Life's Vexations

Life is a tender thing and is easily molested. There is always something that goes amiss. Vain vexations—vain sometimes, but always vexations. The smallest and slightest impediments are the most piercing; and as little letters most tire the eyes, so do little af-fairs most disturb us.—Montaigne.

Costliest War Years

The costliest war years thus far are as follows: War of 1812, \$34,-721,000; Mexican war, \$57,281,000; Civil war, \$1,297,555,000; War With Spain, \$605,072,000; First World war, \$18,522,895,000; Second World war, \$18,522,895,000; Second World war, \$59,027,992,000.

Beware Coughs from common colds That Hang On

Creor alsion relieves promptly because it goes right to the seet of the trouble to help loosen and expel germ laden phlegm, and aid nature to soothe and heal raw, tender, inflamed bronchial mucous membranes. Tell your druggist to sell you a bottle of Creomulsion with the understanding you must like the way it quickly allays the cough or you are to have your money back.

CREOMULSION for Coughs, Chest Colds, Bronchitis

Impatient Ruler

There is no friendship between those in power; he who rules will always be impatient of an associ-



Dishonest Man

Honesty is the best policy, but he who acts on that principle is not an honest man.—Archbishop Whately

DON'T LET CONSTIPATION SLOW YOU UP

When bowels are sluggish and you feel irritable, headachy and everything you do is an effort, do as millions do — chew FEEN-A-MINT, the modern chewing gum laxative. Simply chew FEEN-A-MINT before you go to bed—sleep without being disturbed—next morning gentle, thorough relief, helping you feel swell again, full of your normal pep. Try FEEN-A-MINT. Tastes good, is handy and economical. A generous family supply and economical.

FEEN-A-MINT 10¢

Evil Neighbor

The most pious may not live in peace, if it does not please his wicked neighbor.—Schiller.



Worth Doing Well

Whatever is worth doing at all is worth doing well. — Chester-field.

First to Practice Dentistry

Aesculapius, a Greek physician, in 1300 B. C., was the very first to practice dentistry and extract teeth.

First Bayonet

The first bayonet was made at Ba-yonne, France, in 1650. The weapon derives its name from the city.

* Buy Bonds or You May Have to Live in Them



NEW IDEAS

ADVERTISEMENTS are your guide to modern living. They bring you today's NEWS about the food you eat and the clothes you wear. And the place to find out about these new things is right in this newspaper.



Washington, D. C. U. S. MOUNTAIN WARFARE

U. S. MOUNTAIN WARFARE
The army is buying pitons, karabiners, ice axes, skis, sleeping bags and parkas, to be used not in an expedition to the North pole but in preparation for warfare on snow-clad mountain sides.

If you ask what mountain sides the reply is: "We are preparing for any emergency." Army chiefs have carefully noted what has been done in Europe in mountain and winter warfare, and they intend that U. S. troops be trained in the same tactics.

Today, in the Railroad Retirement building (headquarters of the quartermaster corps) you can find a group of men known as "the Cold a group of men known as "the Cold Climate Clothing and Equipment unit." They are ski experts and mountain climbers, who know by rigorous experience what is needed for life in the cold latitudes and high attitudes

for life in the cold like.

They are Bester Robinson of the National Ski association, Robert H. Bates, editor of "Five Miles High", and William House, a famed climber and explorer. Working indeors er and explorer. Working indoors ten hours a day, they are preparing specifications for the best military skis, the best goggles, boots, and high-pressure stoves that can be

Note: Germany's expert in mountain warfare, Paul Bauer, carried out his last peacetime mountain out his last peacetime mountain climbing exploit in the Nanga Parbat expedition in India in 1938-with the consent and co-operation of the

British government.

—Buy Defense Bonds—
MRS. WOODROW WILSON
Mrs. Woodrow Wilson sewed for soldiers 25 years ago, and now she's

doing it again.

Every Wednesday morning, she meets at the swank Sulgrave Club for Red Cross sewing with Mrs. Jesse Jones, and Mrs. D. Bu-chanan Merriman, better known as the duchess of Windsor's "Aunt Bes-

After the sewing, they lunch at the

After the sewing, they lunch at the club, then adjourn to Mrs. Jesse Jones' apartment at the Shoreham hotel, or to Mrs. Wilson's home on S street, for bridge.

The lady who, as "the beautiful widow Galt," set all the town talking during World War I, still sets the town talking wherever she appears today. She gives her name freely to Democratic party and patriotic causes, but her most regular activity is providing floral decoraactivity is providing floral decora-tions for the Wilson shrine at the National Cathedral. She has made study of floral arrangements, personally supervises the decoration ev-

Measured by the code of the cave dwellers, Mrs. Woodrow Wilson is an active woman, but she stares in amazement at the activity of the First Lady of World War II.

