### Dimpled Golf Balls

The reason why golf balls are dimpled is this: When the gutta-percha ball was first introduced, its surface was quite smooth. But its surface was quite smooth. But golfers soon found that after it had been jagged and cut by the club, it not only carried better, but flew straighter. So some golfers started to nick the ball deliberately. From that step it did not take long for manufacturers to indent the balls themselves.

Manufacturers have to be seen.

Manufacturers have to be careful of the mould which makes the dimples. If the recesses are too shallow the ball does not fly true, and if they are too deep it does not carry well.

Do You Bake at Home?

If you do, send for a grand cook ook—crammed with recipes for book—crammed with recipes for all kinds of yeast-raised breads and cakes. It's absolutely free. Just drop a postcard with your name and address to Standard Brands Inc., 691 Washington St., New York City.—Adv.

### Double-Purpose Laxative Gives More Satisfaction

Don't be satisfied just to relieve your present constipated condition. Meet this problem more thoroughly by toning up your intestinal system. For this Double-Purpose, use Dr. Hitchcock's All-Vegetable Laxative Powder—an Intestinal Tonic Laxative. It not only acts gently and thoroughly, but tones lazy bowel muscles—giving more satisfaction. Dr. Hitchcock's Laxative Powder helps relieve Dizzy Spells, Sour Stomach, Gas, Headache, and that dull sluggish feeling commonly referred to as Biliousness, when caused by Constipation. Use only as directed, 15 doses for only 10c, Large family size 25c, Adv.



Living for a Name do not like the man who squanders life for fame; give me the man who name.-Martial. who living makes a

If you suffer from monthly enamps, headache, backache, nervousness and distress of "irregularities"—caused by functional monthly disturbances—try Lydia Pinkham's Vegetable Compound—famous for relieving pain and nervous feelings of women's 'difficult days."

Taken regularly—Lydia Pinkham's Compound helps build up resistance against such annoying symptoms. Follow label directions. WORTH

Follow label directions. WORTH TRYING!

Freedom is the one purport . . . of all man's struggles, toilings, and sufferings, in this earth.

Monkeys, Bears

Ursine howlers are monkeys, usually, however, the term ursine denotes the bear.

Prevents Fading

By drying them wrong side out, colored garments can be prevented from fading.

## Only GOOD MERCHANDISE

Can Be CONSISTENTLY Advertised BUY ADVERTISED GOODS &

# U. S. Gardeners Aid in Nation's 'Victory' Drive

Increased Number of Gardens This Year Vital For Balanced Diets.

d by Western Newspaper Union.) Uncle Sam's wartime food needs have put the all-but-forgotten family vegetable garden back on the map. Millions of Americans are now poring over seed catalogs, checking tools and eyeing likely planting sites.

Once the frost is gone, an army of gardeners recruited from farms, small towns and big cities will prepare the earth with spades and fertilizers. Then will come seeding, weeding and cultivating in a vast effort to produce plenty of fresh vege-tables, F. O. B., the kitchen door.

This effort is part of a great na-This effort is part of a great national Victory Garden program. In the weeks since Pearl Harbor, officials of the U. S. department of agriculture have been consulting with gardening experts from every state. Organizations everywhere have pledged their aid--garden clubs, Boy Scouts, Girl Scouts, Campfire Girls, 4-H clubs. As the program oevelops, activities will follow two major

1. Farmers and their families throughout the United States will co-operate by planting 5.760,000 vegetable gardens.

Small town and big city dwellers will sponsor commu-nity and school gardens, and wherever possible individual family Victory gardens.

This newest move in the war on the Axis is reminiscent in many ways of the stirring days of World War No. 1, when back-yard garden-



Miss Peg reaps the results of having a garden of her own. The green beans she is collecting will be delicious at the family's evening meal.

ers did their bit to make good the slogan: "Food Will Win the War." But there are wide differences, too, and it is hoped that many of the mistakes of the 1917-18 war garden program will be avoided this time. The last war demonstrated: that

The last war demonstrated: that home gardening can contribute importantly to the food supply. In 1917 alone, 1,150,000 acres of city and town land were under cultivation. By 1918 there were 5,000,000 gardens

## Fresh Vegetables for the Family



Red beets . . . beans . . . lettuce . . . carrots . . . tomatoes . . . are just a few of the vegetables this young lady, busy in her garden, can look forward to during the coming months. During those months the family will not only have fresh vegetables that will keep them healthy and strong, but there will be plenty left over to can and preserve for consumption during the following winter.

which produced 523,000,000 pounds

of food

But there was waste and unneces sary sacrifice, too. Many a hopeful big city garden yielded nothing but blisters and backaches. In some places park lawns, golf courses and public recreation areas were plowed up and planted to potatoes. Ornamental plantings in private grounds were sacrificed; flowers were for-gotten to make room for vegetables; and gardens were attempted in congested big city locations where suc-cess was obviously impossible.

Today an abundance of land is available for Victory Gardens without sacrificing landscape beauty or the growing of flowers which are just as important to morale, as vege-tables are to physical well-being. This is particularly true in small towns and in the suburban areas of big cities

Nutrition Is Watchword.

