

The Coach's Corner

REFLECTIONS

by Alta Nye Oxendine

"Education is a Must"
 With schools and colleges just now starting in for the Fall semester it's very important for the potential group-out to make up his mind that he can't get a decent job with out a minimum high school diploma. Most jobs are very competitive to obtain. And my young friend wants to drop out and get a job. I tell him no one can take away your education but they can take away your job. So you should stay in school and make the best of it. Resumes are so important and with all the crimes going on it is so important for a young person to get his education. Keep his nose clean and stay out of trouble. The best way to do this is to stay in school and occupy your leisure time with something positive. School work. You must get a mind set to do this. The years pass too quickly to waste your time really doing nothing. Transportation is needed yes, but where there is a will there is a way if important things are put on the priority list. So you must realize you can't even get into the Army without a high school education.

High schools and colleges should not leave out physical fitness as a requirement for all students not athletics for just the few varsity students but play is a need for all students and the old Philosophy of all work and no play makes Jack a dull boy. is still true.

The total program of both required physical education and athletics is the basic truth for a healthy democracy. PE should be restored to curb violence in schools. The only way administrations can show their students that they love them is to require them to be active in healthy athletics. Not couch potatoes. After all students are your livelihood and the selective ethic should apply, not the situation ethic. KJ

ANNIVERSARY

I'm writing this on August 30, Leon's birthday. Our 35th anniversary has come and gone. It's SO nice to have a couple of "kids" around to keep me from being lonely at such times. On Thursday night we three enjoyed the most DELICIOUS peach yogurt, a positive way to celebrate a bitter-sweet memory.

COLD WAR CRIMINALS

Since WWII there's been a LOT of "to-do" about trying war criminals. Sooner or later, all surviving Nazi leaders were supposed to be punished.

But, what about "Cold War" criminals? Is it okay for them to "get away with murder"? Apparently so, the way they've been welcomed into the international community since the so-called "demise" of Communism.

I always hate to be HARD on people. But it seems ironic to me that we keep finding ourselves in a position where we are COMPELLED to come to the aid of ruthless rulers who have mistreated their own people and apparently, in many cases, set out to deliberately destroy OUR society as well. This seems to be the case with communist Cuba.

The way I see it (at this point) "Chairman Mao" and his "Comrades" secretly set out to hook our soldiers on heroin while they were fighting in Vietnam. And Castro, along with communist "Comrades" like Khrushchev, secretly set out as early as the sixties to get and keep a huge supply of cocaine flowing into the United States, in order to hook our young people, and anyone else they could "snare". Apparently, their purpose was to create all kinds of problems, including an increase in crime, in order to break our society down.

(My current ideas about all of this are based mostly on the book, RED COCAINE--THE DRUGGING OF AMERICA. But there have been many earlier reports of communist manipulation through the use of DRUGS--What a PERFECT way to destroy a nation!

CALLING THE SHOTS

Now, as is usual with communist leaders, Castro is creating a crisis by CALLING THE SHOTS. By AGAIN sending his dissidents to our shores I believe he is doing his best to keep us "over a barrel" in order to get what HE wants, like a let-up in the trade embargo imposed on Cuba over three

CASTRO'S DOWNFALL

Castro's impending downfall has been predicted for some time, at least ever since Gorbachev threatened to cut off aid from Moscow. But how do we know that Castro is really CUT OFF from all other communist countries?

WHAT ABOUT CHINA?

Even if Moscow has stopped subsidizing the Cuban economy, how about China? At this point, with the mixture of capitalism and socialism in its economy; that "hard-line" Chinese Communist government may be in a GREAT position to KEEP Castro hanging on as Cuba's dictator, with a core of devoted followers true to Marx and Lenin. China COULD also be planning to give support to Castro's Latin American "comrades", like the Maoist "Shining Path" (still going strong in Peru). "Marxist" Nicaragua, for YEARS to come.

Here we are, getting ready once again to build more prisons because of an overwhelming crime problem largely related to drugs shipped in from other countries. And here we are, once again, propping Castro and his communist government up by taking care of hundreds of his unhappy constituents. "Checkmate" is being called again. And there seems to be nothing WE can do about it.

Over and over, I am utterly AMAZED by the multitude of ways Lenin and his followers have mastered the use of deception. They seem to be capable of manipulating ANY person, situation or government they choose, often without any outward signs of what is going on, until it is too late.

As usual, I would hate to be in the president's shoes. Let's keep praying that God will give him and his administration (particularly the State Department) wisdom for crucial decisions they face at this time. It could also be that Cuba, China, and North Korea are all ganging up on us, to KEEP our country from stopping their plans, such as a nuclear bomb program for North Korea.

THREE TIMES

Maybe I'll get it right yet! I finally learned that Castro's recent visit to Colombia meant going SOUTH across the Caribbean Sea (NOT west). This, according to our World ATLAS (not almanac). At least, our mistakes can be LEARNING experiences.



The J and O Tae Kwon Do Karate Wolf Pack of Pembroke were winners at Sensi George Denson's E-Force Kamp Karate Systems School in Sanford recently. Shown left to right, front row: Ivan Hernandez, first place; Little Ryan Yanic, first place; Roger Locklear, second place.

Back row, left to right: Misty Henderson, second place; Crystal Henderson, third place; Sensi Instructor, O.J. Henderson and Jonathan Hammonds, first place.

J & O Tae Kwon Do is located on the Union Chapel Road, next door to the Pembroke Rescue Squad.



OU to Sponsor Spirituality Conference

Native Americans and people who work with Native American communities in the United States and Canada are invited to participate in the fourth annual Wellness and Spirituality Conference scheduled Oct. 30 through Nov. 2 in Tucson.

The conference is sponsored by Health Promotion Programs, a unit of the University of Oklahoma College of Continuing Education.

