

# Locklear and McNeil Health Clip Board to wed December 2

by Robert M. Chavis

Now that the season of giving pets and hunting with pets is upon us, we need to think again about rabies. There is no need to become afraid of rabies with the increase in reports lately. The need for awareness and education is necessary. Raccoons are part of the problem, in the new increase of reports of rabies among unvaccinated pets at home and or wild animals. Raccoons rarely attack people. One report did involve a raccoon attacking a child. Raccoons do attack dogs, cats, and other animals. If a raccoon with rabies bites an unvaccinated pet they may catch rabies. This places the pet's owners at risk of catching rabies if the pet bites and or scratches them. The number of dog and cat deaths has increased due to bites from raccoons infected with rabies. We all know the emotional and monetary loss this can cause a family.

People should not try to pet any wild animals. We should warn children not to pet strange and or wild animals, in particular raccoons. It is great to be in the woods seeing animals first hand in the wild, but these hands do not have to touch the animals.

Take all of your pets to the Veterinarian to see if they require vaccination for rabies. In common terms there are two kinds of rabies sickness you can identify: 1. "Dumb" rabies is when an animal, especially a wild one acts too tame or too tired to

run away from you. 2. "Furious" rabies is the type when the animal (wild or domestic) acts too mean and aggressive towards you. Any unusual behavior shown by animals might be a sign of rabies, such as night time animals out in the daylight or daytime animals that are out at night. Do not let your pets roam around outdoors at night. Take all of your pets to the veterinarian for their rabies shots. The best shot for them is the three year shot. This vaccination last for three years, and can not be given to all age groups of animals. Some of your pets may be too young for the three year shot.

Hopefully you will not be bitten, but if you are bitten or scratched by an animal do these things. Wash the wound with a lot of soap and water as soon as you can. Then you should see your medical provider or go to the nearest emergency department for proper care. A tetanus shot will be given to you if you need one. Most tetanus shots are good for ten years. The medical provider may elect to give you another one if it has been between 5-7 years since your last one. The attack may need to be reported to the local police. Sometimes the facility you go to will report the incident for you, if you have not reported it already. The medical provider may give you an antibiotic to reduce the appearance of infection from other germs.

## Pediatric Pointers

by Dr. Joseph T. Bell  
Pediatrician with Robeson Health Care

One of the things we get concerned about as parents is how often our children have colds continuously, especially through the winter time. The question often asked to me as a pediatrician is "Is my child having too many colds?" What we have to remember is that during infancy and in the preschool years, children average about 7 or 8 colds per year. When you consider that the average cold might last up to seven days, this means as much as 60 days in a year could be spent with cold symptoms and that be normal.

The main reason kids get so many colds is that they are constantly being exposed to new viruses as young infants. There are at least 200 cold viruses in the environment. The younger the child, the more viruses he is being exposed to as the less protection his immune system has against it. Children who attend daycare, nurseries, or preschool are directly exposed to more infections than children who don't. Infants kept in home based daycare rather than large daycare centers tend to have less complications during the first year of life with common colds. Children with older siblings in school also have more indirect exposure to cold viruses. The

older siblings catch colds and then bring them home. Colds are thus more common in large families.

The rate of colds triples in the winter when people spend more time crowded together indoors breathing recirculated air. Smoking in the home increases child's susceptibility to cold and coughs as well as ear infections, sinus infections, croup, whooping, and asthma.

Some parents worry that a child who has frequent colds has some serious underlying disease. Children with immune system diseases tend to get the more serious infections often; like pneumonia, meningitis, sinus infections and skin infections.

Some parents worry that they have in some way neglected their child or done something wrong to cause frequent colds. On the contrary, having a lot of colds is an unavoidable part of growing up. Colds are the on infection we cannot prevent. From a medical stand point colds are an educational experience for your child's immune system.

That is all on colds today. Next week we will talk about dealing with frequent colds. Take care. We will talk again next week.

Helen Oxendine Locklear of Lumberton and Harold McNeill of Roseville, Michigan announce their engagement.

The bride-elect is the daughter of Mrs. Luvenia Dial Oxendine and the late Mr. James H. Oxendine of Lumberton. The prospective groom is the son of Mr. Al McNeill and the late Mrs. Adell Cummings McNeill of Lumberton.

The 11:00 am wedding is planned for December 2 at Saddletree Church of God in Lumberton. A reception will follow at Holiday Inn, Lumberton.

The bride-elect is owner of The Real Estate Exchange, Inc. in Lumberton. The prospective groom is employed by JA Alberici Construction Company. Invitations have been sent.



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Meet at Food Folks, Lost Colony Plaza, Pembroke  
Walk to Pembroke State University. Police escort will be provided.

1:00pm-9:00pm **SOBRIETY POW WOW**  
Free Admission. PSU Auxiliary Gym  
Grand Entry 1:00pm & 7pm

MC Barry & Marry Richardson  
Head Drum Southern Sun  
Head Male Dancer J.D. Moore  
Head Female Dancer Becky Goins  
Arena Director Michael Wilkins

SPECIAL ENTERTAINMENT  
3:00 p.m. Parkview Choir  
6:00 p.m. D.A.R.E. Band

Indian Arts and Crafts as well as Food will be available  
For Trader or Information Booths, contact Michael Wilkins 910-521-8200

All proceeds will be donated to Substance Abuse Programs.

10:00pm **AISES SOBRIETY DANCE**  
PSU Chavis Student Center  
Admission \$2.00 for PSU students \$3.00 for non students

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**QUIZ:**

One	Two	Three	Four	Five or More
2	2	2	1	1

With Parents	Best Furnished	Best Unfurnished	Own Mortgage	Own Cash
1	2	3	4	5

Under 2 yrs.	2-4 yrs.	5-8 yrs.	9-14 yrs.	15 yrs. or more
1	2	3	4	5

\$1,000	\$1,001 - 2,000	\$2,001 - 4,000	\$4,001 - 8,000	Over \$8,000
3	4	5	6	7

Under 2 yrs.	2-3 yrs.	4-6 yrs.	7-10 yrs.	Over 10 yrs.
1	3	4	5	6

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It is not necessary to change your Political Party Affiliation. Every Democrat, Republican, and Independent can VOTE for State Representative Frances McArthur Cummings who still holds the Key to Progress to promote Higher Education, Valuable Leadership, and will always speak, write and revise Laws for Happier, Peaceful, Future Years for you, your family and your friends.

**BE KIND TO YOURSELF**  
November 1996 General Elections  
SHADE the OVAL next to Frances M. Cummings' Name for the NC House of Representatives.  
**LET YOUR CONSCIENCE be Your Voice & Guide.**  
Peace Be Unto You. AMEN.  
Written by: YVONNE MARIA LEOW  
Paid for by Cummings for N.C. House Committee