### **FALL POWWOW SCHEDULE**

September 15-16: Lumbee Powwow, at N.C. Indian Cultural Center Site.

September 22-23: Guilford Native American Association Powwow, Greensboro, NC.

September 29-30: Indian Trails Powwow, Indian Trails, NC.

October 6-7: Cumberland County Association for Indian People Powwow, Fayetteville, NC.

October 13-14: Waccamaw-Siouan Powwow, Bolton, NC.

October 27-28: Eastern Carolina Tuscarora Nation Fall Festival, Robeson County, NC.

October 27-28: Meherrin Tribe Powwow, Winton, NC.

For more information, contact Dr. Stan Knick at the Native American Resource Center in Old Main Building on the campus of Pembroke State University, Pembroke, NC 28372, or call (919)521-4214, extension 282.

# Label Offers Key To Consumers' Questions

food additives, according to recent research. "Additives preserve the quality, nutritional value, flavor and appearance of foods that are shipped and stored," says Rachel Kinlaw, extension food specialist at North Carolina State University. She breaks the types of additives

down into basic categories:

- Antioxidants prevent food spoilage or the undesirable change in color or flavor caused by oxygen. They also help keep oils and fats from turning rancid. BHA, BHT, propyl gallate are some of the common antioxidants.

Emulsifiers help keep oil and water from separating. They are used in foods such as salad dressings. Emulsifiers also prevent the ngredients foods with fat, like

Veteran's Post

Consumers are worried about chocolate, from separating. They also improve the texture in baked goods. Lecithin, which comes from soybeans, acts as an emulsifier in foods like chocolate and margarine.

- Nutrients may be added to improve the nutritional quality or to increase the amounts of nutrients which are normally difficult to get in the diet. Iron and calcium are two examples.

- Leavening agents cause baking products to rise.

- Stabilizers and thickeners give foods a smooth texture, thicken beverages, jams, jellies, ica cream and prevent water from freezing into large crystals. Examples include starches, carrageenan, locust bean gum, aga. sodium alginate, gelatin and pec

# by Freddy Groves NEW VA REHABILI-

TATION CENTER: The Department of Veterans Affairs is establishing a new rehabilitation center in Cleveland to conduct research to help victims of spinal cord injury and other disabling conditions to acquire some limited use of their limbs. The VA Center of Excellence in Functional Electrical Stimulation (FES) is a collaborative effort with researchers and health care professionals from the Cleveland VA Medical Center, Case Western Reserve University, and Metro-Health Medical Center.

FES is electrical activation of nerves to stimulate movement of paralyzed muscles. It's one of the therapies used to treat many of the 10,000 or so people disabled by spinal cord injury every year, or who lose the ability to walk or use their hands due to stroke, head injury and other physical problems. For more information on the FES treatment at the Cleveland area rehabilitation center, see your local VA medical center.

SPECIAL MENTION: To American League umpire Larry Barnett for his visits to VA hospitals around the country, and to the Disabled American Veterans (DAV) for sponsoring

## Pet Care

Q. Our eight-year-old dog has been diagnosed by the vet as having heart problems. The vet has suggested a complete cardiac work-up. He says he can then treat the dog once he knows exactly what he's dealing with. We're not sure if it's worth it to put the poor dog through all this. What do you know about this?

A. It is worth it. Cardiac problems in dogs can be controlled, and the prognosis is usually excellent when the problem is detected early. Treatment can include medication, diet and moderate exer-

Q. A friend of mine recently got a cat. She called me the other day to ask me which groomer I use for my cat. I was surprised. I've never taken my cat to be groomed. In fact, I've never even bathed her. Have I been neglecting

A. Personally, we think only show cats should be groomed. As for bathing at home, that's recommended only if your cat has gotten into some dirty mischief. Cats are naturally clean animals and take care of their own grooming. If your friend wants to have her cat groomed, by all means, she should. However, if the cat is simply a house pet, it's totally unnecessary.

