

EXTENSION SCENE

North Carolina



AGRICULTURAL
EXTENSION
SERVICE



JOHN G. RICHARDSON
Robeson County Extension Chairman

As I began to put together this column at the very end of 1982, I gave some thought about reflecting on the year that has just past and speculating as to how things may be different in the new year. However, after making a brief review of 1982 in my mind, I decided that at least in the area of finances relating to agriculture it would be much better to skip over any reflections and to set about sharing information that might be beneficial during the new year.

Since 1983 is not projected to be much better than 1982, the Extension Service will be sharing information through formal meetings in the next couple of months that should benefit local producers as

they strive to farm as good and economically as possible in 1983. The meetings that we have scheduled range from a farm management series to livestock production meetings and interspersed in between is a vast number of field crops and vegetable meetings. All of the meetings will be held at 7:00 p.m. at the O. P. Owens Agriculture Building unless otherwise designated as a special area meeting.

In the livestock area, meetings will be held on January 17, 24, and February 14. The topics will range from Drug Use and Herd Health to Feeding Fat in Swine Rations. In the farm management area, meetings will be held January 11 and 18. The first meeting will cover Taxes and

Farm Records, while the second meeting will cover Enterprise Budgets and Balance Sheets. The farm management meetings are being conducted in cooperation with Farmers Home Administration. There will be additional area farm management meetings and microcomputer workshops held on January 13 in Pembroke at the Senior High School beginning at 7:30 p.m. and another microcomputer workshop January 19 at 7:30 p.m. at the Orrum High School Vocational Agriculture Department.

For persons interested in landscaping, a series of landscaping classes will be held beginning Monday, January 17. Additional landscaping classes will be held on Janu-

ry 24 and 31. Topics at these meetings will cover Basic Design Principles, Lawn Grasses and Ground Covers and Their Establishment, plus Maintenance and Culture of Landscaping Plants.

An overall tobacco production meeting will be held Thursday, January 20, and an additional tobacco meeting on Disease Control will be held on Thursday, February 24. In the vegetable area, meetings will be Selection and Caring for Transplants, Identification of Weeds, Insects, and Broccoli Production.

In the area of field crops, meetings will be held on Soybean Production Tuesday, February 15, and March 1. These programs will cover overall recommended production practices, plus nematode control programs. An additional field crops production meeting will be held Tuesday, February 22, where corn production will be discussed extensively. A cotton update meeting will be held Monday, February 28, for all the cotton growers at Lou Henderson's cabin near Maxton. That special meeting will begin at

6:30 p.m.

If all these activities are not enough, there will also be a pesticide licensing test held Wednesday, January 12, at 1 p.m. On Tuesday, January 25, at 7 p.m., the Crop Promotion Banquet will be held whereby awards are presented for outstanding yields by Robeson County growers. And on Thursday, January 27, an organizational meeting will be held for persons interested in establishing a Cooperative Vegetable Marketing Outlet for Robeson County. Finally, the Spring Livestock Show is scheduled for Wednesday, March 30.

While this is quite extensive, we would like to extend a special invitation to anyone who may have interest in these areas since all Extension programs are open to all citizens regardless of age, sex, race, nationality, religion or handicap.



Fish have been seen at ocean depths of almost 7 miles



RECENTLY AT ROBESON TECH...

By Tammy Higgins
RTC Marketing and

Public Information Director

RTC Visting Artist Arnold Richardson recently presented two pieces of his sculpture to the school. The art pieces are entitled "High Technology" which is currently placed in the Continuing Education Department, and "Reclining Buffalo" which is located in the President's office.

A report taken from Statistical Abstract of Higher Education in North Carolina has recently been released revealing that the Community College System has 55 percent of the tax supported post-high school enrollment, while the remaining 45 percent

belongs to the University System. If private institutions are included, the Community College System has 45 percent, the University System 37 percent, and the private institutions 18 percent.

RTC held a seminar "How to Be a Winner in Life," on January 4-5, 1983 in the Robeson County Public Library Auditorium from 6:30 p.m. to 9:30 p.m. Richard Harwell was the instructor. The workshop presented methods and procedures to break the "grips of instant living."

RTC will offer a Notary

Public course beginning in January on the last Tuesday and Thursday evenings of each month on the Barker Ten Mile campus. Carolyn Jennings will be the instructor, and there is an \$8 registration fee. For additional information, call 738-7101, extension 169.

RTC will offer three courses in January for law officers: Hostage Negotiations, Fingerprinting and a Radar school.

RTC's Cooperative Skills Program has a hefty schedule planned for January. They are offering workshops and courses in Welding, Industrial Maintenance Training, the Art of Employee Motivation, Effective Supervision, and Value Engineering. For further information, call 738-7101, extension 177.

