

**Pembroke State University**  
OF THE UNIVERSITY OF NORTH CAROLINA

## The Coach's Corner

by Dr. Ken Johnson

### Gold Medal Ethics

The "Selective Ethic" is the real winning attitude displayed by the Olympic Committee in allowing Tonya Harding to compete. Tonya did not use this ethic in preventing the injury to Nancy Kerrigan. She apparently didn't try to stop her so-called friends from injuring Nancy Kerrigan. She must have known about it, this may come out after the games. In the mean time all of this attention will probably put too much pressure on both Tonya and Nancy. It just takes an instant to loose focus on their concentration to mess-up those triple jumps. It will be a miracle if either one of them places in the top three. The "situational ethic" just not caring about Nancy Kerrigan, apparently prompted the criminal action of the four men. The committee showed compassion in allowing Tonya Harding to compete. This is true sportsmanship of the true meaning of the five intertwined Olympic Rings, the binding together of the five continents in friendliness.

You would think the Serbs would use the "Selective Ethic" and try to stop their murderous war on innocent men, women and children in Bosnia. Their don't care situational ethic, should not be tolerated by the U.N. And the "irony" of it all, the Winter Olympics was held in Sarajavo just eight years ago.

## Your Bible And You

By Daniel Davis



How has God shown His love to you this week? Have you stopped to look for the avenues of His love in your life? Perhaps you have been too busy in the rush of daily living to take the time to notice the love of the Creator for you, but it is there none the less. Perhaps you think that there is so much in your life that is beyond hope. No one is beyond hope with Jesus!

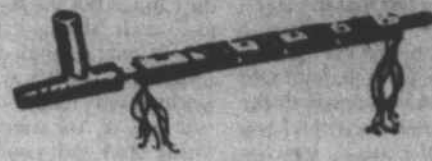
Your Bible tells you about two men who thought they were beyond hope. In fact everyone forms around thought they were beyond all hope. They ran through cemeteries naked and rushed out at passers-by. Townspeople were terrified and intimidated for they were possessed by demons! Look at the story in the eighth chapter of Matthew. They could not be held in any prison or with any chains, yet what happened when they were confronted with the love of God manifested in the being of Jesus Christ!

God's love set them free from the captivity that Satan had them in. The demons began to look for other dwellings immediately. God's Son had not even said a word to them and they were already saying: "Have you come here to torture us?...If you drive us out, send us into the herd of pigs." Can you imagine, Jesus only had to walk near the demons and they knew

they were history! Such is the power of love, when it comes from God!

What demons have plagued you? Perhaps it is the demon of alcohol, perhaps the demon of temper. What demons have you wrestled with and thought you had overcome them only to have them yank your foot out from under you when you least expected it? Have you been possessed by the demon of gossip? It does not matter one bit what demon Satan has used to control your life and make you feel impotent as a Christian. The power of God's love can and will send those demons far from you! Your life can change for the better, but you must let God have His way with you. God will never have your way with you, it must be His way.

Are you tired of broken promises and failed resolutions? Do you want real power in your life? The real meaning of life cannot be found on the television or in some popular book. It is not in exercise or schooling or money. The one thing that will give your life real true meaning is when God's love seeps into your soul and begins to warm your heart from the inside out. When the love of God gets into your heart, nothing can remain the same for long. "For behold, I make all things new!"



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## Health Clipboard

by Robert M. Chavis, PA-C

Da go' tah. ("How's it Going" in Apache). Let's talk some on the Reading Glasses.

People are always asking the question: Is it alright to buy reading glasses from the 5 & 10 store, or nowadays from Walmart and places. Actually, it makes good sense to buy reading glasses, or they might be called magnifying glasses from these kind of stores. Especially if magnification is the only help your eyes need. The reading glasses in these stores do not correct other eye problems. For example, the magnifying glasses or reading glasses will not correct nearsightedness, astigmatism, or other refractive defects of vision.

Most people reaching the age of 45 or older need some kind of reading glasses, even if their far vision is excellent. These people start noticing that the newspaper print is harder and harder to read. They start needing to hold the newspaper further and further away until their arms are just not long enough to hold the paper at the distance needed to read clearly. The medical term for this condition is Presbyopia, which means your eyes are old, getting up in age some. The lens of the eye is the culprit in this case. The lens just is not as flexible as it once was in the younger days. The lens changes shape in order to provide you clear vision close up or at a distance. The lens loses the ability to change shape to accommodate for the close up work of reading. These are the reasons we need reading glasses as we get older. Magnifying glasses all you need to correct this problem. The store reading glasses are just as good as any of the

ones you can receive at the eye doctors. The ones you buy at the store usually cost alot less. Walmart, K-Mart, or what ever store happens to carry these reading glasses, the price is around \$8-\$10. But the eye doctor may charge as much a \$100 or more. If you want the \$100 glasses, that's fine as well.

