

Blue Cross Supports ECHSA Planning

The Eastern Carolina Health Systems Agency (ECHSA) held its annual meeting on September 22 at the Islander Inn, Emerald Isle, at 7:30 P.M.

The meeting was called to order by Joseph H. James, Jr., chairman of the ECHSA Governing Body.

Bobby Lucas, group sales Representative for Blue Cross-Blue Shield of N.C. and Governing Body member, introduced Tom Rose, president of that organization and guest speaker.

Rose spoke of Blue Cross-Blue Shield of N.C.'s support of the health planning process, and of its place in filling the gaps in our health care delivery system.

Roy S. Selby, ECHSA executive director, introduced two new Governing Body members: D.W. Bryan from Nags Head, replacing Robert C. Whitley; and D.E. Mueller from Jacksonville,

replacing Andra Penuel. Selby then announced that approximately two weeks ago James signed a designation agreement with the Region IV office in Atlanta, that effective October 1, 1978, the ECHSA will become a fully designated Health Systems Agency.

Earl Wright stated that the ECHSA became fully designated a little ahead of time "due to the outstanding job the agency did in putting together the application for full designation. Out of the four volumes, there were very few changes."

Murray Small, chairman of the Nomination Committee, submitted to the Governing Body for approval the following corporate officers: Dr. Lawrence Cutchin as chairman; Grover Lancaster as first vice chairman, Dr. Arthur Stevenson, as second vice chairman, Mrs. Lucille Gorham as

Secretary and Mrs. Ruth Cherry as Treasurer. All were unanimously approved.

Also, the Nomination Committee submitted Dr. Richard Hudson to replace the late Dr. H.W. Stevens on the Executive Committee. Dr. Hudson joins the following Governing Body members recommended to stay on the committee: Joseph James, Jr., Frances

Arnold, Thomas Bridgers, W.R. Carver, Ruth Cherry, Lawrence Cutchin, Easter Dozier, Wilson Exum, H.B. Glover, Lucille Gorham, C.M. Hall, Bill Howell, C.B. Jones, Nora Kennel, Grover Lancaster, W.E. Laupus, Bobby Lucas, Clement Lucas, Jr., H.L. Mitchell, James Morgan, Winston Sessoms, Louis Smith, Arthur Stevenson, and Bill Talbert.

National Lunch Week

Edenton-Chowan Schools will join other schools across the state and nation in observing National School Lunch Week, October 8-14. On October 11 every school in the United States will be serving the same menu to call attention to the special week.

The Universal Menu this year features oven fried chicken, mashed potatoes and gravy, carrot-celery sticks, angel biscuit in honey butter, orange wedges, oatmeal-raisin cookie and milk. Planned to USDA's Type A pattern the universal meal more than meets the requirements for one-third of the recommended Daily Requirements for the average 11-14 year old.

School Lunch Week '78 continues the theme "Eat to Learn - Learn to Eat", with the emphasis this year on nutrition for energy and strength youngsters need to

run, skip, play ball and other activities including the learning process.

During the week, schools and food service programs will host open houses, conduct contests, develop displays and special exhibits, sponsor media campaigns and participate in many other activities to emphasize the importance of good nutrition habits.

With six of the 10 leading causes of death in this country attributed to bad nutrition, the importance of appropriate nutritional behavior is highlighted. The American School Food Service Association believes "there is no better place to begin effecting change in dietary habits than with school children."

National School Lunch Week's activities will alert the general public to the basis soundness of the meals served in schools everyday.

Senator Robert

MORGAN

Report to the People



THE PRESIDENT COMES BACK

There is sure to be tough negotiating ahead as Israel and Egypt try to hammer out a peace treaty, but the fact that the two old enemies have agreed to try is one of the most dramatic stories of this decade.

When I visited President Sadat of Egypt, he pointed out that hostilities between Arabs and Jews has been going on for 3,000 years, which makes the agreement on a "framework of peace" arrived at at Camp David a spectacular achievement.

President Carter, who kept the two sides talking for 13 days, certainly must be given full credit for this large step toward peace in the Middle East. And in Washington, there was quick realization that the success of the talks had boosted his political stock in the world and in the United States.

Both Sadat and Israel's Prime Minister Begin gave the President full credit for the fact that an agreement was reached. In fact, Sadat said that at one point, he had gathered his things and asked to be flown to Washington, feeling the meeting as at a hopeless impasse. But, he said, the President persuaded him to stay.