This conference is designed to offer a circle of ideas, healing and strategies for incorporating spirituality into community health programs," said Billy Rogers, conference director.

Workshops to be presented include "Spirituality in Prevention Programs," "Traditional Methods of Healing Ceremonies in Recovery," "Healing With Herbs and Natural Medicines," "Awakening of the Inner Spirit" and "Teaching Spirituality to Youth."

In addition to the workshops, participants can take part in Alcoholics Anonymous meetings, wellness and recreational activities, sweat lodge ceremonies and a powwow.

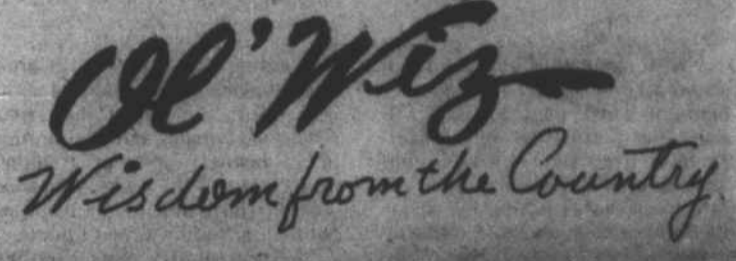
The conference will be held at the Doubletree Hotel, 445 S. Alvernon Way. Individual conference registration is \$175. To register, or for more information, call (405) 325-1790. Write Health Promotion Programs, The University of Oklahoma, 555 E. Constitution, Room 112, Norman, OK 73072-7820.

Chavis Receives Promotion

Waynetiah Lynn Chavis has been promoted to assistant operations officer at Southern National Bank in Lumberton. Ms. Chavis, who joined Southern National in 1989, is the loan processing supervisor for the Commercial Loan Operations Department.

Ms. Chavis is attending Robeson Technical College with the intentions of transferring to PSU for a degree in business management with concentration in Accounting. She is a graduate of Magnolia High School in Lumberton. She is participating in the Lumbee Tribal Government.

Ms. Chavis has one son, Treavor. She is the daughter of Fairles Wayne Jacobs of Prospect and Lynneeth L. and Ronnie Hunt of Red Springs.



Dear Miss Connee,
 I'm glad you were able to vote for their council member and tribal chairman. I believe we got a good tribal council, Miss Connee. As long as we got a good tribal council, we can deal with any tribal chairman that gets out of line. And, if the council can't, the people can. Course, the same applies to that Council. If it gets out of line, the people can bring them back home. That's the way our constitution is written, and it's a good thing.

When these here run-offs are over, Ol' Wiz is going to get out his fishing pole and go fishing. Some of these candidates could have acted a whole lot better than they did, but for the large part, our candidates conducted themselves as honorable men and women. Just to make sure it stays that way, Miss Connee, I think this tribal council ought to pass a tribal law on what will be tolerated and won't be tolerated. Up there in the Congress, they got these rules of ethics. That's something our tribal government might want to take up, just to keep people as honest as they can possibly be. I believe in taking precaution, Miss Connee, just to be on the safe side.

We might have us some young people on this tribal council, and that's a good thing. You always need some young blood, cause they're our future. And, there's some of us older folks on our tribal council. That's good, too. We got us some people who know something about the problems facing our people, and that's a good thing. I figure that they're got a lot of things

on their mind, Miss Connee, and Ol' Wiz is going to help us, they're going down to work.

Next month, our delegates are going to sign our constitution. If the Lord is willing, Ol' Wiz intends to be there to see them do it. They've worked hard for over a year now to get this government on its feet, and I reckon that as soon as these run-offs are over, they're going to be mighty relieved. Ol' Wiz knows they're tired, and we sure owe them a lot, Miss Connee. If we had more people of the calibre of these delegates our world would be a better place.

Ol' Wiz is keeping his eye on our bill. They're telling me that those Senators and Congressmen have closed up shop but will be back in session on September 12. Then, they will shut down in October. I'd sure like to see our bill get through, Miss Connee, and I know Miss Arlinda is doing everything she can do to get it through. But, whether it goes through or not, Ol' Wiz is going to be what he always was, and that's an Indian. But, I'd sure like to see our bill get through. Our people need the help this bill can bring them.

Well, folks have a lot of things on their minds these days. If we didn't have politics in our county and amongst us, we might could settle down and work out these problems. But, that just ain't the nature of the human being. Man is at constant turmoil, if not with himself, than with others. All Ol' Wiz does is talk about it, cause he sure can't do nothing about it.

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Gary W. Locklear
 Tribal Council Member, District 10

...A warm and heartfelt thanks to all the people in District 10 for your support on August 27. As your council member, I will do my best to represent the Lumbee people

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Dial Family Reunion To Be Held

Dial Reunion To Be Held October 1, 1994. All descendants of the late Willie and Rebecca Dial are invited to attend the Dial Reunion at the Bear Swamp Church Fellowship Hall from 1:30 p.m. until 4:00 p.m. Please Bring a covered dish.

Training Class to be Held

The Rape Crisis Center of Robeson County believes that all people, including children, have the right to be free to live without the fear of sexual violence. We also believe that victims of sexual abuse and their non-offending family members deserve support to alleviate the trauma of sexual abuse in their lives. Volunteer opportunities are currently available in a variety of areas and we are recruiting now for our October Training Class. Please call the Rape Crisis Center of Robeson County at 739-6278 if you are interested in helping eliminate sexual violence in our community.



REGISTER FOR FALL QUARTER NOW!

Robeson Community College late registration will be held on Wednesday, August 31, and Thursday, September 1 from 8:30 A.M. - 1:00 P.M. and 4:30 P.M. - 7:00 P.M. Application must be on file prior to registration.



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