BETTER HABITS-

BETTER HEALTH

Better work habits

one day save your

With the variety of kitchen

equipment and appliances available today, it's most im-

portant to read use and care instructions carefully. For

example, never use heat-resistant glass ovenware on

top of the range or under the

When using a microwave oven, check the manual to see

what cooking accessories and

materials can and cannot be

Don't overload electrical

wiring by plugging too many

appliances into one circuit.

Replace or repair frayed or

Kitchen safety tips from the Consumer Information Department of Corning Glass

Works also warn against ad-

justing blenders or inserting electrical knife blades while

these appliances are plugged

Wipe up grease and other spilled liquids and substances

promptly.

If the floor slopes or has

missing or loose tiles, it poses a hazard, especially for the elderly who may or may not

be able to see or sidestep

Above all, don't be careless;

Following these and other safety rules can help to make your home and kitchen a

safer place in which to live and work.

into electrical outlets.

these conditions.

instead be organized.

broken cords.

MT. AIRY NEWS

by Violet Locklear

service were held last sday night in the home of and Mrs. Robert Locklear. Ted Brooks and Rev. gum Jacobs were the st speakers. Also present e some of the members n our church. Mr. Locklear ntly underwent surgury at rham Hosptial. His condion is improving greatly, he aid he was hoping to be able be back in church Sunday.

The Hollister Singers and pastor and assistant pastor will be with us this Sunday. Were expecting around 75 of them. They are coming along way's. So everyone come and especially all visitors are welcome. I haven't been to their church at Mt. Bethel but once but I am looking forward to going back. For they are some of the friendliest people I have ever met. Be sure and come everyone. Dinner will be served at the fellowship hall.

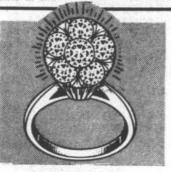
Vacation Bible school is being held this week. We started out with a good enrollment. Field day was held on Saturday with over 150 people participating. Games and Park recreation activities, along with good food, and refreshments were enjoyed. The Brotherhood and Young Adult Ladies Choirs s ang for the patients at the

V.A. Hospital in Fayetteville this past Sunday. The bus left directly after the morning worship and everyone had a delicious lunch at Morrison's Cafeteria. Thanks to the V.F.W for inviting them to come. Sophia and Edwardo Steibel, Seminary Students at Southwestern Baptist Seminary in Texas, led the evening worship Sunday night.

They are both from Brazil, and have been serving all this summer in Mission Minstries, in the state of N.C. under our Brotherhood Department. A large group was in attendance to hear their message about their Christian work in Brazil.

Miss Delenia Sampson celebrated her 12th Saturday July 21st. She is the daughter of the late Dean Sampson and Mrs. Darlene Carter. Helping her to enjoy her day were her family and some of her cousins, she recevied some beautiful gifts. Hope her many many, more happy birthday's.

Trent Locklear son of Mr. and Mrs. Lonnie Locklear Jr., of the Mt. Airy Community won a trophy for being from Union Chapel school at the P.S.U. 8th Annual Little League all star Basketball Tournment for a free throw shooting.



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Word has been received by Mr. and Mrs. John L. Carter Sr. that their grandson Victor Duson, son of Mr. and Mrs. Jim Duson of Jacksonville, Fla. was injured in an motorcycle accident on Tuesday evening and is a patient in the intensive care unit. I would like for everyone to remember him and his family in prayer.

Visiting Mrs. Rockie Jane Locklear on Sunday were Mr. and Mrs. Harold Tyner and daughters, Mr. Hayworth Cummings, Mrs. Cora Lee Locklear and others. She spent the weekend with me, she is doing very well.

I have been attending this, week the Crusade of Brother Charles Young and his team at the Pembroke High School. I have seen alot of Miracles taking place. He will also be in Pembroke, next week. So if you haven't been go! I believe in my heart he is one of God's prophets.

Thoughts for Today

Life can be cruel, we are human, we get sick, we hurt, we cry. But happiness does not depend upon our out-ward & circumstances. True contentment come from within. The choice is ours. By trusting God with our burdens, we find joy and peace. "God Love is all I

ENLIST AN EXTRA \$2000 FOR COLLEGE.

Many Army Reserve units now offer you an enlistment incentive of up to \$2000 toward college, if you qualify. Or a regular enlist-ment bonus of \$1500. Plus a chance to earn over \$1000 a year to start, for serving 16 hours a month (usually on a weekend) and two weeks yearly. Still more money for college! For details, call your local Army Representative, listed in the Yellow Pages



MEET TODAY'S ARMY RESERVE



Banquet Speaker was Henry you healthy for a year. Ward Oxendine, a native of Robeson County, and a member of the North Carolina Paroles commission in Raleigh He discussed the paroles commission and what they look for when granting parole, citing attitute as an important ingredient in granting parole.

presided.