President Carter has slipped in the public opinion polls during the past year, but perhaps better ratings are in store. This month, one poll reported he had gained 12 points and future polls may show even sharper gains.

Motorists' Help Asked

RALEIGH — Every year a quarter of a million cars and trucks in North Carolina can not be registered on time because owners have failed to notify state officials of a change of address.

Commissioner of Motor Vehicles Elbert L. Peters, Jr., said motorists are being asked "to help us to help themselves."

Individuals who have moved since obtaining their last registration card should notify the Division of Motor Vehicles of the N.C. Department of Transportation immediately of their new address, Peters explained.

"Soon we will be mailing renewal cards to register about 4.5-million vehicles in North Carolina for 1979," Peters said. "Approximately 250,000 of these forms will be returned to us because of incorrect addresses."

The motor vehicles commissioner said a correction of address form was available at 300 locations across the state, including 110 license plate agencies and 190 drivers license examiners. Notification can also be made to the Division of Motor Vehicles, 1100 New Bern Avenue, Raleigh, N.C. 27611.

Peters noted that a state law requires vehicle owners who have changed addresses to notify the motor vehicles agency within 10 days after moving of their new address.

"But, more importantly, they can avoid a long delay in obtaining their 1979 registration by taking a few minutes and correcting their address," Peters said.

Sales of 1979 license plates and stickers will begin January 1. Renewal forms will be mailed in mid-December.

Mrs. Horton Reappointed

The state Social Services Commission, appointed by Gov. Jim Hunt, recently named Mrs. Mary G. Horton of Edenton to serve another term on the Chowan County Social Services Board.

Mrs. Horton is director of pupil personnel services for Edenton-Chowan Schools. She is a member of the Civic League and the local Woman's Club.

The members of the commission are charged by law to name two members to the county Social Services Board.

The county board is composed of five members. In addition to the two appointed by the state Social Services Commission, two are appointed by the county commissioners, and those four select the fifth member of the board. All members serve terms of three years.

The county board has the authority to appoint and dismiss the county Social Services director, according to the merit system rules of Mr. Cottle, Sr.

Buried Monday

Thomas Jenks Cottle, Sr., 71, 2311 Euston St., Raleigh, was dead on arrival at Chowan Hospital Saturday morning.

The husband of Mrs. Lucille McGee Cottle, he was a salesman for the Modern Lightning Protection Co. of Raleigh.

Other survivors include one daughter, Mrs. Patricia Ellen Magnum of Raleigh; three sons: Thomas J. Cottle, Jr., Oran James Cottle, II, and Donald Edward Cottle all of Raleigh; and six grandchildren.

The body was moved from Swindell-Bass Funeral home to the Crumpler-Joneycutt Funeral Home in Clinton where a funeral was held Monday at 3 P.M. Burial was in the Clinton Cemetery.

the State Personnel Commission.

The board consults with and advises the director on any problems relating to his office. The members also help the director plan the budget for the department and present it to the county commissioners.

Four basic public assistance programs are administered through the county Department of Social Services: Aid to Families with Dependent Children, food stamps, Medicaid and State-County Special Assistance for Adults.

The Social Services board is also required to advise the county and municipal authorities in the development of policies and plans to improve the social conditions of the community.

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Congressman Alton Lennon
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Mrs. Robert Grady Johnson
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Jesse...he's working for North Carolina

Senator Jesse Helms' concern for the working man is easy to understand. He's had to work for a living all of his life. While he was working his way through college, Jesse held down three jobs at once. He's never had it easy...and working for a living is something he understands.

As our U.S. Senator, Jesse Helms has fought for the rights of North Carolina workers.

- Right now Jesse Helms is lining up support on Capitol Hill for legislation that will protect the jobs of our textile workers against the threat of cheap foreign imports.
- Jesse was instrumental in securing the new Campbell Soup plant for Maxton, N.C.
- Senator Helms has called for the immediate removal of HEW Secretary Joseph Califano whose attacks on our tobacco industry threaten many jobs in North Carolina.
- Jesse Helms has taken a lead in the fight to lower taxes and stop inflation so the working man's paycheck will be worth more.

Jesse needs your vote in November to continue working for North Carolina's working men and women.

