

THE CAROLINA INDIAN VOICE

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TWENTY-FIVE CENTS

Michael L. Holmes Guest Speaker at Fort Bragg Native American Celebration

Native American Observance Month Observance took place on November 16, 1999 at Ft. Bragg Officers Club. The Honorary Speaker was Rear Admiral Michael L. Holmes of the United States Navy. Rear Admiral Holmes is a Native American Indian born in Lumberton, North Carolina. He attended Pembroke State University in Pembroke, North Carolina, where he graduated in 1972 with a degree in Mathematics.

Rear Admiral Holmes entered the Navy through Aviation Officer Candidates School and was commissioned in December of 1973. He earned his pilot wings in November of 1974 and was subsequently assigned to Patrol Squadron Twenty-Four (VP-24) located in Jacksonville, Florida. He served as the Quality Assurance Officer and Pilot NATOPS Officer and made deployments to Signella, Sicily and Keflavik, Iceland.

He resided in Pearl Harbor, Hawaii with his wife and three sons.

Personnel (BUPERS) as Director. Officer Promotions, Appointments, and Enlisted Advancement. In June of 1992, he was assigned as the Assistant Aviation Commander Detailer within BUPERS. In August of 1993 he reported to the Office of Program Appraisal where he served as Congressional Liaison from the Secretary of the Navy. From September 1995 until August 1997, Rear Admiral Holmes had command of VP-30, the P-3 Fleet Replacement Squadron. He assumed duties as Commander, Patrol Wings, U.S. Pacific Fleet and Commander, Task Force Twelve in November of 1997.

Rear Admiral Holmes awards include the Legion of Merit, Meritorious Unit Commendation (two Awards), the Battle "E" award, and the National Defense Service Medal.

He resides in Pearl Harbor, Hawaii with his wife and three sons.



Barbara Goins is the coordinator and organized Native American Observance Day at the Ft. Bragg Officers Club she is seen standing next to Rear Admiral Holmes at the event.

Hawkeye Indian Cultural Center to Sponsor Pow Wow

The Hawkeye Indian Cultural Center in Hoke County will sponsor "Dancing into the Millennium," the second annual fall pow wow November 27, 1999 at the Cultural Center. Grand entry is at 11 a.m. The Pow Wow this year is being held in honor of the late Julian Pierce, Indian Candidate for Superior Court Judge who was murdered in 1988.

There will be dance competition and prize money will be awarded. There will also be regalia competition, native American drumming, singing and dancing, Indian arts and crafts, native foods and teaching of the old traditions as well as story telling.

Young peoples night at the Cultural Center will be November 11, 1999.

The Pierce Family will be on hand for the pow wow and special guest will be Chief Iron Bear (Harold Collins).

The event is being sponsored in part by the North Carolina Arts Council. Admission is free.

Marrow Transplant Gives Grandfather Second Chance at Life

Minneapolis - Henderson "H.B." Bullard is living life to the fullest. He cradles his first grandchild four years ago. He and wife, Shirley, celebrated their 25th wedding anniversary two years ago. And, in the [past year, H.B. saw his two daughters get married. Today, he is able to enjoy living his life because as volunteer donor listed with the National Marrow Donor Program (NMDP) Registry was willing to give him a second chance at life.

At age 39, H.B. was diagnosed with leukemia. To survive, he would need stem cells to help his body make new, healthy marrow. Stem cells are immature cells that can develop into red blood cells, white blood cells and platelets. The best hope for H.B. was a transplant of healthy stem cells from another individual. H.B. and his family turned to the NMDP Registry. A search of the Registry identified a donor and H.B. received his life-saving transplant in December 1993. Despite complications and partial blindness, his transplant was successful.

During Native American Heritage Month, H.B. and the NMDP are encouraging American Indians and Alaska Natives to help keep the circle strong for future generations by joining the NMDP Registry. "When I was diagnosed with leukemia, there were no plans for tomorrow. My tomorrows were on hold," said H.B. who is a mem-

ber of the Lumbee tribe. "My donor gave me hope for tomorrow."

Because the characteristics that determine whether a donor and patient match are inherited, the most likely match is with a sibling. However, 70 percent of patients do not have family match. They must rely on volunteer marrow and blood stem cell donors. Although it is possible for an American Indian or Alaska Native patient to match a donor from any racial or ethnic group, the most likely match is an American Indian or Alaska Native.

H.B. was fortunate that he found a donor. Before 1990, a Native patient in need of an unrelated transplant had relatively little chance of receiving one. Since those early days, the NMDP has seen significant growth of American Indians and Alaska Natives on the Registry. Through the Keep the Circle Strong national initiative, large numbers of American Indians and Alaska Natives are continuing the circle of life by joining the NMDP Registry. The increase in volunteers from the community has improved the likelihood of identifying a matched potential donor for Native patients. The number of transplants performed for Native patients has doubled since 1995.

