

**Tabernacle Baptist Church  
setting for  
August 25th Wedding**

**Robeson officials begin process  
to obtain final source of assistance  
for March 28 tornado victims**



Patricia Swett Brayboy

Tabernacle Baptist Church was the setting for the 5 p.m. August 25 wedding of Patricia A. Swett and Charles Lee Brayboy. The Rev. Henry Oxendine and Rev. Gribby Locklear officiated.

The bride is the daughter of Mrs. Ramona Swett and the late Mr. Vardell Swett of Route 2, Pembroke, N.C. She graduated from Pembroke Senior High School in 1980 and from Robeson Technical College in 1982.

The groom is the son of Mrs. Pearlie Lee Brayboy and the late Mr. William R. Brayboy of Route 1, Rowland, N.C. He graduated from Pembroke Senior High School in 1971. He is employed by Johns-Manville of Laurinburg, N.C.

The bride wore a long gown of white organza. It had a Queen Anne neckline, Empire waist, and bishop sleeves. The bodice was trimmed with motifs of silk venise lace. The skirt ended in a chapel length train.

Her hat of Victorian was trimmed with a side brim and adorned with silk flowers and a waltz length veil of English illusion. She carried a nosegay bouquet with pink roses and baby's breath.

The matron of honor was Beatrice Maynor of Pembroke, N.C. She wore a long gown of brocade-satin in a Frost Rose color, styled with a sweetheart neckline, tied waist, off shoulder puff sleeves and full circular skirt. She wore a hair band with lace and flowers in her hair and carried fans (lace) with roses and baby's breath with a touch of burgundy ribbon.

Bridesmaids were: Mona Lisa Swett, Glenda Swett, Jeanette Chavis, all of Pembroke; Lora A. Locklear of Fairmont; Annie M. Oxendine of Lumberton; and Anette Oxendine of Rowland.

They wore a long gown of Burgundy styled with a tied waist, off shoulder puff sleeves and full-circular skirt. They wore laced hair bands in their hair and carried fans (lace) with roses and baby's breath with a touch of burgundy ribbon.

The best man was Mr. Jason Lowry of Pembroke, N.C.

The ushers were: Carl A. Oxendine, Kevin Oxendine, Gary Brayboy, Perry Brayboy, William Earl Locklear, all of Rowland; and Greg Allen Locklear of Pembroke.

The groom wore a white tuxedo. The Best Man and ushers wore black suits.

Other members of the wedding party were Chenoa Lynn Maynor, Flower Girl; Daniel Oxendine, Ringbearer; Rebecca Dawn Maynor, Miniature Bride; and Jason Acosta, Miniature Groom.

The wedding reception was held on August 25 in the church fellowship hall. It was hosted by the groom's family.

The rehearsal dinner was held on August 24, at Tabernacle Baptist Church Fellowship Hall. It was hosted by the bride's mother.

After a wedding trip to Myrtle Beach, S.C. the couple will live at Route 1, Rowland, N.C.

Officials in Robeson County have begun the process to obtain a final source of housing assistance for victims of the March 28 tornado. Robeson County, along with nine other eastern North Carolina communities, have submitted applications to the state Department of Natural Resources and Community Development for a portion of \$5 million in Community Development Block Grant funds earmarked for tornado relief activities.

The available monies are a part of the state's regular CDBG allocation for fiscal year 1984 and may be used only after all other sources of assistance, both public and private, are exhausted.

"Although we did not wish to displace other sources of aid, we did see a need for funds to address long-term housing problems resulting from the storms," NRCDC Secretary James A. Summers remarked. "Therefore, we designed the CDBG assistance program to focus on these needs with a primary emphasis on aiding low and

moderate income persons." "Each of the ten applications submitted to NRCDC requests \$5,000 to cover administrative costs of the relief activities. As the unmet housing needs of specific households are determined, the local governments will request additional funding through a streamlined program amendment process," Summers added.

Specific activities to be financed by the block grant dollars include rehabilitation of storm-damaged houses, relocation assistance to persons displaced by the storms, and clearance activities necessary for restoring residential areas.

Any portion of the \$5 million which is not used for relief assistance will revert to the regular CDBG community revitalization category for neighborhood improvements primarily benefiting low and moderate income individuals. According to Summers, NRCDC anticipates that the amount of any reverted funds will be known by the end of October.

