

Fortunately for Passenger No Rules Were Broken

As the west-bound express train thundered through the wayside station, a door burst open and a passenger fell out. Fortunately, he landed on a heap of sand, so, though badly shaken up, he wasn't hurt much.

The train shrieked to a stop and the conductor hurried to the side of the victim.

"Hurt bad?" he inquired.

"No, I guess not," replied the man, "but what'll I do now?"

"Let me see your ticket," said the representative of the railroad. When it was produced he examined it closely, then:

"It's all right," he said. "This ticket allows for a break in the journey."

The Dark Ages

Most historians place the period of the Dark Ages between the time the western Roman empire fell in 475 A. D. and the discovery of the pandects—a systematically arranged collection of Roman laws—at Amalfi, Italy, in 1150, or a period of about seven centuries. The discovery of these laws led to a general study of Roman and Greek literature which overcame much of the intellectual darkness which had come with the barbarians who had spread over the continent from northern Europe.

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At the first sign of a chest cold—the Dionne Quintuplets' chests and throats are rubbed with Children's Mild Musterole—a product made especially to promptly relieve the DISTRESS of children's colds and resulting bronchial and croupy coughs.

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Hard and Soft Living

Poverty is very terrible, and sometimes kills the very soul within us; but it is the north wind that lashes men into Vikings; it is the soft, luscious south wind which lulis them to lotus dreams.—Ouida.

HIT THAT RHEUMATISM PAIN WHERE IT HURTS GOOD OLD C-2223 60¢ PRESCRIPTION C-2223 1¢.

Conscience

Man, wretched man, when'er he stoops to sin feels, with the act, a strong remorse within.—Juvenal.

FEMALE PAIN WITH UPSET, NERVOUS SPELLS—

You women who suffer pain of irregular periods with nervous, cranky spells due to monthly functional disturbances should find Lydia E. Pinkham's Vegetable Compound simply marvelous to relieve such annoying symptoms. Pinkham's Compound is made especially for women to help relieve such distressing feelings and thus help them go smiling thru such "difficult days." Over 1,000,000 women have reported remarkable benefits. WORTH TRYING! Any drugstore.

Facts of ADVERTISING

• ADVERTISING represents the leadership of a nation. It points the way. We merely follow—follow to new heights of comfort, of convenience, of happiness.

As time goes on advertising is used more and more, and as it is used more we all profit more. It's the way advertising has—

of bringing a profit to everybody concerned, the consumer included



LOS ANGELES. — My traveling companion, Mr. Clarence Budington Kelland, the victim of 100,000 miles of sporting torture and observation in a drawing room we always share, can also carry his output of thorns. He isn't 100 per cent rose leaves.



Grantland Rice

—to do things physically better than others who may still move on beyond him in other walks of life.

True champions are not carved from brawn and bone—not even from speed and stamina. They must have something more.

Many competitors may be bigger, faster and stronger than the field they face—and yet not quite arrive at the top, while others with less to work with may carry the banner of stardom well beyond their set barriers.

"Of course," remarked Mr. Kelland, "he must have ability. But ability—plus what else?"

The Top Ingredients

First of all I should say there must be a love of the game he plays—the love of the thing he is doing.

The star football player must love football as a game beyond any other reward. This goes for baseball, golf, and every other sport.

It must bring to him the ambition to excel—through practice, through hard work, through condition, through greater concentration.

Davey O'Brien at 150 pounds and Charlie O'Rourke of Boston college were far better football players than most entries who range from 200 to 250, and who are just as fast. Frank Hinkey, "the disembodied ghost" at 150 pounds, is still a football tradition.

The next two features are natural knack and mental poise. These are born in the athlete, not acquired.

All the scientists and all the chemistry in the world can't supply knack and mental poise from the outside. They might wreck nations, but they can't give man those two things.

For example, Bobby Jones happened to be born with the knack for great golf. He was also born with the ability to concentrate, and later he forced himself to take a harder beating, on the mental and psychological side, than anyone else in his game. He was willing to suffer more in order to win.

As Don Marquis once wrote, "You must suffer to be strong."

There is no easy road to the top of the hill of fame in sport. There are no paved boulevards of indolence and pleasant dreams. Those who arrive must earn the ascent by hard work.

And there is no substitute for hard work. The genius can have his on and off day. But Tommy Harmon, for example, was out there taking aim for 55 or 60 minutes of every game. And don't forget Tommy Harmon, always the marked man, took more than his share of punishment. But he was in shape to carry this burden. Condition is one of the great words from any dictionary.

Color and Spirit

"What about two other major factors?" Mr. Kelland asked. "I mean color and spirit."

"What is color?" I asked the bronzed son of Arizona.

"Color," replied Mr. Kelland, "is that peculiar and intangible quality that catches the public imagination—the fancy of the mob. I mean the thing possessed by Babe Ruth, Bobby Jones and Jack Dempsey—the three most colorful athletes of all time.

"Color is something no one can explain. But the crowd knows it. It is never the same in two people. But it always has the same result. And the crowd finds it first of all. The crowd knows that they like it, but they don't know what it is.

"It is something with a direct human appeal. It doesn't mean speed, it doesn't mean power, it doesn't mean skill or stamina. It is something that goes even farther than charm."

"What about spirit?" I asked my tormentor from 10,000 yesterdays.

"Spirit," remarked Mr. Kelland, "is the cold fire of competition on the day you deliver the goods. It is a combination of enthusiasm and determination, plus confidence."

AROUND THE HOUSE

A window box of seasoning herbs is handy for winter cooking.

If rubber gloves are sprinkled on the inside with corn starch or powder they will slip on more easily.

To keep brown sugar moist and fresh, store in a covered container with a freshly cut piece of lemon.

