



ADVERTISED ITEM POLICY Each of these advertised items is required to be readily available for sale at or below the advertised price in each A&P Store, except as specifically noted in this ad.

PRICES EFFECTIVE THRU SAT., JULY 24 AT A&P IN EDENTON

FRESHLY GROUND
Ground Chuck 3 lbs. or more lb. **179**

BLUE RIDGE BRAND
Sliced Bacon 1 lb. pkg. **139**

LOCALLY GROWN FRESH TENDER
Eggplant lb. **49¢**

LOW SODIUM RECIPES

FOR THE BALANCED MEAL

Last week, A&P started a series of recipes for dishes that are low in sodium. Many people are concerned with limiting sodium in their diets for health reasons. Watch this column for the next several weeks and combine these recipes to make a well balanced low sodium meal.

EASY BAKED EGGPLANT

Preheat oven to 350°F. Pare skin from eggplant. Slice into 1/2 inch pieces. Place slices closely together on cookie sheet. Brush tops of the slices with one tablespoon vegetable oil. Bake for twelve minutes. Turn slices and bake about ten minutes longer. Serve at once.

Variations:

- Combine one tablespoon lemon juice with vegetable oil and brush onto slices.
- Combine 1/2 teaspoon minced garlic and oregano with one tablespoon oil. Allow to stand five minutes. Brush mixture onto eggplant slices.
- Slice two ripe tomatoes and place slices on top of eggplant. Sprinkle oregano onto tomato.

P Pork Specials
EXTRA LEAN SPECIAL TRIM COUNTRY FARM
Pork Roast
Fresh Picnic
lb. **89¢**

The Butcher Shop
with supermarket prices
P Meat Specials
U.S.D.A. INSPECTED FRESH
Whole Fryers
2 In A Bag. Limit 2 Bags. Please
lb. **47¢**

P Beef Specials
A&P QUALITY HEAVY WESTERN GRAIN FED BEEF
New York Strips
Whole Or Half Bone In
Cut Free Into Bone In New York Strip Steaks
lb. **248**

FROZEN HEADLESS & DRESSED WHITING lb. 69¢
Ocean Perch Fillets 1 lb. pkg. **169**
TALMADGE (CHICKEN SMOKED SAUSAGE 1 lb. pkg. 89¢)
Chicken Franks Or Chicken Bologna 12 oz. pkg. **59¢**

U.S.D.A. INSPECTED FRESH FRYER
Box-O-Chicken lb. **47¢**
FRESH FRYER BACKS lb. 19¢
Fryer Gizzards lb. **49¢**

A&P QUALITY HEAVY WESTERN GRAIN FED BEEF
Shoulder Steak Bone In lb. **199**
A&P QUALITY
Sliced Beef Liver lb. **89¢**

P Dairy Specials
IN QUARTERS
Ann Page Margarine
3 1 lb. pkgs. **100**

THE FARM
Fresh With Quality
CALIFORNIA SWEET JUICY VINE RIPENED
Cantaloupes
Not This 23 Size Not This 18 Size But This 15 Size
each only **69¢**

P Frozen Specials
PEPPERONI, SAUSAGE, CHEESE
Ann Page Pizzas
10 oz. pkg. **69¢**

ANN PAGE HOMESTYLE OR
Buttermilk Biscuits 4 10 ct. 8 oz. cans **79¢**
KRAFT CHEESE FOOD SLICES
American Singles 12 oz. pkg. **149**
ONION, CLAM, OR CUCUMBER-ONION
Sealtest Dips 8 oz. pkg. **65¢**
ANN PAGE
Potato Chips 8 oz. twin pack **89¢**

CALIFORNIA RED SEEDED OR THOMPSON
Seedless Grapes lb. **99¢**
WASHINGTON STATE SWEET JUICY
Bing Cherries lb. **99¢**
NORTH CAROLINA GROWN RED
Ripe Tomatoes lb. **59¢**
NORTH CAROLINA GROWN FRESH
Green Cabbage 4 lbs. for **100**

DELICIOUS
Ann Page Lemonade 4 6 oz. cans **100**
ANN PAGE UNSWEETENED
Grapefruit Juice 2 6 oz. cans **79¢**
ALL FLAVORS
Sealtest Sherbet 1/2 gal. ct. **169**
P&Q BRAND
Snack Crackers 11 oz. pkg. **75¢**

P Weekly Specials
ASSORTED
Hi Dri Towels
big roll **59¢**

P Bakery Specials
P&Q BRAND
White Bread
Sandwich Sliced 24 oz. loaves **2 99¢**

P Grocery Specials
CREAMY VELVET
JFG Mayonnaise
ANN PAGE Mayonnaise qt. jar **99¢**
qt. jar **79¢**

P Weekly Specials
16 oz. 8 pack
PEPSI-COLA
139
plus deposit

A&P TODDLER SIZE
Disposable Diapers 40 ct. pkg. **499**
DISHWASHING DETERGENT—DOVE OR
Lux Liquid 22 oz. btl. **99¢**
DOG FOOD
Ken-L Ration Stew 4 15 oz. cans **100**

