

Fluoride Cuts Tooth Decay Up To 65%

This is the last of five articles on dental health. Children who drink fluoridated water from birth have up to 65 per cent less tooth decay. The benefits are lifelong.

Fluoridation programs provide the most dental benefits to children because fluoride is incorporated into the enamel as it is formed. The teeth become decay-resistant because fluoride makes the enamel less susceptible to acid attacks.

Wilmington's city water supply is supplemented with fluoride and offers this decay-reducing property. Well water and community water systems are not supplemented with fluoride, so you should consult a dentist or pediatrician for a fluoride supplement prescription. Water softeners do not add fluoride.

Indirectly, fluoridation programs help reduce the incidence of malocclusion. Some malocclusion, or improper coming together of the teeth, is the result of premature loss of the first teeth. With less decay because of fluoridation, fewer first teeth are lost too early.

Fluoride also helps protect the important 6-year molars, usually the first permanent teeth to erupt.

Another way to obtain the benefits of fluoride is through topical application. A dentist or a dental hygienist cleans the teeth, dries them thoroughly, then applies a fluoride solution. The application should be repeated at intervals the dentist recommends.

Studies have shown that topical applications of fluoride are of additional value in preventing decay even in communities with fluoridated water supplies.

Some North Carolina public schools are using a fluoride mouth rinse during school hours. N.C. Dental Society wholeheartedly supports this program and suggests that all parents allow their children to take part in this valuable decay-preventive procedure.

It is important when removing plaque from your teeth every day that you brush with a fluoride toothpaste. Some fluoride toothpastes have been recognized as effective decay-preventing dentifrices by the Council on Dental Therapeutics of the American Dental Association. Look for the statement on the toothpaste carton.

The fluoridation of public water supplies, the topical application of fluoride and the use of fluorides in other ways may not prevent all tooth decay. Combined with a balanced diet, daily plaque removal, and regular dental check-ups, however, such a program can bring about a dramatic reduction in dental disease.

Wood Is Cited For Academics

FRONT ROYAL, VA.—An Edenton student has been cited for top academic achievement at Randolph-Macon Academy in Front Royal, Virginia, following the completion of the third grading period for the current session at the college-preparatory institution.

Joseph Albert Ward, the son of Mrs. Thomas E. Ward of 110 Morris Circle in Edenton was among 55 students included on the Academy's Second Honor Roll after compiling a 3.00 grade-point average on a 4.00 system. He is a junior at R-MA.

Strongest anti-itch drug you can buy without prescription

Stop itching fast of external vaginal, rectal, and other skin conditions. Doctors find even severe itching can be treated with a special drug. You can now get this anti-itch drug ingredient with no prescription in BICOZONE®. Use only as directed. The medically proven cream for itching. **BICOZONE**

A&P is a butcher shop

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

WHOLE BONELESS BEEF RIBS

18 TO 24 LB. AVERAGE WT.

CUT FREE INTO BONELESS RIB STEAKS AND ROAST, OR RIB EYE STEAKS AND TRIMMINGS

\$1.98 LB.

MARVEL BRAND

SLICED BACON

1 LB. PKG.

99¢

A&P QUALITY CORN FED

PORK ROAST

WHOLE FRESH PICNIC OR SMOKED PICNIC LB.

78¢

PRICES EFFECTIVE THRU SAT., MAR. 11 AT A&P IN

SAVINGS FOR YOU!

A&P is a butcher shop

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

BEEF ROAST

BLADE CUT FROM THE CHUCK

68¢ LB.

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

GROUND CHUCK

3 LBS. OR MORE ONLY

98¢ LB.

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

RIB EYE STEAKS

\$2.99 LB.

