

Farm Market Reports

A total of 12,854 feeder pigs were sold on 12 state graded sales during week of January 29, according to the Market News Service of the North Carolina Department of Agriculture. Prices were irregular. U.S. 1-2 pigs weighing 40-50 pounds averaged \$113.34 per hundred pounds with No. 3s \$105.21; 50-60 pound 1-2s averaged \$99.80, No. 3s \$90.27; 60-70 pound 1-2s \$86.52, No. 3s \$80.20; 70-80 pound 1-2s \$76.98 per hundred pounds with No. 3s \$69.83.

A weekly livestock auctions held within the state the week of January 29, prices for slaughter cows were \$1.25 to \$1.75 higher, veals \$2. to \$10. higher, and feeder calves steady to \$8. higher. Utility and commercial slaughter cows brought \$45.75 to \$56.50 per hundred pounds, Good and Choice veal calves \$85. to \$110; Good slaughter heifers above 700 pounds \$54.50 to \$58.50 at one market; Good feeder steers 300-600 pounds \$75. to \$91. and Food feeder heifers 300-500 pounds \$67. to \$79.25; feeder cows \$43.50 to \$56.50 per hundred pounds. Baby calves brought mostly \$40. to \$125. per head. Market hogs brought mostly \$52. to \$53.60 and sows 300-600 pounds \$38. to \$47. per hundred weight.

Corn prices were steady to 1 cent per bushel lower and soybeans 8 to 9 cents lower through Thursday, February 1, compared to the same period of the previous week. No. 2 yellow shelled corn ranged mostly \$2.49 to \$2.80 per bushel in the Eastern part of the state and \$2.50 to \$2.60 in the Piedmont. No. 1 yellow soybeans mostly \$6.75 to \$7.08 in the East and \$6.65 to \$7.05 in the Piedmont; No. 2 red winter wheat \$3.50 to \$3.80; and milo \$3 to \$4.10 per hundred. New crop prices quoted for harvest delivery corn \$2.33 to \$2.43, soybeans \$6.52 to \$6.68 and wheat \$2.89 to \$3.

Sweet potato prices were unchanged this week. Supplies are adequate and demand moderate. Fifty pound cartons ocured U.S. No. 1s on February 1 were quoted at \$6.25 to \$6.75 with some lowers.

The broiler-fryer market is higher for next week's

trading. Supplies are moderate. Demand is moderate. The North Carolina dock weighted average price is 44.95 cents per pound for less than truckloads picked up at processing plants during the week of February 5. This week 6.6 million birds were processed in North Carolina with an average live bird weight of 4.06 pounds per bird on January 31.

Heavy type hens were higher this past week. Supplies were short and demand good. Heavy type hen prices were 25 cents, few previous commitments 24 cents per pound at the farm with buyers loading.

Egg prices were 1.5 cents to 4.7 cents per dozen lower through Thursday, February 1 to those of the previous week. Supplies and demand were both moderate. The North Carolina weighted average prices quoted on February 1 for small lot sales of cartoned grade A eggs delivered to stores was 76.84 cents per dozen for large, Medium 73.11 and Small 56.35.

Baptist Hold Area Meeting

MOUNT OLIVE — All Free Will Baptist Church members in the counties of Washington, Martin, Tyrrell, Pasquotank and Chowan are invited to attend an Information-Suggestion meeting concerning Mount Olive College at Mount Tabor Free Will Baptist Church near Creswell on Friday, at 7:30 P.M.

As a denominational enterprise, Mount Olive College will provide information on educational and denomination services, campus development plans and the status of the next scheduled meeting, College Hall and a perspective on senior college status.

In return, the college is asking for suggestions from church members on future goals and priorities for Mount Olive in addition to recommendations regarding the annual dinners, financial support and church college relations.

Children's Dental Week

RALEIGH — "Good nutrition is the base of healthy bodies and healthy teeth," Dr. George Dudney, head of the Dental Health Services Program, Division of Health Services, N.C. Department of Human Resources, said.

"But what most people don't realize is just how damaging constant intake of sugar is to teeth and gum. An individual, particularly a child, would be better off eating all of the sugar he she is going to eat during the day at one time rather than eating small amounts of sugar several times during the day.

"So many things have sugar in them — cereals, juice, soft drinks, canned vegetables, etc. In fact, people don't realize that sugar is added to many things they eat, including, in some instances, table salt.

People can recognize the hidden sugars in foods by reading labels. Sugar is listed under several names such as sucrose, glucose, corn syrup, coconut oil or dextrose. All of them can be changed to acid in the mouth producing over a period of time, dental diseases.

"What happens when people eat sugar is that it breaks down rather quickly in the mouth to form acids which cause dental cavities and gum diseases," Dudney said. This can be counteracted to a great extent by proper brushing and flossing.

"The problem can be particularly severe in very young children. One dental health problem we see often in North Carolina is a condition called bottle decay. This may happen when a mother leaves a bottle in her child's mouth for a long period of time to comfort the infant. The bottle may contain juice, soft drinks, or even milk.

Soon the upper teeth have decayed because the bottle containing liquids with sugar is repeatedly left in the baby's mouth," Dudney said.

"This causes several problems for the developing youngster. First, the child won't be able to eat very well, and that will lead to other nutritional, growth and health problems. Secondly, since the child's baby teeth guide the permanent teeth, the child with bottle decay may develop problems with the formation of permanent teeth. This could lead to speech problems and later socialization problems," Dudney said.

"This causes several problems for the developing youngster. First, the child won't be able to eat very well, and that will lead to other nutritional, growth and health problems. Secondly, since the child's baby teeth guide the permanent teeth, the child with bottle decay may develop problems with the formation of permanent teeth. This could lead to speech problems and later socialization problems," Dudney said.