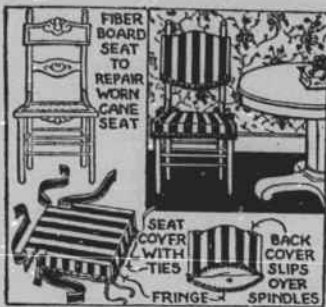
Grease the measuring cup before measuring syrup or molasses and it will not stick to the sides of the cup.

Becoming Frock Changes a Chair

By RUTH WYETH SPEARS

IF A CHAIR is all legs, angles and curves in the wrong places, a slip cover may do as much for it as a becoming frock will do for an awkward girl. The right color, a dash of style, fabric cut to bring out graceful lines and cover defects, and presto—a new personality for the ugly duckling!

That was the treatment given a set of old chairs like the one shown here. A two-piece frock was



planned to repeat tones in the wall paper of the room in which the chairs were to be used. The boid stripes of the putty tan, green and wine red material gave just the right contrast with the flowered pattern on the wall. Narrow green fringe was used for edging and the sketch shows how the two pieces of the slip cover were made.

NOTE: You will find more illustrations for making over dining room chairs, old rockers and armchairs in Mrs. Spears' Books 5 and 6. Also directions for designing and making rugs: hooked, braided and crocheted. Each book has 32 pages of illustrated directions. Send order to:

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The greatest truths are the simplest, and so are the greatest men.

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IMPROVED UNIFORM INTERNATIONAL SUNDAY SCHOOL Lesson

By HAROLD L. LUNQUIST, D. D., Dean of The Moody Bible Institute of Chicago. (Released by Western Newspaper Union.)

Lesson for February 2

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THE INDIVIDUAL'S RESPONSIBILITY REGARDING BEVERAGE ALCOHOL

LESSON TEXT—Habakkuk 2:15; Genesis 4:9-12; Mark 9:42-48; I Thessalonians 5:22. GOLDEN TEXT—Abstain from every form of evil.—I Thessalonians 5:22, R. V.

"Responsible for the drunkards of my community? Not me; I am against the use of intoxicating liquors." Such is the answer Christian men and women would probably make if faced with that accusation. But wait! Responsibility means more than just refraining oneself or speaking against "booze" in a church meeting. Before we finish the study of our lesson, we may find ourselves guilty of the charge, and needing to ask forgiveness, and see the need of bringing forth works meet unto repentance. We hear God's Word telling us:

I. Do Not Tempt Your Neighbor (Hab. 2:15).

God is very severe in judgment upon those who tempt others. Of course He condemns the one who gives another a drink of liquor. Nothing could be more despicable than thus to start a man or woman on the way to a drunkard's grave. There can be no question about the guilt of the one who makes the stuff and the one who sells it. But beyond that, those are guilty who share in the profits from such a business, who rent their buildings for the manufacture or sale of liquor, who vote to legalize its sale or support politicians who do such things; in fact, everyone who encourages, condones, or in any way profits, whether directly or indirectly, from "the traffic." Are you still "not guilty"?

II. Do Not Fail Your Brother (Gen. 4:9-12).

Everyone who says, "Am I my brother's keeper?" classes himself with the murderer Cain. Certainly I am my brother's keeper. This is the positive side of the matter. It is not enough that I do not tempt my brother. The question is: "Have I neglected to do anything that I could and should have done to save him?"

That makes it my positive business to eliminate every possible temptation. It means that the Christian is vitally concerned about the taverns, road houses, dance halls, and what not, which entrap and destroy our young people. It is not enough to passively lament their presence; we must actively seek their removal. It can be done, and is being done all over the land.

III. Do Not Offend Children (Mark 9:42).

The Lord holds His followers to a high measure of responsibility regarding the children whose lives they touch, whether they be in their own family, or in the community in which they live.

Children are innocent until their elders make them otherwise. In their innocence they are trustful and ready to learn. Their knowledge of the right way to live is received from their parents and other grown-ups, and (mark it well!) they learn more from what we do than from what we say.

Here is the question each one of us should honestly face right now: "How does my daily walk influence the children who see me?" Let us answer that in the light of verse 42.

IV. Abstain From Evil—Judgment Is Coming (Mark 9:43-48; I Thess. 5:22).

The Christian is called to abstain from "all appearance of evil" or, as the Revised Version puts it, "every form of evil" (I Thess. 5:22). That may call for the sternest kind of self-denial (Mark 9:43-47), but why not? We do not follow a Christ who sought for Himself the way of ease or comfort. He gave Himself in complete and willing sacrifice, going even to the death of Calvary's tree for us. Do we then falter and seek the easy way?

The fact that there is a day of judgment to come is something to remember, but may we not stress the other side of the truth. "The very sternness of our Lord's strictures regarding the importance of self-denial only serves to enhance the value of the privilege we enjoy in being citizens of the kingdom of God. If it is worth the loss of a hand, a foot, or an eye to gain that life, then, in view of the great value we place on these members of our bodies, how great must be our divine privilege." (Dr. John W. Bradbury).

Migrating Birds

According to the bureau of biological survey, few migrating birds fly higher than 3,000 feet and only occasionally do they reach 5,000 feet. Most birds like to fly beneath the clouds, and the majority of the species migrate at a height below 1,000 feet. In bad weather they may fly much lower, so low that at times they strike buildings. Birds have, of course, been seen at much higher altitudes, but these records were established in mountainous countries where the birds fly a comparatively short distance above the land. The bureau explains that migrating birds fly at low rather than high altitudes by the fact that the lessened buoyancy of air at great heights makes flying difficult.

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Lost for a Laugh
The most completely lost of all days is that on which one has not laughed.—Chamfort.

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