The RTC Continuing Education Department is holding registration for Winter quarter courses beginning January 10, 1983. Check your local newspaper for exact dates, times and locations.

How To Help Your Child With School

Is your child "computer literate?" It's a term that's being used a lot these days to describe a person's basic understanding of computers and programming. In a few years, many people entering the job market without this knowledge may face closed doors. Today, many parents are helping their children to understand and use computers by purchasing a personal computer for the home.

What is a personal computer? Both in the home and in the classroom, a personal computer is a tool for managing and organizing information, as well as a multi-purpose problem solver. Small in size but big in the amount of information they can store, personal computers are making it possible for grade schoolers to work, for example, with geometry concepts years earlier than usual.

As an at-home tutor, a personal computer can teach youngsters language, reading, spelling and mathematical skills, as well as entertain them with game programs. It's also excellent for drilling children in fundamentals.

It's important to look for certain features when choosing a personal computer. Personal computers are fun, but not toys. You should look for the system that best suits your needs and your budget. One new computer, the Timex Sinclair 1000, is only \$99.95. The computer has 2K internal memory, and a 16K RAM pack is available for a suggested retail price of \$49.95. The computer also comes with a 90 day limited warranty from Timex, another important consideration.



As an at-home tutor, a personal computer teaches youngsters languages, reading, spelling and math skills, as well as entertaining them with game programs.

A computer should not be intimidating to you or your family. The Timex Sinclair 1000 offers encouragement, and has been called very "user friendly." Convenient and lightweight, it can be used with any TV set as a monitor.

Computers need software to tell them what to do. Or, you can quickly learn to create your own programs. A computer for children should be compatible with easy-to-use education programs. The TS1000 has software packages specifically designed for educational use, but, importantly, its instruction manual makes it easy to learn basic programming skills.

It's an important helper for adults as well. A personal computer can help you compute tax information, assess your home energy output, balance your budget, maintain recipe files or catalog possessions. Through the use of a modem, or communications interface device, for low additional cost, the personal computer can give authorized individuals access to large data banks containing financial information, newswires and specific and general research information.



No one has ever discovered two snowflakes with exactly the same crystal pattern.

NEW HOURS:

8:30 a.m. - 5:30 p.m.
Closed Wednesday at 1 pm

LEWIS'S SEAFOOD MARKET

"FRESH FROM THE SEA"
MAIN STREET DAY 521-2231
PEMBROKE, N. C. 28372 NIGHT 521-0247

Watch for Grand Opening
Lewis' Seafood Restaurant

MR. & MRS. J. FRANKLIN LEWIS PROPS.

CHIROPRACTIC FOR BETTER HEALTH

Dr. Roger R. Roff
CHIROPRACTOR

"SOFTNESS" IS NOT COMFORT

Your posture can make quite a difference where your health is concerned. That's why you should avoid "posture traps."

Soft, sagging chairs. Soft, lumpy mattresses. Low feet-in-front auto seats. Chairs with no backs, or backs that make you sit too rigidly. These are just a few examples of furniture that can put your body out of whack. Result: fatigue, irritability, muscle strain, unhealthy pressure on nerve centers.

muscles and joints in your body. A chair that's too soft, for example, can crowd your abdomen, press against your chest cavity, and interfere with the healthy functioning of your body. The true test of chair comfort is being able to sit for long periods without feeling fatigue or unwelcome pressure on any part of your body.

In the interest of better health from the office on:

Dr. Roger R. Roff
CHIROPRACTOR

4822 Frysburg Rd.,
Lumberton, N.C.
Phone 738-6222

Softness is not comfort. A chair or mattress should be firm enough to properly support your spine and all the

GREATER MEAT SAVINGS

HEAVY WESTERN BEEF
CENTER CUT BONE-IN
CHUCK STEAK
\$1.59 LB.

BO's
SUPER MARKET

3 BO'S STORES
LUMBERTON
Fairmont Rd.
Godwin At SP
PEMBROKE
Union Chapel Rd.
FOOD STAMPS
Welcome!
WE RESERVE THE RIGHT TO LIMIT QUANTITIES WHEN SOLD TO DEALERS

FRESH GRADE "A"
FRYERS
43¢ LB.
2 TO BAG

SHORT RIBS
STEW
\$1.39 LB.
BONE IN
STEW
99¢ LB.

CUBE STEAK
\$2.59 LB.

SHOULDER
ROUND STEAK
\$1.87 LB.

