

# Editorial and Opinion Page

Oxendine and Paruleski Wed in Wisconsin



Anthony Oxendine of Wixnauke, Wisconsin and Kimberly Paruleski of Green Bay, Wisconsin were married on March 11. The bride is the daughter of Mr. and Mrs. Bernard Paruleski of Green Bay.

The groom is the son of Lawton and Geraldine Oxendine of Milwaukee. They are natives of Robeson County.

The groom's paternal grandparents are the late Moses and Julia C. Oxendine of Pembroke. His maternal grandparents are the late Tommy and Vergie Revels of Red Springs.

After a honeymoon cruise in the Virgin Islands, the couple will reside in Madison, Wisconsin where they both are employed.

## 25th Anniversary of the March of Dimes in Lumberton

Lumberton will celebrate the 25th anniversary of the March of Dimes Walk America on Saturday, April 22, at 9:00 a.m. at Robeson Community College. Individuals, businesses, and industries are urged to form teams to participate in this event and to raise money to combat birth defects and infant mortality. Call Chairman Trudy McLaughlin at 671-5450 at Southeastern Regional Medical Center for more information and to register.

## Along the Robeson Trail

by Dr. Stan Knick, Director  
PSU Native American Resource Center

## Pediatric Pointers

By JOSEPH T. BELL, MD

One of the things that has been obvious in the preventive care of children is that breastfeeding is the best nutrition for an infant. Most moms and dads know that breastfeeding not only helps with the bond between the mom and the child, but also reduces the number of infections the child has during early childhood. One thing you may not be aware of that I read about recently was that breastfeeding can even improve the intelligence of a child.

In a recent medical study I read, approximately 500 children were followed up over a nine year period of time. Approximately 130 of these kids were breastfed and the rest were formula fed. At nine years of age they were all given a test to look at their cognitive skills or their ability to reason. The study concluded that breastfeeding had a beneficial effect on the neurologic development of children. This was thought to be due to the fact that breast milk contains certain fats that are vital in the development of the brain during early childhood that is not commonly present in most milk formulas. Another interesting story that relates to breastfeeding is the fact that researchers have made a link between breastfeeding and a reduced risk of breast cancer in those women who do breastfeed. The study looked at patients who were less than 75 years old who had breast cancer. The results of the study showed an association between breastfeeding and a reduced risk of breast cancer for premenopausal women as compared with the risk of women who have born children but did not breastfeed. The

study also showed that the longer a woman breastfed the lower the risk of breast cancer. All too often we focus only on the benefits of breastfeeding for the infant. This study reminds us that there are benefits for the mother as well.

For those parents who are having children in the near future, remember that breastfeeding is the best method for feeding a young infant. Of course, this is a choice that has to be made by the parents together. Even if an infant breastfeeds for a short period, like for instance 2-3 months, this is better than not having breast milk at all.

That's all on breastfeeding. Hope to see you at the Indian Unity Conference in Fayetteville March 16 - 18 and the UNC Pow Wow on Saturday. See you next week!

Someone asked me recently why a lot of Lumbee people have names that sound like they came from Great Britain. It was a visitor from out of town who evidently had not had much contact with Native Americans and who expected that all Native American people would have names like the ones we see in popular media — you know the ones — with animals and birds and colors in them (i.e., Standing Bear, Blackhawk or Blue Cloud).

I tried to explain that Native people in the East had been in contact with Europeans for so long that quite naturally some of the European names came to be used as Indian names as well. I pointed out that many other eastern Indian groups, such as the Cherokee, Iroquois and Choctaw, also have many European surnames among their people.

But the fact that Great Britain would be the source of many of the well-known Lumbee family names is worth examining. More specifically, many of those family names come from Scotland. Why would that be?

During the 1700s, which is the time when most North Carolina Indians would have their first

opportunity to have their names (or names given to them) written down in tax, census and other records, a flood of Europeans entered the colony. People came from all of Great Britain (England, Scotland, Ireland and Wales) and in much smaller numbers from Germany and France. But about half of all the Europeans who immigrated to North Carolina during the 1700s were Scots.