When you go to pick out the reading glasses at the store, be sure to bring along the newspaper or your favorite book. Use this along with trying out several pairs of glasses to determine which power of glasses are right for you. These reading glasses will have numbers marked on them, usually ranging from 1.00 to 4.00 which is the magnification power of the glasses. The power ranges from low to high were the 1.00 is the lowest and the 4.00 is the highest power.

Please listen to a work of caution, do not disregard the need for eye exams in old age. People 45 and older need to be examined by their eye doctor to rule out eye diseases. Glaucoma testing is needed especially with the 65 and older crowd. Other eye conditions may be causing your eye problem or vision problem. If your eye care specialist examines you and reports that all you need is reading glasses, you can go to the 5 & 10 cent store then.

The valley of the sun is holding true to its name. We are in the 67 to 70 range out here now. But like the desert, it gets cold at night. Sha' ah zah yil' yah (my wife is pregnant). Feletus is now 16 weeks into her pregnancy and we are becoming more and more excited about the baby to come. Thank you and may many blessings be with you.



will also be held in the Chavis Center from 10:30 - 11 a.m., featuring the cheerleaders and introducing the basketball players and baseball players.

**Thursday, Feb. 24:** In all-day activities, "PSU Spirit Day" will be held with everyone encouraged to wear the school colors of gold and black. Offices will be decorated with school colors, and awards will be presented to the top displays. The PSU gameroom in the Chavis Center will give discounts to students with 50 percent off for pool, ping-pong, and bowling. A bonfire is scheduled from 6-8 p.m. on the softball field, featuring the homecoming court and introducing the display winners.

**Friday, Feb. 25:** 9 p.m. to 1 a.m. - Semiformal dance with the theme of "A Whole New World" featuring D.J. Jimmy Jam of Winston-Salem. (admission: \$2 for PSU students with I.D. cards, \$3 for non-students).

**Saturday, Feb. 26:** 11 a.m. - 3 p.m. - PSU Vintage Photo Exhibition at the Chavis Center; 1:30 p.m. - African-American Alumni Program/Reception at the Givens Performing Arts Center; 4 p.m. - 40th Class Reunion of Class of '54 at the Chavis Center; 5 p.m. - Alumni Awards Dinner in Chavis Center with "Outstanding Alumnus" and "Distinguished Service" awards being presented and new members of the PSU Athletic Hall of Fame being inducted (admission: \$15 per person) or \$25 per person for both the dinner and alumni dance which follows; 6 p.m. - Women's basketball vs. USC Spartanburg in Jones Center; 8 p.m. - Men's basketball vs. USC Spartanburg in Jones Center (Homecoming Queen will be crowned during halftime) (admission to games: \$5 per adult, \$2 for students, free for PSU students with ID cards); 9 p.m. - 1 a.m. - Alumni Homecoming Dance featuring "Eve Cornelious" band of Durham (admission: \$15 per person or \$25 per person for both games and dance); 10 p.m. - 1 a.m. - Student Homecoming Dance in the Auxiliary Gym, featuring DJ Beaver Gee and Cutmaster Tee of Laurinburg (admission \$1 for PSU students with I.D. Cards, \$2 for non students). On Saturday, there will be a gameroom for alumni of 50 percent off for pool, ping-pong and bowling.

**Sunday, Feb. 27:** 12 noon - Peach Belt Conference baseball doubleheader with PSU hosting Augusta College of Georgia. (Admission: free).

"Outstanding Alumnus or Alumna Award" and the "Distinguished Service Award". Also inducted will be the newest member of the PSU Athletic Hall of Fame.

Cost for the dinner is \$15 per person. If those attending would like to attend both the dinner and the alumni dance at 9 p.m., the cost will be \$25 per person. If they go only to the dance, the cost is \$15 per person.

Following the dinner, the homecoming spotlight is focused on the two homecoming basketball games with the University of South Carolina at Spartanburg. The PSU women play USC Spartanburg at 6 p.m., followed by the men's game at 8 p.m. The PSU homecoming queen, elected by a campus-wide vote, will be crowned during halftime of the men's game.

Admission to the basketball games is \$5 for adults and \$2 for students. PSU students are admitted free with ID cards.

Following the basketball doubleheader, the Alumni Homecoming Dance will be from 9 p.m. to 1 a.m. in the Chavis Center with "Eve Cornelious," a band from Durham, providing the music.

The students' homecoming dance will start at 10 p.m. in the Auxiliary Gym of the Jones Center. Admission for the student dance is \$1 for PSU students with ID cards and \$2 for non students. Featured will be the DJ Beaver Gee and Cutmaster Tee of Laurinburg.

Prior to the Feb. 26 homecoming date, a week of homecoming activities is scheduled for the campus. A complete list of those follows. For more information about PSU's homecoming, alumni may telephone the PSU Office of Alumni Relations at (919) 521-6213, and students may telephone the PSU Office of Student Activities at 521-6576.

