

Reflections by Alta Nye Oxendine

As this year's election approaches, let's all try to remember to give our Creator the chance to GUIDE us in voting for those candidates who are best qualified in HIS sight.

Loved Ones- As always, my heart goes out to ALL who have recently lost loved ones. This includes Macy Dial Locklear and her son Brent's two children. I believe Brent lived to be about the same age as Mary Hendrix's son, Ray. Even though both young men had been ill, I'm sure widows like Mary and Macy must be very lonely when their only child is gone.

Let's keep in our prayers families like those, as well as families whose members are out of work, under the control of alcohol and other drugs, etc. Also all newly-weds. I wonder how much difference it would make if couples who marry could start their new life together with plenty of prayer support from family and friends!

David Funderburk and Billy Graham

For years I have admired Billy Graham and the work he has done throughout the world. It was quite a

thrill to attend his crusade in Raleigh during the seventies. Now David Funderburk, of Buies Creek, is running for the House of Representatives. If I could do so, I would vote for David. I've come to call him David, because of the many telephone conversations I've had with him and his wife for the last four or five years. This North Carolina couple lived in Romania in the early 70's while David was a Fulbright scholar studying there. From 1981-85 David and Betty were back in Romania while David was the U.S. Ambassador to Romania. He finally resigned from this position because he could not get the State Department and Vice President Bush to listen to his warnings about supporting the Stalin-like communist government of Nicolae Ceausescu. (It seems that, for decades, our government leaders have been programmed to look at the international situation in only one way, no matter what kind of true facts confront them!)

This blindness has apparently applied to many American religious

leaders as well. A campaign ad for his opponent states that David Funderburk has referred to Billy Graham as being "duped" by communists. I myself believe that Billy Graham and other Christian leaders have been used to give credibility to communist leaders in the "Soviet bloc" who were disliked by the citizens under them.

However, this does not mean that Billy Graham is a communist sympathizer, as I see it, a "dupe" is someone who is used without realizing what is going on. My research has convinced me that religion is an extremely important area for communists of the past and present to "pull the strings." But Christians with a deep love for humanity would naturally be the last to suspect that they are being used.

Single Adult Fellowship

Members of the singles group will be planning their Thanksgiving project at the meeting next Tuesday, November 8, at 7 p.m., First United Methodist Church, Pembroke. Why not join in good fellowship and worth while service?

Health Clipboard

by Robert M. Chavis, P.A.C.



You'd be lucky to find a used car as reliable as your liver. It works hard, takes a lot of abuse and can still bounce back to do its job. The liver is the largest organ inside your body. It converts food into useful chemicals and get rid of harmful poisons. It makes cholesterol and bile and stores extra vitamins, minerals and sugars.

Although the liver has an amazing ability to heal itself, there are diseases that tax even this dependable worker. Hepatitis is a term that means inflammation of the liver, which is present in most liver diseases. Infectious hepatitis is caused by viruses that can be transmitted through contaminated food, water, blood or semen.

Both men and women can get viral hepatitis, but other liver diseases are more common in women or affect them differently. 1. Alcoholic cirrhosis, or scarring of the liver, threatens women earlier than men even when they drink less alcohol. The disease also progresses more rapidly in women, perhaps because of a difference in the way they metabolize alcohol. 2. Gallstones are twice as common in women as in men, particularly before the age of 50. They form when the liver puts too much cholesterol in the bile supply. 3. Prolonged obstruction or other diseases of the liver's bile ducts are also far more common in women of middle age. 4. Autoimmune hepatitis

is a progressive inflammation of the liver of unknown origin; 70 percent of its victims are female. 5. A malfunctioning liver can lead to disturbances of the menstrual cycle, miscarriage and earlier menopause. One sure way to prevent liver disease is to prevent viral hepatitis. Be sure your food and water are safe, particularly when you travel. Consider the hepatitis B vaccine - it is safe and effective. Use alcohol lightly and drink slowly when you do drink. Your liver needs time to process alcohol-give it a rest one or two days a week as well.

