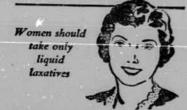
Difficulties Inject Spirit and Vigor in Chosen Work

The way to find joy in one's work is to find something one wants to do, enjoys doing. Then one can work with aim and purpose. When one likes his work he can work against difficulties

For such a one difficulties animate rather than slacken his endeavors. He is also to work with perseverence and patience.

IT WORKED FOR ME



MORE people could feel fine, be fit and regular, if they vould only follow the rule of doctors and hospitals in relieving constipation.

Never take any laxative that is harsh in action. Or one, the dose of which can't be exactly measured. Doctors know the danger if this rule is violated. They use liquid laxatives, and keep reducing the dose until the bowels need no help at all.

Reduced dosage is the secret of aiding Nature in restoring regularity. You must use a little less laxative each time, and that's why it should be a liquid like Syrup Pepsin.

Ask your druggist for a bottle of Dr. Caldwell's Syrup Pepsin, and if it doesn't give you absolute relief, if it isn't a joy and comfort in the way it overcomes biliousness due to constipation, your money back.



Black-Draught's Reputation

The confidence people have in Black-Draught, built up from satisfactory use so many years, is shown in its being handed on from one gen-

in its being handed on from one generation to another. It must be good to have such a strong following.

"We have used Black-Draught for twenty years," writes Mr. Fred Richardson, of Hartshorne, Okla. "My mother has used it for fifty years. It is the best medicine I know anything about. I take it for some stomach and constituation, or when I feel sluggish and had. Black-Draught is splemilid to regulate the bowels, cleansing them of waste matter, ridding them of constipation. I expect to use it twenty-five years more if I live and it gives satisfaction as it has always given."

FALLING HAIR DANDRUFF-BALD SPOTS?



Save your hair by regular use of Glover's Mange Medicine, fol-lowed by a sham-poowithGlover's Medicated Soap. Rids you of Dan-druff; stopsExcessive Falling Hair; com-bats Baldness.

GLOVER'S MANGE MEDICINE



For Constipation Troubles

Thousands now take Dr. Hitchcock's Laxntive Powder for billiousness, sick headaches and up-set
stomach due to constipation. They
find that Dr. Hitchcock's All-Vegetable Laxative Powder is mild—but
effective—it acts gently, yet thoroughly and removes that clogged
condition of the bowels. Cleanse
your intestines of waste matter—
don't allow poisons to accumulate
and break down your vitality and
health. Family size 25c.

Dr. HITCHCOCK'S LAXATIVE POWDER

IMPROVED" UNIFORM INTERNATIONAL CUNDAY JCHOOL L -esson

By REV P. B. FITZWATER, D. D. Member of Faculty, Meady Bible Institute of Chicago.

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Lesson for February 16

JESUS' REPLY TO JOHN THE BAP. TIST'S QUESTION

LESSON TEXT—Luke 7:19-28,
GOLDEN TEXT—I believe: help thou
ine unbelief.—Mark 9:24,
PRIMARY TOPIC—Jesus Answers
ohn's Question,
JUNIOR TOPIC—Jesus Answers John's

JUNIOR TOPIC—Jesus Answers John a
Question
INTERMEDIATE AND SENIOR
TOPIC—Meeting Doubts With Facts.
YOUNG PEOPLE AND ADULT
TOPIC—How Jesus Answers Honest
Doubts,

The title, "Jesus Helps a Doubter," given by the leason committee, is not a good one. John was not a doubter, though somewhat perplexed. Jesus specifically defends him against such a charge (see Matt. 11:7-11 as well as the present text). It is to be hoped that no teacher will perpetuate this error. John was a great man. In announcing his birth the angel said, "He ciall be great in the sight of the Lord." He was great, also, when measured by the standards of men. teaching this lessor a survey should be made of John's life and work.

1. John's Birth and Ministry Fore-told (Isa. 40:3; cf. Matt. 3:3).

He was thought about and his work planned long before he was born. He came as God's messenger.

John's Character.

Humble (Luke 3:4). He did not seek himan praise and commenda-tion, but shrank from them. His supreme concern was to proclaim Christ, 2. Courageous (Luke 3:7). He

faced a great multitude and struck hard at their sins. He did not trim his message to suit the crowd.

III. John's Preaching (Luke 3:3-8). 1. He sounded forth a ringing call to repentance (vv. 3-6). Suddenly emerging from his seclusion, he came into the region of the Jordan as a messenger of God, calling upon the people

to repent as a means of preparation for the coming of the Messiah.

2. He demanded proofs of pen-litence (vv. 7, 8). He insisted that their false prophets had to be aban-doned, their sinful hearts had to be renovated, showing them that the vile passions of their souls must be uprooted. The turning of a soul from sin to God, was necessary.

John Sent a Deputation to Jesus (Luke 7:19-23)

1. Their question (v. 19, 20), "Art thou he that should come? we for another?" Because John did not see the interval between the sufferings of Christ and the glory that should follow-between the cross of Christ and his second coming-he was perplexed; therefore, he sent a deputation to Jesus for light. This perple was not something culpable in John because the prophets did not see, or at least did not make clear, the interval between the crucifixion of Christ and his second coming. The Messiah, he knew, had to be the Lamb of God which taketh away the sin of the world (John 1:29). The trend of events puzzled him. It was not a lack of faith, but confusion of mind, that pted his inquiry. There were lines of predictions concerning prompted his inquiry. the Messiah; the one set him forth as the suffering One, as in Isaiah 53; the other as an invincible conqueror, as in Isaiah 63. Indeed, in Isaiah 60:1, 2 the two are joined together (Luke 4:17-20).