CAROLINA
SMOKED SAUSAGE
\$1.49 LB.
CAROLINA
FRESH LINK SAUSAGE
\$1.49 LB.

HEAVY WESTERN BEEF
T-BONE STEAK
\$2.79 LB.

HEAVY WESTERN BEEF
SIRLOIN STEAK
\$2.37 LB.

HOG MAWS
PIG EARS
PORK TAILS
PORK LIVER
59¢ LB.

1/4 - 9 TO 11 CHOPS
PORK LOIN
\$1.69 LB.
CENTER CUT
PORK CHOPS
\$1.99 LB.

HEAVY WESTERN FED
SHOULDER ROAST
BONE IN
\$1.77 LB.

LEAN BONELESS
STEW BEEF
\$1.89 LB.

BONE IN
CHUCK ROAST
\$1.27 LB.

FAMILY PACK
FAT BACK
59¢ LB.

PORK
NECK BONE
49¢ LB.

FRESH
GROUND BEEF
5-LBS. OR MORE
\$1.19 LB.

RIBS HALF
PORK LOIN
\$1.39 LB.

RIBS HALF
PORK LOIN
\$1.39 LB.

Lipton
TEA BAGS
LIPTON
TEA BAGS
\$1.78
100-CT. BOX

KELLOGG'S
FROSTED FLAKES..... 20-OZ. \$1.79
SPECIAL
BUC WHEATS CEREAL..... 11-OZ. \$1.25
QUAKER
INSTANT GRITS..... 18-OZ. \$1.05

CRISCO
SHORTENING
3-LB. CAN
\$1.99

SPAM
LUNCHEON MEAT
12-OZ. CANS
\$1.49

KRAFT
BAR-B-CUE SAUCE..... 18-OZ. 99¢
KRAFT
MACARONI & CHEESE DELUXE DINNER
14-OZ. 99¢

OVEN GOLD HAMBURGER
BUNS..... 8-CT. 2/99¢
OVEN GOLD HOT DOG
ROLLS..... 8-CT. 2/99¢

A-1
STEAK SAUCE 10-OZ. \$1.55
ARMOUR
TREET..... 12-OZ. \$1.19
BANNER
BREAKFAST SAUSAGE 10-OZ. 69¢
SPECIAL
ARMOUR TRIPE..... 24-OZ. \$2.09
CAMPBELL'S
TOMATO SOUP NO. 1-CAN 4/\$1.00
JIFFY
CORN MUFFIN MIX 8 1/2-OZ. 4/99¢
SPECIAL
CARNATION MILK 13-OZ. CANS 2/99¢
MARK RITE
IODIZED SALT..... 26-OZ. 4/99¢
FROSTY MORN
PURE LARD..... 4-LBS. \$1.69
GOLDEN RIFE
BANANAS... 3 LBS. \$1.00
SPECIAL
ORANGES... 5-LB. BAG \$1.39

COKE'S or PEPSI
32-OZ. BOTTLES
6/\$1.99
PLUS DEPOSIT

OVEN GOLD
ROLLS BROWN 'N SERVE..... 12-CT. 2/99¢
SPECIAL
PAMPER'S TODDLERS 12-CT. \$2.09
STAY DRY
PAMPER'S DAYTIME... 24-CT. \$3.35
KELLOGG'S
PRODUCT 19..... 8-OZ. \$1.05
MAXWELL HOUSE
INSTANT COFFEE..... 2-OZ. \$1.19
TASTER'S CHOICE
FREEZE DRIED COFFEE 2-OZ. \$1.49
SANGA
INSTANT COFFEE..... 4-OZ. \$2.39
MAXWELL HOUSE
COFFEE (ALL GRINDS) \$2.59
LUZIANNE
RT COFFEE 1-LB. BAG \$1.69

SHAWNEE
SELF-RISING
FLOUR
5-LB. 89¢

MERITA
COOKBOOK BREAD
1 1/2-LB. LOAF
2 FOR 99¢

SHEDD'S SPREAD
MARGARINE
1-LB. QUARTERS
3/\$1.00

FOX DELUXE
PIZZAS
Hamburger, Sausage,
Pepperoni,
Combination
89¢ EA.

NO. 1
WHITE POTATOES
20-LB. BAG
\$1.59

HI DRI - JUMBO ASST.
PAPER TOWELS... 69¢
CHATHAM CRUNCHY TEXTURE
DOG FOOD..... 25-LB. \$3.99
CHATHAM CRUNCHY TEXTURE
DOG FOOD..... 50-LB. \$7.79
EMBER'S
CHARCOAL BRIQUETS..... 20-LB. \$3.09
QUAKER STATE
MOTOR OIL..... QT. 99¢