Alcohol may have toxic effects when combined with drugs containing acetaminophen. Don't mix them. Wear a mask and/or gloves when you use cleaning or gardening aerosols and chemicals. Poisons that you breathe or get on your skin end up in your liver. Don't share personal items with others. Manicure tools, pierced earrings and toothbrushes can easily become contaminated by infected blood. Bank your own blood ahead of time if you are going to have elective surgery. The blood supply in this country is quite safe, but your own is always safer. The liver suffers in silence, and there are frequently no signs of liver disease until it is well advanced. Blood tests can spot trouble early. Ask your doctor if testing might be appropriate for you.

May Grandfather's Blessing be with you and yours. Robert M. Chavis.

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Porter-Locklear appointed to Educational Commission

Gov. Jim Hunt today appointed ten educators to the North Carolina Commission on Testing. The 17-member commission provides oversight for the state's testing programs and advises the State Board of Education on setting standards for tests and other state testing policy issues.

The commission consists mainly of classroom teachers from all grades, but also includes one principal, one superintendent, and two professional educators from N.C.'s universities or colleges. Members serve a four-year term.

"Education is everything, and I'm convinced that one of the most important things we can do for education is to raise standards and expectations - for schools, students and teachers," Hunt said. "These fine educators can help us in developing tests which challenge our kids and teachers to achieve those high standards."

Freda Porter-Locklear of Pembroke, an assistant professor of math and computer science at Pembroke State University was appointed to the North Carolina Commission on Testing.

The Way I See It

by Dr. Dean Chavers, President
Native American Scholarship Fund
Albuquerque, NM



The Virtues of a Clean Life

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My great-aunt Margaret Lillian Chavers, was one of the best people I have ever known. She was also one of the quietest.

She had a heart of gold. She never married, and lived to be 96 years old. For years she lived at the home place with her bachelor brother, Wardell Jairs. When he died in 1947, Aunt Margaret had Jap Stewart to come room at her house and help with the chores.

My mother was her favorite niece. Probably the reason was that she took care of my mother for extended periods of time when she was little. Grandma and Grandpa lived just across a field and the railroad tracks from her house, and the distance could be walked in two or three minutes.

Grandma was never blessed with excellent health, though she lived to be 88 years old. So when she was young, and having children, she was often in need of help.

She got help, and plenty of it, from Margaret (her name was actually spelled Margaret), and from her other sister, Mattie Cornelia. My mother was the oldest, and spent the most time at Margaret's house of any of Grandma's younguns.



Promises, Promises to be presented

Promise not to miss this musical comedy of executive morals as the Givens Performing Arts Center of Pembroke State University presents the romping Promises, Promises Tuesday, November 22 at 8:00 p.m.

Keeping their promise to entertain, writer Neil Simon, composer Burt Bacharach, and lyricist Hal David created this smash hit musical comedy based on the 1960 film. The Apartment. Chuck, a bumbling middle-level manager at a corporation, discovers that the key to climbing the corporate ladder is right at home. In return for a promotion, Chuck allows his boss to "borrow" his apartment to entertain a woman. Word spreads, and before long Chuck ends up whiling away the hours on a park bench, waiting for his own apartment to be free of the parade of executives and their lady friends. A terrific score and comedy as only Neil Simon can muster made Promises, Promises a two-time Tony award winner. Even the Wall Street Journal calls it "lively and original."

Tickets are \$18-\$14 for adults and \$6 for students and children. Call (910) 521-6361 or 1-800-367-0778 to order tickets or for more information. This production of Promises, Promises is sponsored in part by Wal-Mart.

People used to say Margaret was quair. But she was not, at least to us six children. We thought she was wonderful. She always had a dog and a cat around. We could use her mule and wagon when we needed it. She always had some buttermilk around, and some strawberries, and the biggest fig tree in Pembroke.

She always had a smokehouse full of meat, too. I can remember vividly Mister Jap cutting a piece of ham or shoulder off and giving it to us. We would eat it right out of the smokehouse. The heavy smoke curing meant the meat did not even had to be cooked.

One time Aunt Margaret had a huge bed of strawberries. The year was about 1954, and the strawberries were thick and full that year. She let me pick them, and take them to town to sell them. We got 35c a quart for them. When I took her the money, she would not take it from me. She made me keep it. She knew we needed food at home.