Pembroke--"We consider it

rehabilitation in the truest

sense," said Superintendent

Joe Brooks in regards to the

newly organized Eagle Claw

ton Correctional Center.

Jaycees chapter at the Lumber-

The Eagle Claw Jaycee Cha-

pter recently held its first

annual awards banquet at

Sims Restaurant in Pembroke.

Jaycee president Dillion Scott

The institutional chapter recently raised more than \$1100. 00 with a wildly successly walkathon at the prison unit to. support the Easter Seal Cam-

The list of awards is as Smith Speak up Jaycee - Floyd follows: Boss of The Year -Thurgood, Charles Smith, Edi "Silence is not always tact, and it is tact that is golden,

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Pembroke Candidate Files Complaint

GREENSBORO — Dr. Joseph Oxendine, one of two Lumbee Indian candidates not selected for the chancellorship of historically Indian Pembroke State University, has signed a complaint against the University of North Carolina Board of Governors alleging racial discrimination.

William Johnson, chairman of the UNC board, said Monday that Oxen-dine filed a discrimination complaint with the Equal Employment Opportu"I have not received a copy of the complaint, but I know about," Johnson said. "(UNC) President Friday showed me a copy of it Friday."

Oxendine is a dean at Temple University in Philadelphia.

Ray Oxendine, Oxendine's brother. said Monday the complaint was filed with the commission last week because of evidence that racial factors influenced the UNC board's selection. Dr. Paul Givens, a white man, was

Eagle Claw Jaycees Award

Banquet Deemed "a Success"

Henry Ward Oxendine

Supt. Joseph Brooks, Out-

standing Young Educator -

Mrs. Francis Scott, Outstan-

ding 'Young Man - Herbert

Freeman of the Fairgrove

Jaycees, Outstanding Correct-

ional Officer Mr. Wilbur Lock-

lear, Appreciation Plaque Mr.

Distinguished Service Award-Lumbee Farms, American

Press Robesonian (Scott Bige

low), Dennis Patterson (Fayet

teville Times) Bruce Barton

Carolina Indian Voice, Televi-

(WECT- TV6), Guest Speaker,

Henry Ward Oxendine, Testi-

monial Plaque - Miss Nora D.

Hunt, Program director at

Robeson Unit. Certificate of

Appreciation Harold Hunt.

Robeson Unit, Jim Freeman

(Pembroke Sporting Goods)

Sim Oxendine, Pembroke Ex-

xon and Kenny Smith (Tom's)

Presentation of Chapter A-

wards presidental award of

honor - Willie Burch Javcee of the year Floyd Thurgood Jaycee of the Month, Charles

sion Station Bob Waters

Percy Hill (Correctional Officer)

"His (Joseph Oxendine's) biggest concern was that he had been number one with the selection committee and number one with the faculty but was overlooked by the Board of Governors," Ray Oxendine said. "He felt like it was a strictly racial decision because he had heard from higher up

chosen for the Pembroke post. He is former vice president for academic affairs at Milliken University in Deca-dian would have been selected. Because two Indians were running they compromised and picked the white

> Lumbees protested the selection of Givens to the Department of Health, Education and Welfare last month

25th Wedding **Anniversary**



Mr. and Mrs. Lowell Harris

Mr. and Mrs. Lowell Harris celebrated their 25th anniversary June 30th at the Town and County Restaurant in

Their colors were pink and

Guests were greeted by Mrs. Bruce Locklear and Miss Shelia La Jane Locklear who presided at the guest register.

Ms. Nora Hunt, Program Director at the unit beamed. "it's been a successful year. We hope more of the same in years to come

Certificate of Merit - Carnell

Thompson, Melvin Bryant,

Herdmon Bell, Eddie Locklear

McKoy, Johnny Green, Lo-

renzo Blue, William Curtis,

Jack McMillian, Jimmy R.

Tommy Chavis, James E.

Mrs. Charles Locklear and Mrs. Shirley Locklear received

Each table was centered with a white daffodil and silver 25th centerpiece, with white tables

Everyone enjoyed a delicious buffet supper. The cake was served by Mrs. Lilly Lowery, and Mrs. Burlin Blue.

Approximately 100 guests

Pictures were taken by Elmer

Mrs. Joseph Locklear served

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