

Honor Roll Released

The honor roll for Southside Middle School has been released by the principal, Mr. O. M. Graham. The roll follows:

3RD GRADE A HONOR ROLL

Tonya Alford, Rodney McQueen, Michelle Bennett, Barbara Graham, Bernadette McDaniel, Nita Rone, Michelle Hunt, Christopher Sweat, Eric Washington, Keith Thompson, Regina Fields and Amy Baker.

4TH GRADE B HONOR ROLL

Wanda Brown, Jacqueline Mitchell, Pamela Southern, Kim Brown, Danny Charis, Cheryl Hunt, Melissa Hunt, Pamela McDonald, Angela Munley, Melinda Thompson, Amanda Watts, Kim Douglas, Anne Marie Britt, Janet Anderson, Stephanie Yaw, Angela Lewis, Sheila McDaniel, Priscilla Page, Bobby James, Jerome Smith, Elworth Southern, Danny Lawson.

5th Grade "B" Theresa M. Gray, Jeffery Green, Tammie S. Mitchell, Sarah A. Page, Stephanie L. Blue, Amanda P. Taylor, Sharon Jackson, Daphane R. Leggett, Hughes Acosta, Tyrone Rattle, Terrel D. Dial, Daphane Morrison, E-vone Smoth, Keshia Smith, Derrick Bridgers, Teresa Leggett, Toni Chandler, Karron McQueen, Rebecca McQueen, Rebecca Hunt, Daren McNeill, Sharon Ocean, Jessie Reaves, Daniel Stone, Dwight Strick-

land and Orale Leach.

6th Grade "B" Tammie Oxendine, Dorothy A. Ladsen, Wilhelmina Biss, Myra Brown, Joey Jacobs, Ray McCormick, Lorie McQueen, Carol Shooter, Alice Faye Pugh, and Sheila Whittington.

7th Grade "B" Vickie Alford, Laura Brake, Kimberly Coxe, Alice Graham, Sherri Griffin, Cheryl Gurley, Lorenza Gurley, Chris Hunt, Gary Hunt, Peggy Hunt, Sheila Jackson, Lisa Jacobs, Jennifer Leggett, Alan C. Lewis, William P. Locklear, Barry Mathis, Craig McKinnon, Deane Miller, Deb R. Morris, Annette Oliver, Sheila Ratley, Steven Rowell, Sandy Smith, Arnetta Southernland, Belvis Spaulding, Hazel Thompson, and Maxwell Whittington.

8th Grade "A" William Campbell, Delayne Fields, Sandra Jacobs, Lenara Moody, Erral Oxendine, Angela Smith, Robbie Struts, Delma Thompson. "B" Warren Washington, Carolyn Baker, Bonita Bethea, Francine Brayboy, Gina Britt, Penny Britt, Toree Cureto, William Graham, Patrick Hunt, Rhonda Hunt, Terry W. Hunt, Teresa Jacobs, Charles Ladsen, Billy Lanier, Cindy Lawson, Sabrina Leggett, Mary K. Lindsay, Patricia Locklear, Kelvin Mayo, Cynthia McGirt, Lyndon Morrison, Wanda Murley, Garretta Revels, Karen Smith and Kathleen Walker.

PSU's McRae Elected President of State EOP Organization



Alphonzo McRae, Jr., Pembroke State University official elected president of N.C. Council of Educational Opportunity Programs.

McRae, 26, directed last summer's two-day state "Upward Bound" Olympics at Pembroke State University in which 600 young people participated. He also instructed state workshops on tutoring. Although not among the state officers presented at the Charlotte meeting, he was nominated from the floor and won overwhelmingly.

His election took place recently at the winter meeting of the state council at Johnson C. Smith University in Charlotte.

The state Council of EOP has 30 member institutions in North Carolina, including universities, colleges, community colleges and technical institutes. It supervises areas like special services, upward bound, and talent search.

Schools in the organization include: universities--UNC-Chapel Hill, N.C. State, UNC-Greensboro, Appalachian State, Western Carolina, Fayetteville State, N.C. A & T, Elizabeth City State, Johnson C. Smith, Shaw, and Winston-Salem; colleges--Mars Hill, N.C. Wesleyan, Barber-Scott, Bennett, Livingstone, St. Augustine's, Durham and Cho w; community colleges--Southeastern, Craven, Halifax, Lenoir, Vance-Granville and Wayne; and technical institutes--Beaufort, Roanoke-Chowan, Pitt, James Sprunt and Wilson.

As council president, McRae will preside at all meetings and be chairman at all executive board meetings. He will be responsible for appointment of all committee members and serves as an officio member of all committees. He will also represent North Carolina as a delegate to the Region IV Steering Committee meeting.

