

Creative Cooking From The Herald Kitchen

By Mildred Huskins
These warm weather months are sure to bring the suggestion to most homemakers that a salad, a tall cool drink and a bit of dessert will make a lunch or supper.



DESSERT WINNER — Fresh strawberry "fans" and toasted, sliced almonds make an effective garnish for this conversation piece of a dessert, Lemon Trifle.

So, these are salad months because they're the answer to something cool but filling. However, we can't forget a pleasing dessert to top off the meal.

The choice of salads is as varied as the foods themselves from appetizer to dessert. For the substantial salads we rely heavily on potato and main dish salads. A potato salad is hearty, but not nearly as full of calories when the ingredients are held together with sour cream as when mayonnaise is used. Sour cream contains 25 calories per tablespoon while commercial salad dressings range from 65 to 108 calories.

Crispness is highly desirable in all salads, but especially the potato variety, so our recipe uses celery and cucumber with onion. Egg whites are chopped to add the texture while the sieved yolks are mixed with sour cream and seasonings for good color. We have included here, also, an appetizing main dish salad which is a good combination of noodles and chicken. It is called Campers' Choice.

Sour Cream Potato Salad
4 cups diced cooked potatoes
1 cup sliced celery
½ cup diced pared cucumber
¼ cup finely chopped onion
1 teaspoon celery seed
3 hard-cooked eggs
1½ cups sour cream
2 tablespoons vinegar
1 tablespoon prepared mustard
1½ teaspoons salt
¼ teaspoon pepper

Combine potatoes, celery, cucumber, onion and celery seed; toss lightly. Separate egg yolks from whites. Dice whites and add to potato mixture. Sieve yolks and combine with sour cream, vinegar, mustard, salt and pepper. Add to potato mixture and mix lightly. Cover and chill several hours to blend flavors. Serves six.

Campers' Choice
6 cups water
1 tablespoon chicken seasoned stock base
1 teaspoon salt
3 cups medium noodles
3 cups chopped cooked chicken
1 cup thinly sliced celery
½ cup sliced radishes
½ cup sliced green onion
1 cup sour cream
1 teaspoon seasoned salt
½ teaspoon poultry seasoning

Bring water, stock and salt to boil. Add noodles and cook according to package directions; rinse with cold water and drain. Combine chicken, celery, radishes, onion and noodles in a large bowl. Mix sour cream, seasoned salt and poultry seasoning; fold into chicken mixture. Chill. Serves eight.

When it comes to unusual desserts try this blue ribbon winner. Lemon Trifle is a variation of the classic English dessert and uses custard and pound cake with fresh strawberries replacing the traditional jam.

Butter, lemon juice and sour cream make the sauce which is both tangy and fluffy. Strawberries are layered with the cake and sauce to fill the dish. It may be smart to double the recipe for the sauce keeps well and may be used as a filling for tarts, over ice cream or in short-cakes.

Lemon Trifle
2 tablespoons grated lemon peel
one-third cup fresh lemon juice
1½ cups sugar
½ cup butter
3 eggs, slightly beaten
1 cup sour cream
1 pint strawberries
1 bakery pound cake cut into 18 slices
2 tablespoons toasted sliced almonds

Combine lemon peel and juice, sugar and butter; cook over low heat, stirring occasionally, until butter is melted and sugar is dissolved. Remove from heat. Blend small amount of

mixture into eggs; return all to saucepan. Cook over medium heat, stirring constantly, until mixture thickens slightly. Do not boil. Cool; stir in sour cream. To assemble, set aside eight strawberries for garnish. Slice remaining strawberries. Place six slices cake in a 1½-quart casserole cutting slices to cover bottom of dish. Top with half of sliced strawberries and one cup lemon sauce. Repeat. For top layer arrange remaining six slices cake in dish; top with remaining sauce. Sprinkle with almonds. Slice reserved strawberries to make fans and garnish top. Chill several hours or overnight. Serves eight.

Mr. Sary, 68

Taken In Death

Joseph Michael Sary, 68, Route 1, Merry Hill, died Saturday in Albemarle Hospital in Elizabeth City. He was retired from Stauffer Chemical Co. and was owner and operator of the Jersey Motel at Merry Hill.

Mr. Sary was a native of Trenton N. J., and the son of the late Michael and Anna Koba Sary. He was the husband of Mrs. Beulah Baker Sary.

In addition to his wife, surviving are four sons: Marvin Sary of Trenton; Joseph Sary of Yardville N. J.; Jerry Sary of Hertford; and Gregory Sary of Merry Hill; a daughter, Mrs. Ann Andreacci of Yardville; four brothers: Michael Sary of Yardville; John and Andrew Sary of Trenton; and Edward Sary of Bordenstown N. J.; a sister, Mrs. Mary Bales of Indianapolis Ind; and four grandchildren.

He was a member of St. Anne's Catholic Church where funeral services were held at 10 A. M. Tuesday with Father Joseph Klaus and Rev. Bervin Ferguson officiating. Burial was in Capehard Church Cemetery in Merry Hill. Rosary was held at 7:30 P.M. Monday in Williford-Barham Funeral Home. Pallbearers were: Cullen, Allen and Larry Baker; Jimmy and Rodney Smith, and James Dail.



"Sorry, suh. We ran dry."

Death Claims

Mrs. Mumford

Word has been received here of the death of Mrs. Mozelle Mae Mumford, 59, sister of Gilliam Underwood, principal of Chowan High School. She died May 18, in Clayton where she lived.

Funeral services were held Friday at 3:30 P. M. in the Chapel of the McLaurin Funeral Home in Clayton. Burial was in Pinecrest Memorial Gardens.

Surviving besides her brother, are her widower, Jessie Thomas Mumford; a daughter, Mrs. Doris Jean Parrish of Florida; her mother, Mrs. Bertha Underwood of Clayton; three sisters; Mrs. Dorothy Mumford and Mrs. Mazie Johnson, both of Clayton; and Mrs. Helen Bailey of Raleigh; four other brothers: Donald and Earl Underwood of Clayton, J. R. Underwood of Raleigh; and Thel Underwood of Virginia; and two grandchildren.

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SAVE THIS CALENDAR
For Handy Reference to the Big Movies coming to the Taylor Theatre During June. This calendar will also serve as free admission to The Taylor Theatre on June 30th.

SUMMERTIME SCHEDULE
MON. THRU FRI. OPEN 7:30
FEATURE AT 8:00
SAT. & SUN. 2:00 TO 11:00

1977 JUNE 1977						
SUN	MON	TUE	WED	THU	FRI	SAT
29	30	31	1	2	3	4
FIVE BIG DAYS			"CARRIE"		SEVEN BIG DAYS	
5			6		7	
SEVEN BIG DAYS			VIVA KNEIVEL!		FIVE BIG DAYS	
12			13		14	
FIVE BIG DAYS			SINBAD AND THE EYE OF THE TIGER		SEVEN BIG DAYS	
19			20		21	
FIVE BIG DAYS			"Buford Pusser... Now there was a man!"		SEVEN BIG DAYS	
26			27		28	
FIVE BIG DAYS			SPYGLASS		FIVE BIG DAYS	
1			2		3	

LATE SHOWS FRI. & SAT. 11:15 PM
JUNE 3-4 "EMMA MAE"
JUNE 10-11 "TIGER FORCE"
JUNE 17-18 "BLACK CALVEY"
JUNE 24-25 "JAWS OF THE DRAGON"

SAVE THIS CALENDAR