

### Counsel Service For Nurses Is Now In Action

The North Carolina State Nurses' association announces that the Counseling and Placement Service, which was inaugurated January 1st, is ready to go into action throughout the state. In order to

reach all nurses, five cities have been selected to serve as local contacts for this service: Asheville, Charlotte, Winston-Salem, Raleigh, and Wilmington. The Asheville Area is composed of 18 Western N. C. Counties comprising District No. 1 N. C. Nurses Association.

In each city a local person has been selected as Secretary of Counseling Service, whose duty it will be to make appointments for conferences with the State Counselor,

and also to give out available information concerning this service to all those who nurse or expect to make nursing their profession, and also to all employers of nurses.

The Counselor, Miss J. Virginia Miles, R. N., M. N., will give two days of Counseling and Placement Service in each of these locations during the month of May. She will be in Asheville May 24 and 25. For appointments and information contact the Secretary of Counseling

Women who "know their knitting" say,



"If it's Hanes, it's knit for long wear"

HANES FIG-LEAF BRIEF is one example of Hanes experience in knitting fine underwear that gives extra wear. Exclusive construction provides gentle athletic support. Conveniently placed fly. Combine with a highly absorbent Hanes Undershirt for warm-weather comfort.



HANES TAILORED SHORTS are cut to full size—no skimping of cloth. The seat is roomy, the legs the right length for proper fit. Shown here with a Hanes Sport Shirt which doubles as a "Navy-style" undershirt.



THE HANES FIG-LEAF SUIT is designed in one piece to give athletic support and waistline comfort. Ask your dealer to fit you in your correct trunk size—measured from shoulder through crotch and back again. P. H. Hanes Knitting Company, Winston-Salem, North Carolina.



-the National Underwear

### Favors Publicity For Smoky Mts.

Monroe Redden, candidate for the Democratic nomination for congress from the twelfth congressional district, urges North Carolina and Tennessee to move hand in hand in the development of the Great Smoky Mountains National Park.

"In my opinion, The Great Smoky Mountains National Park is the most valuable national attraction in Western North Carolina. More publicity on a national scale is given to Western North Carolina by reason of this park than any other attraction we possess.

"It is up to the people to exploit the possibilities of this treasured possession. It fits into the life of this section. We have long been a tourist center of wide attraction. Our mountains are famous for their scenic beauty. The time has come when we should now—not two years from now—call together our congressional leadership of North Carolina and Tennessee in order that a program of progress and development of this park may be inaugurated.

"There is no reason why North Carolina and Tennessee should not move hand in hand in urging the development of this park. The people of both states have a common interest in its development.

"I believe this generation is entitled to enjoy the beauties and advantages of this park in substantial completion. There is no reason why its development should be postponed for the pleasure of other generations. While America moves forward industrially, agriculturally and on all other economic fronts, we should not lag behind in this section because of our failure to take advantage of our present opportunities.

"The completion of this park will mean that millions of dollars and millions of people will pour into our section annually that otherwise would go elsewhere. I suggest that we join in a united front and demand action now."

### Examination Held For Mechanics

Noel L. Johnson of Atlanta, service representative of the Chevrolet motor division, held a Chevrolet Mechanics annual examination at a dinner meeting at Hotel Regal Monday night, for dealers in Murphy and surrounding territory. There are three types of examinations given: For men who have taken the examination before and have diplomas; approved body examination, and apprentice mechanic examination. Eighteen men were in attendance.

#### PRICE INCREASE

RALEIGH — The increase in cigarette prices does not affect "over the counter" sales of single packages, the OPA pointed out, adding that the half-a-cent boost

is potato pancakes. To make enough pancakes for a family of 5 or 6, grate 2 cups of raw potatoes and put immediately into 1/4 cup of milk. Add 1 egg, beaten slightly 2 tablespoons flour, 1 teaspoon salt, and if desired, 1 tablespoon finely chopped onion. Drop from a tablespoon onto a greased pan. Cook until well browned and crisp on both sides. Serve hot.