SUGAR SHORTAGE

If there is an investigation of the sugar shortage, certain agriculture department masterminds will have to do a lot of explaining. Few know that these

masterminds, over the protests of domestic beet - sugar producers, last year forced a reduction of sugar-beet acreage of from 17 to 20 per cent; also that cane which would have yielded 300,000 tons of sugar was left to rot in Puerto Rican fields.

because processing was prohibited.
Sugar producers on the other
hand, vigorously urged that domestic quotas be lifted to permit maximum output. But the agriculture
moguls refused to heed these warnings. Led by Secretary Claude
Wickard, they insisted the United
States had ample sugar sumplies for States had ample sugar supplies for all needs—and they kept on chorusing this refrain right up to a few weeks ago when Wickard, as a guest speaker on Mrs. Roosevelt's Sunday night radio program, completely changed his tune and broke the news that sugar would have to be rationed.

Wickard bases the shortage on two grounds: (1) heavy demands from our Allies, particularly Russia, whose sugar producing region has been devastated by the Nazis; (2) greatly reduced imports from the Philippines and Hawaii.

The Philippines are out, but not Hawaii. Large munitions shipments are constantly going to these islands, and sugar is coming back.

Agriculture department tycoons are making a big ado about how essential their activities are to the war effort. One essential might be less bungling in unrestricting farm production.

Note: Puerto Rico now has on hand, and waiting to be ground, more sugar-cane than it is allowed to process under the production quoto set by the agriculture department.

Household

A well seasoned bread-oyster stuffing may be used as a filling between layers of fish steak.

Raisins, dates, figs, currants should be soaked five minutes in boiling water before using. Use two tablespoons of water to each half cup of fruit.

Lirty flat-painted or varnished surfaces, such as walls or floors, should be washed gently with a mild soap. Wash a small area at a time, rinse it with clear water and wipe dry.

A VEGETABLE



Making Shadows

LAXATIVE POWDER

Every substantial grief has 20 shadows, and most of them shadows of your own making .- Sidney

3-PURPOSE HitS **HEAD COLD Misery Fast!**

If you are suffering with discomforts of a head cold, enjoy the grand relief that comes when you use Vicks Va-tro-nol.
3-purpose Va-tro-nol is so effective because it does three important things. It (1) shrinks swollen membranes, (2) to soothes irritation, (3) helps clear cold-clogged nasal passages. And so brings wonderful relieft . . . And remember, if used in time, Va-tro-nol helps to prevent many colds developing. Follow directions in folder.

VATRO-NOL

LEND FOR VICTORY

* Make Your Money Count;

Buy U. S. Defense Bonds

MIDDLE-AGE VOMEN (38-52) HEED THIS ADVICE!!

If you're cross, restless, nervous—suffer hot flashes, dizziness—caused by this period in a womain's life—try Lydia Pinkham's Vegetable Compound. Made especially for women. Helps to relieve disturbance. Thousands upon thousands of women report remarkable benefits. Follow label directions.

WNU-7

Imperfect Copies

Our human laws are but the copies, more or less imperfect, of the eternal laws, so far as we can read them .- Froude.



Today's popularity of Doon's Pills, after many years of world-wide use, surely must be accepted as evidence of satisfactory use. And favorable public opinion supports that of the able physicians who test the value of Doan's under exacting

who test the value of Doan's under exacting laboratory conditions, too, approve every word of advertising you read, the objective of which is only to recommend Doan's Pills as a good diuretic treatment for disorder of the kidney function and for relief of the pain and worry it causes.

If more people were aware of how the kidneys must constantly remove waste that cannot stay in the blood without injury to health, there would be better understanding of why the whole body suffers when kidneys lag, and disretic medication would be more often employed.

Burning, scanty or too frequent urination sometimes warn of disturbed kidney function. You may suffer magging backache, persistent headache, attacks of dizziness, getting up nights, sweling, puffiness under the cyes—feel weak, nervous, all played out.

Use Doan's Pills. It is better to rely on a medicine that has won world-wide acclaim than on something less favorably known. Ask your neighbor!

WANTED FIGHTING DOLLARS Make every pay day Defense Bond Day!

IMPROVED" UNIFORM INTERNATIONAL SCHOOL Lesson

BY HAROLD L. LUNDQUIST, D. D. Of The Moody Bible Institute of Chicago. (Released by Western Newspaper Union.)

Lesson for March 15

Lesson subjects and Scripture texts se-lected and copyrighted by International Council of Religious Education; used by

THE MIGHTY WORKS OF JESUS

LESSON TEXT—Matthew 8:23-34. GOLDEN TEXT—What manner of man is this, that even the winds and the sea obey him!— Matthew 8:27.

