

Hills food stores

THE HILLS NEAREST YOU
Union Chapel Road
PEMBROKE, N.C.

Last week more than 300,000 customers shopped Hills/Parkers

WITH 38 stores to serve you, there are a lot of reasons why that many people chose Hills and Parkers over all the others. So if you're not among the 300,000, come in to see us for the finest quality meats, fresh fruits and vegetables and quality staple groceries at the lowest prices... anywhere.



Dewey Hill

24 HOURS: 7:00 A.M. - 10:00 P.M. SEVEN DAYS A WEEK • HILLS WELCOMES USDA FOOD STAMPS • WE RESERVE THE RIGHT TO LIMIT QUANTITIES • PRICES GOOD THROUGH OCTOBER 23

Bounty Paper Towels
JUMBO
1.59¢
LIMIT 3 WITH \$10 MIN. PURCHASE

Citrus Hill Orange Juice
1/2 GAL.
99¢
LIMIT 1 WITH \$10 MIN. PURCHASE

Domino Pure Cane Sugar
5-LB. BAG
89¢
LIMIT 1 WITH \$10 MIN. PURCHASE

Delta Bath Tissue
4 ROLL
2/1.00
LIMIT 2 WITH \$10 MIN. PURCHASE

Purex Detergent
GIANT
89¢
LIMIT 1 WITH \$10 MIN. PURCHASE

Quaker Quick Grits
5-LB. BAG
69¢
LIMIT 1 WITH \$10 MIN. PURCHASE

- Swiss Miss Pudding Pops 12-CT. **1.99**
- French's Idaho Mashed Potatoes 13.8-OZ. **99¢**
- White Cloud Bathroom Tissue 4-ROLL **1.19**
- Sealtest Polar Bars 6-PK. **1.79**
- Idahoan Instant Potatoes 2-LB. **2.49**
- L'eggs Sheer Energy Hose 2's **4.99**
- Cream of Chicken, Chicken & Rice Campbell Soup 1-LB. **2/79¢**
- Zest Soap 4-BAR **1.99**
- Bold Detergent 49-OZ. **1.99**
- Coke, Tab, Sundrop 2-LT. **1.19**

- Hills Grocery Items**
- Peter Pan Creamy or Crunchy Peanut Butter 18-OZ. **1.49**
 - Spic & Span Pine Disinfectant 15-OZ. **99¢**
 - Glad Handle & Tie Trash Bags 10-PK. **1.29**
 - Glad Handle & Tie Garbage Bags 10-PK. **79¢**
 - Quaker Instant Grits 8-OZ. **69¢**
 - Pet Whip Topping 8-OZ. **69¢**
 - Alpo Dog Food 25-LB. **6.29**
 - Ex-Strength Tylenol 50's **2/2.69**

- Luzianne Tea Bags 100-CT. **1.99**
- Minute Maid Orange Juice 12-OZ. **1.29**
- Ore Ida Cheddar Browns 12-OZ. **89¢**
- Sani Flush Tank II Bowl Cleaner EACH **1.09**
- Woolite Liquid Cleaner 16-OZ. **1.49**
- Woolite Rug Cleaner 22-OZ. **2.19**
- Bounce Fabric Softener 40-CT. **1.99**
- Lux or Dove Liquid 22-OZ. **99¢**
- Rinso Detergent GT. **99¢**
- Easy-Off Oven Pad EACH **99¢**

Parkers "Highest Quality" Round Steak
LB. **1.69**
BONELESS FULL CUT

Hot or Mild Jamestown Pure Pork Sausage
1-LB. ROLL **59¢**

Lundy's Tee Pee Sliced Bacon
1-LB. **99¢**

- Hills Finest Meats**
- Parker's "Highest Quality" Chuck Roast BONELESS LB. **1.59**
 - Parker's "Highest Quality" Short Ribs BEEF FAMILY PACK LB. **1.39**
 - Flanders Beef Patties 5-LB. BOX **3.99**
 - Penders "Old Fashioned" Sausage HICKORY SMOKED 10-LB. BOX **11.99**
 - JUMBO Parker's Grill 'Ems LB. **1.19**

- JESSE JONES SPECIALS**
- Roll Sausage HOT OR MILD 14-OZ. **1.59**
 - Franks 12-OZ. **1.19**
 - Sliced Bologna 1-LB. **1.69**
- LUNDY'S SPECIALS**
- Center Cut Pork Chops 5-LBS. OR MORE LB. **1.69**
 - Pork Spareribs 3 DOWN SIZE LB. **1.39**
 - Link Sausage 5-LBS. OR MORE LB. **1.29**
 - Our Economy Brand Bacon Ends & Pieces 3-LB. BOX **1.59**

- Hills Fresh Produce**
- N. C. Grown Fresh Green Cabbage LB. **15¢**
 - Fancy & Crisp Red or Gold Delicious Apples 3-LB. BAG **89¢**
 - Waxed Canadian Fancy Rutabagas 4 LBS. **1.00**
 - Hormel "Super Select" BONELESS Pork Loin Roast LB. **2.69**
2 1/2 - 3 1/2 LB. AVERAGE

Holly Farms Mixed Fryer Parts
LB. **39¢**
U.S.D.A. GRADE A

Extra Fancy Emperor Red Grapes
LB. **69¢**

U.S. No. 1 Clean Baking Potatoes
10-LB. BAG **1.49**

Union Elementary 'Teacher of the Year'



Aaron, who is 9 years old; and Justin Purnell who is 3. Her parents are Mr. and Mrs. Curtis Locklear.

