

### Maryland Lumbee Joins Planned Parenthood Staff



Valina Brooks

By Helen Armiger Thrash  
Valina Brooks, daughter of Earl and Lorraine Brooks, formerly of Pembroke, NC began working at the Loch Raven Center June 7th, immediately following her graduation at Towson State University. Valina majored in Psychology at Towson with emphasis in the area of Psychological Counseling.

Valina is a family planning technician, and as part of the health care team, has direct contact with patients as an interviewer and counselor. She also does lab tests, draws blood and is responsible for records and appointments. Her warmth and sensitivity encourage patients to feel comfortable at Loch Raven, and her diligence and efficiency has been essential to the smooth running of the clinic.

We are happy to have Valina with us and our entire staff joins with her in extending a warm invitation to The Lumbees in the Baltimore area to take advantage of our services. Because of our non-profit status, services are

center. Planned Parenthood is proud to announce the opening of their satellite clinics. The concept of the satellite clinics originated in Rocky Mountain, Colorado. Planned Parenthood of Maryland has joined Colorado as a pioneer in the satellite concept. There are three satellites in operation currently - one in Waldorf, Maryland, within close proximity to Valina's sister tribe, the Piscataway; one in the Garwyn Medical Center at 2300 Garrison Boulevard and, of course, the Loch Raven Center in the Loch Ridge Shopping Center, 1714 Joan Avenue at the corner of Loch Raven Boulevard. Future satellites are being planned in other strategic locations in Baltimore City and Baltimore County.

A team of four health care professionals including a certified nurse-midwife and a physician work closely together doing routine gynecological exams, venereal disease testing and treatment, contraceptive counseling, and pregnancy testing and referral. Everyone on staff is trained to interview and counsel men and women, do routine lab tests, to schedule appointments and give out supplies. The medical staff examines and does follow-up referral. Because of the team approach, patients are seen with a minimum of waiting time. The fees at Loch Raven are less than the fees of a private physician and contraceptive supplies are approximately half the price of those purchased in a pharmacy.

The Loch Raven Center has been very well received by the community and continues to grow steadily. Patients of all ages, including the mothers of patients, seek our services and are coming from all areas of Baltimore County. Our patients repeatedly praise the convenience, professionalism and friendly atmosphere of the Loch Raven Center and appreciate the thorough and comprehensive health care.

WINNER  
Mr. James Wortley of 2006 Hayward Street, Lumberton was the winner of \$100.00 worth of gas from Burnt Swamp Baptist Church Building Fund Drive.

### Lenny & LaBanana To Entertain in Red Balloon Series

The excitement begins Sept 18 at 2 p.m. when LENNY & LaBanana, a clown, mime duo will entertain in the true circus tradition. The RED BALLOON CHILDREN'S SERIES is in its second big year at PSU's Performing Arts Center. The exciting children's series is made up of four professional attractions designed for the children in grades kindergarten thru 6th and all those older who are young at heart. The RED BALLOON SERIES is again underwritten by McDonald's of Lumberton.

Scheduled for Nov. 20, 1982 are two legends of magic and mystery: THE SORCERER'S APPRENTICE and THE LEGEND OF SLEEPY HOLLOW in giant puppet forms. This production begins at 7 p.m. On Saturday, January 8, 1983 MAGGIE

### IT'S A FACT!



To keep their cool, today's smaller engines need a coolant with a concentration of 44 to 55 percent ethylene glycol. A coolant not only removes heat from the engine but also keeps the automatic transmission and other systems working smoothly.



Eighty percent of car owners install their own coolant. The makers of the best-seller "Prestone II" Anti-Freeze/Coolant suggest that rather than merely draining and refilling the radiator, you flush out the old solution. This job can be easy with a Flush 'n' Fill kit from Prestone II. After flushing, add a solution of half coolant, half water. This job will be easier if you use the new "Prestone" funnel which allows ease of pouring even if the radiator opening is angled off on the side.

REE, the thirteen-year-old jazz/blues singer and pianist from Spartanburg, SC will be entertaining as she performs in the special styles of known jazz artists. She has appeared on the National TV program PM Magazine. The final attraction on the series of GATEWAY TO ATLANTIS, a puppet fantasy originally written and produced for Theatre West Virginia. Master Puppeteer, Donald C. Watkins, takes audiences to the late 19th century. An underwater adventure awaits all who attend this performance. The price for all this fun, only \$9 per child with one parent admitted FREE.

RED BALLOON SERIES Tickets are on sale now. For more information and reservations call the Performing Arts Center Box Office at 521-OPSU (0778).

### Summer Graduates of UNC-CH

CHAPEL HILL--The following students from Robeson County are among the 1982 summer graduates at the University of North Carolina at Chapel Hill:  
FARMONT--Robert Watson Griffin, B.S.I.R.; Judy Ann Monroe, B.S.I.R.; LUMBERTON--Howard Steven Kahn, A.B.; Jinnie Lowery, M.S.P.H.; Angela Ransom Maynor, M.P.H.; RED SPRINGS--Susan Kerr Cope, B.S.P.T.; ST. PAULS--Cynthia Marie Beard M.A.; Kathy Oxendine, B.S. P.T.

### Central Staff Honored by NCAE



The North Carolina Association of Educators of the Robeson County Unit awarded the central office members with a plaque in recognition of their attendance record at the first general meeting held at Pembroke Elementary School. The central office was represented at the meeting with 50% of its NCAE members present.

Shown presenting the plaque to the Central Office Representative, Mrs. Carolyn Coronado, right, is Mrs. Vera D. Malcolm, who is serving as president of the local unit.

"In order to speak short upon any subject, think long." H.H. Brackenridge

"That which is brief, if it be good, is good twice over." Spanish proverb

Then & Now  
Many treatments for diseases of the heart have been known for several hundred years.

THEN: The drug digitalis was first used to treat heart failure in 1785 when it was introduced by English physician William Withering. It was made from the dried leaves of the foxglove plant. Digitalis remains in use today for heart problems.



NOW: For many years, nitroglycerin has been a recognized treatment for angina pectoris, pains in the chest that are created when the blood supply to the heart muscle is inadequate to meet its demands. Angina patients may welcome the news of a new form of nitroglycerin that offers fast action and prolonged effect. It's called Susadrin Transmucosal Tablets, and made by Merrell Dow Pharmaceuticals. If you have angina pectoris or think you do, you should consult your doctor.

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