

Program Participants Selected

GREENVILLE—Maricia Moyer of John A. Holmes High School and Jason Twine of Chowan Jr. High School, Edenton are among a number of middle and secondary students, mostly from rural schools, who have been nominated by school officials to attend one of four three-week residential summer school programs established by the 1985 General Assembly to develop leadership among North Carolina's youth. Selections were made at random from nominations submitted by teachers, counselors, principals, parents, peers and persons in the community.

Students selected from other area counties are: Bertie

Kimberly Fairless, Bertie High School; Camden - Christian Overton, Camden Middle School; and Gates - Lisa Anne Wilson, Gates County High School and Wanda Hall, Central Jr. High School.

The first three-week session will be held June 21-July 10 for senior high students (rising ninth through twelfth graders). Junior high students (rising seventh and eighth graders) will attend July 12-July 31. The session will be held simultaneously on the campuses of ECU and WCU.

The students who attend will participate in a program of workshops, lectures, field trips, seminars, films, music, entertainment and recreational activities.



BAKER ADDRESSES GROUP—Dr. Bernie Baker was among the speakers during the recent Women's Health Fair held at Chowan Hospital. A variety of mini-lectures and exhibits covered various aspects of good health care for women.

Women's Health Fair Held

Concerned women of the Albemarle area visited Chowan Hospital on May 16 for a special event planned just for them. The Women's Health Fair was planned especially to help women become more aware of their health and fitness needs.

Mini-lectures on such topics as "Maturing Gracefully," "Self-Breast Exam," "Coping with Alzheimers," "Calcium and You," "AIDS," "Depression," and "Detecting Child Abuse," were held throughout the day in the educational wing of the hospital.

Speakers included Dr. Bernie Baker; Jodi Brantham, RN, BSN; Joyce Pickrel, MSW; Jill Jordan, Health Educator; Steve Braun, MSW; Stephanie Nugen, RD; and Frances Boling, BS, MT.

Exhibits by Dr. Ike Blakemore on Vision, Hospice, Cancer Society, Heart Association, and EMS on CPR and Choking were complemented by additional displays on Car Safety, Nutrition, Physical Fitness (by Nautilus), Pregnancy (by Health Dept.), Guest Care, Lifeline, Saving Your Lower Back.

Blood typing, diabetes screening and the taking of blood pressures were free to those

wishing to have these areas of their health tested.

The event was covered by WZBO (Z-102) with door prizes given away during the day. Prizes included free mammograms, dental check-ups, laboratory testing, Sunday luncheons and a free physical. Several two-month memberships were donated by Edenton Nautilus and Fitness Center.

Co-sponsored by the hospital and Edenton Woman's Club, the day was termed successful in furthering women's knowledge about their health and well-being.

Dance Recital Is Scheduled

The Dance Academy of the Albemarle will present "A Little Bit 'O Night Music" June 13 at S.L. Sheep Auditorium in Elizabeth City.

The recital will be produced by Marsha Atkins, who taught dance classes in Edenton for eight years and begins at 8 p.m.

The recital is open to the public and tickets will be \$2.50 for adults and \$2. for children under 12-years-old.

financial planning

SMALL COMPANY FRAUD

The owners and operators of small companies are sometimes too complacent about employee fraud.

Many businesses have too few employees to provide for proper segregation of the duties. If one employee is allowed to handle too many functions, such as paying bills, collecting receivables, preparing payroll reports, handling petty cash, and making bank deposits, the company is wide open to fraud.

If you're a small business owner, you should stay close enough to the business transactions to be able to spot unusual problems with the receivables, payables, refunds, etc. Ask questions about accounts receivable balances from time to time. Insist on being the first one to open the bank statement. This provides you the opportunity to spot unusual checks, odd vendor names, etc.

Open all incoming mail from customers and vendors. This allows you to see customer complaints and adjustments to account balances.

If you pay your vendors by invoice, always pay on the same color of vendor's invoice. This should eliminate the possibility of paying the same invoice twice, once on the pink copy and once on the yellow copy. Indicate the date of payment on paid invoices.

If your employees prepare the payroll reports, have them reviewed by your independent accountant.

Have your accountant review your business and set up internal controls. This is the process of segregating duties to help minimize the possibility of fraud and creating safeguards to help prevent unintentional mistakes.

If you don't have a full year-end audit, at least engage an independent accountant to hold a cash-flow review. This will not necessarily establish the existence or non-existence of fraud, but it's one more step to help protect your assets.

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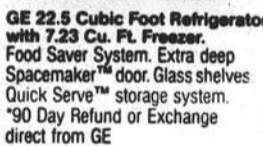
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