



WEEK PROCLAIMED-Edenton Mayor John Dowd signs a proclamation naming the week of Nov. 2-6 as Medical Assistants Week. With him are Jean Bunch (left) and Pam Perry, Medical Assistant at the Chowan Medical Center.

Leadership Seminar Set For Nov. 14

A leadership seminar entitled "Achieve Peak Performance: Take Control of Your Life" will be held at the Sheraton in Greenville, NC, on Saturday, Nov. 14. The six and one-half hour course, sponsored by the North Carolina Business and Professional Women's Clubs, will begin at 8:30 a.m.

The program is designed to teach skills required to both worksite and volunteer settings. The morning session will center on the expansion of personal skills, and the afternoon will be devoted to the development of people skills. Included in curriculum topics are creativity, expectations and attitudes, motivation, effective com-

munications and listening, management of conflict, and assertiveness.

The course will be lead by BPW Trainer Deborah Karmozym of Dover, NH, and Assistant Trainer Collene Lupton of Washington, N.C. The program has been approved for .6 continuing education credits.

Registration fee, which includes training materials, luncheon, two coffee and pastry breaks, and CEU fee, is \$50 for BPW members and \$60 for non-members. For registration forms, contact Ms. Lupton, (919) 946-1783 during working hours or

(919) 946-4327 after 5 p.m. Deadline for registration is Nov. 1.

Hotel reservations, if needed, must be made directly with the Sheraton Greenville, 919-335-2666.



Plans Made For Festival

Center Hill Extension Homemakers Club met on Tuesday at the Center Hill Community Building with Mrs. C.B. White, acting President, presiding.

The meeting was called to order with the reading of the 100th Psalm and prayer by Mrs. Kathleen Byrum.

Mrs. White brought the lesson of the day, "What's Underfoot". We were told about characteristics of basic carpet fibers, such as wool, nylon, olefin, acrylic and polyester. It was also noted that durability, soil resistance and cleanability of the different fibers are most important when choosing carpeting.

Plans were made for the Annual Fall Festival on October 31. All members and community residents are being urged to participate in this festival of fun and work. Proceeds will be used for the upkeep of the community building.

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2ND ANNIVERSARY

AND
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SAT. OCT. 31

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Book Out

The Internal Revenue Service announced a new publication designed to help Individual Retirement Account owners and beneficiaries determine their required distributions.

Publication 903, 1987 Required Distributions from Individual Retirement Arrangements (IRAs) explains in plain language the distributions that must be made to certain IRA owners who reached age 70½ in 1986 or in earlier years, and the distribution requirements for beneficiaries of IRA owners who died before 1987.

Publication 930, 1987 Required Distributions from Individual Retirement Arrangements (IRAs), is available free by writing to Forms Distribution Center, P.O. Box 25866, Richmond, Va. 23260 or calling 1-800-424-FORM(3676).

Shooting Ed Classes Set

The Edenton Jaycees will hold shooting education classes on November 14 at the Jaycee building.

The shooting education program is designed to instruct both boy and girls between the ages of 8-14 in safe gun handling. Only official Daisy BB guns are used during the instructional phase of the program.

The U.S. Jaycees-Daisy Shooting Education Program was implemented in 1963. Since then, over 11 million youngsters have been taught gun safety.

Competition between youngsters is also held on a local state and international level. The four goals of the program are education, enjoyment, safety and competition.

Enrollment is limited to a maximum of 25 youngsters. Those wishing to enroll their children may contact Betz Ricks at 482-3737 or Suzi Raudebaugh at 482-7026 after 7 p.m. daily.

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Dear Friends,

On Friday, November 6th, 1987
from 3:00 til 7:00 p.m.

Jim and I would like to welcome all
of you to our
Grand Opening Benefit
at

Caroline's

We have chosen the Food Pantry
as the Benefactor.

We would love to see all of you
just bring a can of food for those
less fortunate than ourselves.

Then we will sip some champagne,
Have some hors d'oeuvres,
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We can't wait to see all of you until then.

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SAT. OCT. 31

U.S. 17 ByPass
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9 A.M. til
7 P.M.