NEW! ANN PAGE
Polish Dill Pickles 48 oz. jar **99¢**
STOKLEY CREAM STYLE
Golden Corn 2 17 oz. cans **79¢**
STOKELY
Applesauce 3 16 oz. cans **100**

HUNT'S
Tomato Ketchup 32 oz. btl. **99¢**
CHUNK LIGHT • IN WATER • IN OIL
StarKist Tuna 6 1/2 oz. can **79¢**
FAMILY SIZE
Lipton Tea Bags 24 ct. pkg. **129**

15¢ OFF LABEL—YOU PAY ONLY
Colgate Tooth Paste Reg. 5 oz. each only **79¢**
Gel. 4.6 oz.
DEODORANT REG., SUPER, SUPER PLUS
Playtex Tampons 28 ct. box **239**
FLEX—25¢ OFF LABEL—YOU PAY ONLY
Shampoo or Conditioner 16 oz. btl. **169**

P SUPER SAVER COUPON
A&P OR ANN PAGE GRADE A
Large Eggs
dozen for **49¢**
#651
LIMIT ONE WITH COUPON AND 7.50 ORDER GOOD THRU SAT., JULY 24 AT A&P.

P SUPER SAVER COUPON
PURE VEGETABLE
Wesson Oil
48 oz. bottle **179**
#652
LIMIT ONE WITH COUPON AND 7.50 ORDER GOOD THRU SAT., JULY 24 AT A&P.

P SUPER SAVER COUPON
CHICKEN, TURKEY, MACARONI & CHEESE
Jiffy Pot Pies
8 oz. pkgs. **5 100**
#653
LIMIT FIVE WITH COUPON AND 7.50 ORDER GOOD THRU SAT., JULY 24 AT A&P.

ITEMS OFFERED FOR SALE NOT AVAILABLE TO OTHER RETAIL DEALERS OR WHOLESALERS.

701 North Broad Street, Edenton, N. C.

Society Elects New Officers

The Delta Kappa Gamma Society International founded in Austin Texas in 1929, is an educational, honorary and professional organization. "Society" designates the overall international organization of the total membership. Members, 154,750 throughout 13 counties, work toward common goals. PI Chapter is composed of members from the eight counties of the Albemarle area of North Carolina. PI Chapter was organized in 1946.

The executive board of PI Chapter held its first meeting of 1982 on June 19 at the home of President, Jean Newell, in Elizabeth City. Other officers working with Mrs. Newell for the current biennium are: Jeanne Meiggs, First Vice-President; Mary Macdonald Holmes, Second Vice-President; Ruth Winslow, Recording Secretary; Camille Everton, Corresponding Secretary; Marvis Hendrix, Treasurer; Helen Evans, Parliamentarian; and Ella Jane Buckingham, Immediate Past President.

Committee Chairmen include: Milah Meekins; Mary Jane James; Frances Wilkins; Cindy Turner; Marguerite Burch; Frances Hollowell; Mary Alexander; Fannie Newbern; Elizabeth Zarbock; Rose Smith; Gwen Bell; Bea Ward; Anna Bair; Dorothy Morse and Emily Jackson.

Business conducted included approval of the 1982-83 budget; election of two members to serve a four year term on the nominating committee; and confirming dates and areas of chapter meetings for 1982-83. PI Chapter meets four times annually. The next chapter meeting will be held in Nags Head on October 9, 1982. The Society's International Convention is being held at Peachtree Center Plaza, Atlanta, Georgia on August 1-8, 1982.

The meeting was followed with a delicious and refreshing luncheon, served by President, Jean Newell.

Gospel Rally Is Slated

The Lighthouse Evangelistic Team, composed of Rev. James T. Lochridge and family, will be at Chappell Hill Baptist Church for a weekend "Gospel Rally" starting Saturday night July 24 and continuing through Sunday night.

The service on Saturday night will start at 7:30 P.M. and will be an informal service. Bro. Lochridge will also be singing and speaking in the Sunday morning worship service at 11:00 A.M. The Sunday evening service will begin at 8:00 P.M.

Those who attend will hear the inspiring singing talents of the Lochridge family as well as Bro. Lochridge's dynamic preaching and chaff artistry.

The public is invited, Chappell Hill Baptist Church is located on the Center Hill road between Belvidere and Center Hill. Rev. Billy Old is the Pastor.

Income Noted

ROCKY MOUNT — Peoples Bank and Trust Company has reported income before securities transactions of \$1,216,000 for the second quarter of 1982, compared to \$1,166,000 earned before securities transactions during the same period in 1981. William H. Stanley, chairman of the board and chief executive officer, said this was equivalent to 87 cents per share, compared to 84 cents per share earned during the second quarter of 1981.

Net income for the second quarter of 1982 was \$1,220,000 compared to \$1,176,000 earned in the second quarter of 1981. This was equivalent to 88 cents per share for the second quarter of 1982 and 85 cents per share for the second quarter of 1981.