Sound dental health nutrition education is a major component of preventive dentistry programs in schools and health departments across North Carolina.

LET'S COMMUNICATE



THE BIGGEST SINGLE SLAB OF MARBLE WAS TAKEN OUT OF A QUARRY IN YULE, COLORADO. IT WEIGHED MORE THAN 100 TONS!

It's Not Easy!

BUT WE TRY TO GIVE MORE FOR YOUR FOOD DOLLAR!

	<h2 style="margin: 0;">Grade A Fryers</h2> <p style="margin: 0;">Whole lb. 47¢</p> <p style="margin: 0;">Cut-up lb. 51¢</p>	<p style="margin: 0;">Swift Premium</p> <h2 style="margin: 0;">Top Round Steak</h2> <p style="margin: 0;">lb. \$1.79</p>	<p style="margin: 0;">Swift Premium</p> <h2 style="margin: 0;">Top Round Roast</h2> <p style="margin: 0;">lb. \$1.69</p>	<p style="margin: 0;">U. S. Govn't Insp.</p> <h2 style="margin: 0;">Backbone</h2> <p style="margin: 0;">lb. \$1.29</p>	<p style="margin: 0;">U. S. Govn't Insp.</p> <h2 style="margin: 0;">Sliced Beef Liver</h2> <p style="margin: 0;">lb. 89¢</p>
<p style="margin: 0;">Luter's Jamestown Brand</p> <h2 style="margin: 0;">Bacon</h2> <p style="margin: 0;">lb. 1.39</p>	<p style="margin: 0;">Gwaltney Old Smithfield Brand</p> <h2 style="margin: 0;">Sausage</h2> <p style="margin: 0;">lb. 99¢</p>	<p style="margin: 0;">U. S. Govn't Insp.</p> <h2 style="margin: 0;">Center Cut Pork Chops</h2> <p style="margin: 0;">lb. 1.69</p>	<p style="margin: 0;">U. S. Govn't Insp.</p> <h2 style="margin: 0;">First Cut Pork Chops</h2> <p style="margin: 0;">lb. 1.29</p>	<p style="margin: 0;">Gwaltney</p> <h2 style="margin: 0;">Great Dogs</h2> <p style="margin: 0;">lb. 99¢</p>	<p style="margin: 0;">Gwaltney</p> <h2 style="margin: 0;">Chicken Bologna</h2> <p style="margin: 0;">lb. 99¢</p>
<div style="display: flex; justify-content: space-between; align-items: center;"> <h2 style="margin: 0;">FAMILY SIZED FOOD SAVINGS</h2> </div>					
<p style="margin: 0;">303 April Showers</p> <h2 style="margin: 0;">Early Peas</h2> <p style="margin: 0;">3 cans 1.00</p>	<p style="margin: 0;">16 oz. Bush's</p> <h2 style="margin: 0;">Field Peas and Snaps</h2> <p style="margin: 0;">3 cans 1.00</p>	<p style="margin: 0;">24 oz.</p> <h2 style="margin: 0;">Camellia Vegetable Oil</h2> <p style="margin: 0;">bottle 79¢</p>		<p style="margin: 0;">16 oz. Blue Hen cut</p> <h2 style="margin: 0;">Green Beans</h2> <p style="margin: 0;">3 Cans 1.00</p>	<p style="margin: 0;">16 oz. Camellia</p> <h2 style="margin: 0;">Pork & Beans</h2> <p style="margin: 0;">4 cans 1.00</p>
<p style="margin: 0;">14 oz. Kraft</p> <h2 style="margin: 0;">Mac & Cheese Dinner</h2> <p style="margin: 0;">box 79¢</p>	<p style="margin: 0;">15 oz. Pacific</p> <h2 style="margin: 0;">Mackerel</h2> <p style="margin: 0;">2 cans 1.00</p>	<p style="margin: 0;">6 1/2 oz. Chicken Of The Sea</p> <h2 style="margin: 0;">Tuna</h2> <p style="margin: 0;">can 69¢</p>	<p style="margin: 0;">16 oz. Red Glo</p> <h2 style="margin: 0;">Tomatoes</h2> <p style="margin: 0;">3 cans 1.00</p>	<p style="margin: 0;">16 oz. Preston</p> <h2 style="margin: 0;">Shoe Peg Corn</h2> <p style="margin: 0;">3 cans 1.00</p>	<p style="margin: 0;">gallon</p> <h2 style="margin: 0;">Clorox Bleach</h2> <p style="margin: 0;">bottle 83¢</p>
<p style="margin: 0;">You Can Always Rely On P&Q For First Quality Products... PLUS... Competitive Prices!</p> <h2 style="margin: 0;">FREEZER Specials</h2>		<p style="margin: 0;">14 3/4 oz. Franco-American</p> <h2 style="margin: 0;">Spaghetti</h2> <p style="margin: 0;">4 cans 1.00</p>	<p style="margin: 0;">P&Q 50 FREE S & H Stamps</p> <p style="margin: 0;">50 Extra Stamps With This Coupon And Purchase Of \$10.00 Or More Expires 2-10-79</p>		<h2 style="margin: 0;">PRODUCE Specials</h2> <p style="margin: 0;">White Potatoes 10 lb. bag 99¢</p> <p style="margin: 0;">Onions 3 lb. bag 49¢</p> <p style="margin: 0;">Sweet Potatoes 5 lb. \$1.00</p> <p style="margin: 0;">Bananas 5 lb. \$1.00</p>