

# SOCIETY

## NSDAR welcomes member

From staff reports

The Edenton Tea Party Chapter, NSDAR welcomed new member Annis Murphy at our November meeting.

After being formally welcomed to the chapter, each new member has a mentor for the first 3 months of her membership. Her mentor sits with her at meetings, introduces her to chapter members and answers any questions ranging from "when is the meeting?" to "how do I get to be President General!"

Annis' mentor Dolores Poole is pinning Annis with the DAR bar pin after introducing her to the chapter.

To join in the laughter and fun of the Edenton Tea Party, we invite any woman who is eighteen years of age or older may apply for membership by providing acceptable documentation for lineal bloodline descent from an ancestor who aided in achieving American Independence. Because membership in the Daughters of the American Revolution is based on lineal, bloodline descent, legitimacy is not considered in the determination of eligibility of an applicant.

## Create time for White Oak arts and crafts show

PHOTOS BY KIM ULLOM

White Oak Elementary School held its 7th annual Arts and Crafts Holiday Gift Show and Oak Fest on Saturday. More than 50 vendors participated in this popular, well attended event. Santa paid a visit too. White Oak Elementary is most certainly on Santa's good list.



## CALIFORNIA

Continued from 3B

there were many neighborhood Asian restaurants throughout the city that offered a taste of the Asia without having to walk far from our hotel.

The Hyde Street Pier at Fisherman's Wharf is part of the National Park Service. The pier offers a look at many boats used throughout San Francisco's maritime history. It's free to visit. For a fee, you could go out on the Alma and into San Francisco Bay. The park service staff even leads visitors in hoisting the sails to get the boat back into its slip. With Alcatraz, the famed former prison, and Angel Island State Park also near the Hyde Street Pier, the boat's view is pretty amazing.

A short walk uphill from Fisherman's Wharf is Fort Mason. The former Army installation includes historic buildings and a beautiful park. Part of it is part of the National Park Service, while the pier area of the fort is part of a state park service. The pier that contains many art and cultural exhibits. The fort also offers a great view



PHOTOS BY NICOLE BOWMAN-LAYTON/CHOWAN HERALD

The Alma, part of the fleet at the National Park Service's Hyde Street Pier, gives visitors a tour of San Francisco Bay. In this photo they are getting ready to hoist one of the ships sails to go back to the pier. In the background is Alcatraz Island and Angel Island State Park.

of the Golden Gate bridge in the distance.

Near Fisherman's Wharf are plenty of tourist attractions. It's about a mile long, so bring your walking shoes. Near Pier 39 are food stands that serve San Francisco clam chowder, which looks and tastes like New England clam chowder. It costs about \$7 for a bowl but is worth it because its fresh with clams picked right from the bay. However, if you stop by nearby Boudin bakery, you can get some sourdough bread (about \$4 for a pound loaf) to go with your chowder. The

combination of sourdough and the creamy, fresh soup is divine.

Near the chowder stands, you can follow your ears to Pier 39. Many sea lions hang out at dock K, sunning themselves and waiting for a meal. An aquarium is also near the pier, as are many shops and eateries. There is also a dock in which you can buy tickets to take a boat ride to tour the harbor or visit Alcatraz. If you're running short on time or funds, you have to see the sea lions. The visit is free and offers a better view of Alcatraz than the Hyde Street



Lombard Street, known as the "crookedest street in the world," is a popular tourist destination. It's up the street, and a big hill, from Hyde Pier.

Pier.

About a half mile up Hyde Street from Fisherman's Wharf is the famous, curvy Lombardi Street. This road dubbed "the most crooked street in the world" is in a historic neighborhood so the houses, and the views while climbing up to the street, are breath-taking. You aren't supposed to walk on the street itself, so there are nice staircases for you to climb on either side. The houses that

line the street are built close together and offer unique looks at the architecture of the area. Some are modern with lots of window, while others invoke a Spanish flair and others are more English Tudor style. If you're into architecture, San Francisco gives you a lot to look at.

Ghirardelli Square is also a short walk from Fisherman's Wharf. It is the former site of the Ghirardelli Chocolate company's factory. Now it's a shopping center with offices and a hotel. When you first hit the square, the immediate things you note are the smells. McCormick and Sons, the spice company, has a restaurant in the square. There is also the Ghirardelli Chocolate shop, which offers all things chocolate. The shop is known for its hot cocoa, but you can also get samples of its chocolate candy. Inside is a museum of chocolate making goodness. Ghirardelli is the longest continuous maker of chocolate in the United States, dating back to the 1850s.

San Francisco, offers many other sights, too many to squeeze into just a weekend visit. The great thing about the city is that many

of the things the city is known for are within walking distance or a trolley ride (rides are \$7 one way).

