

Ayers' fudge, newspapers and barbecue chicken dinners

Around-up of all things Chowan County... Last Friday, I had the opportunity to interview **Frances Inglis** on her porch at Homestead, which offers an amazing view of the bay. Former county commissioner **John Mitchener** and her daughter **Susan** were present to assist me as we asked questions to the *Lady of Water Street*. I was stunned when I heard the news of Inglis' passing Monday morning. As I write this column, I'm still trying to process how I'm going to write her last interview.

In other news, **Crystal Copeland**, who serves as volunteer chief with the Edenton-Chowan Rescue Squad, but will remain a member. Thanks for your long hours on the job. You've made a difference in the lives of many in the far flung corners of our county.

More than 3,000 chicken halves were cooked and served during Center Hills/Crossroads Volunteer Fire House chicken fundraiser on Saturday. Fundraiser helps the fire department in that neck of the woods.

Edenton's Cub Scout Pack 164 did a good job serving as a Color Guard for Chowan-Perquimans Relay for Life. Much thanks goes to Scoutmaster **John McArthur** and his father **Mike's** efforts.

Town Council at-large candidate **Roger Coleman** has had some success circulating a "Grow Edenton" survey that can be found at the Coffee Shop and Edenton Bay Trading

CHOWAN ROUND-UP



MILES LAYTON

Company or go online at: surveymonkey.com/t/Y62QWDB - so maybe take a few minutes to fill one out so when the survey is completed by the end of May, we can all learn what's on people's minds.

"I am impressed by the thoroughness with which people are responding to the 10 questions," he said.

Saturday, I was gnashing my teeth over work that included writing stories about a long Town Council meeting, the county budget and more, always more. Tennessee **Ernie Ford's** timeless song "16 Tons" seemed to ring true. Anyway, by God's grace, a surprise guest changed the mood that morning. **Carolyn Ayers** set up shop to sell homemade fudge outside the Chowan Herald's front door. She offered me a taste of her grandma's fudge. I can say without a doubt, it was amazing. Ayers and her sister **Elizabeth**, along with their father **Mitchell**, sold the fudge as a fundraiser for an upcoming church trip. Small blessings make life worthwhile.



PHOTO COURTESY ROBERT LAYTON

If you ever get the chance, maybe try some of this fudge that was being sold by Carolyn and Elizabeth Ayers on Saturday as a fundraiser for a church trip. Very affordably priced.

Lyn Castellani recently visited Elkins, West Virginia — home to Davis and Elkins College. She has familial ties to the college town deep in the mountains. Our family used to visit Elkins to walk around campus or downtown and then maybe head to the Seneca Rocks or the Dolly Sods Wilderness.

Though I've never been to Alaska, that's OK because I can live vicariously through **Rae Burroughs-Knox** who is posting photos about her trip.

Larry Sellers recently celebrated a birthday on May 7. Party at Edenton Coffee Shop included very chocolate cupcakes. Happy belated birthday.

Last note as it relates to asking folks to offer their prayers for Town Manager **Anne-Marie Knighton's** health. She will be on medical leave for about a month. She will be OK.

Yes, it is public record why Knighton needs medical care, but I feel her health matters are not necessarily for public consumption.

However, if our readers are curious, you can fish through Town Council's two-hour meeting to uncover the specifics as to what ails her.

Or if you want a page out of CNN's play-book, when Knighton was attacked by ninjas as a girl, one of them tried to use the "death touch" move, according to unnamed sources.

This closely held secret move uses pressure points on a person's chest that will stress the heart to a point that the victim can only travel five steps before the heart explodes and the victim falls dead.

Fortunately, Knighton knew the counter move and was able to repel the assault. During Knighton's medical leave, doctors will repair any lingering damage from the ninja attack, as well as perhaps infusing her body with bionic technology that would make \$6 Million Dollar Man jealous.

Good luck, Anne-Marie, you are in our prayers.

Staff writer Miles Layton can be reached at mlayton@ncweeklies.com

EDENTON EPICUREAN



SUBMITTED PHOTO
Low country crab boil

Low Country Crab Boil

- Serves 6
INGREDIENTS
2 lbs. baby red potatoes, halved
5 ears corn, cut into thirds
1 large onion, large diced
2 sticks unsalted butter, divided
1 large lemon, quartered
1 teaspoon thyme
2 bay leaves
2 lbs. jumbo shrimp, deveined with tails on
12 blue crabs, cleaned
1 lb. smoked or andouille sausage, cut into chunks
Salt and pepper to taste
½ of a 4-ounce package seafood boil
8 tablespoons Old Bay Seasoning, divided
2 bottles of beer
4 large garlic cloves
8 cloves garlic crushed
8 cups chicken or seafood stock
1/4 cup lemon juice, lemon wedges
6 tablespoons parsley
PREPARATION
In a large pot over medium

