

Fun With Food

From The Herald Kitchen

By MILDRED HUSKINS
There comes a time in every homemaker's schedule when having a few friends over can be quite pleasant in spite of the fact it us up to her to plan and prepare the dinner.

It could be a neighborhood celebration of some sort or a couple of out-of-town friends are visiting in the area. At least, you'd need to plan as

fuss-free a dinner as possible so that you could spend time with your guests. Created by home economists at Uncle Ben's, Inc., the following menus are easy entrees with only an elegant accompaniment that's ready in short order. Both special dinners are only minutes away when the quick-cooking entree is paired with rice. **UNCLE**



EASY AND ELEGANT -- When a special dinner is in order, plan a menu that lets the cook spend time with guests. Savory Scallops with Spinach Wild Rice is festive and fuss-free.



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BEN's Long Grain & Wild Rice Chicken Stock Sauce with Vegetables is a convenient, savory blend of long grain rice, wild rice, herbs, seasonings and vegetables. It cooks in just five minutes and makes a meal special.

Delight seafood fans with **Savory Scallops with Spinach Wild Rice**. While bacon and scallops cook with garlic and a hint of red pepper, the rice simmers. Shredded spinach, stirred into the rice just before serving, adds a fresh touch. Richly flavored Paprikash Pork Chops with Apple Wild Rice is ready to serve in about 15 minutes. The paprika and thyme-seasoned butterfly pork chops are served with a creamy onion sauce. Bright apple bits add a hint of sweetness and crunch to the rice.

Savory Scallops with Spinach Wild Rice

- 4 slices bacon, diced
- 1 3/4 cup water
- 1 tablespoon butter or margarine
- 1 pkg. (5.2 oz.) Long Grain & Wild Rice Chicken Stock Sauce with Vegetables
- 1 pound bay or sea scallops, patted dry
- 1 large clove garlic, minced
- 1/2 teaspoon red pepper flakes
- 2 tablespoons thinly sliced green onions
- 1 1/2 cups firmly packed spinach leaves, cut into strips

Cook bacon in 10-inch skillet over medium heat until crisp. Remove to paper towels with slotted spoon; reserve. Pour off all but 2 tablespoons drippings. Combine water, butter and contents of rice and seasoning packets in saucepan. Bring to boil. Cover tightly and simmer 5 minutes, or until desired consistency. While rice simmers, cook scallops in drippings with garlic and pepper flakes over medium-high heat until cooked through, about 3 to 5 minutes. If necessary, drain off excess liquid. Remove to serving plate; sprinkle with reserved bacon and green onions. Stir spinach into rice; serve along with scallops. Makes 4 servings.

Paprikash Pork Chops with Apple Wild Rice

- 1 tablespoon paprika
- 1 teaspoon thyme
- 3/4 teaspoon salt
- 1/4 teaspoon pepper
- 4 well-trimmed butterflied boneless pork loin chops, 1/2-inch thick
- 3 tablespoons butter or margarine
- 1 large onion, thinly sliced and separated into rings
- 1 3/4 cups water

1 pkg. (5.2 oz.) **UNCLE BEN's Long Grain & Wild Rice Chicken Stock Sauce with vegetable**

- 3/4 cup coarsely chopped red apple
- 1/3 cup thinly sliced green onion
- 1/4 cup dairy sour cream

Combine paprika, thyme, salt and pepper. Sprinkle evenly over both sides of pork chops. Heat 1 tablespoon of the butter in 10-inch skillet over medium heat. Add onion; cook and stir until tender, about 5 minutes. Remove onion; reserve. Melt remaining 1 tablespoon butter in skillet. Add pork chops; cook 5 to 6 minutes per side or until cooked through. While chops are cooking combine water, remaining 1 tablespoon butter and contents of rice and seasoning packets in saucepan. Bring to vigorous boil. Cover tightly and simmer 5 minutes, or until of desired consistency. Stir apple and green onions into rice. Remove chops from skillet; keep warm. Add onions to skillet; heat through. Turn off heat and stir sour cream into onion in skillet. Spoon onto dinner plates; top with pork chops. Serve alongside rice. Makes 4 servings.



Special Delivery



KATHERINE MEREDITH WHITE

Randy Gaston White and Joyce Smith White of Edenton are proud to announce the birth of their second child, a daughter, Katherine Meredith, on June 13 in Albemarle Hospital, Elizabeth City. The little girl weighed 8 lbs., 8 ozs.

Maternal grandparents are Mr. and Mrs. David L. Smith of Edenton.

Paternal grandparents are Mrs. Bert M. White and the late Rufus White of Edenton.

Paternal great-grandmother is Mrs. Bailey T. Miller of Edenton.

ASHLEY GARRETT WILSON

Lauralyn G. and Norman Harrison Wilson Sr. of Plymouth are proud to announce the birth of their daughter, Ashley Garrett, in Chowan Hospital on January 17.

Maternal grandparents are Mr. and Mrs. Joe E. Garrett of Plymouth.

Paternal grandparents are Mr. and Mrs. Willie J. Wilson of Alexandria, Va.

Maternal great-grandparents are the late Mr. and Mrs. Johnny Brown of Plymouth.

Paternal great-grandparents are Mr. and Mrs. William Norman Wilson of Windsor.

AARON EARL COPELAND

Lewis Earl and Jo Hammond Copeland of Edenton are proud to announce the birth of their son, Aaron Earl, in Chowan Hospital on June 14.

Maternal grandmother is Mrs. Donnis Everett Hammond of Houston, Texas.

Paternal grandmother is Mrs. Sallie Marie Copeland of Edenton.

CAMBRY BRIANNE HARRISON

Brian and Melissa Thompson Harrison of Plymouth are proud to announce the birth of their daughter, Camry Brienne, in Chowan Hospital on June 15.

Maternal grandparents are Mr. and Mrs. Jimmy Thompson of Plymouth.

Paternal grandparents are Mr. and Mrs. Buddy Harrison of Washington, N.C.

Maternal great-grandparents are Mr. and Mrs. Louis Lipscomb of Durham.

Paternal great-grandparents are Mr. and Mrs. Harry Respass of Plymouth.

MICHAEL ANTHONY BYRUM

Robin Gail Boles and Michael Kevin Byrum of Edenton are proud to announce the birth of their son, Michael Anthony, in Chowan Hospital on June 13.

NICOLE LEE TALMADGE

Laurie Talmadge of Hertford is proud to announce the

birth of her daughter, Nicole Lee, in Chowan Hospital on June 16.

JOSHUA ALLEN REA

Rita Dawn Layton and Robert Stanton Rea of Edenton are proud to announce the birth of their son, Joshua Allen, in Chowan Hospital on June 11.

PERRY GARRISON BYRUM

Gary Wayne and Angela Carver Byrum of Tyner are proud to announce the birth of

their son, Perry Garrison, in Chowan Hospital on June 15.

Maternal grandparents are Mr. and Mrs. D.A. Carver of Hertford.

Paternal grandparents are Mr. and Mrs. Weldon Byrum of Hertford.

BRANDON GUNNELL

Johnny Ray and Jolene Ames Gunnell of Eure are proud to announce the birth of their son, Brandon, in Chowan Hospital on June 18.

Continued On Page 3A

INSIGHT INTO EYESIGHT
DR. A.F. DOWNUM, JR.
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PLAY BALL:

In all competitive sports such as tennis, baseball or golf, the eyes are constantly in motion, shifting their gaze from near to more distant positions as the ball is in play. The good athlete needs the ability to change focus and follow the moving ball with great speed.

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