Side notes

The people of California are nice but relaxed. It's a bit like the South, but not as formal. Southern businesses, such as Krispy Kreme, are making their way to San Francisco. So if you get a little homesick, you'll find reminders of home nearby.

Also, there are a lot of signs and things that remind you that you're in a regulation heavy state. You may not even notice them, but at every exit of a building there is a sign warning you about the dangers of being outside in the pollution. There is also a health tax on unhealthy food and beverages. The restaurants, even Starbucks, have signs warning you about the dangers of whatever food they serve.

The city is more expensive than North Carolina in many aspects but some things, such as Ghirardelli chocolates or a loaf of sourdough bread, are cheaper or comparably priced. You just have to know your price range and hunt for bargains.

## NAMI

Continued from 3B

commitments and improve resources. We started this weekly newspaper column to educate and raise awareness about mental illness. Last year, during the Pilgrimage Tour, NAMI Albemarle held an awareness and fundraising event: "Piecing for Peace of Mind: Quilts to Fight Mental Illness" that accomplished

both goals. We have worked with local law enforcement to have officers trained in Crisis Intervention (CIT) and as a result, Edenton and Chowan County can now boast 13 trained officers!

**HOW CAN YOU HELP?** We meet most Wednesdays at 11:30 at the Downtown Café and Soda Shoppe to report on what is happening in mental health in Chowan County and the region and to strategize for

opportunities to educate, raise awareness, and advocate for better resources and treatment. Folks often come to our meetings just to check it out and sometimes they decide to join the team. We always need new team members to help with administrative work, to add another voice to our planning efforts, and to bring their perspective to helping those living with mental illness and their caregivers. We are often a

little rowdy at these meetings (you have to keep your sense of humor in dealing with mental illness!), but Frank continues to cheerfully reserve our table back in the Amen Corner!

Everyone in our community can help those affected by mental illness by talking to one another. If you initiate a conversation with someone about this letter you are reading right now (or another topic relating to mental illness), you are

helping to break down the stigma that prevents so many from seeking and getting the help they need to move into recovery.

If you are interested in attending a weekly meeting, a support group, or joining the NAMI Albemarle Team, you can contact me on the NAMI Albemarle phone at 252-370-8090. Or just come on back to the Amen Corner on Wednesdays. Remember... HOPE BEGINS WITH YOU!

### HELPFUL NUMBERS:

- Suicide Hotline**  
1-800-273-TALK (8255)
- Integrated Family Services Mobile Crisis Unit**  
1-866-437-1821
- NAMI National Helpline**  
1-800-950-NAMI (6264)
- NAMI Albemarle Region Helpline**  
252-370-8090

## SENIOR

Continued from 4B

■ American Music Jubilee — On Dec. 14 we will leave at 9:30 a.m. and go to Selma where we will have lunch at Robbins Nest and see the 1:40 p.m. matinee. Cost is \$45 and includes everything. Deadline to sign up and pay is Dec. 1.

■ Shopping Trip — On Dec. 15 we will leave at 8:30

a.m., go to MacArthur Mall for shopping and lunch on your own. We will return to Edenton at 4 p.m. Cost is \$6; deadline is Dec. 4.

■ Christmas at Tryon Palace — On Dec. 18 we will leave at 9 a.m., go to New Bern for shopping and a dutch treat lunch at Morgan's Tavern and then tour Tryon Palace. We will return to Edenton by 5:30 p.m. Cost is \$25; deadline is Dec. 7.

■ Annual Christmas Party — We will have our Christmas Party on Dec. 20 at noon in the COA Culinary Arts Building. Cost is \$1 and you need to bring a vegetable or dessert to share with others. Santa will be here with presents, door prizes and lots of holiday cheer. Sign-up deadline is Dec. 8.

For more information, call the senior center at 482-2242.

## OPRY

Continued from 3B

lot of excitement among the cast and crew as they approach the fundraising goal that they've worked toward for so long.

"Everybody's excited that we're going to be able to realize that goal," he said.

But as sweet as that moment will be, he said, the

cast and crew have already discussed whether to go on and set a new, higher goal to attain in helping to provide funds in the fight against cancer through the Chowan-Perquimans Relay for Life team sponsored by the Rocky Hock Ruritans. That team, that included Jack Evans, is the last remaining charter member of Relay locally.

"As long as we continue to have fun doing the

shows, we've decided to go on," Steve Evans said. "We just want to keep on truckin' with it."

Tickets are on sale now for \$10 each at the following Chowan County locations: Byrum Hardware; Jus Teezin; Edenton Coffee House; W.E. Nixon Hardware; and Leon Nixon Catering. To have tickets mailed to you, call 221-4875 or (252) 333-8567. Some tickets will be sold at the door.