

By Alta Oxendine

HELMS FOR SENATE?

Like everything else in "REFLECTIONS" this article contains my own personal views-my "reflections" following a serious study of alternatives. No one has told me or asked me to write anything. I just felt that I should do so.

This is one of the most difficult articles I have ever tried to write. At first glance, it may look as though I am going back on my belief in equality-which I've so often expressed here and elsewhere. I can assure you I still believe in equality. Also, I realize that some readers-even some of my friends-may disagree with my conclusions.

During much of the past four years I've been a social work student or a kind of volunteer "social worker." There are many people involved in social work who would be shocked-unable to comprehend-why a person so interested in helping people would vote for a conservative candidate.

But I have tried to consider every available aspect of the situation. I have become convinced that one course of action is-overall-better than the other.

There comes a time when we feel compelled to speak or write-our convictions. We can't always just drift along-just "go with the flow." Sometimes we have to stop and take a stand!

FOOD FOR THOUGHT

This article is about Helms and Hunt. But is much, much more than that.

In fact I've waited for five years-since 1979-to share most of the following thoughts. In the fall of 1979 Jim Hunt was beginning his fourth year as governor of North Carolina. Jesse Helms was beginning his second term as a U.S. Senator from North Carolina. Neither man even crossed my mind.

SEEKING AFTER TRUTH

I am a life-long learner, a seeker after truth. But truth is often hard to find-amidst the complexities of this modern world. I began to be burdened about what I was seeing in Central America-particularly in the country of Nicaragua. (Even before this I had heard reports of the repressing methods carried out by the dictatorship there). "A situation ripe for Communist takeover"-I wanted to say to my readers. Now-five years later-I am finally getting around to sharing my deep concern about the dangers of Communism.

I AM FOR MINORITY GROUPS

To set the record straight, I am for the Indian people. I am for other minority groups. I am, in fact, for every person in this world.

I see each human being as a child of God-in the natural sense-since I believe God began the process of procreation by which each of us has come into this world.

As a Christian I see each human being as having the potential to become a CHILD of God through the new-Spiritual birth-(being born again)-provided by Jesus Christ. As most of my friends already know, I do care about people.

It is because I care so much about people-as individuals-groups-nations-citizens living in this world-that I feel compelled to share some concerns which have long been on my heart.

JIM HUNT & JESSE HELMS

I am not against progress-especially when it makes life better for people who have had a rough time in the past. But I'm not as liberal as most "liberals." Nor am I as conservative as most "ultra-conservatives." I likely stand somewhere between Helms and Hunt.

But these men are human. Neither one is perfect. But I believe Helms is much more his "own man" than Hunt.

Although I happen to be a registered democrat, I do not believe in voting a "straight ticket." I vote for the person, not the party. I have in the past-voted for Hunt as governor.

But now it looks to me as though Hunt will certainly be

under obligation to the labor unions and other liberal groups who have contributed financial support to his campaign. And I question some of the policies of some of these groups. To me the real issue in this election is keeping America free. At least as free as its citizens are at present.

THE DANGERS AND METHODS OF COMMUNISM

As I said, I've been wanting to share my concern about the way Communism seems to be devouring the nations of this world-one by one. And I'm concerned that we keep our country free.

As I understand it, the Communist Party has never been officially recognized in the United States because it advocates the overthrow of the existing government. But there's more than one way to take over a country.

Remember how the Fifth Column brought about the downfall of Italy's government during World War II? And how the same thing happened in South Vietnam-toppling the anti-Communist government there?

I understand that Communist infiltration into places of leadership in this country has been going on for decades. And that many innocent people are being "used" even now-without realizing it.

Since Communism-as practiced today-does not recognize any religion other than worship of the "State," Communist leaders do not have to "go by the rules" as far as our Jewish (Old Testament) and Christian (New Testament) standards are concerned. For the true Communist anything goes! Anything which works! The end always justifies the means.

ONE METHOD WHICH HAS WORKED

One sure way to win Communist converts is to find unhappy people who feel they are being mistreated under their present system of government.

When I was a student at Scarritt College for Christian Workers back in the fifties, a former missionary to China-shared some personal experiences with me. She explained the steps the Communists had used in stirring up poverty-stricken peasants to the point of revolt. The first step was the promise of food and freedom.

She also described how after the Communists had taken over-confessing Christians were persecuted-then killed-some suffering even more than the early Christian martyrs.

But what caused her heart to ache the most was watching so many of the Christian youth with whom she had worked disclaim their faith in Christ as they marched away reluctantly-with their "conquerors" rather than die for their faith.

ARE MINORITY GROUPS BEING "USED"?

I believe-at present-that disillusioned groups in this country-such as minority groups who have often had to struggle harder than others to gain even the necessities of life-are among the prime targets for Communist leaders to use to accomplish their own goals.

It hurts me deeply to see so many members of minority groups suffering in so many different ways. But I do not believe that Communism is the answer.

Members of minority groups must be careful-it seems to me-that they do not make the mistakes of others around the world who have "jumped from the frying pan into the fire." Promises of instant reform sound great. But they may be too good to be true!