Jesus' action (v. 21). In that same hour, doubtless in the presence of John's disciples, Jesus cured many of their infirmities and plagues, evil spirits, and to many that were blind he gave sight.
3. Jesus' message to John (vv. 22,

23). Jesus said to them, "Go your way, and tell John what things ye have

seen and heard."

V. Jesus' Defense of John (Luke 7:24-28)

He declared that John was not

vacillating like a reed swayed by the wind (v. 24). John was not doubting because of the hardship of prison life (v. 25). 3. John was not a mistaken prophet

(vv. 25-28). He makes John equal to the greatest of the Old Testament prophets by declaring that among those born of women there hath not arisen greater prophet than John.

4. The response of the people (v. 29). The people who heard this defense, even the publicans, accepted it as a vindication of John. They justified God. They not only accepted the vindication, but were baptized with the baptism of John.

VI. John's Martyrdom (Mark 6:14-

29). While John was in prison Herod had frequent interviews with him. John boldly told him that it was un-lawful for him to have his brother's wife. He did not mince matters even This so enraged the licentious Herodias that she caused

The Mind LOWELL Meter • HENDERSON

The Similarities Test

In each problem of the following test there are three words. The first two words bear a certain relation ship to one another, fourth word which bears the same relationship to the third word that he seco. d does to the first,

Flame, gas; bulb,

Gasoline, automobile : bor Frank Frisch, baseball; Harold McSpaden,

4. Thin, thick; slim, 5. Homer, poetry; Demosthenes,

6. Albany, New York; Con-

ord. 7. Soldier, army; sailor,

Roosevelt, Garner; Hoover,-America's Cup, yachting ; Wight-

man Cup. 10. Stateroom, ocean liner; cell,

Use only the following words: navy, Curtis, prison, electricity, fat, Hampshire, oratory, wagon, tennis, golf.

Answers Electricity, 6. New Hampshire,

Wagon, Golf. Navy. Curtis.

Tennis. Oratory, 10. Prison.

Cycled 120,000 Miles

Adam Armstrong has retired from the force of the Kilmarnock (Scot land) post office, after BD years' serv During that period he cycled over 120,000 miles, and has segved under eight head postmasters. Fel low employees feted him as he start

OUTLOOK AND UPLOOK

We cannot keep our clearest vision by making it too narrow. While concentration is demanded, it must not be forgotten that the uplook an ! the outlook are necessary to under-standing and the best effort.

CHINESE INFANTICIDE

Infanticide still is committed in China to such an extent that, during 1932 in the modern city of Shanghat alone, an average of 92 bodies of infants were found daily in the streets, aleys and creeks,—Collier's,

A Grave Mistake for a Mother to Make

GIVING CHILD UNKNOWN REMEDIES WITHOUT ASKING DOCTOR FIRST

GIVING your child a medicine or remedy you don't know all about - without asking your family doctor first - is a bad risk for any mother to

Doctors and child authorities say health, and sometimes life itself, depends on this.

So - when you're offered a "bargain" in a remedy for your child; ask your doctor before



Safety for You and Yours



You can assist others by refusing to accept a substitute for the genuine Phillips' Milk of Magnesia. Do this in the interest of yourself and your children—and in the interest of the public in general.

you buy it. Do this for your child's sake and your own peace of mind.

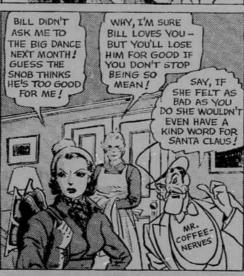
Ask him particularly about the frequently used "milk of - about Phillips' Milk of Magnesia. He will tell you that for over 60 years physicians have endorsed it as SAFE for your child. The kind of remedy you want your child to

Remember this when buy, and say "Phillips' Milk of Magnesia" to your druggist. Comes now, also, in tablets that taste of peppermint, that children like to take.

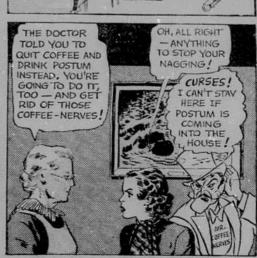
Mother Takes a Hand











F COURSE, you know that children should O never drink coffee. But do you realize that the caffein in coffee disagrees with many grown-

If you are bothered by headaches or indigestion, or find it difficult to sleep soundly . . . caffein may be to blame.

Isn't it worth while to try Postum for 30 days? Postum contains no caffein. It is simply whole wheat and bran, roasted and slightly sweetened. It is easy to make, and costs less than one-half cent a cup. It's a delicious drink, too . . . and may prove a real help. A product of General Foods.

FREE—let us send you your first week's supply of

OENERAL FCODS, Battle Creek, Mich. W. N. U2-18-20
Send me, without obligation, a week's supply of Postum.
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