



**SAVE UP TO 33%**  
**ON ADMISSION AND RIDE TICKETS FOR THE NORTH CAROLINA State Fair**  
 DISCOUNT MAIL ORDER COUPONS AVAILABLE FREE AT ALL NORTH CAROLINA WINN-DIXIE STORES!

<b>THRIFTY MAID SUGAR</b> 5-LB. BAG <b>99¢</b> LIMIT 1 WITH COUPON (PER CUSTOMER) AND \$7.50 OR MORE ORDER. COUPON GOOD THRU SAT., SEPT. 19TH	<b>NORTHERN BATHROOM TISSUE</b> 4-ROLL PKG. <b>49¢</b> LIMIT 1 WITH COUPON (PER CUSTOMER) AND \$7.50 OR MORE ORDER. COUPON GOOD THRU SAT., SEPT. 19TH
<b>PILLSBURY FLOUR</b> 5-LB. BAG <b>49¢</b> LIMIT 1 WITH COUPON (PER CUSTOMER) AND \$7.50 OR MORE ORDER. COUPON GOOD THRU SAT., SEPT. 19TH	<b>KRAFT PARKAY MARGARINE</b> 1-LB. CTN. (IN QUARTERS) <b>9¢</b> LIMIT 1 WITH COUPON (PER CUSTOMER) AND \$7.50 OR MORE ORDER. COUPON GOOD THRU SAT., SEPT. 19TH

**FURTHER PROOF THAT NOBODY SAVES YOU MORE THAN WINN-DIXIE!**

PRICES GOOD THRU SAT., SEPT. 19TH • NONE TO DEALERS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • COPYRIGHT 1981, WINN-DIXIE STORES, INC.

**1. WINN-DIXIE BRINGS YOU 3-WAY SAVINGS** **2. SUPER SAVER COUPONS** **3. SUPER SAVERS!**

DEEP-CUT WEEKEND & FIRST-OF-THE-WEEK SUPER SPECIALS!  
 EVEN GREATER SAVINGS BY CLIPPING & REDEEMING COUPONS ABOVE!  
 THOUSANDS OF EVERYDAY LOW PRICED ITEMS DAY IN & DAY OUT!

**SUPERBRAND ICE CREAM OR SHERBET**  
 1/2-GAL. CTN.  
**\$1.19**  
 SUPER SAVER SPECIAL

**MAXWELL HOUSE COFFEE**  
 1-LB. BAG  
**\$1.89**  
 WITH \$7.50 OR MORE ORDER (LIMIT 1)  
 SUPER SAVER SPECIAL

**USDA U.S. CHOICE BEEF WHOLE UNTRIMMED SIRLOIN TIPS**  
 LB.  
**\$1.68**  
 9 TO 12-LBS. AVG. SLICED FREE!  
 SUPER SAVER SPECIAL

**EASTERN RED DELICIOUS APPLES**  
 9 FOR **99¢**  
 SUPER SAVER SPECIAL

**POTATOES** ..... \$1.19  
 2-LB. BAG ORE IDA FROZEN CRINKLE CUT  
**SUPERBRAND WHIPPED TOPPING**  
 16-OZ. CUP  
**89¢**  
 SUPER SAVER SPECIAL

**CHEK DRINKS ALL FLAVORS**  
 2-LITER (67.6 OZS.)  
**69¢**  
 NO RETURN  
 WITH \$7.50 OR MORE ORDER (LIMIT 2)  
 SUPER SAVER SPECIAL

**HICKORY SWEET SLICED BACON**  
 1-LB. PKG.  
**\$1.29**  
 2-LB. PKG. \$2.57  
 SUPER SAVER SPECIAL

**HARVEST FRESH BROCCOLI ... BUNCH** \$1.09  
**HARVEST FRESH HONEYDEWS**  
 EA. **\$1.19**  
 HARVEST FRESH

**ORANGE JUICE** ..... 3 FOR \$2.69  
 12-OZ. CANS ASTOR FLORIDA FROZEN  
**MORTON POT PIES ALL VARIETIES**  
 8-OZ. SIZE FOR **3 99¢**

**SUNBELT TOWELS**  
 3 JUMBO ROLLS  
**\$1.19**  
 WITH \$7.50 OR MORE ORDER (LIMIT 3)  
 SUPER SAVER SPECIAL

**HICKORY SWEET BONELESS HAM**  
 LB.  
**\$2.29**  
 (2 TO 4-LB. SIZE)  
 SUPER SAVER SPECIAL

**HARVEST FRESH BARTLETT PEARS .6 FOR 99¢**  
**HARVEST FRESH SWEET POTATOES**  
 3 LBS. **3 99¢**

**WINN DIXIE THE BEEF PEOPLE**

12-OZ. CANS CTN. OF 12 **RED, WHITE & BLUE BEER** **\$3.39**  
 3-LITER BTL. **GALLO WINES** HEARTY BURGUNDY • RHINE • CHABLIS BLANC • RED ROSE **EACH \$5.99**

**W-D BRAND WHOLE HOG SAUSAGE** 1-LB. PKG. **\$1.49**  
**W-D BRAND U.S. CHOICE BEEF SIRLOIN TIP ROAST** LB. **\$2.28**

**DAIRY SUPERBRAND MARGARINE** 1-LB. QUARTERS **3 FOR 1**  
**SUPERBRAND STICK CHEESE** 8-OZ. SIZE **\$1.39**

24-OZ. LOAF DIXIE DARLING SANDWICH **BREAD** ..... 2 FOR 99¢  
 46-OZ. CAN THRIFTY MAID **PINEAPPLE JUICE**.... 89¢  
 17-OZ. CAN ASTOR **SMALL PEAS** ... 3 FOR \$1.19  
 12-OZ. JAR THRIFTY MAID **SPAGHETTI SAUCE** .. 99¢

