



EXTENSION SCENE

by L. Everette Davis

When we think about sanitation, the first thing that often comes to mind is the conditions in a hospital or an eating establishment. We often take for granted, or don't give any thought to, just how much our daily lives are affected by sanitation conditions around us.

The local Extension Service serves as a source of information and education for the citizens of this county just as in every other county in North Carolina. Many citizens call the Extension Service about problems they are facing with anticipation that we can supply the necessary information to help rid them of the problem. Most often we can provide the information that is needed and make recommendations on the most cost-effective methods of control, but it is interesting that often these problems stem from the fact that simple commonsense sanitation practices are not followed.

Homeowners often find that when roaches or ants become a problem in the house, that there are sources of food and water available for these pests that is not normally noticed. In this case, eradication practices will only be temporary unless these sources of food and water are removed. Many homeowners will vacuum and spray for fleas and temporarily relieve this problem, but they forget to dispose of the vacuum cleaner bag, and the fleas reenter the house or eggs hatch and the problem becomes as bad as ever.

Fire ants, an increasing problem in the county, will often choose a place to start their colony around piles of boards, discarded tires, or even grown-up fence rows and yard borders. Termites often start from scattered wood materials left adjacent to a house or scattered under the house.

Rats, mice, snakes, and lizards will often set up their housekeeping where there is an adequate source of food and a certain amount of protection provided by trash piles, mulch around shrubbery, or extremely thick growth around the house. Moles will cause considerable damage in a lawn, but the only reason they are there is because the insect and grub problem in the soil has been ignored and this offers an excellent food source for the moles.

Agricultural producers are not immune from the need to follow simple sanitation procedures, too. Often weevil infestation in grain bins come from the fact that the bin was not cleaned out properly after last year's grain was removed. Weed, disease, and nematode problems can be transported from one field to another by not properly cleaning the equipment, and equipment can begin to give a lot of unnecessary problems if it is not maintained and stored properly.

The large amount of trash that is deposited along our roadways in the form of litter is an expensive nuisance for all of us as taxpayers. In addition to giving a negative feeling to potential businesses and residents, it takes a tremendous amount of labor to remove this trash from the roadways.

As we think about sanitation, let us also relate to the effect that the lack of proper sanitation has on our personal safety. Anytime we allow our homes, yards, farmsteads, or our public areas to go lacking in the basic sanitation practices, we are leaving ourselves open to a possible increase in accidents.

For our own well-being, as well as the well-being of our fellow citizens, let's all try to become more aware of the conditions around us that can lead to a happier, more productive lifestyle.

PEMBROKE KIWANIS

BY KEN JOHNSON

Dr. Monte Hill, professor of political science at PSU, spoke of the three major problems confronting President Aquino of the Philippines. They are problems acutely associated with economics and deal with the Marcos faction, the Communists and the Moslems. He felt that Pres. Aquino, with her close ties with the US, will be able to work these difficulties out. The Philippines have a population of fifty-four million in a small area.

Dr. Hill also presented to the members brochures of the Centennial Symposium on Local Governments. The symposium will be held on Thursday, October 9.

Sponsored by the Political Science Department and open to the public, the only cost is for the noon luncheon. There will be four panels: 1. Criminal Justice to be held in Moore Hall; 2. Local Industrial Development; 3. The Mass Media and Local Government; and 4. Minorities and Local Government. All panels follow consecutively and all will be in Moore Hall starting at 9 a.m. Speakers are Adelaide Behan, judge, 16th judicial district; Attorney William Britt; Hubert Stone, Sheriff; and Robert Mangum, minister. The Industrial Development speakers are James Daugherty, Converse Shoe Co.; Max Kinlaw, Agriculture Commissioner; Bill Hurley, mayor of Fayetteville; Joe Sandlin, moderator. The Mass Media panel also has

prominent speakers. They are Susan Houston, Dr. Patterson, Charles Gaddy, and Al Kahn. The speakers on the Minorities panel are also well known. They are Dr. Robert Thiele, Dr. Susan Cheek, Dr. Ray Brayboy, Mayor Luther Douglas of Pinehurst and E.B. Turner, moderator.

Visitors were Lt. Governor Lindo Harvell and Lt. Gov. Elect Jay Stemmer. Presiding-Henry Ward Oxendine; song leader-Ray Lowry; invocation-Charles Maynor; Program Chairman-Bob Hersch; Reporter-Ken Johnson.

BY KEN JOHNSON

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Mt. & Bf. Bolo. \$1.79 12 oz.
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Bf. Variety \$2.19 12 oz.
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LOUIS RICH
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Drumsticks \$.99 lb.
Gizzards \$1.29 lb.
Variety Pack \$2.29 12 oz.
Chopped Ham \$1.49 8 oz.
Ham \$1.89 8 oz.
Oven Roasted Breast \$1.89 6 oz.
Chicken Breast \$1.79 6 oz.

CHEF'S PANTRY
Turkey Nuggets \$2.99 lb.
Fried Patties \$1.79 lb.

Intramural Wrestling Program Begins Soon

Intramural wrestling will be offered to anyone interested in learning more about the amateur sport. The program will be open to students in the 7th through 12th grades beginning Tuesday, Sept. 16. The program will be offered every Tuesday and Thursday during the months of September and October. The sessions will begin at 3:45 and finish at 5:15. There will be a \$2.00 charge for each participant for the season. The program will be held at West Robeson Senior High School.

The intramural program is designed to give the individual an opportunity to learn

the rules and the scoring procedures to wrestling as well as learn some take-downs and pinning combinations. After the fifth session, participants will be divided into teams that will compete against each other once a week. At the end of the intramural season there will be a tournament with trophies awarded to the place winners.

The type of wrestling taught in intramurals is Olympic style and not the so called "Professional Wrestling" as seen on T.V. Amateur wrestling is designed to teach a person to control his opponent with a combination of moves and

techniques. The sport is governed by a set of rules and regulations to keep from injuring the opponent. It is one of the few contact sports an individual may learn to overpower his opponent without trying to injure him. It is also one of the fairest sports since you wrestle against a person that is approximately your weight and it is open to people of all sizes from 80 pounds to 290 pounds.

Instructors will be past wrestlers from Pembroke State University and members of the West Robeson Senior High School team.

West Robeson Cross Country News

West Robeson Senior High School has started a new athletic program for women. It is cross country running. They already have a men's team. About 14 girls have shown interest in participating in practices over the last three weeks. There are also two boys working out. They are Anthony Hunt and David Griffin who participated on last year's team.

The girls are led by junior Carol Chavis. She worked out some during the summer and came out in good shape. Coach Bancroft said she is already better than last spring when she ran on the

track team. Behind her is newcomer Mary Brooks. Mary seems to be quite natural in running the distances said the coach. Another individual that has improved a lot is sophomore Dedoria Jefferson who also ran a lot during the summer. Kaye Chavis is presently number four on the team. Kaye, a junior, was West Robeson's best distance runner last spring. She currently holds the school record in the mile in 5:57.0. In the fifth spot is another newcomer Vicky McNeil. Vicky has improved a lot since she started running the distances. Celeste Oxendine, Ge-

nia Hunt and Brenda Pipkin are working hard to fill the other two starting positions. These three girls have never run before. At the present time, the men's and women's teams are still open to new team members. Students in the ninth grade may also participate and no experience is needed. According to Coach Bancroft, the sport is open to anyone that has a desire to do the best they can and that wants to get in shape for another sport or just to run. Practice time is 3:45 to 5:15 Monday through Friday. The season is over the first of November.



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