

## Jaycee Women Meet

The Edenton Jaycee Women held their 1st regular monthly meeting of the fiscal year on Thursday, May 2 at Edenton's Golden Corral with 12 members present.

After dinner, new President Susan Small called the meeting to order. Following reports by the secretary, treasurer, and corresponding secretary, several items of unfinished business were discussed. Tammy Smith made a final report on the profitable bunch served by the Jaycee Women during the recent Pilgrimage.

The club voted to open a savings account for area donations to Greenville's Ronald McDonald House. Chairpersons Cathy Leary and Leigh Ambrose discussed some ideas concerning the Ronald McDonald House Gospel Benefit which the club will sponsor in November. Everyone congratulated the 1984-85 award winners Stephanie Nugen (Spokette Award, Rookie of the Year, Jaycee Woman of the Year), Susan Small, and Tammy Smith (Sparkette Awards).

Concerning new business, the Jaycee Women voted to help the

Stever School of Dance with its spring recitals on May 31st and June 1st. The club will also co-sponsor a dance with Betz Ricks of the Visually Impaired Group to benefit blind children attending Camp Dogwood. The dance will be held June 14th at Edenton's American Legion Building. Several members volunteered to donate baked goods for the Jaycee Bloodmobile next week. After President Susan discussed the purposes of the club's standing committees, the members voted to add a Speak up Program which is designed to improve self-confidence and public speaking and leadership skills.

The meeting was adjourned with the members reciting the Jaycee Women Creed.



With a fine pen and a microscope, Lincoln's Gettysburg Address has been printed on a human hair less than three inches in length.



Mrs. John L. Morris

### Eure, Morris Exchange Vows In Wedding Chapel

Miss Mary Kathryn Eure and Mr. John Lewis Morris exchanged vows Friday, March 22 at noon in the Wedding Chapel, Elizabeth City. The Rev. H. Umphlette officiated the ceremony.

The bride is the daughter of Mr. and Mrs. D. Linday Eure of Gatesville. The bridegroom is the son of Mr. and Mrs. Everett L. Morris of Aulander.

The bride is the granddaughter of the late Maebelle P. Winslow of Hobbsville. The groom's grandfather is Mr. Jack B. Willoughby of Plymouth.

Morris is employed by the Gregory Manufacturing Company in Lewiston as a sales representative. He is also a licensed electrician. The bride is employed by Kellogg-Morgan Agency, Inc. in Sunbury.

After taking a wedding trip to the Outer Banks the couple now reside in Gatesville.

A wedding reception was held April 14th at the brides parents' home.

The brides wedding gown was a Dallas Original.

### Alcoholics Anonymous and Al-Anon

Meet Monday Nights at 8:00 P.M.

at First Presbyterian Church corner of West Queen and Moseley Streets

## N.C. DAR Members Workshop

District 8, North Carolina Society Daughters of the American Revolution will meet for a workshop Tuesday, May 14, at

### Swanners Home

#### From Costa Rica

Mr. and Mrs. Charlie Swanner, Sr. Mr. and Mrs. Gary Swanner and children, Gina and Bonnie have returned after spending the last two weeks with Rev. and Mrs. Charles Swanner, Jr. and children in San Jose, Costa Rica. Charles and Mary are with the Foreign Mission board.

Heart of Wilson Motel Rib Room, Wilson, according to Mrs. Joseph Showfety, Hickory State Regent, and Mrs. Joe M. Dietzel, Lumberton, State Vice Regent, who will conduct the meeting. Registration will begin at 9:30 a.m. followed by business session at 10 o'clock and luncheon at 1 o'clock. Thomas Hadley Chapter, Wilson, Mrs. Mary Wright Pittman, Regent, will be hostess for the workshop.

Mrs. Everett Ballengee, Greenville, is director of District 8 which includes the following chapters: Edenton Tea Party, Edenton; Betsy Dowdy, Elizabeth City; Major Benjamin May, Farmville;

Susannah Coutanch Evans, Greenville; Elizabeth Montford Ashe, Halifax; Meherrin, Murfreesboro; Micajah Pettaway, Rocky Mount; Halifax Resolves, Scotland Neck; Major Reading Blount, Washington; and Thomas Hadley, Wilson.

