

Hilly Branch Vocational Center Celebrates Successful Year



Shown from left to right are Mrs. Mary Oxendine, Parent Com-

mittee; Mrs. Jimmy Pittman, Parent Committee; Mrs. Vincenta Pin Loo, the exchange student from Ecuador. Mrs. Hunt gave special recognition to Advisory Committee members for their constant interest and support. They supported career day and found financial aid to sent members to various activities.

Advisory Board members present were Brenda Maynor, Control Clerk, Southern National Bank; Mrs. William Oxendine, Route 3, Maxton; Mrs. James Pittman, Route 5, Lumberton. Others on the committee are the Rev. John Robinson, TRS-80 Consultant, Director, Pembroke Community Workshop; Anita Hunt, Business Manager, Pembroke Community Workshop; and William Lowry, Assistant Data Processing Manager, West Pont Peppere.

Mrs. Hunt also noted persons receiving special thanks: Anderson Jones, Job Corps; John Allen Smith, carpentry teacher at Hilly Branch; and her husband.

Heading the list of distinguished guests present were Mr. Stacy Locklear, Principal of Hilly Branch Vocational Center, and Mr. Gilbert Lewis, Director of Occupational Education for Robeson County Schools. Mr. Locklear took part in the before dinner solemnities; Mr. Lewis gave a few after dinner remarks. The official speaker for the evening was, however, the Reverend Jerry Lowry, Pastor of Branch Street Methodist Church and member of the Robeson County Board of Education.

The topic of Rev. Lowry's talk was "What Shall I Do?" Taking the example of the rich young fool, he emphasized the need to "stop," "look" and "listen." He observed that all people have the choice

whether to serve self or humanity. "Whatever the task," said Rev. Lowry, "be the best."

Members of the press who were present at this function were Miss Virginia B. Simkins of the Robesonian and Miss Kathy Faulk of the Laurinburg Exchange.

The meal was prepared and served by members of the Food Services Class at the Hilly Branch Vocational Center.

Brenda Maynor, Control Clerk, SNB; Ms. Mary B. Hunt, Advisor forefront; Lynn Lowry, President Evening Class.

Jeff Kent Strickland has been selected as the Outstanding Physics Student in Prospect High School.

James Ronnie Chavis presented him with a certificate from the American Association of Physics Teachers at an awards ceremony held May 28, 1982, at Prospect High's Awards Day.

Jeff Kent Strickland is the son of Mr. and Mrs. Willard Strickland of Pembroke. The American Association of Physics Teachers was founded almost fifty years ago to encourage excellence in physics teaching and has approximately 9300 members in the United States and abroad.

The Robeson County Recreation and Park Commission is making plans to sponsor Sunday Afternoon Concerts in the Park. The tentative schedule is for the concerts to be held one Sunday afternoon a month beginning on June 13, 1982. The Commission is presently looking for groups who would like to perform during this series of concerts. The groups would be asked to perform without compensation. These concerts would be held at the County Park located on Meadow Road.

If you have a group which would be interested in participating in such a concert series, please contact the Robeson County Recreation and Park Commission or Rudy Paul at the Recreation Department, 108 Elizabethtown Road, Lumberton, N.C. or by phoning 738-9061

Prospect Outstanding Physics Student

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THE MICROWAVE COOK 'Outstanding Young Woman'



A microwave main dish prepared right in its serving dish.

A new microwave cook-terrific! Try a simple main dish like Cheese Stuffed Beef Balls made moist, flavorful and delicious with Campbell's Condensed Tomato Soup. These beef balls are cooked in an ordinary glass pie plate which also doubles as a serving dish. Before buying special utensils, check your microwave manufacturer's cookbook for recommendations.

CHEESE STUFFED BEEF BALLS
1 can (10 3/4 ounces) Campbell's Condensed Tomato Soup
1 1/2 pounds ground beef
2/3 cup Italian flavored fine dry breadcrumbs
2/3 cup chopped onion
1 egg
1/4 teaspoon salt
4 ozs. mozzarella cheese, cut in 6 cubes

1. Mix thoroughly 1/2 cup soup, beef, breadcrumbs, onion, egg, and salt; divide into six parts. Shape firmly around each cheese cube to form 6 balls. Arrange balls to form a circle in 10-inch glass pie plate. Cover with plastic wrap. 2. Microwave on HIGH 6 to 8 minutes, turning dish once. Drain. Pour remaining soup over balls. Re-cover. 3. Microwave on HIGH 3 to 4 minutes or until done. 4. Let stand 2 minutes. Makes 6 servings.