BACK TO HUNT & HELMS

Please don't get me wrong! I am not saying that Hunt is for Communism-or that he is not a Christian.

But-even though my views may not always be identical to those of Helms, I do believe he is a sincere Christian. And I know where he stands!

It looks to me as though Hunt's decisions on crucial

PEMBROKE STATE UNIVERSITY

SPORTS

Gary Splitler
Sports Information Director

VOLLEYBALL TEAMS WINS SCHOOL RECORD 30TH

MATCH

PSU's volleyball team celebrated several ways on Wednesday night: recorded the most wins in school history and honored senior Dee Major, retiring her jersey only the eighth athlete to be given that honor.

PSU won their 30th of the season over Catawba 15-4, 15-10 and then won the nightcap 15-12, 15-11 over Columbia College. The Lady Braves ended their season 34-4.

In a ceremony prior to the second PSU match of the evening, Coach Tommy Thompson had the pleasure of announcing the retirement of Dee Major's uniform, No. 12. The all-conference and all-district honoree was elated and awarded a framed uniform which was presented to Mr. and Mrs. Benjamin Major of Fayetteville.

Miss Major, a letterman also in women's basketball at PSU, was a 1981 graduate of E.E. Smith High School in Fayetteville. She is majoring in special education at PSU and hopes to teach and coach following graduation.

During Miss Major's volleyball career at Pembroke State, the Lady Braves have won 92 matches and during her last three years the team is 81-23. In women's basketball where she was all-conference and all-district last season, she has helped lead the team to a 70-17 won-loss record and two Carolinas Conference championships. She currently ranks as the fifth all-time leading scorer in women's basketball history with 1,057 career points.

In volleyball, she has been All-Carolinas Conference two years, all NAIA District 26 and was last season's "Carolinas Conference Volleyball Player of the Year." She is sure to make all conference to be released on Friday and is a NCAA II All American candidate.

Pembroke State retired jerseys are: Men's Basketball-Joe Gallagher; Wrestling-Bob Hudkins; Baseball-Mike Carruthers, Ronnie Collins, Rick Coffin, Ron Norman; Track and Field, Cross Country-Garry Henry; and now Volleyball-Dee Major.

PSU CROSS COUNTRY

As Pembroke State's all-district star Marty Lemons awakens to the hard and heavy sound of raindrops pounding on his window, he gears up for another day of training.

"We are running three to five miles in the mornings, Monday through Friday and about 50 to 70 miles per week at this point in the season. For me, this phase began around the first of July," Lemons explained.

The PSU cross country program helped Lemons to capture all district honors his last two seasons. Lemons took fourth place in the 1984 District 26 cross country meet with a fine time of 26:12.

Coach Larry Rodgers, now in his fourth year, believes that the Braves training philosophy is one that includes progression in development for each athlete. The three phases of the training philosophy include: 1) Persistence yields improvements, 2) Confidence builds success, 3) hard work produces results.

The training season is divided into thirds, according to Coach Rodgers. The first one-third consists of distance running 70 to 100 miles per week. This began in the off-season around the first of July.

issues may be largely determined by those who support his campaign-if he goes to the U.S. Senate.

I can count on Jesse Helms to help in every possible way-toward keeping Communism from taking control of this country.

I want us to keep what freedoms we have.

This is why I plan to vote for Jesse Helms on election day.

The second one-third, about mid-season, the mileage is decreased to 55 to 75 miles per week to concentrate on speed work.

Throughout the season,

weekly training shifts to hard day, easy day basis. "The easy day comes rarely, but it is a reward given to us by Coach Rodgers when we perform well athletically. Our

tough days are, Monday, Wednesday and Thursday," Lemons said.

The term goals set for the PSU harriers in 1984 are to have an athlete receive an excellent education and graduate, have athletes develop their full potential athletically, have an athlete enjoy his experience while at PSU and stress the team concept.



Sapphires are considered good luck stones.

Technology In Our Lives

A pioneer in using computers in a library environment is the National Library of Medicine. Started in 1964, the library's computerized services are now the most extensive scientific bibliographical system in the world.



The library's Medical Literature Analysis and Retrieval System (MEDLARS, in short) has users at 2,200 institutions in the United States and many others in foreign countries. Last year, there were some 2.4 million searches of the data-bases. Some have been involved in dramatic, life-saving situations.

Free Leaflet

Information about the National Library of Medicine, which is the largest health science library in the world, and its computers is available in a free pamphlet. To get one, write to: National Library of Medicine, Room 2S-10, Bethesda, MD 20209.

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	60	5" TV with AM/FM Digital Clock Radio
\$10,000 -	36	5" TV with AM/FM Digital Clock Radio
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	60	13" Color TV
\$12,500 -	36	2" TV with AM/FM Digital Clock Radio
\$19,999	48	13" Color TV
	60	19" Color TV
\$20,000 -	36	19" Color TV
\$24,999	48	Tappan Microwave Oven
	60	8-Hour Video Recorder
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	48	25" Color Console TV
	60	13" Color TV and Tappan Microwave Oven

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