**PINKY PIG ECONOMY PORK CHOPS** .... LB. \$1.38  
**PINKY PIG SPECIAL TRIM CENTER CUT PORK CHOPS** .... LB. \$2.18  
**W-D BRAND U.S. CHOICE BEEF BONELESS SHOULDER ROAST** LB. \$2.78  
**W-D BRAND U.S. CHOICE BEEF ROUND BONE SHOULDER ROAST** LB. \$2.28

**CAMPBELL'S PORK & BEANS** 16-OZ. CANS **3 FOR 1**

**W-D BRAND U.S. CHOICE BEEF CUBED STEAK** LB. **\$2.98**  
**W-D BRAND U.S. CHOICE BEEF NEW YORK STRIP STEAK** LB. **\$3.68**

16-OZ. BOX THRIFTY MAID **SPAGHETTI** ..... 2 FOR \$1  
 17-OZ. CAN LUCK'S **BEANS OR PEAS** 2 FOR 89¢  
 300-CT. SIZE LILAC **NAPKINS** ..... \$1.49  
 32-OZ. BTL. LILAC LIQUID **DISH DETERGENT** ... 59¢  
 12-OZ. CANS SHASTA DIET **DRINKS** ..... 6 FOR \$1.39

**HOLLY FARMS GRADE "A" FRYER BREAST** .... LB. \$1.18  
**HOLLY FARMS GRADE "A" FRYER THIGHS** .... LB. 89¢  
 12-OZ. PKG. W-D BRAND REGULAR **FRANKS** ..... \$1.19 BEEF \$1.29  
 1-LB. PKG. W-D BRAND REGULAR OR THICK **BOLOGNA** .. \$1.49 BEEF \$1.59  
**ALASKAN SNOW KING CRAB CLUSTER** ... LB. \$1.99

**COLBY SHARP MILD MEDIUM N.Y. SHARP MONTEREY JACK** 8-OZ. SIZE  
**DIPS** ..... 59¢  
**BORDEN'S CHEESE SLICES** 12-OZ. PKG. **\$1.49**

**The Herald Kitchen**  
 Continued From Page 8-B

1 teaspoon cinnamon  
 1 egg  
 1/4 cup firmly packed brown sugar  
 1 tablespoon flour  
 1 teaspoon water  
 1/4 teaspoon cinnamon  
 Heat oven to 350 degrees. Generously grease and flour 8x4 or 9x5-inch loaf pan. In large bowl, combine first five ingredients; stir by hand 50 to 75 strokes until dry particles are moistened. Pour into prepared pan. In small bowl, combine remaining ingredients; sprinkle over top of batter. Bake for 50 to 60 minutes or until a pick inserted in center comes out clean. Cool upright in pan 15 minutes; remove and cool on wire rack. Serve warm or cool. Store tightly covered in refrigerator. Makes 12 servings.

Keep the school and other bag lunches tasty and nutritious as well as the snacks. How about a Fruit and Cheese Sandwich?  
 "Fruit and Cheese" Sandwich  
 1 pkg. cream cheese, softened  
 1 small banana, chopped  
 Grated peel of 1/2 fresh orange  
 1 teaspoon brown sugar  
 8 slices raisin or whole wheat bread  
 2 fresh oranges, cut in cartwheels  
 In bowl combine cream cheese, banana, orange peel and brown sugar. Spread 4 slices bread with cheese mixture; top with orange cartwheel slices and remaining bread. Makes 4 sandwiches.

Orange 'n Apple Oatmeal Cookies  
 1 1/2 cups flour  
 1 teaspoon baking soda  
 1 teaspoon salt  
 1/2 teaspoon ground cinnamon  
 1/2 teaspoon ground nutmeg  
 3/4 cup butter or margarine, softened  
 1 1/4 cups sugar  
 1 egg  
 Grated peel of one fresh orange  
 1 fresh orange, peeled and cut in bite-size pieces  
 1 apple, unpeeled, cored, chopped  
 2 cups quick oats, uncooked  
 1/2 cup chopped nuts  
 Sift together flour, baking soda, salt, cinnamon and nutmeg. In large bowl, cream together butter and sugar. Add egg and orange peel; beat well. Gradually blend in dry ingredients. Stir in orange, apple, oats and nuts. Drop batter from teaspoon on lightly greased cookie sheets. Bake at 375 degrees about 15 minutes or until lightly browned. Makes 5 1/2 dozen cookies, or crisp cookies, do not store in airtight container.

**Hylton Begins Training**  
 CHAPEL HILL — Joel W. Hylton, Jr., of Edenton has begun his first year of training at the University of North Carolina at Chapel Hill School of Medicine. Hylton is one of 160 students beginning the four-year program leading to a doctor of medicine (M. D.) degree. Prior to entering the M. D. program, Hylton received a B. A. in Zoology from UNC-Chapel Hill. He is a graduate of John A. Holmes High School in Edenton. He is the son of Frances B. Hylton of Edenton and Joel W. Hylton, Sr. of Annapolis, Md. and is married to Cynthia F. Hylton, daughter of Mr. and Mrs. J. P. Friday of Georgia.

**Helps Shrink Swelling Of Hemorrhoidal Tissues**  
 caused by inflammation  
 Doctors have found a medication that in many cases gives prompt, temporary relief for hours from pain and burning itching hemorrhoidal tissues; then itchy hemorrhoidal tissues then helps shrink swelling of these tissues caused by inflammation. The name Preparation H. No prescription is needed. Preparation H. Ointment and suppositories. Use only as directed.

**GEORGE DRAWDY  
 MANAGER**

**NORTHSIDE SHOPPING CENTER  
 EDENTON, N.C.**