Named 'Outstanding Young Woman'

Mary Olene Sampson, daughter of Mr. and Mrs. John L. Carter of Pembroke, was recently notified that she had been selected as one of America's "Outstanding Young Women" for 1981. Mrs. Sampson's name is included in the current yearbook of award winners who were selected from thousands of nominees from across the United States. The awards are given in recognition of personal and professional accomplishments.

Mrs. Sampson resides in Joppatowne, Maryland with her husband, Jim, and her children, Jana and Jamey. She is a graduate of Pembroke State University and East Carolina University; additional graduate work been completed at Rider College in New Jersey.

A member of several professional and civic organizations, she was also recently recognized for her efforts in the tutoring of students in the local elementary school in her community. Currently she is an Assistant Professor of Business at Dundalk Community College in Dundalk, Md. where she has taught for the past six years. She is a former teacher of Business Education in the Robeson County Public School system. In addition to her other activities, she is an active member of Perry Hall Baptist Church in Perry Hall, Md.

Nutrition News and Notes

If you have a healthy interest in the food you eat, here's some nutritional information you should find nourishing.

• Vitamin C, what many experts refer to as the "glue" that holds the body together, is water soluble, and cannot be retained in the body for further use. It must be "reapplied" every day.



• One of the world's most important cereal crops is rice. It has one certain advantage over other cereal grains such as oats, rye, wheat and barley. Rice does not create many of the allergic conditions of other cereals, and it has a better vitamin profile than other related cereals.

• A versatile yogurt culture that's considered good for intestinal hygiene is acidophilus. Acidophilus reintroduces friendly bacteria and is often taken when one is using an antibiotic. One company, Schiff, perhaps the most respected name in nutrition, offers its Acidophilus Preparation in a powder form in a two piece capsule. This allows the organism to revive when it enters the moist atmosphere of the stomach, and start to do its work efficiently.

A complete catalogue of that company's wide range of vitamins, minerals and food supplements is available free by writing to: Schiff, Dept. N, Moonachie Avenue, Moonachie, N.J. 07074.

wins Honors

On Saturday, May 15, 1982, a vocational fair was held at Cross Creek Mall in Fayetteville. The theme of the fair was "Vocational Education: Know How for the 80's." At this fair vocational students from North Carolina School District Four exhibited examples of their work and competed for prizes. Hilly Branch Vocational Center entered eight exhibits.

According to Mr. Stacy Locklear, Principal at Hilly Branch, by the end of the day, exhibits from Hilly Branch had won six blue ribbons and two red ribbons. Exhibits winning blue first-place ribbons were welding, Mr. Billy Prevatte, instructor; auto mechanics, Mr. John Wilkerson, instructor; data processing, Mrs. Mary B. Hunt, instructor; directed office occupations, Mrs. Louise Locklear, instructor; electrical installations, Mr. Alton Hagans, instructor; and carpentry, Mr. John Smith, instructor. Red second-place ribbons were won by exhibits from brick masonry, Mr. Thomas Jones, instructor; and pre-employment services under the direction of Mr. John Sampson.

The six first-place winning exhibits were also on display at "Industry on Parade" held at Robeson Technical College May 19 through 23.

(LET'S BRING LAW ENFORCEMENT INTO THE 80'S.)



JESSE BRITT SHERIFF ROBESON COUNTY

CITIZENS OF ROBESON COUNTY:

I am a candidate for Sheriff because I feel that the Sheriff's Department should be a part of the community, not apart from the community. If elected to this position, I will work wholeheartedly to make this a reality.

There are a number of very serious law enforcement problems in Robeson County of which I am very concerned: The illegal drug traffic and trade in this county is on the rampage. I think we should send a uniformed officer who has professional knowledge of the subject to the schools with literature and films to let our children know the dangers of illegal drugs. It is our responsibility to teach our children these irreparable dangers. After all, they are the future citizens of our county. Our children have the right to attend public schools without them being exposed to illegal drugs.

According to the State Attorney General's

Office, homicide in Robeson County since 1978 is up 474%. During 1981 alone, violent crime was up 74% with eleven murders occurring of which there are four still unsolved. Science plays a vital role in criminal investigations. Today we have no one in the sheriff's department who specializes in the areas of homicide and arson. We cannot police the county as we did twenty years ago. We must take advantage of the numerous courses; which would better train the officers, offered by the North Carolina Justice Academy.

I feel that a law enforcement officer's first duty is to serve mankind, to protect the innocent against deception, to protect the weak from oppression, the peaceful from violence and to respect the constitutional rights of ALL citizens. I also feel that a law enforcement officer's private life should be unsoiled as an example to all.

My appreciation for your vote and confidence will be shown by my dedication and service to all people of Robeson County.

PAID FOR BY THE COMMITTEE TO ELECT JESSE BRITT SHERIFF OF ROBESON COUNTY

Robeson County Board of Education DISTRICT IV



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