

# WHAT NEXT???

The questions we raised last week about the Rev. Mac Legerton, his wife, Donna Chavis and the Center for Community Action has caused quite a reaction from them. The response has been harsh and mean spirited, but that's alright. We have found that any time you demand accountability, you can expect a great deal of reaction. And again we ask, what do these people fear by following the procedures set forth by the IRS for non-profit corporations? Ms. Chavis has said that had nothing to do with the money raised for the Sandy Chavis defense. She said that she was only advising and that a family member of Sandy Chavis was the person to check with about the money. Well, we took her advice and asked the relative. The relative stated that she had not seen as much as fifty cents, did not know how much was raised or disbursed. She is trying to find out also. She told us that she was trying to get those answers from Mac Legerton

let Richard Mathis address them on the issue of public input into the educational system, they have made some steps that are encouraging. They have agreed to put copies of the budget and minutes of the meetings in county libraries and in each school; and to hold a public hearing on the budget each year during the months before the board considers it.

Mathis is chairman of the Budget Student Group, and he has performed well. He is dealing, of course, with one of our favorite subjects, accountability. And the board is responding, somewhat slowly, in our opinion, but responding to citizens with recommendation indicates that they are serious about our most precious resource-children.

We encourage Mathis and the Budget Study Group to continue to be persistent. Our children are certainly worth the effort.

It appears that our sheriff, Hubert Stone, is not going to say anything aloud relative to the lack of Indian support he received in the primary. We have heard through the grapevine that he said he would not waste his time in Pembroke at the upcoming election. We hope he is sincere....We felt like he had added insult to injury when he not only worked the polls in Pembroke all day in May, but also brought his son, Kevin, to assist him....Maybe he will do that again in November....Kevin is certainly a reminder of the death of Jimmy Earl Cummings and the polling places is, in our opinion, the correct place for him to remind the voters of that death....As if we would forget, anyway.

We will continue to remind our readers that Hubert Stone needs to be defeated... We shudder to think of our county with four more years under the iron-fist of Hubert and his son....We keep waiting for the drug bust that we are sure will come before the election. Here's how that works....The drug task force will arrest about 50 people and then, of course, they will bargain with the accused in exchange for votes....Pretty shallow plan....We encourage our chief law enforcement agency to deal with the problem....Call in the federal boys and the DEA agents and let's crack down on those people who really profit from the drug traffick in our county.... We are convinced that Stone will not accept our encouragement...So we will remind you again....A vote for Hubert Stone is a vote against the future of our county.

It is interesting to note that over the week end several representatives from various funding sources visited the county. Among those meeting with these funding people were Rev. and Mrs. Mac Legerton. On Saturday these people were given a tour of our county. One of the places they visited was the home of Julian Pierce. Our sources, who also toured with them, tell us that Legerton explained at Julian Pierce's house that they had raised and paid an investigator \$33,000 for the Julian Pierce investigation. Legerton, according to our sources, also said that monies were still owing to the investigator....At least he and the investigator agree on that point. Well, what are you going to do about the remaining debt?

Henry Smith, who is chairman of the board of Directors of the Center for Community Action stated that we should put our request in writing. Having written to Mac Legerton on three occasions, we wonder what good one more letter of request would do. However, we will send Mr. Smith a copy of the three previous letters as well as a fourth letter of request. Certainly, we are not expecting to see the budget or audit for CCA by writing a fourth letter, but we will do so anyway. Afterwards, we will go the required step beyond the executive director and the board of directors of CCA to see a copy of this public information.

Board of Education of the Public Schools refused to

# Along The Robeson Trail

By Dr. Stan Knick, Director of the PSU Native American Resource Center

One of the most fascinating elements of traditional culture is that part of people's lives which deals with health: medicine, medical practices, and the beliefs which go along with them. In traditional Native American cultures of the Carolinas, as they existed before European contact, literally hundreds of herbal and other remedies were used to treat all the ills which affected people. Although many individuals had some medical knowledge, most often there were specialists, now called shamens or "medicine men," in whom people put their trust for medical treatments. But what has become of those medicines, practices, and beliefs in the four hundred years since John White lost his colony? Have they disappeared?

In 1986 a report was completed which reveals a part of the answer to these questions. This report was the result of 18 months of research among the Native Americans of Robeson County. One of the things it allows us to do is to look at evidence of the remaining traditional medical practices in this largest Indian community east of the Mississippi River. The parents of 2,048 Native American children in 10 public schools, eight daycare centers, and two Headstart centers responded to questions about, among other things, traditional medical practices and beliefs. Here are some of the results of that research.