## SAY YOU READ IT IN THE CAROLINA INDIAN VOICE

JOB ANNOUNCEMENT POSITIONS: Staff Attorneys (2)-New Bern-Greenville Offices.

PROGRAM BACKGROUND: Pamlico Sound Legal Services (PSLS) is part of the Legal Services of North Carolina Confederation which provides legal services in civil matters to low income residents of ten eastern North Carolina counties. The program's service area is continguous to the Atlantic Ocean. Pitt County, which is served by PSLS, has a major state supported university, East Carolina University in Greenville. PSLS staff consist of six (6) lawyers, two (2) paralegals and six (6) administrative-support staff.

RESPONSIBILITIES: The staff attorneys will work under supervision of the program's managing attorney. They will be responsible for handling a regular caseload, assisting in development and implementation of outreach community education, working with private attorneys through bar association sponsored, "Private Attorney Involvement" panels and developing expertise in specific substantive law areas.

QUALIFICATIONS: Generally, applicants must be licensed to practice in North Carolina or eligible for admission by comity Applicants must be able to relat to individuals of diverse educational, socioeconomic and cultural backgrounds, and evidently sensitivity to the needs and concerns of low income peo-

SALARY: The salary will start at \$20,000 depending on experience. PSLS provides a comprehensive fringe benefits program, including health and life insurance, disability coverage, paid vacation, and other

sick leave, pension and anunity. EQUAL EMPLOYMENT OP-PORTUNITY: PSLS is an Equal Opportunity-Affirmative Action employer. Minorities, women, the elderly and the handicapped

are encouraged to apply.
HOW TO APPLY: Applicants should submit a cover letter stating their interest in working with Pamlico Sounday Legal Services and a resume, along with the names, addresses and telephone numbers of at least three references to:

Willie Dawson, Executive Director, Pamlico Sound Legal Services, 213 Pollock Street, P.O. Box 1167, New Bern, NC 28560.

DEADLINE: Positions will re main open until filled. Please note in your cover letter whethe you prefer to work in New Bern

LEGAL NOTICE State of North Carolina

County of Robeson Notice of Foreclosure Sale Under and by virtue of an order made and entered by the Clerk of Court of Robeson County, North Carolina, and the

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**LEGAL NOTICE** 

Steven Douglas Locklear, Plaintiff,

-28-

Veronica Dale Bryant, Defendant.

TAKE NOTICE that a pleading

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LEGAL NOTICE North Carolina

Robeson County

The undersigned, having qualified as Executor of the Estate of Lystra Oxendine, deceased, late of Robeson County, this is to notify all persons having claims against said estate to present them to the undersigned on or before the 20th day of March, 1990, or this notice will be pleaded in bar of their recovery.

All persons indebted to said estate will please make immediate payment

This the 11th day of September,

Mr. Winford Oxendine Route 1 Box 307 Maxton, NC 28364 LOCKLEAR, JACOBS & SUTTON Attorneys at Law

P.O. Box 999 Pembroke, NC 28372 Telephone: [919]521-3413

10-5

**LEGAL NOTICE** 

North Carolina Robeson County

The undersigned, having qualified as Administrator of the Estate of Willie Foster Hunt, deceased, late of Robeson County, this is to notify all persons having claims against said estate to present them to the undersigned on or before the 20th day of March, 1990, or this notice will be pleaded in bar of their recovery.

All persons indebted to said estate will please make immediate payment to the undersigned.

This the 11th day of September,

Mr. Stacy Hunt Route 3 Box 304 Rowland, NC 28383 LOCKLEAR, JACOBS & SUTTON Attorneys at Law P.O. Box 999 Pembroke, NC 28372

Telephone: [919]521-3413

\*\*\*\*\*\*\*

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per acre-owner financing. \*Shannon-15 Acres

