

Chowan CARES to show 'Resilience'

Film details how stress affects children

BY ADRIAN WOOD
For the Chowan Herald

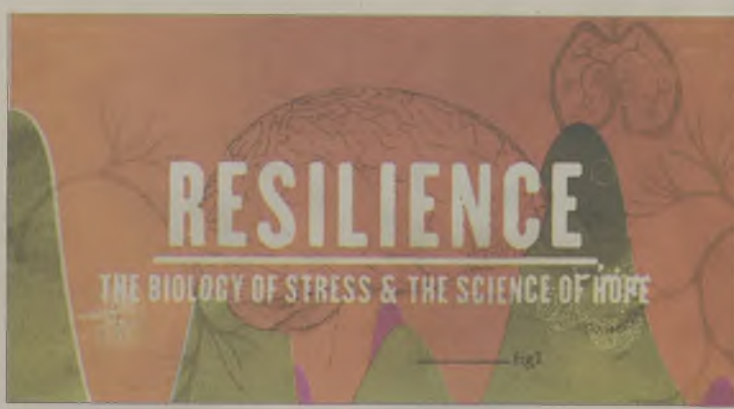
Chowan CARES is hosting a film screening and discussion that highlights how toxic stress affects children.

Adults in the community are invited to attend a free showing of "Resilience" at the Taylor Theater from 4-5:30 p.m. Thursday.

Following the movie, Rebecca Cooke with Albemarle Regional Health will facilitate a brief discussion regarding toxic stress and how it affects the bodies of children as well as look at our own resources and see how to help families.

In April, Chowan County was selected by The Institute for Emerging Issues (IEI) at NC State University as one of four North Carolina counties to participate in KidsReadyNC, an 18-month initiative designed to strengthen leadership capacity within local early childhood systems.

The ultimate goal in Chowan County is to improve outcomes for children and families. Though research has shown the importance of early childhood investments for our state's eco-



SUBMITTED GRAPHIC

Chowan CARES is hosting a screening of the film "Resilience," Thursday at the Taylor Theater.

nomie future, under-resourced communities need new strategies to make this happen.

KidsReadyNC delivers state-of-the-art technical assistance with a more modest funding commitment from the community and outside funders. The lower-cost model is designed to produce positive outcomes for local children while creating strategies and successes that other similar communities can draw upon in the future.

Susan Nixon, the executive director of the Chowan/Perquimans County Smart Start Partnership, believes the KidsReadyNC initiative will assist her organization in raising awareness about the im-

portance of early childhood programs. Her goal, with support of the school system, is to ultimately provide universal access to early childhood programs to all four-year-olds in Chowan County.

As a result, the group Chowan CARES is providing information and resources to parents, opening the dialogue to hear the needs of families and supporting those needs. In addition, Principal Sheila Evans of White Oak Elementary School hopes to raise community awareness about toxic stress and the effects on children.

Please come to watch "Resilience" so our community can work together to raise resilient and successful children.

CALENDARS

THURSDAY, JAN. 10

Film screening

A screening of "Resilience," will be held from 4-5:30 p.m. at the Taylor Theater. The film looks at how childhood abuse and trauma affects the victims. A community cafe to discuss the movie will follow.

Beekeepers meeting

Learn about honey bee dance language from 7-9 p.m. at the Chowan County Agricultural Center, N.C. Cooperative Extension, Conference Room 1005. Cheryl Newbold, master beekeeper and co-owner of Newbold Farm, a boutique honey business in Hertford, will speak. Doors open at 6:30 p.m. Use parking lot and entrance on the Virginia Road/Highway 32 side of the building. Water and drinks are provided. Please bring a favorite snack to share and an item for our raffle table.

Supporters exhibit opens

For January, the Chowan Arts Council will have an exhibit of the art from Arts Council supporters. Paintings, ceramics and pottery are just a few of the examples that will be on display and judged by a committee to decide the winner. A reception for the artists will be held at 5:30 p.m. Jan. 10. Come join

us to see the exhibit, support our very own artists, meet some new friends and, always of course, help to spread the ARTS in our community.

MONDAY, JAN. 14

Neighborhood prayer

The community is invited to attend a monthly neighborhood prayer sponsored by Edenton-Chowan Community Against Violence. The January prayer covering Zone 11 will be held at 5 p.m. at Union Grove A.M.E. Zion Church, 212 Tyler Lane. The group rotates the gatherings by police zones and invites all residents to join them as they pray for unity, peace and restoration throughout Edenton.

Alzheimer-Dementia Support Group

The Alzheimer-Dementia Support Group for family members and caregivers meets at 1 p.m. at Hertford United Methodist Church, 200 Dobbs Street, Hertford. For information, call 333-7774 or 426-7167. All are welcome.

JAN. 16, 23, 30

Earthenware workshop

The Chowan Arts Council pres-

See CALENDAR, 5B

DUALS

Continued from 1B

The dual tournament was set up to honor John A. Holmes athletic supporter Henry Overton, who passed away in 2016.

Overton was known as Coach O in the Edenton

community.

The tournament was to premiere January 2018, but a winter snow storm forced the cancellation of the duals.

For Plummer, it was a successful first dual.

He noted that having three mats on the gym floor was considered, but due to

safety and limited space, only two mats were used.

"We thought that it would take us a whole lot longer, but because of what time we started, it rolled real well," he said. "It went real well for this many teams."

He said the crowd was great and thanked the Overton family for their

support. "We thank the Overton family for their support by letting us honor their father, grandfather and father-in-law by name the tournament for him and for them passing out the awards at the end of the day."

Plummer also thanked Lynn Dale and Denise

Browder for speaking about their father before the meet.

He noted that the field was good considering that some teams were missing wrestlers because of the holiday break and added that the duals were very competitive.