**No Salt  
Tablets  
Needed for  
Exercise**

**RALEIGH**--Salt tablets are often taken by people who participate in regular vigorous exercise, especially during the summer months when heat and humidity increase sweating. Besides being unnecessary for proper fluid regulation in your body, salt in the form of salt tablets is highly concentrated. Digesting this high concentration of salt can be hazardous because of its dehydrating effect.

Excess salt may also cause a dangerous rise in blood pressure if your body is salt sensitive. Additional salt to replace salt lost in sweating is rarely needed during an exercise activity. A varied diet usually provides more than enough salt to meet the needs of physical activity. Most individuals consume foods that are seasoned with salt during cooking or from the salt shaker at the table. In addition, salt is present in nearly all foods and is an additive in many processed foods.

If you experience a water loss equal to 5-7 percent of your total body weight, salt replacement may be needed. The best way is to simply add salt to your normal diet.

Cold, plain water is by far the most important nutrient to replace body fluids lost as sweat (before, during and after exercise). As a general guideline, two cups of water should be consumed for every pound lost.

Note: Persons over 40 years old or those who have reason to suspect underlying illness should consult a physician before beginning an exercise program. At any time if severe symptoms arise during or after exercise a physician should be contacted.

**West Robeson Senior High  
Opens for the 1984-85 School Year**

The faculty and staff of West Robeson Senior High School reported to work on August 21, 1984 and will have teacher workdays through August 31st. These days are being utilized for planning, faculty and staff orientation and meetings in preparation for the return of students on September 4, 1984. Orientation for West Robeson students will be as follows:

Tuesday, September 4, 1984--All students 8:15 a.m.-3 p.m. This year the first day (September 4th) will be for all students (grades 10-12) and it will be a full length day with lunch served and school being dismissed at 3 p.m. Buses will be arriving at school by 8:05 and students will be greeted at the buses by faculty members and informed where to report for their individual class orientation. Upperclassmen (11th and 12th graders) will receive their orientation in their homerooms by their homeroom teachers. Sophomores (10th graders) will report to the cafeteria by 8:15 for a special orientation session with their principals, guidance counselors and homeroom teachers. From this assembly sophomores will be assigned homerooms and then proceed to these for further orientation with their homeroom teachers. During homeroom orientation student handbooks and class schedules will be issued all students and policies and other important information will be covered. Sophomores will take a special tour of the West Robeson building with their homeroom teachers and with the assistance of Student Council Members. Students will attend all classes this first day and lunch will be served. Students who plan to ride a bus in 1984-85 should plan to ride the bus the first morning to know the correct bus to ride home that afternoon. All students are asked to be present the first day and to arrive at school on time for your orientation. Attendance for

Sept. 4.  
Cross Country--West Robeson, Reid Ross, Scotland County, and Lumberton at Reid Ross High, Fayetteville.

The Eskimo make and use wooden "eyeglasses" with only narrow slits for eyepeices, to protect their eyes from glare reflected by ice and snow.



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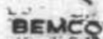
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**SOUTH HOKE REVIEW**

(Formerly South Hoke Jaycee Hut located on Old Maxton Road, 1/4 Mile from South Hoke School)

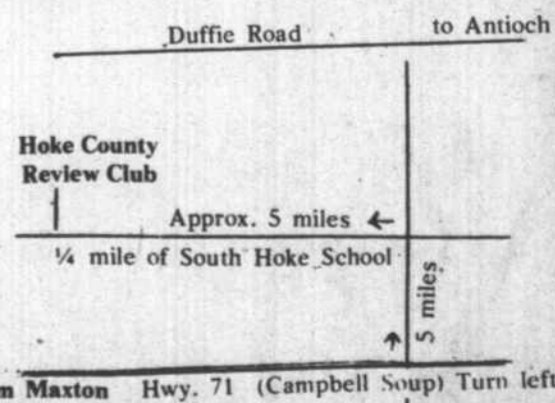
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**Pre-Labor Day Concert**



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- "I Shot the Man"
- "I Want To Be Where You Are"
- "After Loving You"
- "Leaving on the Morning Train"
- "If I Could Love You Forever"



**SATURDAY\* SEPTEMBER 1, 1984**

**Two Big Shows**

1st show.....8-12 p.m.  
2nd Show.....Midnight-4 a.m.

•Also appearing:  
**•Advance Tickets - \$7.00     The Country Steelers and  
Tickets at the Door - \$8.00     Captain Funk**

**For Advance Tickets Call 277-0289 or 843-2198**

•Advance tickets available at the Carolina Indian Voice in Pembroke, and B and F TV and Record Center, Main Street, Maxton, N.C.