



## Malinda's Message

By MALINDA MCGLONE  
Community/School  
Relations Coordinator

Hey, everybody, I'm back and I'm better and better! Why, you ask? Because I just got back from the Healthful Living and Wellness Institute and -- as expected -- the whole conference was geared to establishing and maintaining good health.

If you feel good and feel good about yourself, you can be more productive, happy and alert. Everybody needs better health! That's not just physical health, but intellectual, social, mental and spiritual as well.

The 24 individuals from our schools feel that they got a lot of good information from the weeklong workshop. We are all looking forward to sharing this with our schools and the community. Believe me, you'll be hearing much more on this subject in the near future. In the meantime, keep thinking better and better thoughts about yourself.

Holy cow! (I've always wanted to use that expression in this column.) We are now getting our cable television show, "Schoolin' Around," on the air! Look for it on channel 21 every Wednesday at 12:30 p.m. and 5:30 p.m. We have featured quite a few people from our school system. I'll bet you see someone you know!

Now, finally, kids in grades K-12, if you are looking for a fantastic experience this summer, my suggestion is that you plan to participate in the Youth Summer Radio Theater Workshop, jointly sponsored by the Chowan Arts Council and the Edenton-Chowan Parks and Recreation Department.

Jim Cummings of Norfolk is teaching the course. He is probably one of the most talented people I worked with at Old Dominion University. I have had the opportunity to see him perform in several productions, and have acted under his direction.

Jim's enthusiasm for theater is phenomenal. He is creative and inspiring. Just talk with him and you'll catch his excitement for performing.

He is really looking forward to working with the students here in Chowan County. This should be an enriching experience for anyone who is interested in radio or simply experimenting and performing.

You can sign up for this workshop at the Parks and Recreation Department here in Edenton.

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## SPCA: Helpers Are Needed

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officials approve this plan, local taxpayers would be way ahead of the game. We would encourage any of our readers who approve of this idea to let our elected officials know how they feel.

And now to the animals themselves. We have a little bit of everything at the shelter this week. Available animals include a very attractive brindle male, with Great Dane features; a male black lab mix; a smaller Manchester terrier look-alike; a fluffy black puppy; and a gentle, older beagle. There are others which would make desirable yard dogs and some nice, small featured white puppies.

We also have a wide assortment of kittens, spayed female cats and an indoor-outdoor neutered young male cat who has a sweet disposition and would enjoy being cuddled and held.

Call the SPCA at 482-3764 for more information about the volunteer work on Saturday or to express interest in adopting one of these homeless animals. And, thank you for caring.

## Cummings To Instruct Radio Theatre Workshop

The Chowan Arts Council and the Edenton-Chowan Parks and Recreation Department are co-sponsoring a radio theater workshop this summer, open to all children in grades K-12.

The three-week program will run from July 7 through August 3, Mondays through Thursdays. K-6 students will meet from 9:30 a.m. until 11:30 a.m. and students in grades 7-12 will meet from 7 p.m. until 9 p.m.

Jim Cummings, a Norfolk resident and theater enthusiast, will instruct the course.

Cummings, 23, has a rich theater background. After finishing high school in Richmond, Va., he attended the American Musical and Dramatics Academy (AMDA) in New York City for two years. AMDA accepts only 16 new students a semester from the various auditions that are held all over the country. Jim was not only accepted, but won a scholarship as well.

His New York experience

enabled him, among many other things, to meet and work with playwright Sam Shepherd in his off-Broadway production, "Curse of the Starving Class."

Jim has been living in Norfolk and taking classes at Old Dominion University for two years. Since that time, He has performed in six different productions, including "Execution of Justice," and "Cherry Orchard." He has undertaken major roles in all of these productions.

He has also participated in several Old Dominion University one-act plays as actor and director. In 1987, Jim organized an ODU student radio theater show that was aired over the campus radio. A group of interested students got together every week to come up with material that would be suitable for the program's format.

"The show was mostly on the humorous side," Cummings said. "We had outrageous commercials, soap op-

eras, call-in shows, and whatever else the group came up with. We had a good show. And the best part was making it."

He hopes that the Summer Youth Radio Theater Workshop will be just as positive for the kids in Chowan County. "I want to give the children the chance to play and explore their own creativity through radio theater," he said. "Everybody involved is going to be very important because they will all be part of an ensemble. Each person will have a definite responsibility."

Besides learning the basic

creative and technical aspects of radio theater, the group will produce a radio program that will be aired over WZBO radio.

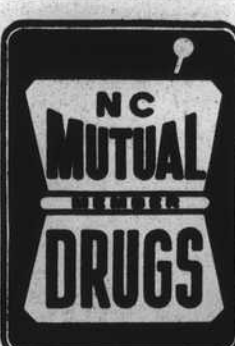
Cummings feels that each participant needs to experiment with different ideas. "I want the group to go out on a limb, to try new things. You can't fail as long as you have tried," he commented. "Radio theater can be pretty much off-the-wall."

Anyone interested in taking the radio theater workshop may sign up now at the Edenton-Chowan Parks and Recreation Office.

## VOLUNTEERS NEEDED

The Edenton-Chowan SPCA needs help to make repairs and do some painting at the local Animal Shelter located on Soundside Drive (the old Base Road).

If you're handy with a paintbrush or carpenter's tools and would be willing to help, please come to the Shelter this Saturday, June 24, for an hour or two in the morning. SPCA members will be on hand from 9-11 a.m. For details, call Marcia Crandall at 482-3764.



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