

EDITORIAL PAGE

EDITORIAL EXPRESSION

CIVIL RIGHTS TAKES A LICKING IN ROBESON COUNTY

...Or the time they sent Grady Chavis home from the water department again

At the most recent meeting of the Robeson County Commissioners, observers were treated once again to another dose of Ol' Robeson County politics. In response to a question from the editor of this newspaper, county manager James Martin admitted that Grady Chavis had been sent home on administrative leave "with pay" while the water department is undergoing reorganization. That makes the second time Chavis has been sent home. The last time the commissioners sent him packing, they had to reinstate him after it was brought to their attention by Commissioner Wyvis Oxendine, and county activists, that they had not followed their own personnel policy. What is Chavis' problem? He resists those who mistreat him.

When challenged, Chavis was reinstated along with Carol Locklear (they had fired her too) with back pay and the same duties, except that he was to report directly to Henry Harris, the county's public works director. Therein is the rub. Harris seemingly reorganized the department without telling Chavis. Chavis was the administrative supervisor to the water department. As I understand it, Chavis' keys were taken from him, and the employees taken from under his supervision. All this took place while Chavis was away on National Guard duty.

It's a sad commentary, and leaves one with the decided impression that civil rights is taking a licking in Robeson County. Chavis has filed a civil rights complaint with EEOC (Equal Employment Opportunities Commission), as has a number of other employees in the water department.

As we see it in these quarters, Chavis and the employees will win their case. Robeson County must shape up, and bring their activities into the 20th Century. No longer can "good old boys" politics prevail. People like Chavis won't take their guff any longer. The sooner the commissioners and county officials find this out, the better off Robeson County will be.

A tip of the hat to Wyvis Oxendine. He has staunchly resisted the shenanigans of his fellow commissioners...so far to little avail. But watch what we tell you: the county will have to eat crow again. People are wising up. The natives can read and write now...and do a little figuring for themselves. The future looks bright.

THE CAROLINA INDIAN VOICE  
P.O. Box 1075 Phone 521-2826  
Pembroke, N. C. 28372  
ISN'T THIS A Beautiful Day!



Reader Responds To "According To God's Word"

To the Editor:  
I have a love and concern for the American Indian and what I have to say is not a reflection against them.  
What I am concerned about is the statement made on the front page of the Indian Voice which said the Indians were celebrating 10,000 years of heritage. I consider this strange since Adam and Eve is not yet 6,000 years old.  
Next I would like to comment on Mr. Brooks' article on sin in the churches.  
When considering sin in the churches we need to consider that there are four points of view:

ing a Christian we are offered love, grace, mercy and forgiveness of sins through the atoning precious blood of Jesus. If we sin after becoming a Christian, the Apostle John says, "We have an advocate with the father, Jesus Christ the Righteous. And that the blood of Jesus Christ will continue to cleanse us from sin. The blood will also cleanse fallen preachers. If repentance and pardon is refused then the church should reject and with hold fellowship."  
A. Edward [Eddie] Hommel  
P.O. Box 1001  
Lakeview, SC 29563

Reader Wonders if Miss PSU Is "Fixed"

To the Editor:  
I have been doing some research at PSU about the Miss PSU Pageant. It seems that the pageant is open to all races and yet only whites have been selected as Miss PSU since 1972. By the way, there have been quite a few good Black and Indian contestants. I'm not saying this is intentional or that the judges are racists, but it sure seems that way. The pageant is not just for whites. Maybe the judges should look at what the person does and not what color she is. We always hear that all pageants are "fixed" but I don't think all of them are. But there is sometimes an unconscious "fix" that needs to be corrected and dealt with.

Katie Wilson  
Pembroke, NC  
Say you read it in...  
THE CAROLINA INDIAN VOICE



DADDY'S BEEN IN THE HOSPITAL SINCE LAST WE COMMUNICATED...

My father, Lew Barton, should be getting out of the Veteran's Hospital in Fayetteville in the next few days.  
Now 68 years old, daddy had a prostate problem and we hope surgery has corrected it. He also has "high sugar" or diabetes, and has limited vision. He is considered legally blind. In spite of all that, daddy still has a good outlook on life and is looking forward to getting home.

I am sure he would appreciate your prayers. He still has a lot of writing to do, I hope.

He taught me to read good books, and I will always be grateful to him for that. I believe the best thing we can do for our children is to teach them how to read, and nurture the life-giving habit.

TEACHING 9TH GRADERS IS A TOUGH JOB... BUT I LOVE IT!