The mighty works of Jesus de-clared Him to be the Son of God-yes, very God Himself. Unbeliev-ing men who would discredit the Word of God and deny the Godhood

Word of God and deny the Godhood of the Son are at much labor and trouble to explain away the miracles, but without any success.

In our lesson for today we have Christ showing His divine power over the forces of nature, and over the demons of the evil spirit world. We find the disciples in the storm—

I. Fearful-but Not in Danger (vv.

The Son of God-who had become Son of man-showed His true hu-manity by that weariness which made Him sleep through a tempestuous storm such as often came upon Lake Galilee. "Like a general in time of war Jesus slept when He could."

As He caimiy slept, fear of de-struction laid its deadly grip upon the hearts of the disciples. For the moment they saw only the angry waves, the smallness of their craft, the hopelessness of their situation, apparently forgetting that with Christ in the boat they were in no danger, in spite of the fearfulness of their surroundings and circumstances

Is this not clearly a lesson for us in this day so ful, of alarms and fears? If we think of circumstances and conditions round about us we shall be overcome with fear—and well we may, if we do not have Christ with us in the boat of life. But if He is there—if we are His in the kinship of regenerating grace—we are in no danger. Shall we not accept the tender rebuke, "Why are ye fearful, O ye of little faith?" The majestic scene of Christ still-ing the tempest, reminds us not

only that He can control any force of nature, but also that there is no storm of heart or mind or life to which He cannot authoritatively say, "Peace, be still" (Mark 4:39). Will you trust Him with your prob-

On the other side of the lake Christ met another kind of need— and cared for it. He there deliv-ered two men who were—

II. Demon-dominated, but Not Hopeless (vv. 28-34).

There is only one devil, but he has many demons who do his bid-ding. The evidence is clear that these demons were able to enter into the personality of a human being and take control of the life. This was not insanity or a sickness of the body, but devil domination.

These two men (Mark and Luke speak only of one—perhaps the more violent of the two) were so strong and wicked because of the demon in them, that their relatives and friends had given them up as hope-less and had sent them out to live in wilderness.

How horrible is the power of the devil in the life of any man or woman. But let us never forget that while no man can control such a situation (Mark 5:4), God is able. "With God all things are possible" (Matt. 19:26). We have not done all we can for our devil dominated friends and relatives until we have friends and relatives until we have brought them to Jesus.

Notice that the demons recognized Christ as the Son of God (v. 29). They knew that He had the power to control them and that the day was to come when He would judge

The men were completely cured (Mark 5:15) as the demons were permitted to enter the herd Those poor beasts, apparently not content to harbor the evil spirits, cast themselves into the sea.

When the people of the land heard what had taken place they asked Jesus to leave. They evidently weighed the relative value of two men in their right mind over against a herd of swine and decided that they could not afford to have men delivered from the devil at such

Unfortunately the "descendants" of those people seem to be in some of our churches today. They can afford anything in the way of luxury for themselves, but they are sure it costs too much to keep the church open — or to provide a preacher—or suitable equipment for the Lord's work. How unspeakably

Gems of Thought

MANNERS much adorn knowledge, and smooth its way through the world.—Earl of Chesterfield.

A merry heart doeth good like a medicine, but a broken spirit drieth up the bones.—The Bible.

Bible.

Men must reap the things they sow,
Force from force must ever flow,
Or worse; but 'is a bitter woe
That love or reason cannot change,
—SHELLEY

A man finds he has been wrong at every preceding stage of his career, only to deduce the astonishing conclusion that he is at last entirely right .-

TONIGHT "GOOD NIGHT"

to colds' miseries. Slip away from achey muscles, sniffles, into sleep. Here's dou-ble help that acts almost instantly. Rub with Penetro, 25c. PENETRO
Use as directed.

Do You Like Jingle Contests?

Raleigh Cigarettes are now running another series of weekly contests for those who can supply the best last line to a jingle. Over 100 liberal prizes each week. Watch this paper for details.—Adv.

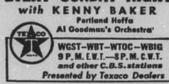
GAS ON STOMACH

More Raleigh Jingles

Raleigh Cigarettes are again offering liberal prizes in a big jingle contest running in this paper. One hundred and thirty-three prizes will be awarded each week.



THIS SUNDAY NIGHT EVERY SUNDAY NIGHT



DIG DEEP FOR VICTORY Dig Into Your Pocket and Buy U. S. Defense Bonds



MODERNIZE

Whether you're planning a party or remodeling a room you should follow the advertisements...to learn what's new...and cheaper... and better. And the place to find out about new things is right here in this newspaper. Its columns are filled with important messages which you should read regularly.