"Modern medicine" (as practiced by ordinary physicians) wasn't as popular as you might expect. While 70% of these Native American parents said they thought "modern medicine" is useful, 23% said they have mixed feelings about it, and another 2 percent said it is not useful at all. 87 percent of these Native American parents said they treat family illnesses in the home (either often or occasionally), and only 6 percent said they never treat family illness at home.

To the question "Do you ever seek treatment from a traditional healer?" most parents said no. However, almost 9 percent reported that they had at one time or another been treated by a traditional healer. The only person I know much about in the area who does traditional healing is a man who is always very highly spoken of by everyone I have ever heard mention him. He combines

herbal and other traditional remedies with a strong spiritual faith. From what I hear, more than a few people have been helped by him.

To the question "Do you ever use herbs in self-treatment?" most parents said no. But it is interesting to note that 17 percent of the parents chose not to answer this question. 90 of these Native American parents (5.3 percent) responded that they do sometimes use herbal remedies in treating family illness in the home. The plants which were most often mentioned were: sassafras (used for heart problems and as a blood purifier); aloe (used for burns, wounds & skin irritations); catnip (used for colds, to get babies to sleep, for colic & other stomach problems); sage (used for urinary infections); garlic (used for hypertension or high blood pressure); rabbit tobacco (used for asthma and other respiratory problems); golden rod (used for upper respiratory problems); pine leaves and tops (used for respiratory problems, fever and arthritis); Jerusalem root and seeds (used for intestinal parasites in children); and John-the-worker (used for urinary problems).

It is at the very least an interesting coincidence that sassafras was the most commonly mentioned plant remedy. John Lawson, writing in 1709 about Native Americans in the Carolinas, noted that "the Bark and the Root of the Sassafras Tree I have observed is much used by them."

All of these threads of evidence combine to weave a picture in which Native Americans along the Robeson Trail haven't entirely forgotten the old ways of traditional medicine. The pattern which is revealed shows that although many Native American parents have fully accepted "modern medicine," there are still quite a few who either have retained traditional medical knowledge themselves, or who have retained their belief in traditional ways when practiced by a knowledgeable specialist. Traditional medical practices & beliefs haven't disappeared, but have simply adapted to changing times.

For more information, call or visit the Native American Resource Center in Old Main Building, on the campus of Pembroke State University.

## 4-H Participants Win Awards at County Fair for Pigs and Chickens



Jonathan Dial, left, and James Ray Locklear, right, exhibited their 4-H foster pigs recently at the Robeson County fair.

Participants in the 4-H Foster Pig Program and 4-H Poultry Chain were on hand at the county fair to exhibit their animals. Both animal projects are sponsored by the Robeson County Agricultural Extension Service 4-H Program.

Each spring youth throughout the county are given the opportunity to raise small chicks to maturity with almost 1,200 chicks being distributed this year, says Cathy M. Lowery, Extension agent, 4-H. Participants in the Poultry Chain agree to exhibit one-tenth of their original number at the county fair. This year 127 birds were exhibited and sold to the public with profits for the participants totaling almost \$800.

Judging of the chicks includes the size and quality of the animal and the quality of the record book, states Lowery. Participants keep daily records on the amount of feed, medication, materials, and supplies used to raise the animals.

First through fifth place winners in the poultry contest were: senior division-Thomas Chavis, 1st; Abram Dial, 2nd; April Hammonds, 3rd; Scott Locklear, 4th; and Charles Locklear, 5th; Junior division-Paul Cain, 1st; Shannon Hershberger, 2nd; Cedric Gerald, 3rd; Duckery Collins, 4th; and Adrian Powell, 5th.

Other participants in the 4-H Poultry Chain were: Ryan Barkley, Shaun Barkley, Leechelle Chavis, Keshia

Edwards, Jeff Wood, Willie Campbell, Tommy Locklear, April McCoy, Ebony Moore, Aaron Oxendine, Locoitia Powell, Daniel Green, August Hammonds, Denotia Johnson, Latoya Johnson, Jason Jones, Jody Kinlaw, James Locklear, James Ray Locklear, Lynnerose Locklear, Quinten Locklear and Scott Locklear.

The 4-h Foster Pig Program begins in the summer. Participants travel to a local producer's hog farm to select their "adopted pigs," which weigh approximately 50 pounds. Judging of the Foster Pig Project includes quality of the animal, showmanship, and record books.

Foster pigs, weighing in at fair time between 180 and 250 pounds, were exhibited during the week and sold to Reaves Livestock. Sale of the foster pigs netted participants over \$2,214.