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power of sale contained in a certain deed of trust made by Charles Beasley and wife, Libby Beasley to Donald W. Bullard, Trustee, dated November 5, 1984, and recorded in Book 570, Page 461, Robeson County Registry, the undersigned Trustee will offer fo sale, at the Courthouse door, in Lumberton, North Carolina at 12:00 noon (12:00) o'clock on September 15, 1989 and will sell to the highest bidder, for cash, a dwelling situated on and together with the following real estate in Pembroke Township, Robeson County, North Carolina: In the Town of Pembroke; be-

ing Lot. No. THIRTY-FOUR (34) as shown and designated on map of "Pembroke Park Sub-division" prepared by W.B. Jen-nings Surveyor, dated October 1948, recorded in Book of Official Maps No. SEVEN (7) at Page 122, Robeson County Registry; and being a part of the lands conveyed by Lewis Cummings and wife, Zora G. Cummings, by deed registered in Book of Deeds 11-B at page 321, Robeson County Registry; and being the same lands conveyed by Hayes Locklear and wife, Fodie W. Locklear to Rosa Lee L. Maynor by deed dated September 20, 1952, registered in Book of Deeds 11-E at page 452, Robeson County Registry

This sale is made subject to all taxes, prior liens or encum-brances or record against said property and recorded releases, if

The successful bidder will be required to deposit with the undersigned ten percent (10 percent) of the amount of the bid up to and including One Thousand Dollars (\$1,000.00), plus five percent (5 percent) of any excess over One Thousand Dollars (\$1,000.00) of the bid, and the sale will remain open for ten (10)

days for advanced or raised bids. DONALD W. BULLARD Trustee Donald W. Bullard Attorney at Law

P.O. Box 1182 Pembroke, NC 28372 Telephone: (919) 521-3556

State of North Carolina County of Robeson

as Administratrix CTA of the estate of Robert L. Deese, deceased, late of Robeson County, this is to notify all persons, firms and corporations having claims against said estate to exhibit them to the undersigned on

All persons indebted to said estate are asked to please make immediate payment to the undersigned.

This the 29th day of August, 1989. Dorothy L. Graham, Administratrix, CTA Route 1 Box 278-A

seeking relief against you has been filed in the above entitled action. The nature of the relief being sought is as CHANGE OF CUSTODY. You are required to make

defense to such pleading not later than October 23, 1989, said date being forty (40) days from the first publication of this Notice, and upon your failure to do so the Plaintiff will apply to the Court for relief sought.

This the 8th day of September, CHAVIS & PANSOM By: Kenneth E. Ransom Attorney for Plaintiff Post Office Box 877

Lumberton, NC 28359 Telephone: [919]738-8176

North Carolina Robeson County The undersigned, having qualified as Executor of the Estate of Susie Oxendine, deceased, late of Robeson County, this is to notify all persons having claims against said estate to present them to the undersigned on or before the 20th day of March, 1990, or this notice will be pleaded in

LEGALNOTICE

bar of their recovery. All persons indebted to said estate will please make immediate payment

to the undersigned. This the 12th day of September,

Mr. Alex Strickland, Jr. P.O. Box 322 Pembroke, NC 28372 LOCKLEAR, JACOBS & SUTTON Attorneys at Law P.O. Box 999 Pembroke, NC 28372 Telephone: [919]521-3413

LEGAL NOTICE State of North Carolina County of Robeson

John Chancel Locklear, Deceased The undersigned, having qualified as Administratrix of the Estate of John Chancel Locklear, deceased, late of Robeson County, this is to notify all persons, firms and corporations having claims against said estate to exhibit them to the undersigned on or before the 14th day of March, 1990, or be barred

Notice To Creditors & Debtors Of

All persons indebted to said estate are asked to please make immediate payment to the undersigned. THIS the 12th day of September,

from their recovery.

Kathleen Jones, Administratrix Route 1 Box \$74 Pembroke, NC 28372

10-5. TIS WISE TO *ADVERTISE* 

This the 25th day of August:

Notice To Creditors & Debtors Of Robert L. Deese, Deceased The undersigned, having qualified

or be barred from their recovery.

Rowland, NC 28383

**LEGAL NOTICE** 

or before the 7th day of March, 1990,