I'm happier that I have ever been. As many of you know, I am teaching civics and geography at South Robeson High School...and I love it! But I'll tell you the truth: teaching ninth graders is one of the toughest jobs I have ever taken on.  
I'm hanging in there though. I am persistent, and I hope that I can make a difference in some of the young lives that I encounter every day.

So, the above in large measure, accounts for the fact that I am behind in some of my correspondence and projects. Be patient with me. If you've written me, I hope to respond in the next few days.  
I'm at the Indian Voice every afternoon, and on Saturdays too. Come by and see me. If you do, you'll meet a happy man. Honest!

spotlight on health

Help For Back Pain  
Are you waking up with a backache? Check your mattress. An old and worn mattress may be courting back pain, according to orthopedic surgeons.



In a nationwide survey, orthopedic surgeons said a quality innerspring mattress and box spring set is important for the prevention of back problems in adults and children. Most physicians recommended a firm to hard innerspring mattress.

"Manufacturers' warranties vary and people differ in the way they put wear on a mattress. A good habit is to check one periodically for sags and lumps, and for any loss of support," says Arthur Grehan, executive director of the American Innerspring Manufacturers (AIM).

"Don't give old and worn mattresses to children or adults. According to the orthopedic specialists, old hand-me-downs could encourage back problems," he adds.

When shopping for a new mattress, test the various models thoroughly. Always buy a mattress and box spring in sets. An old box spring will reduce the life of the new mattress and provide less support.

You're better off spending a little more for better quality, Grehan says. "It's worth it if the mattress can save you a backache."

PSYCHOLOGY

Psychiatrists say that cigarette smoking is the most addictive and dependence-producing form of behavior known to man. Studies show that for most smokers, it seems necessary to quit entirely, in order to stop smoking — cutting down just doesn't work!

Used as an adjunct in quit smoking programs, a prescription chewing gum containing nicotine is helping hundreds of thousands kick the smoking habit. The gum releases small amounts of nicotine into the lining of the mouth reducing withdrawal symptoms.

During the ice ages, the Sahara Desert was a rich grassland.

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The Carolina Indian Voice

Newspaper is Published every Thursday afternoon by

The Carolina Indian Voice, Inc.  
P.O. Box 1075  
Pembroke, N.C. 28372  
Phone (919) 521-2826

Editor.....Bruce Barton  
Associate Editor.....Connie Brayboy  
Office Manager.....Stephanie Locklear  
.....And a host of friends and volunteers.

Subscriptions

1 Year.....\$10(In State)  
1 Year.....\$13(Out of State)

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An Interview on... NERVE PRESSURE

... With Dr. Harvey C. Schultz, Jr. DOCTOR OF CHIROPRACTIC



Dr. Harvey C. Schultz of the Schultz Chiropractic Center, illustrated an important "good healthkeeping" point when he discussed the question: "What is the cause of pins and needles in the hands and arms up to the elbows?"

The point: The diagnosis of a problem and that patient's understanding of it is often as important as the Doctor's treatment.

"This particular person, a man in his fifties, complained of the 'pins and needles' problem. He said he had the condition for about two months," Dr. Schultz said.

While there was a fairly definite idea of the cause of the tingling sensation, he was told that exact diagnosis of his problem was necessary," related the founder the Schultz Chiropractic Center.

"You realize," says Dr. Schultz, "we can't be just 'popping off' when a patient asks a question. We must be able to look him in the eye and give him a firm answer.

In this case the patient was thoroughly examined and found to have a nerve and circulatory problem, with pressure on a nerve the cause. "The pressure wasn't where the sensation occurred, but

was in the neck," said Dr. Schultz. "Of course, you realize that the nerve trunks extend out and down from the spinal column the neck.

"Furthermore, in this individual's case, arthritic changes in the bones were exerting the pressure. Needless to say, the man is being treated for the problem right now and, in his words, 'successfully'."

Dr. Schultz then went on to explain his second point: Patient understanding.

"When a person has, as in this case, the tingling sensation in the arm, it helps," says Dr. Schultz "if he understands some of the contributing factors to his problem.

"Pressure of this nature often develops if he remains in a certain position for a long time. Of course, this would mean the manner in which he lies down to sleep," Explains Dr. Schultz.

"In other words, diet, habit, activity, so many things, can help or hinder a patient's progress or affect the acuteness of a disease. You therefore must have a Doctor's accurate diagnosis and the patient's full understanding of the problem."

FOR FURTHER INFORMATION CALL OR CONTACT  
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