### Albritton Feature Showcase Exhibit

by Susan Birchead

John A. Holmes Art Department is proud to feature Pamela Jean Albritton in the Senior Showcase Art Exhibit this week in the library.

Pamela, daughter of Mr. and Mrs. Sidney Albritton, enjoys working with pencil, pen and ink, water colors, mixed media and print making. She plans to continue her art experiences at Chowan College this fall and transferring after two years.

We commend the fine work she is doing and invite the public to come and view the exhibit.

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### Herald Kitchen: Strawberries

Continued From Page 2-A  
ries, washed and hulled

In medium saucepan, combine rhubarb, sugar, 2 tablespoons water, cloves and cinnamon; mix well; bring to boil. Cover, simmer over low heat 3 to 5 minutes or until rhubarb is tender. With slotted spoon, remove rhubarb to serving bowl, reserving liquid. Discard cloves and cinnamon. Dissolve cornstarch in remaining 2 tablespoons water; add to rhubarb liquid in saucepan. Cook, stirring constantly, over low heat until mixture boils and thickens; pour over rhubarb, add sliced strawberries; mix gently. Make 3 1/2 cups.

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### Views On Dental Health

Richard N. Hines, Jr.  
D.D.S., F.A.G.D.

#### Cavity - Tooth Loss Myth

Are cavities the greatest threat to dental health? Far from it. Untreated decay takes its greatest toll in children and young people, but the largest single cause of tooth loss in adults is pyorrhea or gum disease. Dentists call it periodontitis.

Gum disease attacks the gums, supporting structure of your teeth. In advanced cases, the gums actually detach from the tooth and the tooth becomes loose and falls out.

Irritating deposits form on substances normally in the mouth, cling tenaciously to teeth, and if they are not removed by careful and frequent brushing at home, they can lead to gum disease. Eventually this plaque

hardens (calculus) and can then be removed only by regular tooth cleaning by your dentist or dental hygienist. The sooner treatment begins, the better your chances of stopping gum disease and tooth loss.

Whether it is either of the anti-tooth villains, gum disease or dental decay, they can both be combated by a combination of good home dental care and regular visits to your dentists. It's up to you!

A public service with the aim of promoting better dental health environment

From the  
Richard N. Hines, Jr., D.D.S.  
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### INSIGHT INTO EYESIGHT

DR. A. F. DOWNUM, JR.  
OPTOMETRIST

#### Testing Side Vision

If you're concerned about how good your side (peripheral) vision may be, try this simple experiment at home. Looking straight ahead of you, fix your line of sight on one particular object in the room. Then, still looking straight ahead, make a note of all the other surrounding objects in the room that are also visible. If your eyes give you a "full" picture, your side vision may be normal. However, this kind of test is not reliable and may give you a false sense of security. Only through tests made by your eye doctor can you be sure.

Any defective side vision can be hazardous and may also be a sign of advanced stages of glaucoma, an eye disease that can cause

blindness if not treated in time. In glaucoma, fluid pressure builds up in the eye, causing serious damage to the delicate structures within the eye. You should have your eye pressure checked at least once a year, especially if you are over forty, are nearsighted, or if there is a history of glaucoma in your family.

Our office has recently added an automated perimeter for the purpose of checking your field of vision, both centrally and peripherally.

The interest of better vision from the office of:  
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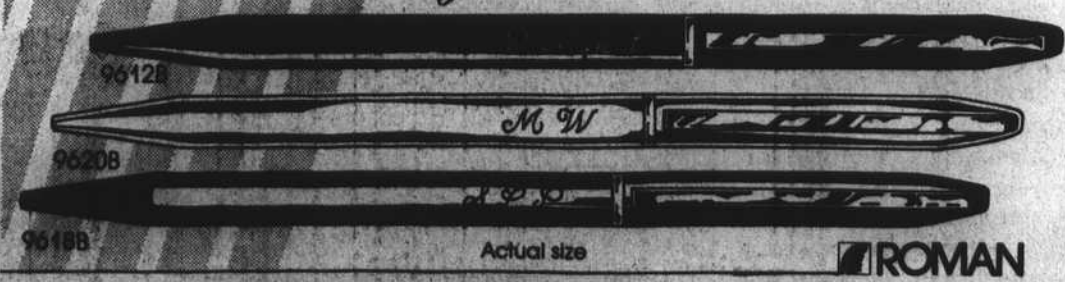
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