- heat melt one stick of butter. Add sausage pieces and brown. Remove and set aside.
Add onion and thyme to the pot and cook until softened.
Toss shrimp in 1 tablespoon Old Bay and add to pot, cooking until slightly underdone. Remove and set aside.
Add crushed garlic and cook 30 seconds so as not to burn. Stir in beer and cook a minute.
Add stock to the pot. Add potatoes, whole garlic, bay leaves and quartered lemons. Add remaining Old Bay seasoning and the crab boil package. Bring to a low boil for about 8 minutes.
Add corn, cooked sausage, 1 stick of butter and lemon juice. Add enough water to cover the vegetables, sausage and seafood with liquid.
Bring back up to a boil and add crab. Cook 6 minutes-10 minutes until crab turns red.
Add the cooked shrimp, parsley and season to taste with salt and pepper.

Enjoying coastal delicacies

It's crab season here on the coast and all the local restaurants from here to the outer banks are serving soft shells.

You can get wonderful crab right here at the Edenton Farmer's Market from Floyd Layden. The number ones are \$20 per dozen and the number twos which I recommend are \$12 per dozen. If you call ahead and place an order, Floyd will even clean them for you, but you will need to cook them soon.

Some prefer to cook and then clean their crab, but if you clean them first you can really get the seasoning into the meat and enjoy them immediately when they turn that beautiful red color and are ready to devour. Floyd also has wonderful shrimp and the recipe I have included this week uses both of these coastal delicacies.

If you cook the shrimp with the shell on their flavor enriches the stock, but if you are after immediate gratification, feel free to peel them first.



CHERYL ORR

Some call this recipe Frogmore Stew, others call it Crab Boil or Low Country

as it cooks without creating lumps. I'm happy to answer any cooking questions

and you can direct them to the Chowan Herald.

Cheryl Orr is owner and chef at the Cotton Gin Inn. She can be contacted at cher.orr@gmail.com.

MEMORIAL DAY DEADLINES

Our offices and switchboard will be closed on

Monday, May 27

in observance of

Memorial Day

The following deadlines will be in effect:

PUBLICATION DAY	DISPLAY/LEGAL DEADLINE	CLASSIFIED DEADLINE
Sunday, May 26	Wednesday, May 22 10 AM	Friday, May 24, 9 AM
Monday, May 27	Thursday, May 23, 10 AM	Friday, May 24, 9 AM
Tuesday, May 28	Thursday, May 23, 2 PM	Friday, May 24, 11 AM
Wednesday, May 29	Friday, May 24, 10 AM	Tuesday, May 28, 2 PM

CHOWAN HERALD & PERQUIMANS WEEKLY DEADLINES FOR ALL ADVERTISING ARE

Thursday, May 23, 4PM

FINLAY

Continued from A6

- Fiction**
Broken Harbor – Tana French
Dead Lions – Mick Herron
Finding Dorothy – Elizabeth Letts
The Forgiving Kind – Donna Everhart
Lights From Other Stars – Erika Swyler
Lilac Girls – Martha Hall Kelly
Lost Roses – Martha Hall Kelly
The Overstory – Richard Powers
Miracle Creek – Angie Kim
Real Tigers – Mick Herron
The Reluctant Midwife – Patricia Harman
The River – Peter Heller
Slow Horses – Mick Herron
Spook Street – Mick Herron
Tomorrow's Bread – Anna Jean Mayhew
Large Print
Miracle at St. Andrews – James Patterson
Over the Fence – Mary Monroe
Someone Knows – Lisa Scottoline
Non Fiction
Alienated America - The British Are Coming – Rick Atkinson
Eat the Apple – Matt Young
Lessons From Lucy – Dave Barry

- Books on CD**
The Big Kahuna – Janet Evanovich
Blessing in Disguise – Danielle Steel
DVDs
Catlow, Conahger, The Lego Movie: The Second

Part, The Preacher's Wife, Pinocchio, The Purge, The Purge: Anarchy, The Purge: Election Year, Rick Steves Europe 2017-2018, The Sacketts
Jennifer Finlay is the Shepard-Pruden Memorial Library librarian.



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GRADUATION Greetings

Congratulate the graduates in your life with a special wish!

This Section will be published in **The Chowan Herald - Wednesday, June 12**
Submission Deadline: **Friday, June 7 @ Noon**
Mail your photo, greeting & payment of \$20 to:

The Chowan Herald
423 S. Broad St. / PO Box 207 • Edenton, NC 27932
baalexander@ncweeklies.com

GRADUATE GREETING

Graduate's Name: _____
Submitted by: _____
Address: _____
Phone: _____ State: _____ Zip: _____
Greeting: _____

Include A SASE for photo's return - Submission Deadline June 7 @ Noon