I had very little money in those days, especially in the spring. The only time I saw much money was when Charlie Sampson and Tecumseh Brayboy paid us at the end of tobacco selling season. So that strawberry

money really helped. Aunt Margaret sold eggs to make pin money. She sold them year round for 50c a dozen, no matter what the stores were getting. If the store eggs cost 30c, Miss Margaret sold hers for 50c. If the store eggs were 70c, hers still went for 50c. She only sold them to steady customers, who got them for years from her. I can still see her with her hat on walking into Pembroke to take a few dozen eggs to the white ladies she had as steady customers. She lived her whole life and never owned or drove a car. She walked most of the places she went.

She was too trusting of people. She believed what people told her they owed her. Before she died, she told me how she knew one man had stolen thousands of dollars from her. That still saddens me.

She would give you the shirt off her back. In 1961, after I had gone to college for a year and worked in the tobacco fields of Eastern Carolina for the summer to pay off a loan, I had no money to pay my tuition. I was discussing this with grandma. Margaret went to her room and came back with \$900 cash, which she gave me. That let me go another year to college, with the jobs I got. I will always be grateful to her for that.

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Cameron's Comment

By Paul Cameron

If Nascar won't update their points system to determine a Winston Cup champion, why can't there be a special award to the driver who wins the most races during a season?

I've long felt there should be some incentive for most wins.

Because the point system reflects consistency and not how many trips to victory land a driver makes, Nascar should consider making a special award to go hand in hand with its annual Winston Cup Championship.

Aren't the post season baseball awards ridiculous?

I could see giving Greg Maddux of the Braves his third straight Cy Young Award - he was head and shoulders above the rest of the NL's pitchers - but trying to choose a MVP with the stretch run of the season to come is impossible.

That missing month and a half of the season is where most valuables are made. Somebody carries a team

to the pennant. And that somebody is the MVP in my book.

The NBA sure knows how to get some positive ink.

After hinting all fall there might be a lockout if the players don't come to terms on a new collective bargaining agreement, the NBA pulls a public relations coup by announcing an agreement with players for no lock out and no strike through the season.

If only baseball and hockey was as public relations oriented.

Quote of the week from ECU football coach Steve Logan, who's Pirates are unbeaten playing as homecoming opponents - "since I've been coaching here, I think we have been in 200 homecomings. That's embarrassing. Our goal is not to be anybody's homecoming anymore."

Watch Paul Cameron Weeknights at 5, 5:30, 6 and 11 on WBTV NewsChannel 3.

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Voters of Robeson County

Don't be MISLED by others. My GOALS for the Robeson County Sheriff's Department are CLEAR:

*I want the Sheriff's Department to GROW, to be EFFICIENT, to be EFFECTIVE and to get RESOURCES it needs in a DEMOCRATIC ADMINISTRATION.

*I don't intend to make wholesale firings; instead I will fill vacancies with QUALITY APPLICANTS to ensure fair RACIAL balance within the department.

*I will cause public complaints and inquiries to be handled FAIRLY, QUICKLY and CONSISTENTLY.

*My deputies will be visible officers, working within communities where they are KNOWN and where they KNOW the people.

*My community policing procedures will REDUCE illegal DRUG activities, crime against our PROPERTY and provide a SAFER environment for our ELDERLY.

*As an EXPERIENCED manager, I will manage the resources of the sheriff's department to achieve MAXIMUM PRODUCTIVITY.

North Carolina and Robeson County have DEMOCRATIC ADMINISTRATIONS. As a DEMOCRAT, I will have the support of teh citizens, local political leaders, municipal officials and state officials.

Robeson County needs DEMOCRATIC ties to be competitive in all endeavors.

AS A DEMOCRAT, I CAN GET THE JOB DONE.

VOTE
GLENN MAYNOR
November 8

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Be Positive — Keep Robeson County in Step with the Rest of the State.
NORTH CAROLINA IS DEMOCRATIC KEEP ROBESON COUNTY
DEMOCRATIC VOTE DEMOCRAT ON NOVEMBER 8TH
Paid For By The Robeson County Democratic Party
Wade Sealey, Chairman