McRae, a native of Orrum where he still resides, earned his B.S. degree in physical education at PSU in '74. In the 1974-75 academic year, he served as home-school coordinator for Robeson County Schools, having that responsibility for five schools.

Miss Pembroke Rescue Squad



Angel Marie Chavis

Angel Marie Chavis has been crowned Miss Pembroke Rescue Squad. Angel is the daughter of Mr. and Mrs. Robert Earl Chavis. She is a kindergarten student at Pembroke Elementary School in Ms. Rhonda Godwin's class.

Clayton Maynor, Jr. was awarded the title of Pembroke Rescue Squad King. He is the son of Mr. and Mrs. Clayton Maynor.

First runner-up was Cecelia Kay Scott. Second runner-up was Ingrid Schroder. Third runner-up was Karen Locklear. Trophies were awarded to the king, queen and the runners-up.

Approximately \$1700 was raised during this first time event. Geraldine Schroder was co-ordinator of this beginning annual event.

Agriculture Department Seeks Sponsors for Summer Food Program in N.C.

Atlanta, Ga.-- The U.S. Department of Agriculture is seeking sponsors to operate the 1979 summer food programs in North Carolina, according to Carol Tucker Foreman, assistant secretary of agriculture.

"But people tend to think only of the children in cities and forget the nutritional needs of children in rural areas," Foreman said. "We would like to see many responses from interested organizations in rural areas."

The summer food program provides free, nutritious meals to children in needy areas during school vacations that last longer than three weeks. In most areas the programs run from May through September. Eligible children include those through age 18 and certain handicapped students over 18.

This year, rural sponsors or sponsors preparing meals on site will receive additional administrative money. They also will be allowed to claim expenses for transporting children to designated rural sites.

Sponsors may be public, private, nonprofit, nonresidential organizations serving areas where at least one-third of the children are eligible for free or reduced-price school lunches. Residential summer camps whose enrollment includes needy children also may act as program sponsors.

Sponsors also may include city government agencies, county and municipal school systems, recreation departments, churches and social service organizations. The principal eligibility requirements include, but are not limited to, the following:

--Sponsors must be nonprofit organizations.

--Sponsors must show they are financially and administratively capable of operating the program.

--Children must eat their meals at designated sites and the meals must meet department nutritional guidelines.

The summer food program began in 1969 to encourage the health and well-being of needy children by extending food assistance into the summer months. Last year the program served 2.1 million children.

For more information, potential sponsors in North Carolina should contact: Mr. Ralph Eaton, Director, School Food Service Division, State Department of Public Instruction, Education Building, Raleigh, North Carolina 27611. Telephone number: (919) 733-7162

Public Hearing Planned

Lumberton--The public hearing on the draft Health Systems Plan and Annual Implementation Plan next Wednesday in Lumberton promises to be one of the best attended meetings in the short history of Cardinal Health Agency. The hearing will begin at 10 o'clock at 401 East 11th Street here.

"It appears that there is greater interest in these plans than in any other on which we have held hearings," says Jim Bare, Director of Planning for the regional agency.

"The interest is coming from all parts of 15-county area," according to Bare, "particularly from Fayetteville and especially from the health care professionals."

Dr. Lucille Hutaff of Fayetteville, who will conduct the

The Cardinal Board has placed these plans on public view, asking for citizen comments. Both documents are available for examination in the main public library in each county and at the Councils of Governments offices in Fayetteville, Wilmington, Lumberton and Troy.

Cardinal Health Agency is the health planning and resource development agency for Anson, Bladen, Brunswick, Columbus, Cumberland, Harnett, Hoke, Montgomery, Moore, New Hanover, Pender, Richmond, Robeson, Sampson and Scotland Counties.

No evidence has surfaced to suggest that the fires are related to the unrest in the community between the highway patrol and the Indian citizenry. A day earlier a rally attended by upwards of 1500 citizens or more was held. At the meeting in Pembroke Indian leaders urged the audience to use non-violent ways to settle the volatile situation.

The drama presented every summer at Riverside Country Club in the Red Banks Community near Pembroke has exceeded expectations and is fast becoming a stellar tourist attraction in the state.

The directional signs will be placed on Interstate 95 North and Interstate 95 South. Also, the signs will be placed conspicuously on Highway 711 and Highway 74 South.

Said Rep. Locklear, "it's a good sign for 'Strike at the Wind!' The signs will help tourists find us, and we need to attract tourists and North Carolina citizens to come and enjoy our events under the stars with 'Strike at the Wind!'"