Exemplifying her professionalism and her interest in the current affairs of education, Mrs. Swett is a member of the National Education Association and the N.C. Association of Educators. She is a former member of the Business and Professional Women's Club.

Mrs. Swett has represented the Robeson County Schools by serving on the screening and selection committee for the first North Carolina State Annual Testing Commission; she was appointed by Governor James W. Hunt to a two year term on the N.C. State Annual Testing Commission for the years 1980-1982. Mrs. Swett served on a committee to help with the screening of a spelling and reading series for grades K-8 for the N.C. Textbook Commission. Mrs. Swett is presently serving as the Annual Testing Coordinator at Union Elementary School and is also the Continuing Education Plan (CEP) Coordinator.

The faculty and staff of Union Elementary honored Mrs. Swett with a tea on Wednesday, October 10, in the school cafeteria. A this At this time she was presented a plaque by the staff. Ms. Rose Marie Lowry, principal of Union Elementary presented the plaque to Mrs. Swett.

Serving on the Teacher of the Year Committee at Union Elementary were Ms. Molly Locklear, chairman; Ms. Lynette Dial, and Mrs. Mary MacDonald.

Annette Swett
Congratulations to Mrs. Annette Swett for being selected as Teacher of the Year at Union Elementary School.

Mrs. Swett, wife of Superintendent Swett, has been a member of the faculty at Union Elementary since 1975. She is presently teaching the first grade.

A graduate of Pembroke State University, Mrs. Swett has done graduate work at Western Carolina University in Cullowee, N.C.

Mrs. Swett is a member of Harper's Ferry Baptist Church where she has served as a primary teacher, Primary Department Secretary, Primary Department Director, Vacation Bible School Secretary and teacher.

Mrs. Swett has two children. They are Anthony W. Swett, who works at the Carolina Power and Light Company Southport facility; and Valeria, who is a junior business major at P.S.U.. She also has two grandchildren.

Social Security for Young People

Many people equate Social Security with the elderly and retirement, but the program actually provides benefits for people of all ages. Retirement may seem a long way off in the eyes of young people, but monthly retirement checks are only one of a package of benefits available to anyone who works long enough in Social Security-covered employment.

Disability insurance, for example, is an important feature of the Social Security program for young workers. It provides benefits to workers who are so severely disabled that there is reason to believe they will be unable to return to work for at least a year. In such cases, a worker can start receiving monthly payments after an initial 5-month waiting period. And the benefits are payable at any time before age 65.

These benefits will continue for as long as the person

remains disabled. Moreover, a person who receives disability benefits for 24 months becomes eligible for Medicare, which can help meet the costs of health care.

If a married worker becomes disabled, monthly payments can also be made to the spouse and children. And if the person should die, survivors insurance will help protect the family through the payment of monthly benefits to the children and surviving spouse, if he or she is caring for an eligible child. If there are no children, the surviving spouse can receive payments at age 60 (50 is disabled).

These features are all in addition to the retirement benefits that many people think of as comprising the entire Social Security package. But Social Security is more--much more. Contact your nearest Social Security office for additional information.

U.C.'s Berkeley Campus Offers Indian graduate Opportunities

"I am now a Service Unit Director..." writes a graduate of the University of California, Berkeley's School of Public Health. Another letter from a young woman indicates that she is now director of social services for her tribe only a few years after her graduation from the University's School of Social Welfare.

There are ample opportunities for significant employment at the tribal, community and in urban areas working with Indian programs; it was pointed out by the American Indian Graduate Program's Director, Ms. Elaine Walbroek. Employment in public health includes a variety of careers such as health educators, health planners, administrators of clinics, hospitals and programs, biostatisticians, epidemiologists, biomedical laboratory personnel, and many others.

In social work, the trained professional with a Master's in Social Welfare can be employed in mental health programs, as case workers, as directors and planners of human service programs, as clinicians working with children and families, and with the aged. She may also

ed American Indian college graduates to write to the: American Indian Graduate Program, 140 Warren Hall, University of California, Berkeley, CA 94720, or telephone (415) 642-3228 (collect). Qualifications include: graduation from an accredited college or university with a bachelor's degree and an acceptable grade point average for the last two years of college. The Graduate Record Examination (GRE) is required for both schools and information on the GRE can be secured by calling the program office or inquiring at a nearby college testing service. Applicants should be enrolled members of an American Indian tribe or have other identification as an American Indian or Alaskan Native.

When asked about financial aid, Ms. Walbroek said that the program assists students in securing adequate financial support for their graduate work as well as helping in other areas such as housing, referrals to appropriate agencies, serving as liaison with faculty and the university, as well as helping in finalizing applications.