

## Pizza

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### Everyone's Favorite Pizza

#### Starter

1/2 cup King Arthur Unbleached All-Purpose Flour  
1/4 cup lukewarm water  
pinch of instant yeast

#### Dough

2 cups King Arthur Unbleached All-Purpose Flour  
1 heaping tablespoon Pizza Dough Flavor (optional, but delicious)  
3/4 cup water  
2 tablespoons olive oil  
1 1/2 teaspoons salt  
1 teaspoon instant yeast

**Starter:** Mix the biga ingredients in a small bowl, cover, and let rest at room temperature overnight.

**Dough:** In a large bowl, combine the starter and the remainder of the dough ingredients, stirring until the dough starts to leave the sides of the bowl. Transfer the dough to a lightly greased surface, oil your hands, and knead it for 5 to 7 minutes, or until it's supple, but the surface is still somewhat rough. Transfer the dough to a lightly greased bowl or dough-rising bucket, cover the bowl or bucket, and allow the dough to rise for 2 hours, turning it over and gently deflating it after 1 hour.

To make the pizza, preheat oven to 500°F. Roll the dough very thin, and place it on a piece of parchment paper cut to size. Top it lightly with your favorite toppings. Don't go overboard with the sauce or toppings-less is more! Using a peel, transfer the pizza (and parchment) to baking sheet, and bake until crisp, 10 to 15 minutes.  
Yield: 1 thin 14-inch pizza.

## Cashie River Festival set for Aug. 18

WINDSOR—This year's second annual Cashie River Festival, scheduled for Saturday, Aug. 18, from 10 a.m. until 3 p.m., features a variety of events located at different places in Windsor. There will be a free shuttle bus, which will provide transportation from one location to another.

Martin Community College Bertie Campus on Granville Street will host the fine art show and sale with several area artists who will be competing for a \$200 best of show, purchase awards and other cash prizes. The craft show featuring talented local crafters will also be held at the community college. There is no admission charge and the building is air-conditioned.

The big tents on Granville Street will feature food, face painting and other activities.

The air-conditioned "Walker" building on King Street will house the Farm/Home/Business Expo with displays by various organizations and businesses, giveaways, and sale items. There is no entry charge for the Expo. Some King Street businesses are planning a sidewalk sale with antiques and other sale items.

The Roanoke/Cashie River Center on Water Street will host a variety of activities including tours, a boat show, educational boat rides, amusement rides for children, outdoor theatre, clowns and music. The Bertie County YMCA will benefit from the food concessions also to be located at the River Center.

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## Edenton Clown College is starting classes Sept. 11

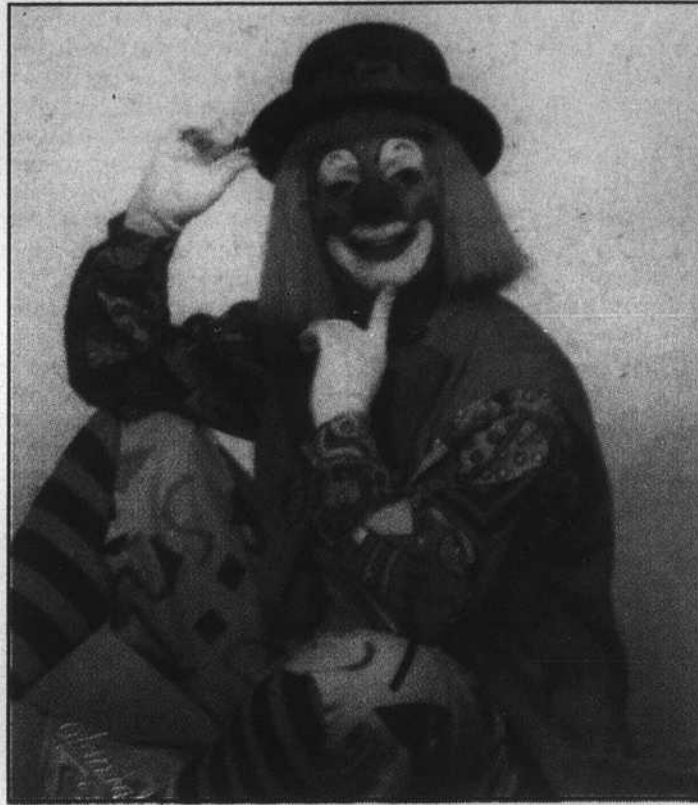
Clowns' skills welcome in variety of sites

Hanso the Clown has lived in Edenton for two years, but has appeared in public only once — at a Peanut Festival Parade.

Joy Caron, the clown's alter ego, feels there are many clown personas dormant in the Edenton area. She plans to give them an avenue of escape to express themselves and bring joy to others with classes at "Edenton Clown College".

Basic Clown Skills will emphasize types of clowns, wardrobe, make-up, protocol, and skits. Caron said, "We will touch on balloon sculpture, magic tricks, face painting, juggling and gags. We will also discuss when and how to perform in nursing homes, hospitals, churches, schools, parades, and parties."

"My greatest pleasure as a clown is to be released from my 'normal' behavior, and do and say things that



Hanso the Clown (AKA Joy Caron) will be conducting a Clown College here in Edenton starting Sept. 11. Basic clown skills and the basics of performing for nursing homes, hospitals, etc., will be taught. (Submitted photo)

"normal" people don't do," Caron said. "I hope we can build a group of clowns who will enjoy working together and entertaining in many venues."

