

## Chowan Junior High School January 21, 1983 Honor Roll

3rd Six-Weeks 6-A A-Honor Roll none A-B Honor Roll Vevlyn Parks, Celeste Ward, Warren White and Tracy White. 1st Semester A-Honor Roll none A-B Honor Roll Lisa Ashley, Vevlyn Parks, Celeste Ward, Warren White and Tracy White. 3rd Six-Weeks 6-B A-Honor Roll none A-B Honor Roll Cynthia Byrum Travis Lilly 1st Semester A-Honor Roll none A-B Honor Roll none 3rd Six-Weeks 7-A A Honor Roll Stephanie Creighton A-B Honor Roll Marlene Alexander, Julie Baker, Mandy Bass, Beneta Burum, Charles Cross, Paula Goodwin, Martha Hornthal, Sandra Singh and Paula Winslow. 1st Semester A-Honor Roll Julie Baker Paula Winslow A-B Honor Roll Marlene Alexander, Mandy Bass, Beneta Burum, Stephanie Creighton, Charles Cross, Paula Goodwin, Martha Hornthal, Sandra Singh and Leanne Ward. 3rd Six-Weeks 7-B A-Honor Roll Wendi Asbell Mary Copeland A-B Honor Roll Stanley Elliott, Tammy Hare, Alex Perry, Karen Sawyer and Michael Spruill. 1st Semester A-Honor Roll Mary Copeland A-B Honor Roll Wendi Asbell, Stanley Elliott, Tracie Evans, Tammy Hare, Michele Parrish, Karen Sawyer, Michael Spruill and Bethany Winslow. 3rd Six-Weeks 7-C A-Honor Roll none A-B Honor Roll Amy Williams 1st Semester A-Honor Roll none A-B Honor Roll William Flynn, Todd Kinlaw, Kimberly Maddred, Thomas Nixon and Amy Williams. 3rd Six-Weeks 7-D A-Honor Roll Melissa Bunch A-B Honor Roll Herman Coston, Katherine Lane, Beth Norvell, Pamela Peele, Penny Roberson and Diana Keyes. 1st Semester A-Honor Roll Melissa Bunch Pamela Peele A-B Honor Roll Matthew Cooper, Herman Coston, Beth Norvell, Penny Roberson, Alicia Sellers, Aderina Stanley and Diana Keyes. 3rd Six-Weeks 7-E A-Honor Roll none A-B Honor Roll Glenda Byrum, Becky	Crabtree, and Karen Forehand. 1st Semester A-Honor Roll none A-B Honor Roll David Baskette, Glenda Byrum, Becky Crabtree and Karen Forehand. 3rd Six-Weeks 7-E A-Honor Roll none A-B Honor Roll Stephanie Holley, Lori Nixon, Neil Parks, Robert Prezzano, John White and Stan White. 1st Semester A-Honor Roll Allison Overton A-B Honor Roll Teresa Dail, Stephanie Holley, Lisa Lassiter, Lori Nixon, Neil Parks, Robert Prezzano, John White, and Stan White. 3rd Six-Weeks 8-A A-Honor Roll Teresa Bunch Chris Rountree A-B Honor Roll Tammy Copeland, Jay Timberlake and Chuck Ward. 1st Semester A-Honor Roll Chris Rountree A-B Honor Roll Teresa Bunch, David Butler, Tammy Copeland, Lisa Hedgebeth, Michelle Vanterpool and Chuck Ward. 3rd Six-Weeks 8-B A-Honor Roll Robin Bass Robin Ball A-B Honor Roll Jackie Gilliam, Amy Johnson and Terri Reid. 1st Semester A-Honor Roll none A-B Honor Roll Jody Anderson, Robin Bass, Todne Bembry, Jackie Gilliam, Terry Reid and Reba White. 3rd Six-Weeks 8-C A-Honor Roll none A-B Honor Roll Markeisha Drew, Leslie Ervin, Deborah Hollowell, Robin Tynch and Todd Watson. 1st Semester A-Honor Roll none A-B Honor Roll Markeisha Drew, Deborah Hollowell, Kelli Johnson, Cynthia Jordan, Brian Lawrence, Linda Mizzelle, Dean Odom, Jennifer Spain and Todd Watson. 3rd Six-Weeks 8-D A-Honor Roll Catherine Byrum A-B Honor Roll David Hogan, Missy Shaw, Kevin Strother and Liza Vaughan. 1st Semester A-Honor Roll Catherine Byrum Liza Vaughan A-B Honor Roll Kevin Strother 3rd Six-Weeks 8-E A-Honor Roll none A-B Honor Roll none 1st Semester A-Honor Roll none A-B Honor Roll Kim Bryan Terrylynn Adams 3rd Six-Weeks 8-F A-Honor Roll	none A-B Honor Roll Richard Lane, Cristle Monds and Sharon Riddick. 1st Semester A-Honor Roll none A-B Honor Roll Teresa Drew, Richard Lane, Sharon Miller and Cristle Monds Food Town Changes Name Food Lion supermarkets are enlisting the help of motorists throughout a four-state trading area to spread the word about their name change from Food Town Stores. And drivers who participate in the bumper-to-bumper advertising campaign could win up to \$1,000.00 in free groceries from Food Lion. Participants will be asked to place a Food Town - with the word "Town" stricken out and the word "Lion" written in - bumper sticker on their car. Bumper stickers and entry forms are available at each Food Lion store and no purchase is necessary in order to participate. Entrants are asked to write their license plate number on the entry form and then place a bumper sticker on their car. Each week hundreds of winners will be selected to receive \$5.00, \$10.00, \$20.00 or \$1,000.00 in free groceries. A winners' list will be posted each week in Food Lion stores and all winners must have a bumper sticker on their cars in order to claim their prize. The new ad campaign is designed to facilitate the Food Town-to-Food Lion name change in the minds of consumers. The Salisbury (N.C.)-based supermarket chain, which normally refrains from contests to encourage people to shop in our stores, is financing the project from their normal advertising budget. "We don't have contests or other gimmicks to get people to shop in our stores," says Tom E. Smith, president of Food Lion stores. "This is simply an advertising campaign and will be paid for out of our regular ad budget. We'd like to increase traffic in our stores, of course, but the important thing is that we spread the word about our name change throughout the community. This is simply a very efficient way for us to spend advertising dollars to create a new impression." Food Lion has been described by <i>Forbes'</i> magazine as the fastest growing food chain in America. The company operates 187 supermarkets in North Carolina, South Carolina, Virginia and Georgia; and last year opened 41 new stores. Food Lion stores are supplied from warehouse facilities in Salisbury, N.C. and Petersburg, VA.
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## point of view

