

Mr. Vipperman Claims Bride

Carla Patricia Lacy, daughter of Mr. and Mrs. Richard Carl Lacy, and Clyde Jackson Vipperman, Jr., son of Mr. Clyde Jackson Vipperman and the late Mrs. Vipperman all of Richmond, were married Saturday, July 11, at 4 o'clock in the afternoon in Cannon Memorial Chapel at the University of Richmond. The Rev. Dr. David Burhans officiated at the double-ring ceremony. A program of

wedding music was provided by Mr. David Woolard, chapel organist. The bride is the granddaughter of Mr. and Mrs. Raymond Mansfield of Edenton.

Escorted to the altar by her father and given in marriage by her parents, the bride wore a gown of ivory peau de soie and Alencon lace with a Sabrina neckline and Renaissance sleeves. Small covered buttons adorned the gown back. The full circular skirt and chapel-length train featured tiers of Alencon lace. The bride wore a single strand of pearls belonging to her maternal grandmother. She wore a chapel-length mantilla of Rose Point lace from Brussels and carried a silk bouquet of candle light colored roses, miniature carnations, baby's breath, and ivy, with lace streamers.

Miss Donna Pancoast of Richmond was maid of honor. Bridesmaids were Miss Denise Willie of Hackensack, New Jersey, cousin of the bride, Miss Anne McCracken of Alexandria, Va. Miss Lisa Thomas and Miss Judy August, both of Richmond. Mr. Kenneth Wheeling, brother-in-law of the groom, was best man. Ushers were George McLaughlin, Randy Joyce, Tom Sugg, and Eugene Bowen, all of Richmond. The wedding was directed by Mrs. Lois Pancost.

After the wedding ceremony, the bride's

By Frances M. Ward
Home Ec. Ext. Agt.
Consumers spend millions of dollars each year on wrinkle creams, skin bleaches to fade "age spots," oils, and other cosmetics in order to keep their skin looking young. At the same time, they spend not only money but countless hours trying to tan their skin, in the belief that a tan will make them look healthy and more attractive. Unfortunately,

most people do not realize that long periods of sun exposure are the major reason their skin looks wrinkled before old age. Signs of aging rarely appear in protected skin until sometime after age 50, and even then aging progresses very slowly.

Ultraviolet (UV) radiation from the sun causes long-term damage to the skin even if the skin does not appear to burn. A suntan may prevent further

sunburn but it does not protect the skin from sun damage, which may not be visible for many years. The sun's rays damage the elastic fibers beneath the skin's surface. Dark patches, or "age spots" may appear on sun-exposed skin with age. In addition to thickened, leathery-looking skin, lines and wrinkles around the eyes, on the upper lip, and on the neck and hands usually result from prolonged sun exposure.

Sunlamps also deliver a strong dose of UV radiation. Dermatologists agree that sunlamps and tanning salons produce skin damage and warn that they must be used with great caution.

An estimated 300,000 cases of skin cancer each year result from over exposure to the sun over a period of years. Skin cancer is easily cured in most cases when detected early. However, it often recurs if

prolonged sun exposure continues. The best way to guard against overexposure to the sun's rays is to take protective measures. Sunbathing in early morning or late afternoon is less damaging to the skin than in the middle of the day. People whose work requires them to be outside all day, such as farmers and fishermen, should be especially careful to protect their skin from the sun.

The face and neck can be somewhat protected by hats. The best protection is to apply a sunscreen to all skin that is not covered by clothing.

Sunscreens are oil, creams, gels, or lotions that absorb or scatter UV light. It is important to note the rating, called the sun protection factor (SPF), that appears on the label of a sunscreen product. The higher the number, the more protection the sunscreen provides. An SPF of

8 to 15 is recommended for maximum protection, however even a product with a 15 rating will allow some tanning to take place. To be effective, sunscreens should be applied at least 1/2 hour before sun exposure, and they must be reapplied after swimming or perspiring.