Nutrition is the watchword of the resent program. First of all, our present program. soldiers must be well nourished. So must defense workers in fields and must defense workers in fields and factories. Britain, Russia and our other allies must be kept supplied with food. But the program goes beyond that. A battle is being waged on the home front against malnutrition. Regardless of how long the World war lasts, the nutrition battle at home will go on until every American is receiving enough of the right ican is receiving enough of the right kinds of food.

In considering the two main phases of the Victory Garden pro-gram, the farm effort will of course be the backbone. Every farmer who can possibly do so will have a garden where he can produce fresh vegetables and fruits for home use and have some surplus to market. Secretary of Agriculture Wickard

summed up the movement's philoso-phy when he told delegates attending a recent conference in Washing-

ton:
"This situation is different from 1917. Then the effort was to save food so there would be plenty for our troops in France. Now the need is for a balanced diet. When the farm family grows its own vegetables, it eats more and thus improves the family's health. We hope for an increase of 1,300,000 farm vegetable gardens in 1942. The goal we have set is 5.760,000.

"Growing vegetables on the farm puts the food right where it is to be used; it doesn't take any freight cars or trucks to move food to those families. Home vegetable gardens release more commercial vegetables for other purposes. Commercially canned vegetables are packed in tin

and we are short of tin."

As a reinforcement to the farm garden movement, the work of small town and big city gardens will help swell Uncle Sam's food output. In communities large and small

every family that has access to a favorably situated plot for producing part of its food supply is being asked to join a Victory Garden club.



From industrial centers and other defense localities now working at top speed for the nation's Victory program, the excellent business conditions found there are overflowing into the more rural sections of the United States as the above map shows. As farm crops and rural production increases better business conditions will show in the "fair" areas

These town and city gardeners are being cautioned that their gardens must be economical; that every seed, every pound of fertilizer and every implement counts; that there must be no waste. The members of these garden clubs will meet and discuss their problems together and obtain guidance from experts. Provisions are being made in many cities by the Civilian Defense organization for the establishment of community gardens in which plots are assigned to families that do not have fertile garden soil of their own. Schools and organizations are promoting the program.

How big a job is it to put in a garden and make it produce suc-

cessfully?

Simple to Garden. It's relatively simple, according to gardening experts. They point out that with modern knowledge of soils, plant foods, new tools and the im-proved vegetable varieties devel-oped by plant breeders, it is possible to grow fresh vegetables for the family in a favorable location with only a few hour's light exercise each week.

The secret of effective gardening lies in the size of the plot. Too big



Fresh radishes for salads are what this young lady is gathering. Her Victory Garden will give the necessary balance to the family's daily

a garden is likely to be neglected. One just large enough, producing the vegetables a family needs and no more, in balanced proportions can be kept well without hard work.

Another secret is in not trying to

grow too large a variety. One authority suggests six different vegetables as a basis—tomatoes, snap beans, carrots, cabbage, lettuce and greens. All are high in food and vitamin value. Moreover, tomatoes, beans, carrots and greens can be easily canned.

These gardening experts will tell you one more thing—that you've got to feed the soil if you expect it to produce for you. This means providing it with plant food. And this farm or in town. The average farmer knows by experience with field crops that fertilizer will enhance the size of his crop, increase its re-sistance to disease, improve the quality and promote all-around hardiness. He will apply that knowledge in making his Victory garden contribute to the national defense. The city gardener can profit by the farmer's experience.

The three fertilizer elements most needed for plant growth are nitro-gen, phosphorus and potash. These elements are mentioned in this or der in the analysis of commercial fertilizer.

"For effective gardening use," said one authority, "it has been found advisable to apply the fertilizer before planting time, mixing it in thoroughly with the soil when the first spading or plowing is done. quantity to apply will vary with the soil type, but the Victory Gardener will be safe in using 5 pounds of a mixture such as 5-10-5 to each 100 square feet of garden.

### Pershing Had but Gentle Rebuke for Doughboy

From time to time there have From time to time there have been complaints about lack of discipline in the U. S. army. It is true that the American soldier always has been somewhat "difficult," but he is a good, courageous fighter—and it sometimes pays best not to be too regimenta. This leads up to a story of one dark night in France during the last war when a doughboy storyed

last war when a doughboy stopped an officer and asked for a ciga-rette. As he lit up, he recognized the officer, and gasped: "General Pershing!"

The general smiled grimly "Say, son, you took an awful chance," he said. "I might have been a second lieutenant."



• In NR (Nature's Remedy) Tablets, there are no chemicals, no minerals, no phenol derivatives. NR Tablets are different—act different. Purity segetable—a combination of 10 vegetable ingredients formulated over 50 years ago. Uncoated or candy coated, their action is dependable, thorough, yet gentle, as millions of NR's have proved. Get a 25¢ box today... or larger economy size.



NR TO-NIGHT: TOMORROW ALRIGHT

Both Are Helped

It is one of the beautiful comsincerely try to help another without helping himself.—Bailey.



FIRST-rub throat, chest, and back with Vicks VapoRub at bedtime.

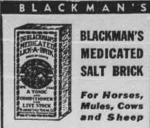
THEN—spread a thick layer of VapoRub on the chest and cover with a warmed cloth.

RIGHT AWAY, VapoRub goes to work—loosens phlegm—eases muscular soreness or tightness—helps clear upper air passages—relieves coughing. Brings wonderful comfort VICKS and invites restful sleep.

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Each for the Other Protection and patriotism are reciprocal.—Calhoun.



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