

Locklear and Deese Wed at Island Grove Baptist Church



Mrs. Michael Deese

Island Grove Baptist Church in Pembroke was the setting for the 3:30 p.m. Sunday, September 9, wedding of Shirlene Rose Locklear of Maxton and Dr. Michael Deese of Lumberton. The Rev. Larry Locklear and Rv. Robert Mangum officiated.

The bride is the daughter of Mr. and Mrs. Less Norman Locklear, Jr. of Maxton and the granddaughter of Ms. Cattie Locklear of Maxton and the late Mr. and Mrs. Less Norman Locklear of Shannon. She graduated from Prospect High School in 1981 and from Pembroke State University in 1985. She is employed by West Point Pepperell of Lumberton.

The bridegroom is the son of the late Mr. and Mrs. Raymond Deese of Pembroke. He graduated from Prospect High School in 1981 and from Tuskegee University, School of Veterinary Medicine in 1989. He is employed by Baird's Veterinary Hospital.

The bride was given in marriage by her father. She wore a long gown of white satin. It had a lace and pearl neckline, fitted waist, and full length sleeves. The bodice, neckline, sleeves and skirt were trimmed with pearls and lace. The skirt ended in a cathedral-length train.

Her chapel length veil was trimmed with pearls and was held by a bandeau of white flowers and beaded pearls. She carried a bouquet of white silk roses.

The matron of honor was Doris L. Chavis and maid of honor was Cindy Locklear, both of Maxton. They wore tea-length dresses of teal satin styled with a high lace neckline, dropped waist, half-sleeves trimmed in lace and starlit fitted skirt. They carried lighted candles in crystal candle holders trimmed with silk flowers.

Bridesmaids were Angela Oxendine of Greensboro; Lisa B. Leviner and Rita M. Eads, both of Hope Mills; and Trenette O. Deese of Maxton. They were dressed like the

honor attendants in fuschia satin.

The best man was Robert Deese of Maxton. Ushers were Robert E. Deese and Hilton Woodell both of Pembroke; Marcus Deese, John Ashley Deese and Christopher Locklear, all of Maxton; Christopher Oxendine of Greensboro; and Dr. Michael Lowder of Tuskegee, Alabama.

The groom wore a black ducktail tuxedo with white cummerbund and bowtie.

The best man and ushers wore black tuxedos with teal and fuschia cummerbunds and bowties.

Flower girls were Courtney Nicole Chavis, Ashley Marie Locklear and Carmen Paige Deese.

Ringbearer was Jason Corey Deese.

The wedding reception was held on September 9 in the church fellowship hall. It was hosted by the bride's parents.

The rehearsal dinner was held on Saturday, September 8, at Island Grove Baptist Fellowship Hall. It was hosted by Mr. and Mrs. Robert Deese and Mr. and Mrs. Raymond Earl Deese.

After a wedding trip to the Pocomoes, PA the couple will live in Lumberton.

CALCIUM DEFICIENCY MAJOR HEALTH CONCERN

Calcium deficiency is fast-approaching priority status as one of the nation's greatest health concerns. Not only is the average adult diet generally inadequate in this essential mineral, but other factors including lack of exercise, stress, cigarette smoking, excessive alcohol and caffeine also have been associated with decreased calcium levels.

Many physicians and nutritionists, in seeking "new" ways to help patients increase dietary calcium intake, are now recommending TUMS—the effective, safe, sodium-free antacid that relieves acid indigestion and heartburn—as an inexpensive, readily available source of calcium.

The key to this added benefit of TUMS lies in the fact that the same ingredient that makes it work as an antacid, calcium carbonate, also is an excellent source of elemental calcium. In fact, each TUMS tablet contains 500 mg of calcium carbonate (nature's most concentrated form of calcium) and 200 mg of elemental calcium.

Inadequate calcium intake is particularly a problem for women. The daily U.S. Recommended Dietary Allowance of calcium for all adults is 1,000 mg. However, government studies show, that the calcium intake of eight out of 10 American adult women is less than 650 mg per day. Low levels of calcium, combined with factors such as smoking or lack of exercise and decreasing estrogen levels which occur during and after menopause, can lead to serious thinning of the bones, resulting in osteoporosis. It is estimated that one out of every four women over 60 has osteoporosis to some degree.

One of the best ways to ensure an adequate calcium balance is to eat calcium rich foods such as dairy products and leafy green vegetables. Unfortunately, since many people are diet conscious or eat on the run, these foods are frequently omitted from the diet. Therefore, regular intake of a calcium supplement, such as TUMS, may be the best way for people to be sure they're making their adequate daily calcium deposit.

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We need your prayers always. God bless each
and every one of you.

The Carolina Indian Voice
NEWSPAPER

"BUILDING COMMUNICATIVE BRIDGES IN
A TRI-RACIAL SETTING"



With God's Love and Your Help Paul Harris Can Have Another Chance at Life



Paul Harris [shown right] needs your help. Only 25 years old, he is in desperate need of a Heart/Lung Transplant. Paul was born with a Congital Heart Disease. Later in life he was diagnosed with Pseudotruncus Arteriosus which is the most severe form of Congenital Cardiac Defects, which is life threatening. After extensive evaluation, his doctors have decided his only hope for survival is to have a heart/lung transplant.

Paul has medical insurance, but unfortunately his insurance does not cover all the expenses associated with heart/lung transplant. In addition to his insurance coverage he needs \$50,000 which will help to pay for transportation, lodging, food for Paul and his wife Lisa and daughter, Melissa, during hospitalization, follow-up care, anti-rejection medication and necessities (rent, electric bill, food).

Any help and support given to Paul and his family will be very much appreciated. Please make your tax-deductible donations payable to: Children's Transplant Association, FBO-Paul Harris. [This is very important so

that the money will go directly into Paul's account]. Mail your donation to Children's Transplant Association, P.O. Box 1011, Laurinburg, NC 28352, Attn: Paul Harris.

Many events have been planned for the month of September for the Paul Harris Fund.

Flea market which is to be held in Red Springs on Saturday, September 15, beginning at 7 a.m.

•Sock hop which will be held at the Pembroke Jaycee Clubhouse beginning at 7 p.m. until 11 p.m. Price is \$3 per person and ages 12 to 16 years old, September 21.

•Car wash will be held at the Lumbee Bank in Pembroke on Saturday, September 22, beginning at 9 a.m. Price \$5 for wash and vac.

•Softball tournament which will be held on Saturday, Sept. 29 and 30 at the Green Grove Field. Further information please contact Leon Maynor 738-9742 or Ardeen Hunt 738-4681.

•Church Day [Pennies for Paul] which will be held on Sunday, Sept. 30th.