Once skin shows signs of aging, the damage cannot be reversed, but further damage can be prevented. So be sure to wear a sunscreen when you are exposed to the sun. Also choose safe times such as early morning and late afternoon for sunbathing. Older adults need to be especially careful because the skin becomes more fragile with age. Take care of your skin... it's health depends on you.

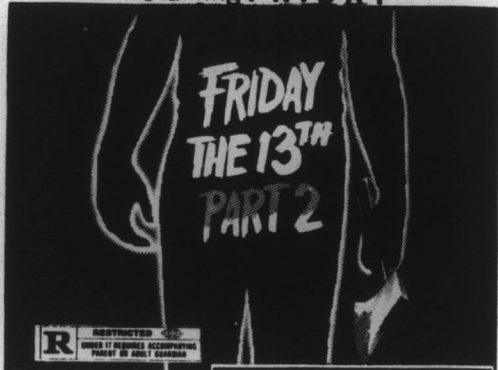


Inventor Peter Cooper obtained the first patent for a gelatin dessert in 1845.



Mrs. Clyde Jackson Vipperman

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Both contacts and glasses should fit properly to do you the most good and provide the most comfort. This is especially important with contacts, which rest directly on your eyes.

Maybe you should have them checked. Many people have their eyes checked once a year, whether they're aware of a problem or not. Your eyes change gradually, and even a slight improvement in correcting your vision can make a big difference. So does the comfort of your contacts. If you're not sure you have a good fit or are seeing as well as you should, now's a good time to make sure.

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Scalzi - Hernandez Are Wed

The marriage of Mrs. Sandra W. Scalzi to Mr. Benjamin G. Hernandez was performed, Saturday, July 4, 1981 at 11 o'clock A. M. in Temple Baptist Church, Newport News, Va. Dr. Robert E. Gray officiated at the double ring candlelight ceremony.

Wedding music was provided by Mrs. Robert E. Gray.

The bride was given in marriage by her two sons, Phillip and Patrick Scalzi.

Her daughter, Barbara Scalzi, was maid of honor.

The groom's best man was his nephew, Gregory Hernandez of Austin, Texas.

Ushers were the bride's son, Phillip Scalzi and nephew, Michael White.

Immediately following the ceremony a reception was held at the Holiday Inn.

Out of town guests attending were Mr. and Mrs. William J. White of Edenton; Rev. and Mrs. Louis C. Hernandez of San Antonio, Texas; Mr. and Mrs. Isaias Hernandez and family of Austin, Texas; Mrs. J. Frank White, Jr. of Charlotte; Mrs. Dean Pressgrove of Wildwood, Ill.; Mr. and Mrs. James Britton and daughter,

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Views On Dental Health



Richard N. Hines, Jr.
D.D.S., Fellow of
The Academy of
General Dentistry

When The Tooth Must Go

There is no substitute that can replace the natural tooth for strength, longevity and usefulness. But, there are times when the best decision is to extract the tooth. For example:

1) To relieve overcrowding: Occasionally there are too many teeth in the dental arch. Overcrowding can produce diseases, loosening, crooked teeth and a bad bite.

2) A hopelessly diseased tooth: Occasionally, a general body ill can be cured by removal of such a diseased tooth. Usual cause is waiting too long to see the dentist.

3) Looseness: Teeth loosen as a result of periodontal disease and bone loss. If it is so wobbly with insufficient

supporting bone to save it, it must be lost.

4) Appearance: When a tooth is so crooked that it will produce an unattractive smile or bulging lip, it should probably be removed. (unless it can be reduced and crowned.)

5) An impacted or imbedded tooth (normally the wisdom tooth), if it is a hazard to your oral health, would be extracted.

A public service with the aim of promoting a better dental health environment. From the office of: RICHARD N. HINES, JR., D.D.S., Fellow Academy of General Dentistry, 437 South Broad Street, Edenton. Phone: 482-2776.

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