

Good Herbicide

"Sonalan is a good herbicide for controlling grasses and some weeds," Dr. Richard Bonanno, weed control specialist, said at the annual Perquimans-Chowan County Vegetable meeting. "And, he said, 'it is cheaper than the chemicals we have had before.'" Rich said, "We have not had trouble with Sonalan, but in New Jersey during a cold rainy spell, there were some problems, especially when plastic was used."

Dr. Bill Lord told the farmers from Chowan, Perquimans, Pasquotank, Currituck, and Washington Counties that bees are essential for good pollination of cantaloupes and watermelons. Bees increase yields and quality of melons. You need one thriving hive per acre.

Bees do most of their work in the morning and are more active in warm weather. Lord said bees can be rented and there are some available locally.

Murry Goodwin, local agent said, "We had six new varieties in watermelon variety tests that have potential for commercial production in Chowan-Perquimans area. They are Imperial, Prince Charles, Iopride, Charleston Gray No. 5, FLA 78SW4, and Cal Sweet."

Imperial looks like Crimson Sweet with good yield potential. Prince Charles is an excellent early gray melon. Iopride is a dark round melon with highest yield in test. Charleston Gray No. 5 is a good yielding gray melon. FLA 78SW4 was earliest in test with big melons. Cal Sweet is a beautiful long streaked melon and dark red meat like Dixie Lee.

Asgrow EPH 5024 has the real pretty dark red color but yield was not too good.

"In our cantaloupe variety test Super Star had performance that shows it is a large early melon and does well on higher ground," Goodwin said.

In the test about growing cantaloupe on plastic, indications were that melons are earlier and yield is higher when grown on plastic. In the variety part of test, Star Trek looked good, probably best in test. Some yields hit 14,000 melons per acre and 70,000 pounds per acre.

In Sweet Corn Variety Test, Asgrow XPH 2562 showed excellent potential for quality and pretty good yields as well.

Tom Campbell, agricultural extension agent

for Pasquotank County, discussed cabbage variety test. He also outlined steps in controlling black rot. "Some new varieties have more resistance to black rot than Market Prize," Campbell said.

The meeting was attended by 115 farmer and businessmen. The dinner was sponsored by our seed companies and was prepared by Oak Grove Homemakers Club.

Garry Copeland and Jewel Langley were recognized as national winners in 4-H vegetable production demonstration contest.

Bill Jester, Perquimans County Extension Chairman, presided over the meeting and Mike Williams, Chowan Extension Chairman recognized guests.

Arts And Crafts Show Is Slated

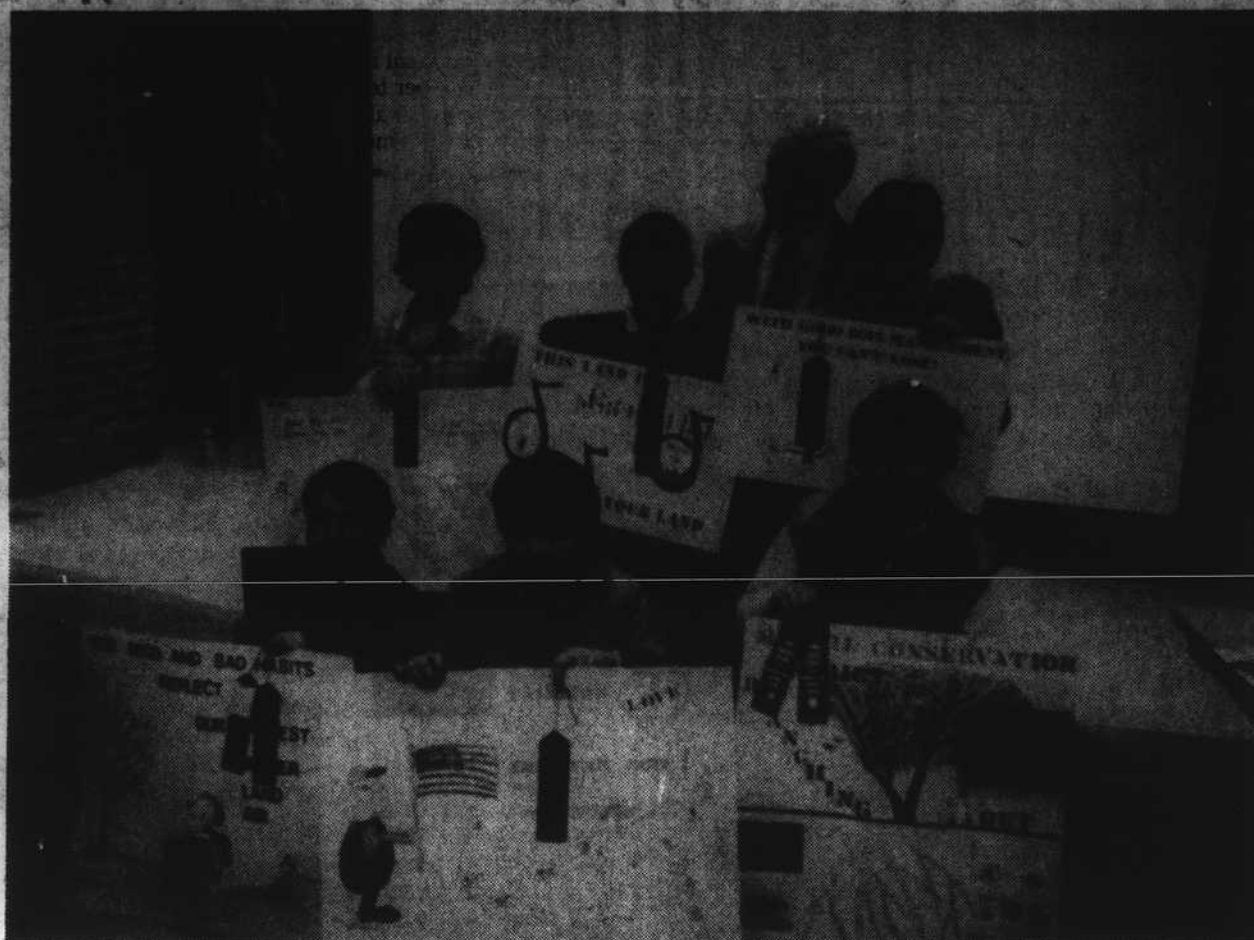
The Edenton Optimist Club is seeking artists and craftsmen for a Springtime Express Arts and Crafts Show to be held in Edenton on the waterfront on Saturday, April 7, 1984 for the Virginia Opera Association who is sponsoring a train ride and stop over in Edenton for four hours. There will be 1100 persons aboard the train. The association has specifically requested an arts and crafts show be included in their tour of Edenton.