First through fifth, senior division winners in the 4-H Foster Pig contest were: Charlton Alexander, 1st; Steve Harris, 2nd; J.T. Locklear, 3rd; Charles Locklear, Jr., 4th; and Ronald Dial, 5th; junior division-Locoitia Powell, 1st; Lynnerose Locklear, 2nd; James R. Locklear, 3rd; and Jonathan Dial, 4th.

Other participants in the 4-H Foster Pig Program were: Jason Jones, James Herring, Troy Ferguson, Donald murrell, Jerry Lunde, Tyrone Watkins, Greg Collins, and Adrian-London.

Say You Read It In  
THE  
CAROLINA INDIAN VOICE  
To Subscribe Call:  
1919/521-2826

Say you read it in  
The Carolina Indian Voice

**Nature's Remedy**  
for GENTLE, OVERNIGHT RELIEF OF CONSTIPATION

GET FREE GIFTS FROM NATURE'S REMEDY SEE PACKAGE FOR DETAILS

Next time you need a laxative, get relief the Nature's Remedy way. Gently. Overnight. Its natural active ingredients are so dependable you can take Nature's Remedy tonight and feel better tomorrow.

For free 2 dose sample (4 tablets) send name and address to: N.R. Offer, Box 3867, Stamford, CT 06905-0867

**THE WREATH KIT**  
By Rob Pulley

If you've ever seen a beautiful wreath and wished you could make one yourself, now you can. The Wreath Kit is much more than a book! It contains all the materials you need to make your first wreath, and includes The Wreath Book. The acclaimed best-selling guide gives you complete information, in easy-to-follow, step-by-step instructions and beautiful full-color photos, for over 100 projects. And the kit contains all the making of a beautiful dried-flower wreath, including colorful straw flowers, "broom bloom," aromatic eucalyptus, a straw base wrapped in Spanish moss, floral pins, and more. Make any holiday more festive, or personalize a one-of-a-kind gift. Arrange an infinite variety of flowers, herbs, grasses, evergreens—even fruits, vegetables, breads, mementos, jewelry, toys, more. Includes 1 hardcover copy of The Wreath Book, an 8" Spanish moss wreath, 1 bunch "broom bloom," 1 bunch eucalyptus, 9 straw flowers, 10 straw pins, 10 greening pins. 144 pages (all in color), 8 1/2 x 10.

TO ORDER:  
Regular List Price \$35.00; Special American Melody Price \$24.95

Send your name, address, zip code and \$24.95 plus \$2.50 postage and handling to:  
American Melody, 123 South Street, Oyster Bay, NY 11771.  
NY residents add appropriate sales tax. Please print clearly.

**H. Mitchell Baker, III, P.A.**  
ATTORNEY AT LAW

Fighting for victims' rights is what we do... and it's all we do.

- Wrongful Death
- Serious Auto Accidents

No Charge For Reviewing Your Case

1-800-542-2664  
919-739-7518

4804 Fayetteville Rd. Lumberton, N.C.

FAMILY INDEPENDENT PHARMACY  
**OUR BUSINESS IS YOUR HEALTH AND PEACE OF MIND**

Pembroke Drug Center, Odum and W. 3rd, Pembroke, NC. Dial 821-4806

Pharmacist  
**Howard Brooks**

PEMBROKE DRUG CENTER  
Dial 821-4806

**Insights on infertility**  
Thousands of couples today are unable to have children and don't know why. Here are some recently reported possible answers.  
**Caffeine:** One health study found that even moderate caffeine consumption (1 cup of coffee or 2 1/2 cans of soda a day) could lessen the chance of conception by as much as 50%.  
**Body Weight:** Studies indicate that both underweight and overweight childless women will have a poorer-than-normal chance of conceiving. Healthy habits affect your life more than you may realize. Your good health is important.

Read Our  
**WEEKLY PHARMACY EDITORIAL**

Your Pharmacy

**The Carolina Indian Voice**  
Newspaper is Published  
Every Thursday Afternoon By  
**THE CAROLINA INDIAN VOICE, INC.**  
P.O. Box 1075  
Pembroke, N.C. 28372  
Phone (919)521-2826

EDITOR.....Connie Brayboy  
OFFICE MANAGER.....Stephanie D. Locklear  
And Many Friends & Volunteers

**SUBSCRIPTIONS**

1 YEAR.....\$17.00 (In NC)  
1 YEAR.....\$15.00 (Out of NC)

Please Inquire For Advertising Rates  
2nd Class Postage Paid at Pembroke Post Office