**PSU HOMECOMING WEEK SCHEDULE FEB. 21-26**  
**Monday, Feb. 21:** 8 p.m. - Greg Morton, comedian of Los Angeles, Chavis Center lounge (free).

**Tuesday, Feb. 22:** 8 p.m. - Movie of the Week, "Malice" in Moore Hall Auditorium (free).

**Wednesday, Feb. 23:** 10 a.m. - 4 p.m. - Homecoming Carnival featuring "FunFlicks" of Grand Rapids, Mich. (students make videos of their own lip sync performances and keep a copy of them). Also photo buttons will be made, and a caricature artist will draw pictures. A pep rally

## EXCITING EVENTS PLANNED FOR PEMBROKE STATE'S HOMECOMING FEB. 26

A 40-year class reunion by Pembroke State University's Class of '54 will be among the exciting events planned for PSU's homecoming Saturday, Feb. 26.

"There will be something for everyone," says Glen Burnette, PSU director of alumni relations.

Heading arrangements for the reunion will be Delfon Ray Locklear, and some 30 members of the class are expected back.

"We are expecting a good turnout," said Burnette. "Many students of that class live and work in surrounding communities, and we hope to see each and every one of them at homecoming."

Another special event will be an African-American Alumni Program and Reception, which are being coordinated by Delphine Watson of Martinville, Va., who was a member of the PSU Class of '84 and is a former president of the PSU Student Government Association.

Also scheduled for the third straight year is a PSU Vintage Photo Exhibition, again planned by Kim Thompson, PSU publications coordinator. It will begin Feb. 26 at 11 a.m. in the Chavis Center and continue through March 4. Copies of pictures will be available for purchase. Cost for 5x7 pictures is \$3. Cost for 8x10 pictures is \$5.

With activities like a bonfire, pep rally, homecoming carnival, dances, and discounts on various purchases, the homecoming week at PSU Feb. 21-26 will be buzzing.

Add to this the extra bonus that on Sunday, Feb. 27, the PSU baseball team will host Augusta College of Georgia in a doubleheader beginning at noon on the PSU baseball field with admission free.

"We expect to have our best homecoming yet because of the many activities being planned," said Dr. Diane Jones, PSU assistant vice chancellor for student activities who chaired a recent meeting of the homecoming committee.

The 40-year class reunion of the PSU Class of '54 will be held at 4 p.m. in the lobby area of the Chavis Center. The PSU Alumni Association's Awards Dinner is always a homecoming highlight because of the presentation of the two highest awards given by the association. The

## Cameron's Comment

By Paul Cameron

Remember Ickey Woods, the Cincinnati Bengals runningback who invented the "Ickey Shuffle" celebration dance?

In 1991 Woods was making a respectable \$550,000 running--and dancing--with the pigskin. Today, it's the "Ickey Hustle" if he makes \$1,500 a week selling beef and seafood door-to-door in Ft. Wayne, Indiana. Ickey says he's working four times a week to rehab his knees for another shot at the NFL--but if he doesn't make it, no sweat, he says he'll find something else to do.

The next time someone asks why ball players get paid so much money, just explain how his shuffle one day and dance for your supper the next. What? Pistol Pete not in the LSU Hall of Fame? It seems there's a rule in

Louisiana that says players have to earn their degree before making the hallowed hall. "It's ridiculous," says LSU Athletic Council member Dr. Loren Scott. "Here's Pete who put basketball on the map in Louisiana, whose records in the NCAA will never be broken, we have a building named after him, but we can't put him in the LSU Hall of Fame." Dr. Scott hopes to convince the council to change the rules and allow for exceptions at a meeting on February 28. How's this for coaching support?

Syracuse coach Jim Boehm kidded his guard Lawrence Moten after a narrow win over Saton Hall. "For him to foul out is difficult, when you don't guard anybody most of the time. I guess he got in the wrong place a couple times and bumped into people."

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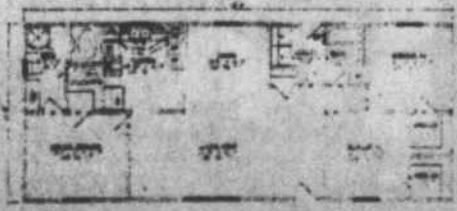
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In Fact, For Many, Our Dr. Frank Worix Is Just That

There's good reason for many in Robeson County to consider Dr. Frank Worix as an old friend. After all, he is a native son. Born and raised here and educated at Pembroke State University. His medical education took him to Duke University for a period of time, but after completing his internship and residency there,

Dr. Worix came back home. Since 1979, he has been in private practice. And since March, he has focused his skills here at Doctor's Urgent Care Centre. Here, he is able to care for friends, family and neighbors when they need him most... whether it's day or night.

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