Paid for by the N.C. Congressional Club, Lib Smith, Treasurer

"Helen's raising 200,000 broilers a year"

Fleetwood and Helen Hedspeh, Route 1, Seaboard, N.C.

I used to farm 250 acres of crops six months of the year, then work in a mill the rest of the year. But after suffering a heart attack, I was totally disabled. And with my wife not in the best of health, I thought we would have a rough time.

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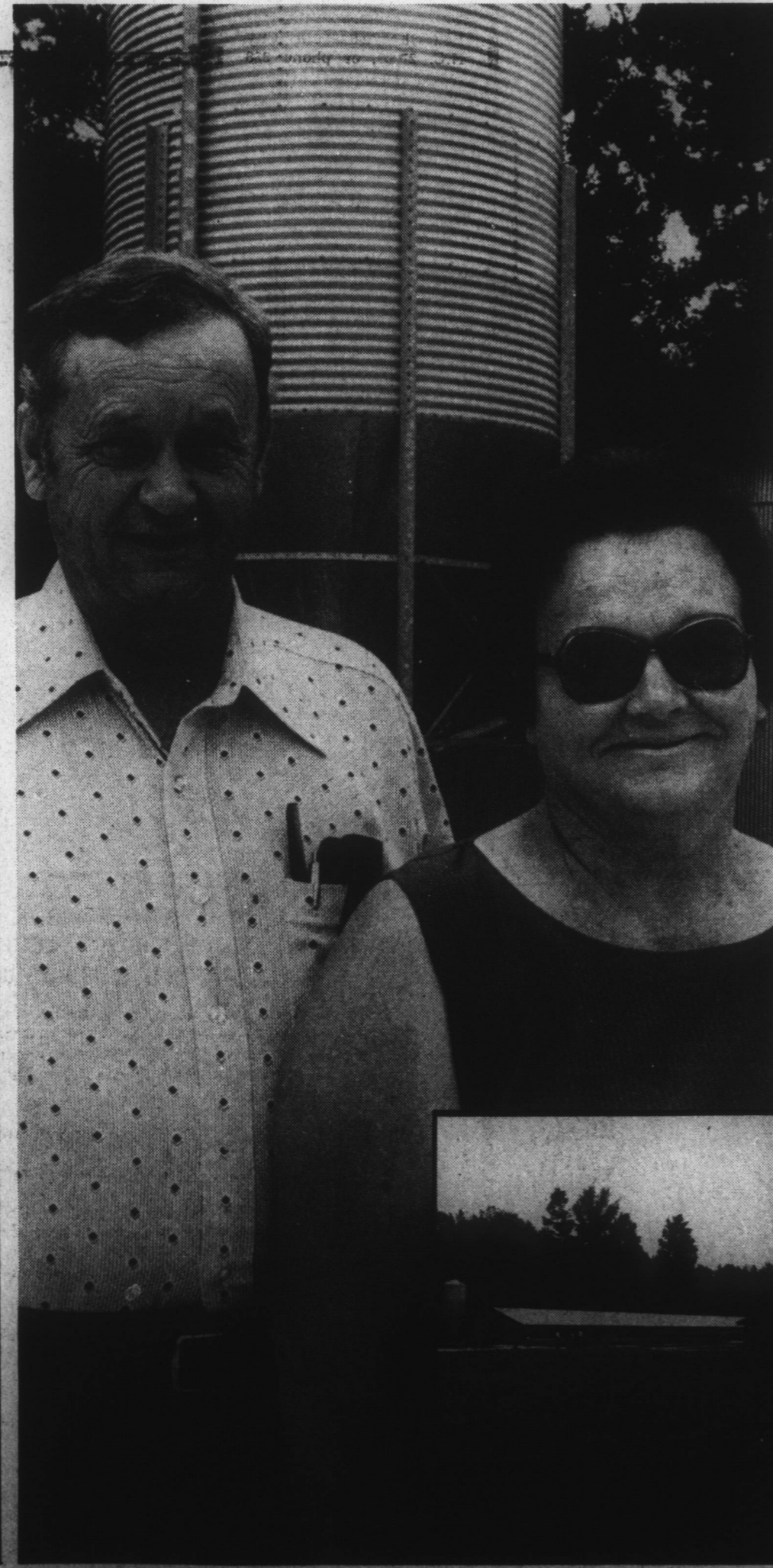
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