Between 1734 and 1765 the North Carolina colony had three different governors who were Highland Scots (Gabriel Johnston, Mathew Rowan and Arthur Dobbs). In an effort to attract more Scots to North Carolina, Governor Johnston passed a bill in 1740 which exempted "foreign Protestants from Publick or County taxes" during their first ten years in the colony. Notice of this new law was widely distributed in Johnston's homeland, the Scottish Highlands, and Scottish folks poured into North Carolina seeking a new and better life. A series of draughts, crop failures and political events had made Scotland a much less pleasant place for the Scots clansmen to live, and meanwhile North Carolina was being portrayed as "a New and Goodly Land of

## Workshop Planned for Dream Catchers and Beadwork

A Dream Catcher, Beadwork Workshop will be held March 27, 1995 from 6:30-8:30 p.m. at the Baptist Building, across from PSU. The workshop is sponsored by Four Directions, Inc. and the North Carolina Indian Cultural Center. For more information call JoAnn Locklear (910) 521-2433. The public is invited to attend.

## Locklear, Jacobs, Sutton & Hunt

Attorneys and Counselors at Law  
**ARNOLD LOCKLEAR**

**ARLIE JACOBS**  
**RONNIE SUTTON**

No Charge For Initial Consultation  
**GRADY HUNT**  
**BRIAN K. BROOKS**

521-3413

Pembroke

CAROLINA INDIAN VOICE is published every Thursday by First American Publications 304 Normal St. College Plaza Post Office Box 1075 Pembroke, North Carolina 28372 Phone (910) 521-2826 Fax (910) 521-1975

Connec Brayboy, Editor

Subscriptions  
One year in NC, \$20.00  
Outside NC, \$25.00  
Second Class Postage Paid at Pembroke, NC

To Subscribe

521-2826

**BECK** Serving Robeson County Over 15 Years  
**CHIROPRACTIC CENTER**

Specializing In Auto Accident Injuries Most Insurance Accepted

"APPOINTMENT PLEASE"

OFFICE 739-5751 FREE INITIAL CONSULTATION

EMERGENCY HOME NUMBER DR. WOODROW W. BECK JR. 736-3126

**Locklear, Jacobs, Sutton & Hunt**  
Attorneys and Counselors at Law  
**ARNOLD LOCKLEAR**  
**ARLIE JACOBS**  
**RONNIE SUTTON**  
No Charge For Initial Consultation  
**GRADY HUNT**  
**BRIAN K. BROOKS**  
521-3413  
Pembroke

**OUR BUSINESS IS YOUR HEALTH AND PEACE OF MIND**

Pembroke Drug Center, Odum and N. 3rd, Pembroke, NC Dial 521-6888

**Pharmacist**  
*Howard Brooks*

**PEMBROKE DRUG CENTER**

**First-aid cold packs**  
Modern medical science has developed some wonderful high-tech, lifesaving devices. But for our everyday aches and pains, simple home remedies can often be just what the doctor ordered. Here's a cool idea for pulls and sprains that need cold applied to them immediately to keep swelling down. Instead of fumbling with stubborn ice trays and ice cubes wrapped in dripping towels, use a bag or two of frozen vegetables like corn or peas. They're cold, they're handy, they're sturdy and they can easily be shaped to fit around whatever aches. It's our job to help you feel your best. Come see us!

**call toll free 1-800**

**Friendly Family Pharmacist**  
We Take the Time to Answer Your Questions

*Your Pharmacy*

# College Entrance Exam.

If you've been wondering whether you'll make the grade when you apply for an education loan, then this test should answer all your questions. Simply circle the appropriate numbers and add up the score. If your total is 15 or higher, you'll likely qualify for that education loan, or most any type of UCB loan for that matter. If your score is lower, it means we'll work that much harder to get you the money you need.

So take a minute, take the test, then call or visit any convenient UCB office.