Classes begin Sept. 11 and will be held every Tuesday for eight weeks. Call 482-3613 for inquiries or registration.

## Agency tests corn to protect public

RALEIGH — Agriculture Commissioner Meg Scott Phipps has announced the location of five field sites where the North Carolina Department of Agriculture and Consumer Services will collect samples of corn for aflatoxin testing.

Aflatoxin is a byproduct of the Aspergillus Flavus mold. The mold produces a toxin that can cause serious illness in both humans and livestock if ingested in quantity. Inadequate rain is the most common reason for the mold production.

"I encourage all growers to send in samples for testing," Phipps said. "The field collection sites enable farmers to conveniently get their samples to the NCDA&CS Food and Drug Protection Division."

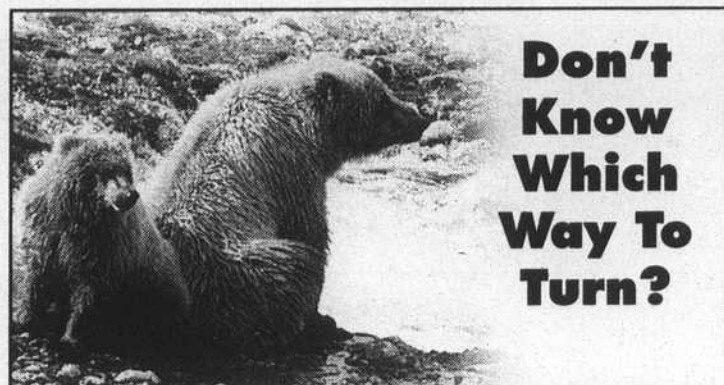
Testing is free to farmers and will be conducted in the Division's Constable Laboratory at 4000 Reedy Creek Road, Raleigh, NC 27607. Farmers can mail or deliver five to 10 pounds of shelled corn to the Raleigh lab or take it to one of the following research stations to be forwarded:

- Border Belt Tobacco Research Station, 86 Border Belt Dr., Whiteville, (910) 648-4703. Ty Marshall, station superintendent.

- Peanut Belt Tobacco Research Station, one-half mile north of Lewiston, NC on NC 11, Lewiston, NC (252) 348-2213. Stephen Barnes, station superintendent.

- Tidewater Research Station, five miles east of Plymouth on US 64, Plymouth, (252) 793-4118. John Smith, sta-

tion superintendent.  
• Lower Coastal Plain Research Station, near the intersection of NC 58 and Cunningham Rd., Kinston, (252) 527-3579. Sandy Barnes, station superintendent.  
• Piedmont Research Station, five miles west of Salisbury at 8350 Sherrills Ford Rd., Salisbury, NC (704) 278-2624. Raymond Coltrain, station superintendent.



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### Chowan Arts Council Fall Workshops

Watercolors with Jean Dexter  
September 12, 13, 14

Stained Glass with Jimmy Yates  
Classes start September 20

Furniture Painting with Debbie Boyle  
October 2, 3, 4

Quilting with Pam Askew  
Classes start October 10

Watercolor/Drawing with Barbara Sant  
Classes start October 16

Furniture Painting with Debbie Boyle  
October 23, 24, 25

Oil Painting with Marge Soper  
Classes start November 1

For more information or to register call  
**(252) 482-8005**

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## Exhibit features R. Sams' artwork

WASHINGTON, NC—Robin Sams of Tyner is the featured artist at the NC Estuarium for the month of August. Her paintings depicting scenes of life around the estuary, are filled with light and color. The large oil painting on display in the lobby is especially outstanding, showing a Canada goose family swimming peacefully into the sunlight.

Mrs. Sams is the owner of Robin Sams Gallery in Edenton. She holds an art degree from the Rhode Island School of Design, and has been painting in oil, watercolor and acrylic for a number of years.

She has won numerous awards in North Carolina, most recently in the NC Watercolor Society Show in Manteo in 2000. She has received two Emerging Artist Grants from the NC State Arts Council, and will have a show at the Pasquotank Arts Council in October.

Mrs. Sams enjoys concentrating on the effect of light on form and color, and works realistically in watercolor and oil. Her favorite subjects are portraits, figurative work and landscapes, which are represented in this show. The ex-

See SAMS On Page 8-B




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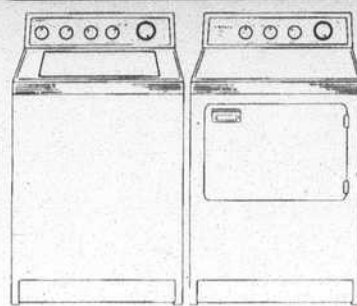
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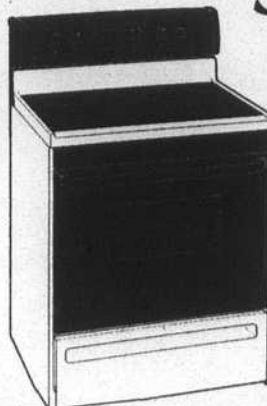


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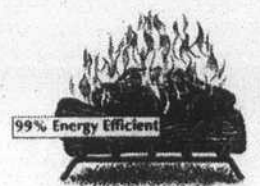
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