"The growth of American Indian/Alaska Native donors in the national Registry reflects the "give away" a value held by all Native people. The giving of self to help

another is a proud part of our cultural heritage. During Native American Heritage Month, we at the NMDP, and the patients we serve, give thanks for all the American Indian/Alaska Native people who have already joined the Registry and for those who are yet to come," said Dolly Leigh Kauley, NMDP outreach coordinator for the Keep the Circle Strong initiative.

Created in 1986, the Minneapolis-based NMDP is a non-profit organization with a network of 350 affiliates. The NMDP facilities unrelated marrow and blood stem cell transplants for patients with life-threatening blood diseases by recruiting donors, maintains a Registry of nearly 4 million volunteer marrows and blood stem cell donors and offers patient services - while also conducting research to further the field of unrelated marrow and blood stem cell transplantation. Currently, 50,345 American Indians and Alaska Natives are registered as potential volunteer donors with the NMDP. More American Indian and Alaska Native volunteer donors are needed, so to hers can have a second chance at life.

You can help by joining the NMDP Registry. For more information about becoming a volunteer donor, call the NMDP at 1-800-MARROW-2 or visit the NMDP on the Internet at www.marow.org.

LSD Commission to Hold First Public Hearing on Tribal Government

The Public Opinion and Communications Committee of the Lumbee Self-Determination Committee has scheduled its first Public Hearing on Tuesday, November 30, at 7:00 p.m. in the South Hoke Elementary School gymnasium. Other Hearings will be scheduled later throughout Lumbee communities.

The purpose of each Hearing is to help determine what type government, if any, the Lumbee People wish to form as their tribal government.

All Hearings will allow the

Lumbee People the opportunity to share their views and opinions about this important issue.

During the hearing a detailed explanation of the objectives of the Lumbee Self-Determination Commission will be given. It will also be explained how important the Lumbee Peoples' opinion is to the process of implementing the objectives of the LSD Commission.

Commission members urge Lumbees to come to the Public Hearing on Tuesday, November 30 and let your voice count in this important matter.

Great Clothes Give-Away in Maxton Dec. 13

Grace Baptist Church and Prospect's Boy Scout Troop 309 will sponsor a clothes give-away on December 11, in conjunction with the Maxton Christmas parade. The clothes will be given to the need at 3 Main Street, Maxton during before, during and following the Christmas Parade. Those in need of clothing are encouraged to visit the location.

Have Safe Holiday

Weinstein criticizes Congress for "abandoning" North Carolina

Raleigh--State Senator David Weinstein, D-Robeson, sharply criticized Congress for its failure to fully fund disaster relief for North Carolina in the federal budget approved Thursday by the U.S. House of Representatives.

"While the ink is not yet dry on the federal budget, one thing is clear," he said. "Congress is a second disaster for North Carolina."

On Thursday, the U.S. House of Representatives approved a \$385 billion budget, which includes \$825 million in disaster aid for North Carolina-closed to \$1 billion less than Gov. Hunt had requested. The U.S. Senate has yet to vote on the final version of the budget.

"In a budget that includes \$15 billion in foreign aid, it is astonish-

ing to me that our federal government can find more money for Russia and other foreign countries than it can for its own people," Weinstein said. "While I know some of North Carolina's congressional representatives worked hard to help our state, I am deeply disappointed that budget leaders in Congress have basically abandoned North Carolina."

With Congress' work on the budget nearly complete, Weinstein said the North Carolina General Assembly will begin preparing for a special session on disaster relief. No specific date for the session has been set.

"North Carolina will do what it can to help the disaster victims," he said. "But our resources are lim-

ited. The federal government is sitting on a \$70 billion surplus, while North Carolina's entire state budget is less than \$13 billion. We simply must have more help from Washington."

He expressed hope that congressional leaders would make good on their promises to provide more assistance to North Carolina early next year. But he said Congress should have acted immediately.

"In 1996, Congress provided Florida with close to \$5 billion in aid 36 days after Hurricane Andrew," he said. "It's taken this Congress close to two months to provide a fraction of that amount for one of the poorest areas in North Carolina. Our people need help now--not next year."

Scotland Memorial Hospital to Showcase Latest Treatment for Arthritis

With millions of Americans suffering from its symptoms, arthritis has become a crippling disease in the United States. Of the many forms of arthritis, osteoarthritis (also called degenerative arthritis) is the most, affecting millions of people in the United States alone. Scotland Orthopedics and Scotland Memorial Hospital will be hosting an open house on Wednesday, December 1, from 11:00 am to 2:00 pm, to showcase treatment procedures and products designed to improve the quality of life for arthritis sufferers.