The club is seeking artists and craftsmen interested in participating in the event. Cost per space is \$10.00; space plus a 4' x 8' table and two chairs is \$12.50. Booths must be set up by 11:00 A.M. Reservations must be made by Friday, April 6 at 6 P.M.

Artists and craftsmen interested in reservations or further information may write or call Ken Kinion, P. O. Box 357, Edenton, N.C. 27932, telephone 919-482-8788 or 919-482-4510. Make checks payable to Edenton Optimist Club in the amount of \$10.00 without tables; \$12.50 for table and chairs.



The average adult has about 3,500 square inches of skin. The skin has roughly a billion pores.



COUNTY WINNERS—Chowan Co. winners in the Albemarle Conservation Poster Contest are shown here holding their posters. They are: 1st row, 1st place (left to right) John Johnson, III, 4th grade - Swain; Kevin Goodwin, 5th grade - Swain School; Jonathan Morgan, 6th grade - Swain School; 2nd row, 2nd place (left to right) Tamie Dail, 4th grade - White Oak School; Denise Moye, 5th grade - Swain School; and Chad Johnson, 6th grade - Swain School. Standing behind the winners is Albemarle Conservation District Supervisor Earl White.

Home Sewing Creative, And Saves You Money

Home sewing is a good way to express creativity. But can you save money at the same time? Well, that depends. To figure out the answer, you'll have to compare the cost of a ready-to-wear garment with the cost of similar fabric, pattern and notions.

And you'll have to take your time and skills into consideration, too.

To put time spent on sewing

into perspective, figure out how long it will take you to make a garment and multiply that figure by the minimum wage. Then add the cost of your time to the cost of materials and see if sewing still makes sense.

Think about your personal skills too. Be sure you have the know-how to make a garment that can equal the tailoring done on a similar ready-

to-wear item.

Don't ignore the costs of supplies and equipment either. Keep in mind, the

more you use your sewing

machine, the more you get for your investment.

IT'S OUR FIRST

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INSIGHT INTO EYESIGHT

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OPTOMETRIST

The Freeway Space

A few years back there was an advertising campaign featuring the slogan, "I'd rather fight than switch." It showed a man or a woman with rather prominent black eye and the message was obvious that he or she would rather take a fist in the eye than switch brands.

In a number of ways, these advertisements bear on the dilemma which faces countless eyeglass wearers. They are loyal to their spectacles in spite of any inconvenience or vision disruption they represent. Rather than switch to contact lenses, they put up with impaired peripheral vision, movement during physical activity, and altered appearance.

Of course not everyone can wear contact lenses. However, for the thousands who could make the switch and benefit from it, now is the

time to give up your stubborn loyalty. Contact lenses are more comfortable and convenient to use than ever before. So the next time you visit your optometrist for your regular examination, why not ask for an easy demonstration.

In the interest of better vision from the office of:
A.F. Downum, Jr., O.D.
103 W. Eden Street
EDENTON
482-3218

Views On Dental Health



Richard N. Hines, Jr.
D.D.S.

Fellow of The Academy
of General Dentistry

To Fight Or Switch?

When you think of "freeway", you probably think of the high speed motorways leading in and out of big cities. But you also have a freeway space - in your mouth. When your jaws are in a normal and relaxed position, there's a space between your upper and lower jaws that dentists call "the freeway space." It has nothing to do with traffic, but it has a lot to do with mouth comfort.

Whenever full or partial dentures are placed in a patient's mouth, the dentist makes sure the freeway space is not eliminated. This may cause temporomandibular joint (TMJ) problems. Your temporomandibular joints are located on each

side of your head, just internal and in front of your ear openings, and are connected to the lower jawbone.

If your chewing muscles or the ligaments that control them are over-stretched, too slack, inflamed, or in spasm, this can cause the severe pain in the jaw joint area. If you are feeling any discomfort or pain in your jaw area when you open or close your mouth, have this condition treated by your dentist.

A public service with the aim of promoting better dental health environment.
From the office of:
RICHARD N. HINES, JR.
D.D.S., 437 South Broad St.,
Edenton. Phone: 482-2776.

'We Cater To Cowards'