CHUCK STEAKS BLADE CUT LB. **78¢**

CUT FROM THE CHUCK **BONELESS ROAST** LB. **\$1.38**

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF

SWISS STEAKS

ARM SHOULDER LB. **\$1.18**

OLD FASHIONED **OX TAILS FOR SOUP** LB. **79¢**

PEACHES 2 16 OZ. CANS **89¢**

DEL MONTE YELLOW CLING 29 OZ. CAN **59¢**

DEL MONTE COCKTAIL 2 CANS **89¢**

PORK CHOPS SIRLOIN LB. **\$1.49**

PORK CHOPS CENTER CUT RIB OR LOIN LB. **\$1.59**

BACK RIBS MEATY PORK LB. **\$1.99**

PORK ROAST BONELESS RIB PORTION LB. **\$1.79**

BREAST QUARTERS U.S.D.A. INSPECTED FRESH FRYER LB. **69¢**

LEG QUARTERS U.S.D.A. INSPECTED FRESH FRYER LB. **59¢**

TURKEY WINGS OR TURKEY NECKS U.S.D.A. INSPECTED CORNISH HENS LB. **89¢**

MACARONI & CHEESE 2 8 OZ. PKGS. **\$1.00**

PIE SHELLS PET RITZ DEEP DISH 2 CT. 12 OZ. PKG. **59¢**

FRENCH FRIES A&P REGULAR OR CRINKLE CUT 5 LB. BAG **\$1.69**

WAFFLES AUNT JEMIMA ORIGINAL 10 OZ. PKG. **59¢**

FLounder FILLETS FROZEN CELLO WRAPPED PERCH OR CAP'N JOHN'S FROZEN SHRIMP 12 OZ. PKG. **\$2.59**

FISH STICKS A&P BRAND 14 OZ. PKG. **\$1.09**

PORK SAUSAGE SMITHFIELD BRAND HOT OR MILD 1 LB. PKG. **99¢**

GREAT DOGS GUALTNEY BRAND 1 LB. PKG. **79¢**

SLICED BACON OSCAR MAYER BRAND 1 LB. PKG. **\$1.79**

Mom's a winner

DEL MONTE CREAM STYLE OR WHOLE KERNEL 17 OZ. **GOLDEN CORN** 3 **\$1.00**

OR CUT OR FR. STYLE 16 OZ. GREEN BEANS

17 OZ. SWEET PEAS CANS ONLY

EARLY GARDEN 15 OZ. SPINACH

DEL MONTE TOMATO JUICE 46 OZ. CAN **69¢**

DEL MONTE STEWED TOMATOES 2 16 OZ. CANS **89¢**

DEL MONTE PINEAPPLE JUICE 46 OZ. CAN **69¢**

BONUS PACK (26 OZ. & 6 OZ.) **HEINZ KETCHUP** 32-OZ. BTL. **79¢**

We pick the best frozen foods

A&P QUALITY

LEAF SPINACH

OR CHOPPED SPINACH 4 **\$1.00**

10 OZ. PKGS.

SHOPPING DAY REBATE

Send for a **10% CASH REBATE ON YOUR SHOPPING BILL***

When you buy any of these products totaling at least 36 points and send in one cash register tape with your purchases circled.

*MAXIMUM REBATE \$3.50

Crisco Oil 48 oz. Worth 12 points	LIMIT ONE WITH COUPON \$1.49	Ping Pong 9 OZ. PKG. 89¢
Duncan Hines Layer Cake Mix 4 points	18 1/2 OZ. BOX 69¢	Duncan Hines Brownie Mix 23 OZ. PKG. \$1.19
Jif 16 oz. Worth 6 points	18 OZ. JAR \$1.09	Duncan Hines Moist & Easy Cake Mixes 4 points

*Sorry, no rebates on Alcoholic Beverages, Poultry Products, Tobacco, Milk or Dairy Products. Limit one rebate maximum rebate \$3.50 per name or address. Mail in by March 26, 1978. SEE OUR DISPLAY FOR COMPLETE DETAILS AND REQUIRED CERTIFICATE.

GREER

APPLE SAUCE

16 OZ. CANS 4 **\$1.00**

ANN PAGE KOSHER **DILL PICKLE CHIPS** 32-OZ. JAR **69¢**

ANN PAGE HAMBURGER **DILL PICKLE SLICES** 16-OZ. JAR **49¢**

(5c OFF LABEL ON EACH BAR)

QUAKER

QUICK GRITS

OUR OWN WITH LEMON AND SUGAR 2 LB. PKG. **49¢**

INSTANT TEA MIX 24 OZ. JAR **\$1.59**

LUNCHEON MEAT **ARMOUR TREET** 12 OZ. CAN **89¢**

ARMOUR (3c OFF LABEL) **VIENNA SAUSAGE** 3 5 OZ. CANS **\$1.00**

(10c OFF LABEL)

IRISH SPRING DEODORANT SOAP 4 5 OZ. BARS **99¢**

FRESH START LAUNDRY DETERGENT 21 OZ. BTL. **\$1.25**

Store Hours: 8:30 to 9:00 P. M. Monday thru Saturday — 12:00 to 6:00 P. M. Sunday