The physicians of Scotland Orthopedics, along with staff from Scotland Memorial Hospital, will be conducting seminars on the following topics: osteoporosis, surgical management of arthritis, non-surgical management of arthritis, and rehabilitation services (both inpatient and outpatient). These seminars will be held in the mobile learning center, which will be parked in the front parking lot of the hospital, close to Scotland Orthopedics. A selection of the latest orthopedic products available for arthritic treatment will be on display. Drs. Ralph Carter, Phil Holznecht, Paul Rush, and John Smid will be available to answer questions. This open house will be educational in nature and free to the public. Refreshments will be served.

In addition to the seminars on

the mobile learning center, tours of Scotty, Scotland Memorial Hospital's mobile unit and free bone density screenings will be available. Scotty will also be parked in the hospital's front parking lot. No appointment is necessary for free bone density screening.

Dr. Ralph Carters, Orthopedic surgeon with Scotland Orthopedics, stated, "We are excited to be able to provide this open house to our community members. Education is a key factor when dealing with any disease. We hope that the information we can provide through the use of this mobile learning center will be beneficial to many of our residents suffering from arthritis."

Osteoarthritis is essentially the breakdown of cartilage and bone and the wearing out of certain weight-bearing joints resulting from a combination of usage, age, trauma or injury. In some cases nonsurgical treatment may involve rest, exercise, weight control, physical therapy and drug treatment - all under the direction of a knowledgeable physician. If nonsurgical means prove to be ineffective, surgical methods may be the most practical and advisable route for further treatment. The most common surgical method used throughout the world today is arthroplasty or entire joint replacement.

With its knowledgeable staff and innovative treatment techniques, Scotland Memorial Hospital routinely performs joint replacements using implants from the world's largest orthopedic companies. Combined with quality care Scotland County and the surrounding area to remain close to family, friends, and home during the treatment process.

Symptoms experienced by the victims of osteoarthritis prior to treatment include constant or intermittent episodes of pain or discomfort, swelling, stiffness, fever, deformity and loss of function. Although beginnings as minor discomfort, symptoms usually progress to the extent that sleep is disturbed and normal everyday functions become limited.

In most cases, these immobilizing symptoms are not present until after the age of 40, and by 60 years of age most adults have some degree of Osteoarthritis even though they may not be aware of it. With the medical technology available today, it is possible for victims of arthritis to live with the degree of pain normally associated with them.

For additional information regarding the open house, please call the Marketing Department at Scotland Memorial Hospital at 910/291-7550 or Scotland Orthopedics at 910/276-4611.

Hawkeye Indian Cultural Center Awarded \$1,826 From North Carolina Arts Council

Hawkeye Indian Cultural Center in Hoke County has been awarded \$1,826 from N.C. Arts Council for their 2nd Annual Fall Pow Wow November 26 & 27, 1999. On the 26th, a gospel singing will begin at 7:00 p.m. featuring children from the community.

The funding will be used to increase public awareness about the rich Native American Heritage in Hoke County and provide for publicity for the cultural event. As a direct result of the grand award, Native American dance classes have begun weekly at the Center. Dance and Regalia competition prize money will also be paid from the grant award. We expect approximately 700 people in attendance.

"We're eternally grateful for the support of the N.C. Arts Council and the N.C. General Assembly in our community, because without public support, we couldn't pro-

duce the arts programming we do," said Board Chairman, Gwen Locklear.

The N.C. Arts Council awards grant money each year to provide diverse arts experiences for citizens in all 100 counties of North Carolina. In 1999-2000, the Council will distribute more than \$6.6 million in state and federal grant funds to Arts organizations, schools, and other nonprofit organizations that sponsor arts programs. This figure represents a \$2 million increase from General Assembly for this fiscal year.

To be eligible for Council funds, organizations must produce programs of artistic merit that encourage community involvement. Grants require that matching funds be raised the applicant organization.

The Hawkeye Indian Cultural Center is a private, nonprofit organization. It is governed by a board

of directors who are Native Americans and residents of Hoke County. Our mission is to magnify the quality of life through education enhancement, social and economic development and cultural enrichment for all Native American communities of Hoke County.

The N.C. Arts Council was established in 1967 as a division of the N.C. Department of Cultural Resources. Its mission is to enrich the cultural life of the state by nurturing and supporting excellence in the arts and by providing opportunities for every North Carolinian to experience the arts. Through the N.C. Arts Council, the arts reach citizens and visitors in all 100 counties.

FOR additional information about Council programs, please contact Miriam Sauls, communications director, at 919/733-2111, ext.33 or e-mail msaul@ncmail.dcr.state.nc.us.