BY BILL NIXON

Editor's note: Nixon, an Edenboro native, is vice-president of Parker Brothers Newspapers of Asheville. His column appears weekly in a number of that group's publications.

I had planned on commenting on the recent publicity surrounding the issue of strict educational requirements for so-called student athletes.

The following comments by associate Mike Voss expresses my feelings quite well, and there is much to be considered in his comments.

Voss writes: A recent statement by Jesse Jackson, the civil rights advocate, really got my wheels spinning.

Jackson told a group at Southern University that "White athletes are inferior to black athletes." He was speaking of the decision by NCAA members to require a 700 minimum score and a 2.0 grade point to be eligible for playing sports in college.

I have a strong feeling about the damage that could result from such a profound statement. Jackson, in my opinion, has done quite a bit of harm to the progress he has helped achieve for blacks at every level. To say that blacks are superior to whites in athletics will do nothing but add to the problems facing blacks and whites already.

I think there are a great number of blacks in major

sports because it is a way of receiving an education that they might otherwise not have the opportunity or financial backing to receive. They are using a method that enables many blacks to educate themselves in cases where other means might not be available.

I can't agree with the feelings of some people who think changes in college entrance requirements for athletes are designed to keep blacks out. The changes are to prevent those athletes who would have to struggle to meet the requirements of a normal classroom schedule and athletic participation from entering school under the supervision of an athletic scholarship. Too many are now leaving school after four years without a degree. It is a shame to see such a waste and very unfair to the individual.

Jackson should understand the rules are there to protect the athlete, both blacks and whites, from being exploited by a system that puts a priority on winning.

Jackson should also realize that while some sports seem to be dominated by blacks, others prove it isn't the color or race of an athlete but his or her determination that will result in success.

There is a feeling here that Jackson will hear repercussions from many areas and views for his statements. He has done things in the past to help the advancement of the black community, but this statement is not one of them.

The problem isn't the rules being changed to favor whites, as Jackson would like us to believe, but the admission of both blacks and whites to a university system when they can barely read and write.

I would suggest Jackson stop worrying about who is "superior" and work on the faults in the system, areas he has excelled in years past. Teach the children, educate them, and encourage them. Let us be concerned about the inferiority of our educational system rather than our athletes.

Mr. Jackson, I hope you are listening and will see that the only thing inferior among men are the opportunities that we open for ourselves. Let the athletes, both black and white, be assured of equality in education before they reach college. Let them try to improve themselves by taking the chance to have an education in what might be the only way they will have.

Once this is done, we think you'll find the question of who

is superior will not arise.

One last question, Mr. Jackson. What good does it do to have low admission requirements and four years later have someone graduate and go to superstar status that can't read and understand the reviews written about them or understand the multi-dollar deals offered?

### Eat More Fruits

If you prefer munching on a wedge of cantaloupe to scooping up a hot fudge sundae, you may already know the benefits of fruit in the diet.

The North Carolina Medical Society says if you eat sweets, do it in moderation. Fruits are better for you because they contain more nutrients per calorie than most desserts. Each time you substitute a bowl of strawberries for a piece of chocolate cake, you're getting more nutrition per calorie and chances are you're also taking in fewer calories.

For example, one medium apple has only eighty (80) calories, while a small slice of apple pie has 255 calories. A half cup of cherries has 41 calories, and a cherry turnover has 342; a quarter cup of raisins has 120 calories, but raisin cookies weighing about a quarter pound have 430 calories.

Fruit is also good for you because it's filled with vitamins and minerals and provides more fiber than found in most desserts.

So try saying no to sweets, and start eating more fruit.

### Financial

#### Assistance

MURFREESBORO—Many avenues for financial assistance are open to students to help pay for their college education.

That's the message the state's college financial aid officers are emphasizing during the current "Student Financial Aid Awareness Week."

Clifton S. Collins, Chowan College's financial aid director, said the purpose of the special week is to create an awareness of the financial aid programs that are available to students.

"It is essential that prospective students and parents become aware of the funds for which they may be eligible," Collins emphasized.

A past president of the North Carolina Association of Student Financial Aid Administrators, Collins urges students to begin the application process as soon as possible. For a particular institution's application procedures, students should contact the financial aid office at that school.

Any high school student interested in information about financial assistance may contact Mr. Collins. He said this offer is made regardless of the institution the student is planning to attend. Chowan's phone number is (919) 398-4101.

"Nothing shows a man's character more than what he laughs at." Goethe



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