#### ATHLETES FOOT ITCH NOT HARD TO KILL IN ONE HOUR.

If not pleased, your 35c back at any drug store. TE-OL, a STRONG fungicide, contains 90% alcohol. IT PENETRATES. Reaches MORE germs to KILL the itch. Mauney Drug Store. 41-4t

#### DR. E. E. SMITH

Chiropractor  
Electric (Organic) Massage  
For Rheumatism  
Spinal Troubles

per pack is effective on overcounter sales of two packs or more.

Effective May 1, millers and food manufacturers are limited to 2 1/2 days inventory of wheat.

An increase of 15 cents per hundred pounds has been made in the government's support price for Irish potatoes, bringing the total price offered for No. 1's to \$2.25, f. o. b. shipping point.

## TELEPHONES for FARMERS a Big Part of Our Expansion Activities

We're busily engaged in rural telephone service extension, which is a major objective of our current expansion activities.

Farm telephone service does more than provide the convenience of the telephone to people in rural areas. It places more and more farm residents in contact with people and businesses in town, and in turn puts these people in contact with the farm families... makes telephone service more valuable and beneficial to all.



Southern Bell Telephone and Telegraph Company  
Incorporated

### New Flour Can Be Used Same Way As The Old

BY RUTH CURRENT  
N. C. State College

The new 80 percent extraction flour should offer no problem in home baking, the food specialists tell us. The cook who has been making good biscuits with the flour which has been on the market can continue to use the same recipes and method with the new flour. To the homemaker starting out with her first batch of the new flour, the specialists suggest: (1) Follow your own recipe as usual, unless the manufacturer gives specific directions on the package for his particular flour; (2) If the dough or batter seems a little soft with the familiar recipe, try using a little less liquid and a bit more flour in the mixture. These are minor adjustments that some of the new flour may need, if the products do not quite come up to your family's standards.

One good way to space and share wheat is to use more potatoes and less bread for the energy food in family meals. Potatoes are now plentiful and at present prices are an inexpensive energy food. Penny for penny, potatoes offer more fuel value than any other vegetable. Potatoes are no more "fattening" than bread. One medium-sized potato and one thick slice of bread (or two thin slices) both have about 100 calories. It is the gravy, butter or other fat used on potatoes that pile up calories—and put on pounds.

Potatoes fit into any meal—breakfast, dinner, or supper. For breakfast, a favorite potato dish

Service, Mrs. Daisy Ambler, 144 Cumberland Avenue, Telephone 3611.

This service is free to all nurses and employers of nurses, and will be a year around service. The goal of the North Carolina State Nurses' Association is to have every available nurse filling a position in which she will be happy and give the best service.

#### Does Distress of "PERIODIC" Female Weakness

Make you feel "A Wreck" on such days? If you suffer monthly cramps with accompanying tired, nervous, cranky feelings—due to functional periodic disturbances—try Lydia E. Pinkham's Vegetable Compound to relieve such symptoms. Taken throughout the month—Pinkham's Compound helps build up resistance against such distress.

## DAN K. MOORE Candidate for SOLICITOR



We think the voters—and particularly the veteran voters—of Cherokee County should know something about the service record of DAN K. MOORE, one of the candidates for Solicitor in the coming primary.

DAN MOORE is a married man of forty years of age. He had been practicing law for sixteen years when, about three years ago, notwithstanding the fact that he was a married man with two children, he volunteered for service in the U. S. Army.

He spent approximately two years in the service as an enlisted man, a large part of it at the battle front in Europe, and has only recently returned to his law practice which he broke up to enter the service of his country.

MR. MOORE is an able lawyer and a gentleman, as his father, Judge Fred Moore, was before him. He is the only one of the candidates for solicitor who saw service in this war. He worked two years for his country on an enlisted man's pay.

We felt that when they knew the facts the people of Cherokee County would want to give a World War II veteran the preference we think he deserves.

This advertisement was not solicited by Mr. Moore. It is sponsored and paid for by Veteran supporters of Cherokee County.

### Mrs. Housewife:



Hereafter you will not see POLLY RICH FLOUR on the shelves of your grocer

INSTEAD

## Sunny Sue Flour

WILL BE THERE FOR YOU

This is the best flour that can be ground under the new government regulations on wheat. It is ground by the same mill as Polly Rich, and we are sure you will be pleased when you use it.

When you use SUNNY SUE FLOUR you will save shortening.

Distributed by

The H. T. Hackney Co., Inc.  
Murphy, North Carolina