**EXAMPLE:**

One	Two	Three	Four	Five or More	
2	2	3	1	1	2

**QUIZ:**

One	Two	Three	Four	Five or More	
2	2	2	1	1	

**100% Pass**

Under 2 yrs	2-4 yrs	4-6 yrs	6-14 yrs	15 yrs or more	
1	2	3	4	5	

**80% Pass**

Under 2 yrs	2-4 yrs	4-6 yrs	6-14 yrs	15 yrs or more	
1	2	3	4	5	

**60% Pass**

Under 2 yrs	2-4 yrs	4-6 yrs	6-14 yrs	15 yrs or more	
1	2	3	4	5	

**40% Pass**

Under 2 yrs	2-4 yrs	4-6 yrs	6-14 yrs	15 yrs or more	
1	2	3	4	5	

**20% Pass**

Under 2 yrs	2-4 yrs	4-6 yrs	6-14 yrs	15 yrs or more	
1	2	3	4	5	

**0% Pass**

Under 2 yrs	2-4 yrs	4-6 yrs	6-14 yrs	15 yrs or more	
1	2	3	4	5	

**TOTAL SCORE** \_\_\_\_\_

This test is for your information only. It does not necessarily reflect the weight we give to any factors considered in evaluating a loan request such as previous history and your ability to service your monthly obligations. Final loan approval is not guaranteed by any score on this test.

Call Today For More Information 671-6100.

## AISES Conference Planned at Hampton, VA

The American Indian Educational Opportunities Program at Hampton University is hosting a Regional Conference of the American Indian Science and Engineering Society (AISES) at Hampton University in Hampton, Virginia on April 7, 8, & 9. The conference will service Region VIII comprised of Alabama, the District of Columbia, Georgia, Kentucky, Maryland, North Carolina, South Carolina, Tennessee, Virginia, and West Virginia.

Planned activities include Native American speakers, workshops, storytelling and a career fair and pow wow. A limited number of AISES college and university students from region VIII will be sponsored.

For more information contact Michael Price (Regional AISES Student Representative and Hampton University Graduate Student) at 804-596-3087; Paulette F. Molin (Director, American Indian Educational Opportunities Program) at 804-727-5981 (Fax 804-727-5084), or Rafaela Schwan (LARSS Program Coordinator, NASA Langley Research Center) at 804-864-5298.

## Senior Olympics Set

The Senior Olympics of Robeson County will sponsor an Adult Swim Clinic on Thursday, March 30, at the Southeastern Lifestyle Fitness Center, 4895 Fayetteville Rd. from 6:05 p.m. until 8:00 p.m. Clinic includes stroke and turn instruction as well as swimming fitness tips. Cost is \$5. Call John Caliri at 738-5433 for more information.

## Correction

In last week's issue of the Carolina Indian Voice it was reported that Anthony Oxendine's paternal grandparents were the late Tommy and Vergie Revels of Red Springs. Mr. and Mrs. Revels are his maternal grandparents. Our apologies for the error.

The Personal Touch. Easy As UCB.

Text telephone number for the hearing impaired, 1-800-876-6545.

**UNITED CAROLINA BANK**

Equal Housing Lender ©1995 United Carolina Bank

**PROGRESSIVE SAVINGS & LOAN, LTD.**

**\$100**  
MINIMUM BALANCE CHECKING ACCOUNT  
No Service Charge for Checking\*

\* This \$100 Minimum Balance Checking Account Allows You To Write Checks WITHOUT A SERVICE CHARGE As Long As The Balance Does Not Fall Below \$100.00.

If The Balance Does Fall below \$100.00, A \$8.00 Monthly Charge And 30¢ Per Check Is Necessary. This Account Does Not Pay Interest.

DEPOSITS FEDERALLY INSURED TO \$100,000.00  
Substantial Penalty For Early Withdrawal - Rate Subject To Change Without Notice

**PROGRESSIVE SAVINGS & LOAN, LTD.**

308 N. Chestnut Lumberton, NC 738-1478  
4480 Fayetteville Rd. Lumberton, NC 738-1415  
720 Harris Avenue Raeford, NC 875-2488  
410 E. 3rd Street Pembroke, NC 521-1206