The council did finally adopt their long discussed police manual with a few deletions and some slight modification making it more adaptable to Pembroke's needs.

In a related matter, Councilman Bob Brewington proposed that the council adopt a 42 hour work week for the police department with time over 42 hours being subject to compensatory time or overtime.

The town also adopted a charter and code of ordinances long under advisement. The charter and code of ordinances, for the first time, brings all the administrative rules and regulations of the town under one cover. The charter and code was drawn up by the NC League of Municipalities. The code becomes effective February 6.

The council also heard an update from town officials about the proceedings of condemnation brought against the Lowry estate in reference to approximately 2 acres to be used for parking adjacent to the Lowry Recreation Park.

The board asked the town to consider paying for sidewalks to the new school since the state will only pay for drainage, curbing and guttering, etc.

Councilman Bob Brewington said the town manager should look into other possible funding sources and in the event he could not find funding for the estimated cost of \$7,000 that he should then bring the matter back to the council for further consideration.

Most everyone loves a good ball game. We read about the exploits of star players and about the effort a good ball player must put forth.

The column this week is not about a good ball player though. No, this week "Warrior Spotlight" deals with something different. They are highly visible and often greatly admired but never really get the publicity due them. The cheerleaders, those bouncing, shouting bundles of laughter and good spirit are the subject of my attention.

Anyone who thinks cheerleaders have it soft obviously has never known one that well. They, like the ball players themselves, must spend long hours practicing and practicing all night long. Like a successful team in search of new and better plays, the girls must strive to come up with new and more exciting stunts. It takes imagination and perseverance on the part of the girls and their parents.

Many people are taking the Cardinal plunge because the lowest level of all cigarettes, according to government tests. The latest figure for a Carlton Box are less than 0.5 mg. tar and 0.05 nicotine average per cigarette.

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meeting for the Planning Committee of the Board of Directors, points out that "Cardinal is a grass roots effort representing consumers as well as providers of health care. If the people have something to say, we hope they will come on and say it," she said.

The Health Systems Plan is a description of the health care system in southeastern North Carolina plus long range plans to develop the system in accordance with the needs of the community. The Annual Implementation Plan is a one-year community work program addressing the goals in the Health Systems Plan.

Cardinal works closely with community groups across the area who seek to develop facilities or services to meet a health need. The agency offers assistance in finding personnel and funds to operate such projects.

Cardinal also reviews applications from hospitals and other entities who want to use federal funds for health and health care. The funds may come as reimbursement under Medicare and Medicaid or in the form of federal grants.

"People are finally becoming aware of Cardinal Health Agency and of its importance," Bare said.

The Cardinal Board of Directors is composed of 30 citizens of the area, 16 health

envisoned 1 mile annexation, taking in a one half mile block at the west end of Pembroke, in front of the PSU campus.

But no official action was taken on the matter.

POLICE MANUAL ADOPTED

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In a related matter, Councilman Bob Brewington proposed that the council adopt a 42 hour work week for the police department with time over 42 hours being subject to compensatory time or overtime.

The motion, along with the manual, was adopted unanimously.

ALSO ADOPTED CHARTER AND CODE OF ORDINANCES

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LOWRY PARK PROPERTY CONDEMNATION UPDATE

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WARRIOR'S SPOTLIGHT

WARRIOR CHEERLEADERS

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Ballet and Tap Classes Slated For Purvis

Announcing the beginning of Ballet and Tap classes at Purvis School, Rowland. An organizational meeting was held January 27, 1979. Forty-seven people attended and registered for Tap or Ballet.

The teacher is Ms. Pam Brinkley of the Ann Clark School of Dance. She has danced in several performances, including the Nutcracker. She presently teaches in Fayetteville.



Ms. Pam Brinkley is shown with some of her students.

Your lifestyle may be wasting 28% of the energy you use.

What you do in your home can make a big difference in how much energy you use—and how much energy you waste.

Consider two houses; both 1500 square feet, family of four, fully equipped with appliances and central air conditioning.

Home #1 has storm windows and doors, proper insulation; home #2 doesn't. #1 keeps the thermostat at 78° in the summer; #2 at 72-75°.

In the winter, #1 keeps a 62° nighttime setting, 65-68° daytime; #2 keeps a 72° setting. The family in #1 watches the way it uses hot water and appliances; the family in #2 doesn't.

In a year, home #1 uses 87 million units of energy; #2 uses 122 million. So do what you can to cut down on wasted energy.

Because the more you get out of your energy dollar, the more we can get out of ours. And the less our bills will have to go up later on.



Data based on calculations developed by CP&L Energy Services for average heating and cooling degree days for CP&L service area.