

The Bandon Chapel Notebook - The First Day Of The Rest Of Your Life

by Maggie B.
HI, NEIGHBORS! This is the day that the Lord hath made, I will rejoice and be glad in it! Yes, TODAY is mine and yours - "the first day of the rest of your life" - twenty-four brand new hours, each golden hour set with 60 diamond minutes, 8,640 seconds! Guard these precious moments and use them well. Although Today is related to Yesterday and Tomorrow, what really counts is NOW and what we do with it. We can revisit places of interest, open well loved books, seek out old friends but we can never recover lost time and oppor-

tunities - this day will never return. Let us be grateful for today - the sun is shining, all traces of yesterday's freak storm have disappeared, there is no longer snow on the leaves of my fig tree!
 Today we have a chance to correct mistakes of yesterday; to show our love for our neighbors more fully - cause even one life to be a little wiser, a little happier or a little better. We can prepare for Tomorrow by caring for our health; realizing the dignity and privilege of work; enriching our minds and souls through the many avenues in literature, art, music, science, history and religion

and be ready for opportunity when it knocks. Since time began, Today has been the friend of man. Let's take time to appreciate the marvel that is man - the only thing God created in His image with a living soul - our Heavenly Father's finest creation!
 Share with me this verse taken from "The Roving Eye", entitled "The Marvel That is You":
 "Your heart - No pump is as perfect if you treat it right.
 Your eyes - No camera can touch them for efficiency.
 Your nervous system - There is no telegraph system equal to it.
 Your voice and ears - They are better than any radio or TV built.
 Your noise, lungs, and skin - There is no ventilating plant as wonderful and efficient.
 Your spinal cord - It is superior to the most complete switchboard for giving instantaneous warning and reactions.
 Such a marvelous, complicated mechanism as YOU is worth Your highest respect and best care. Protect yourself always."

On this Lord's Day, glistening waters of the mighty Chowan gently lapped the bulkhead while seagulls called and winged their way to a favorite perch; fragrance of apple blossoms and spring flowers filled the air - the beauty of Nature abounded! 'Twas just right to enter the church of your choice to thank God for His countless blessings.
 Supt. Stan Turbyfill warmly welcomed everybody to Sunday School at Bandon Chapel. Those present were treated to an interesting lesson by B. Kent Rowley - "Missionaries on the Move, Acts 13:1-3, 14:8-18. Biblical principles for mission work were stressed: know your source; know yourself; don't travel alone; and correct errors and proclaim truth."

Prayer List: When we pray, we ask that God's Will be done. Please add our friends to your prayer list. Hilda Strickland's 19-year old grandson, Mike was involved in an accident last Tuesday in Norfolk. He underwent surgery Friday morning and at present is in a coma. Mike is the son of Jackie Yousif and brother of Woody King, and is confined to Norfolk General Hospital; Hilda has been readmitted to Norfolk General Hospital, Rm. 786. Her blood pressure and sugar level is up and she is suffering from Hepatitis. Pray that God will grant Jack & Hilda Strickland and their family the strength they need to see them through this time of suffering; Ruth Whitley will undergo knee surgery at Albemarle Hospital; Elizabeth City Friday morning. Pray that it will be successful; Meta Mason is slowly regaining her strength but needs your fervent prayers; Mary Sigmon, mother of Dee Moor, is recuperating at home following her recent hospitalization. Her address is 413A Wyoming St., Charleston, W. Va., 25302;

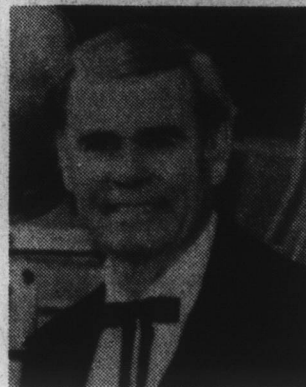
please remember Peggy Hampton, Ella Powell; Alice Elliott; Sue Darden; Owen Pate and Edward Johnson. Pray for our Nation and its people, pray that God will guide the decisions made by our leaders and leaders of other nations. Remember all missionaries, all churches and our Pastor, Rev. Robert S. Harrell and his family.
 "Happy Birthday" was sung by all in honor of Pastor Bob as he placed his contribution in our Birthday Bank.
 Our Worship Service on this Lord's Day was truly inspiring. One could feel the presence of the Holy Spirit. Bandon's Shepherd, Rev. Robt. S. Harrell, had as his scripture Joshua 14:6-12. He asked the question "What is Normal?" This meaningful message cannot be condensed without losing its flavor, but the following points were stressed: Life consists of many things - joy, happiness, struggle, pain, sorrow and suffering. God does not tell us He will deliver us from pain and suffering but He will give us the strength we need to carry on in spite of all odds. He gives us mountains to climb but He is there for us to turn to. Life is honed to its highest quality when there is trouble, when we have to struggle. To embrace the Christian faith is to find the kind of faith which enables us

to look life squarely in the eye no matter what comes, to endure patiently, and to know Jesus Christ today, tomorrow and forever.
 Covered Dish Supper Friday Night was Great! Food was abundant and delicious - fellowship with friends and neighbors was fulfilling. A fascinating Travelogue across country, pointing out the sights and sounds of America, was presented by Gene Kline and enjoyed by all. Many thanks to our Host & Hostess, Emma and Clayton Inskip.

Friday, April 22nd - a date to remember! The General Meeting of the Women of the Church will be held in Fellowship Hall on this date at 7:30 P.M. All ladies in the community are invited to attend. Refreshments will be served. Come out and enjoy.

Observes Homecoming

The Church of God, 906 Johnston Street, will be observing Homecoming Services



James Easter

May 1st. The scheduled program will be Sunday School at 10:00 A.M., Morning Worship at 11:00 A.M., with lunch on the church lawn at 1:00 P.M. The afternoon will conclude with the 2:30 P.M. Gospel Sing at the Ernest A. Swain auditorium, featuring the Singing Laymen of Windsor, The Anchorman of Goldsboro, and The Easter Brothers of Mt. Airy, N.C. Special singing will be rendered during the

Morning Worship Service, to be followed with the homecoming message by guest speaker, James Easter, vocalist and guitarist with the Easter Brothers.

The Pastor, Rev. Marvin Baccus, extends an invitation to the public and especially to the Gospel Time Listeners to be a part of any or all the scheduled program.

Peacemaking Event

The Spring Peacemaking Event for Albemarle Presbytery will be held in Rocky Mount April 25th and 26th.

This two-part series is open to all and begins Monday evening April 25th at 7:30 P.M. at First Presbyterian Church of Rocky Mount.

The theme of "Christian Community and Nuclear Weapons" will be addressed by Rev. Herb Meza. Monday evening the topic is "Third Wave, Third World, Third Strike". Panelists and audience alike will be able to respond.

The second portion of the series is Tuesday morning April 26th at the Westhaven Church in Rocky Mount. At this time Rev. Meza will speak on "Peace and Righteousness: Theological Reflections on Peacemaking".

Rev. Meza has pastored churches in Houston, Washington DC and now Jacksonville, Florida. He has lectured on medical

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The race directors of the 5th Herring Run wish to thank the following sponsors:

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and Marvin and Carolann Baker.

They especially wish to thank all the volunteers for their invaluable help and give special thanks to Gilliam and Annette Wood and John Wood for the use of the Hayes Plantation.

Once again Steve and Faye Hampton donated the great picnic which makes the Herring Run so different.

Finally, thanks to all the runners, joggers and walkers who made Sunday's Race a record Herring Run.

See you next year on April 9th.

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