

# BUSINESS SERVICE DIRECTORY

Ads Appearing in the Business Service Directory are \$20 Per Month

**NAVY.  
IT'S  
NOT JUST  
A SNUFF,  
IT'S AN  
ADVENTURE.**



Helme Tobacco Company

226 M



JOSH BILLINGS Sex ...



Men are blamed for sticking their nose into things; but it is the only way a dog tracks out his game.

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SAW**  
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All Major Appliance Parts  
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PIT COOKED \* SERVING BUFFET  
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DINNER: THURS.-SAT.  
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## Carolina Indian Voice

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## JOSH BILLINGS Sex ...



Self-made men are most always apt to be a little too proud of the job.

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EFFICIENT  
MANUFACTURED  
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## HAPPENINGS

Try to solve the headline from the given information. If not, unscramble the words below: they are clues to the puzzle. They may be proper nouns. Then place the numbered letters in the corresponding spaces in the headline for additional clues. These are not actual headlines.

July 13, 1984  
Front Page  
Houston Globe

M \_ 5 N \_ \_ L \_ \_ P \_ \_ 1 K \_  
G \_ R \_ 6 \_ \_ I \_ 7 \_  
\_ 3 \_ 2 \_ 4 \_ \_ R \_

CVIE \_ \_ \_ 1 \_ 2  
TRISF \_ 3 \_ \_ 4 \_ \_  
AOMNW \_ \_ 5 \_ \_ 6 \_ 7

Answer:  
GERALDINE FERRARO  
MONDALE PICKS  
Words: spds WOMAN  
VICE; FIRST;

**FOR SNUFF  
THAT'S SWEET  
AS HONEY,  
GIVE  
HONEY BEE  
A TRY.**



Helme Tobacco Company

246 M

## THE TRUTH ABOUT ALLERGIES

When it's spring, summer, or fall, a runny nose, itchy, watery eyes, and sneezing are usually sure signs that you're suffering from an allergy. Don't worry. You're not alone. Millions of Americans experience allergy symptoms every year. While a variety of environmental factors can spark an allergic reaction, some of the most common causes of allergies are pollen, trees, grasses, and molds. An allergy is an abnormal reaction to an ordinarily harmless substance called an allergen. Some typical allergens which cause allergies are pollen, dust, and molds. Allergies develop when a person's immune system overreacts to an allergen, producing an excessive amount of antibodies. These antibodies then react with the allergen and produce an excess of a common chemical compound known as histamine. Histamine causes fluids to build up in the nose and eyes, resulting in the classic allergy symptoms of sneezing, runny nose, and itchy, watery eyes.

Pollen-related allergies—commonly known as hay fever—appear in two cycles. The spring pollen allergy season begins in March, with the onset of tree pollen, and lasts through June, when grass pollens are most prevalent. In the summer, a second hay fever cycle wreaks havoc on allergy sufferers as ragweed pollen levels peak in August and September. Experts recommend staying indoors as much as possible and avoiding outdoor activities like cutting grass or raking leaves to reduce exposure to allergy-causing pollen. Vacationing near the ocean or in the mountains, where pollen counts are generally low, can also help.

Mold and dust allergies know no such seasonal boundaries. Therefore, avoiding exposure to mold or dust allergens is a year-round task. A central air-conditioning and heating system, when used in conjunction with an efficient air cleaning or purifying system, is one of the best ways to cut down on dust or mold buildup in your home.

Taking these simple precautions can help lessen your exposure to the pollens, dust, or molds which cause allergies. If irritating allergies manage to cut-smart all your preventative efforts, a trusted over-the-counter remedy can help you cope with your allergy symptoms. Contac® 12-Hour cold and allergy medicine, for example, contains an antihistamine for your runny nose and watery eyes, plus a decongestant for your stuffed-up head. So, in the event that allergies do strike, you can rest assured that relief is just around the corner at your nearest pharmacy, drug store, or supermarket.

Call 521-2826 and  
subscribe to The  
Carolina Indian Voice.

**BID NOTICE**  
The public schools of Robeson County will receive bids for grass mowing services for the 1991 mowing season at the following schools: Deep Branch School; Fairmont Middle School; Janie C. Hargrave; Lumberton Junior High; Peterson Elementary; Rex Rennett School; Rosenwald Elementary; St. Pauls Elementary; South Robeson High; Tanglewood Elementary; Union Elementary; West Lumberton; Red Springs High; Fairmont High School; Green Grove School; L. Gilbert Carroll Middle, Lumberton Jr. High, Lumberton Sr. High, Peterson Elementary, Proctorville School, Rex-Rennett School, Red Springs Middle School, Rosenwald Elementary, Rowland Norment School, St. Pauls Elementary, St. Pauls High School, South Robeson High, Smiths/Allenton School, Tanglewood Elementary, Townsend Middle, Union Elementary, W.H. Knuckles, West Lumberton, Magnolia High, Red Springs High

Interested parties may secure a bid packet from the office of Dr. Douglas Y. Yongue, Assistant Superintendent for Maintenance/Transportation during the week of April 8th through 12th at the following address: Public Schools of Robeson County Post Office Drawer 2909 Lumberton, North Carolina 28359 919-788-4841

The bid packet contains specifications, conditions, and individual school bid sheets. The deadline for receiving bids will be 3:00 p.m. on April 15, 1991. The Board of Education for the Public Schools of Robeson County reserves the right to reject any and all bids at its discretion.

**LEGAL NOTICE**  
State of North Carolina  
County of Robeson

Notice To Creditors & Debtors Of Ed Locklear, Deceased  
The undersigned, having qualified as Administratrix of the estate of Ed Locklear, deceased, late of Robeson County, this is to notify all persons, firms and corporations having claims against said estate to exhibit them to the undersigned before the 4th day of October, 1991, or be barred from their recovery.

All persons indebted to said estate are asked to please make immediate payment to the undersigned. This the 27th day of March, 1991.  
Emma Lee Locklear, Administratrix  
Route 3 Box 181-C  
Maxton, NC 28564

**LEGAL NOTICE**  
North Carolina  
Robeson County  
The undersigned, having qualified as Executrix of the Estate of Elias Warriax, deceased; late of Robeson County, this is to notify all persons having claims against said estate to present them to the undersigned on or before the 25th day of September, 1991, or this notice will be pleaded in bar of their recovery.  
All persons indebted to said estate will please make immediate payment to the undersigned.  
This the 18th day of March, 1991.  
Mrs. Vida W. Lowery  
P.O. Box 914  
Pembroke, NC 28372  
LOCKLEAR, JACOBS & SUTTON  
Attorneys at Law  
P.O. Box 999  
Pembroke, NC 28372  
Telephone: (919)521-3413

**HOUSE  
FOR SALE**  
In  
Shekah  
Heights  
Subdivision  
CALL:  
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6 room house on Lowry Street with central heat. \$225 plus deposit. Call 521-9006 after 6 p.m.

In Maxton, NC  
**GOLDEN POND  
MANOR APARTMENTS**  
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Pembroke

**Wide Selection of  
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Financing Available

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