, at this point you can see the answers to these questions would first require having how much nutritive value the soil contains before applying these materials. The only way this can be accomplished is by having

the soil analyzed in a soil-testing laboratory.

The soil test reveals how much phosphorus and potassium are present for plan use. Recommendations on how much fertilizer to apply are based on how much of each particular plant nutrient is in the soil. A soil test also tells the amount of soil acidity present, which in turn determines the amount and type of limestone needed. There are two kinds of limestone, calcitic lime which supplies only calcium and dolomitic lime which supplies both calcium and magnesium.

Dr. Ray Tucker, plant agronomist with the N. C. Department of Agriculture, states that confusion on the proper use of fertilizer arises because many people are not familiar with the numbers on the fertilizer label. For example, if you see a fertilizer bag labeled 8-8-8, what do these numbers mean? The first number refers to the per cent nitrogen(N) in this mix, the second number represents the per cent phosphate (P2O5), and the third number is the per cent

potash (K2O). These label numbers will always represent nitrogen, phosphate, and potash in this order. Therefore, if you buy 100 lbs of 10-10-10 you have 30 lbs of plant food. Consequently, if you applied 20 lbs. of 10-10-10-one thousandths square feet you would be supplying 2 lbs. each of nitrogen, phosphate, and potash. On the other hand, suppose the label read 20-20-20. In this case the percentage of plant food is twice as high, hence you would need only half the amount to get the same quantity of plant food. As you can see, the amount of fertilizer you apply varies with the per cent of the material.

A final point—if a soil test reveals a reduced need for phosphorus and potassium, a lower rate or a material with a lower percentage of these nutrient elements could be used. In fertilizer terminology this is referred to as grades and ratios. For example, a 10-10-10 fertilizer has a 1-1-1 ratio. A material such as 20-20-20 has the same ratio but a different grade of fertilizer. There are many different ratios and grades

sold in North Carolina and can be purchased at most major fertilizer supply centers. These different ratios and grades exist so that you can purchase what you need when you need it.

The agronomic Division, NCDA, analyzes both soil and plant samples in an effort to assist growers in buying the appropriate ratio and grade of fertilizer materials they need and suggest rates at which they should be applied. For further information call (919) 733-2656 in Raleigh or contact your local county extension office.

Certified

Mickey Spruill of Spruill's Business Machine Service recently completed service school and was certified for repairs of the Olympia models 65 and 45, and the IBM Selectrics.

He received training in Winston-Salem and Atlanta, Ga.

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Bill Meads

Bill Meads

Takes Pastorate

Evangelist Bill Meads has become minister of the Church of Christ in Edenton, effective this week. Meads, who has been preaching for the past 23 years, and his wife, Catherine, moved here from Elizabeth City.

Originally from Birmingham, Ala., Meads is a former school principal and his wife, a nurse.

The Meads state that while they are working full-time with the church, they wish to become active in the community and civic organizations.

His sermon subject this Sunday at the 10:30 A. M. worship service will be "Thy Kingdom Has Come", and the topic for the 6 P. M. service will be "God Separated His People."

Mrs. Phipps, 55

Taken In Death

Mrs. Pearlle Hudson Phipps, 55 of Duarte, Calif., died March 25.

She was a native of Chowan County, the daughter of the late Charlie Hudson and Mrs. Aline Hudson of Duarte, Calif. She was the niece of David and Moncie Hudson, Edenton and Mrs. Mae Sawyer, Elizabeth City.

Funeral services were held Tuesday, March 29 at the Rainbow Chapel with Burial in Rose Hill Cemetery, Whittier, Calif.

Nutrition Seen As Problem In State

Nutrition should be an important concern for people throughout their lives, not just while they're young and growing, a North Carolina nutritionist believes.

Barbara Hughes, nutrition and dietary services branch head with the Division of Health Services in the N. C. Department of Human Resources, feels that the state has a nutrition problem—one that should not be ignored, regardless of a person's age.

But two areas of great concern to Chowan County food stamp workers are children and the elderly. Ron Huffman of the Social Services Department feels that food stamps can help the nutrition problem of children and the elderly here.

According to Mrs. Hughes, children have some special nutritional needs. Since their bodies use food more quickly than adults, they need to eat more frequently, but in small

amounts, than adults. "Avoid giving a child an adult-size portion. Serve him according to his age, activities and interest in particular foods," she explained.

"Children mimic the food and eating habits of their parents or caretakers. They will watch and eat what an older person eats," Mrs. Hughes said.

Sometimes children like raw foods, such as fruits and vegetables, more than if they're cooked, Mrs. Hughes noted. "Let them learn to like things. Let them hold them."

Another target group for County food stamp workers is the elderly. For persons who live on fixed incomes and have to trim costs, they may begin by cutting down food items, thus depriving of important nutrients, authorities believe.

Mrs. Hughes said that proper eating habits vary little from the child to the elderly person. No foods should be left off after a

certain age, she noted. For example, adults need milk even though they're not growing because their bones and tissues continue to regenerate.

Fruits and vegetables are important for the elderly person, Mrs. Hughes said. Citrus juices and bright green, yellow and leafy vegetables add important nutrients.

County Food Stamp officials hope some of the nutritional problems encountered by children and the aged here can be alleviated by providing adequate diets through the use of Food Stamps. Call local office for more information, 482-7441.

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		Bone End Chuck Steak lb. 79¢	 Red and White Roll Sausage lb. 69¢	Quart Size Red and White Salad Dressing jar 58¢	Lysol Spray 14 oz. \$1.39	Gates Salad Cubes 22 oz. 79¢	Sara Lee Pecan Coffee Cake 11¼ oz. \$1.29
Blade Cut Chuck Roast lb. 49¢	Center Cut Chuck Roast lb. 57¢	 BACON 72 Slices Red and White lb. 99¢	Morton Beef, Turkey and Chicken Frozen DINNERS 3 for \$1.00	Wonder Rice 28 oz. 49¢	Red and White Tomato, Chicken and Rice, Vegetable and Chicken Noodle Soup 5 cans \$1.00	 White Potatoes 10 lb. bag 89¢	
 Boneless Rib Steak lb. \$1.99	Shoulder STEAK lb. 99¢		Smithfield Franks 12 oz. pkg. 79¢	Charmin Tissue White and Colors 4 roll pkg. 79¢	 CATSUP 32 oz. 69¢	Red and White Sweet or Unsweetened Orange Juice 46 oz. 55¢	Golden Ripe Bananas lb. 19¢
		Bone End Rib ROAST lb. \$1.49	Gwaltney Smoked Sausage lb. 89¢	 Welch's GRAPE JUICE 32 oz. 49¢	Liquid JOY 32 oz. \$1.09	Kraft Soft Parkay Margarine 2—8oz. Containers 63¢	1½ lb. Red and White BREAD 3 for \$1.00
Shoulder ROAST lb. 89¢	Oven-Ready Rib ROAST lb. \$1.59	Smithfield FFA Country HAMS lb. \$1.19	Gwaltney Spiced Luncheon Meat pkg. 99¢	Garner's Texas Pete CHILI 4 cans \$1.00	 CRISCO OIL 48 oz. \$1.59	Ballard's Regular or Buttermilk BISCUITS 8 oz. Size 4 cans 49¢	Red and White MILK 1 gal. \$1.49
Boneless English ROAST lb. \$1.09	Bone End Rib STEAK lb. \$1.59	Marhofer Canned HAMS 3 lb. can \$4.39	Oscar Meyer Pickle & Pimento Loaf pkg. 69¢	Carnation Coffee Mate 16 oz. \$1.29		Whisk ½ gal. \$2.19	

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