Plummer noted that

Overton was a supporter of wrestling and added that Overton's grandson was a state champion wrestler for John A. Holmes in 2003.

"He was at every match home or away and always offering advice," Plummer said of Overton. "We miss him in that corner. Just a good fella."

MCGEE

Continued from 1B

at NHS until the late 1990s.

During that time, Jerry McGee was as the athletic director for the entire Elizabeth City-Pasquotank Public Schools system over athletics at Northeastern High School and Elizabeth City Middle School.

Northeastern's current athletic director Duncan Moore said working with McGee was one of the best experiences of his career.

Moore came to Elizabeth City with his wife in the 1980s and the McGee family welcomed them.

Moore added that McGee wasn't the type of athletic director who would just sit behind his desk.

He noted that it was common for McGee to drive a bus when needed.

"He was very caring," Moore said.

The North Carolina High School Athletic Association also honors Jerry McGee with a scholarship that has his name.

Football impacted McGee early in his life.

McGee was an offensive lineman at Duke from 1958-60.

After his playing career at Duke, McGee had coaching stops at the college level at Kansas State, Southern Illinois, Duke and East Caro-



SUBMITTED PHOTO

Jerry McGee (with ball), shown here while coaching at Edenton in the mid-1960s, was inducted into the North Carolina Sports Hall of Fame earlier this year alongside another native from the northeast corner in Freddie Combs.

lina.

Before his time in Durham, McGee played football at Elizabeth City High School in the 1950s.

His career accomplishments also include being the executive director of the North Carolina Athletic Directors Association, and a North Carolina Sports Hall of Fame inductee in 2015.

Jerry McGee was survived by his wife Patsy and their four children.



FILE PHOTO/THE DAILY ADVANCE

Northeast North Carolina director of Fellowship Christian Athletes, Scott Williams (left), awards Jerry McGee during the FCA Banquet at The Pines in 2014.

ROUNDUP

Continued from 1B

12 points, 11 rebounds and three steals.

Edenton's Kaci Drew posted nine rebounds.

Shantel Cannon scored 24 points with seven steals and five rebounds for Southside (3-3).

BOYS BASKETBALL

The John A. Holmes boys basketball team defeated Northeastern 51-49 in overtime Friday night at Northeastern High School.

Mitjonta Stanley led Edenton (7-0) in the non-conference game with 13 points, Antuan Sharpe followed with 12, Zion Boston posted nine points, Nakevin Hill had eight points.

Northeastern (1-4) was led by Kamari Braswell's 14 points, Jahri Leigh added 13

points, while Aaron Harris had 10 points.

John A. Holmes 59, Pasquotank 45: The Aces (6-0) secured the non-conference road win at Pasquotank Wednesday night.

Nakevin Hill led Edenton with 15 points and five assists, while Antuan Sharpe posted 14 points in the win.

Chris Hinmon led Pasquotank with 19 points.

John A. Holmes 79, Bear Grass Charter 56: The Aces (5-0) knocked off the Bears (3-3) at the South Creek Holiday Invitational at South Creek High School Friday.

Thirteen players scored and all 15 played as the Aces defeated Bear Grass Charter. Keenan Downing and Zion Boston were named to the all-tournament team.

WRESTLING

John A. Holmes and Pas-

quotank took part in the Saleby Duals on Dec. 29.

Edenton defeated Pasquotank 39-18 and lost to Cary 66-12, South Central 44-22, Washington 72-12 and West Craven 48-30.

Winners for Edenton were Riddick White, Chase Ward, Emarijon Rountree, Jordan Huerta, Jonathan Salinas, Dezmontre Gilliam, Tyrese McCleese, Adam Shive, Amareion Bunch and Aaron Jones.

SWIMMING

The Aces swimming teams competed at a swim meet at Albemarle Family YMCA in Elizabeth City Friday.

In the girls meet, First Flight was first with 147 points, Pasquotank scored 65 points, John A. Holmes was third with 62 points, Camden was fourth with 56 points, Northeastern

was fifth with 34 points and Currituck was sixth with 22 points.

First Flight won the boys meet with 129 points, Camden posted 87 points, Currituck was third with 75 points, Northeastern was fourth with 40 points, Edenton was fifth with 39 points and Pasquotank was sixth with 18 points.

MIDDLE SCHOOL

BOYS BASKETBALL

Chowan Middle 58, Central 21: The Bulldogs maintained a perfect record (7-0) with the win. Divon Ward lead all scorers with 13 points, followed by DJ Capehart with 10 and Israel Andrews with 10. The Bulldogs will face Hertford County, the only another undefeated team in their conference, tonight at home.

FRIEDMAN

Continued from 1B

therein lies the "unlikely to win situation" Walker's success puts the franchise in.

The time has come for the Hornets to either resign their fans' favorite player to a far more expensive long-term extension or watch Kemba walk at the end of yet another middle of the pack season that ends in neither hope for next year or draft picks to provide hope for the future.

The way the NBA salary cap is structured, Charlotte is allowed to pay Kemba more than any other team and for a year longer than any other organization. It's money he has earned, and I wouldn't dare fault the man if he demanded it.

I just don't think Char-

lotte should be the one to pay it. Walker can ball and will be paid handsomely somewhere. He has heart and grit and all the other things people say about tough and undersized athletes.

Still, he's an undersized guard who plays below the rim, can be a defensive liability due to his size, turns 30 next year and wants the Hornets to sign him to a five-year extension.

Walker has never had playoff success and I don't see how having less money to provide to a supporting cast will get Charlotte closer to their goal of being a contender.

I say trade Kemba Walker now. Yeah, I said it.

David Friedman is a long time sports writer and lifelong fan. David can be reached via e-mail at fourthandlongcolumn@gmail.com.

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