(Note: This segment was co-authored Duane Champagne and Jay Stauss.)

Five weeks ago we began a series the people. which looks at the history of American Indian Studies at the University of a list of courses offered by the Grande American Indian Studies Department.

AIS 105, Introduction to Cultural involved in cultural growth and change, including the relation between technology, religion, art, literature, language and personality development; emphasis is placed on human ecology and contacts between cultures.

AIS 201, American Indian Cultures - an introductory survey of through the study of film, art, oral and written literature, music and religion.

Indian history from arrival in the Western Hemisphere to the present, with emphasis on inter-tribal and Euro-American relationships, prominent persons, political and economic European culture.

make to the general study of religion; American sites. a survey of the religious traditions and practices of American Indians.

American Indians.

AIS 239, American Indian Education - a study of Indian tribal methods as well as to the present. contemporary federal, state and tribal

through the years."

line is November 3rd.

Banquet and Pageant

ber 9th at the Holiday Inn 1-95 Hotel in Fayetteville.

agency within the Department of Administration.

CCAIP, at (910) 483-8442 or their local Indian organization.

Over 150 Indian senior citizens from across the state are expected to attend the 21st Annual North Carolina Indian senior Citizens conference on Novem-

"This event is the only statewide event held especially for the Indian elders of North Carolina," said Greg Richardson, executive director of the North

Carolina commission of Indian Affairs. "It is an opportunity for our Indian

elders to come together to gain information about resources and services for

older adults, shore experiences, and celebrate the achievements of our people

The keynote speaker for this year's banquet is Dr. Ronny Bell, and epidemi-

ologist with Wake Forest University. Special performances include Jennifer Graham, Miss Waccamaw Siouan Senior Princess and Beth Lowery, Miss

NCNAYO. To honor Indian elders, Governor Mike Easely has issued a proc-

lamation designating the week of November 11-17 as "American Indian Senior Citizens Week". The Master of ceremonies in Reverend Mike Cummings of Pembroke. Following the banquet is the Miss North Carolina Indian Senior

Registration costs for persons aged 55 years and older is \$25.00. All per-

The conference is cosponsored by the NC Indian Senior Citizens Coalition,

United Tribes of North Carolina, the NC Native American Youth Organiza-

tion, private Indian businesses; and the NC commission of Indian affairs, an

parties should contact Darlene Jacobs at (919) 521-0887, or Bonnie Ammons,

If you need registration materials or have additional questions interested

sons other than senior citizens may register for \$35.00. The registration dead-

the last five segments and the next two for elementary and secondary school sampling of surface and sub-surface segments, it will soon be published as teachers. Emphasis is given to aspects materials, excavation and recorda chapter in Native American Studies of Indian history; textbooks and their keeping. (This course does not in Higher Education: Models for treatment of American Indians; Collaboration between Universities contemporary Indian problems; materials.) and Indigenous Nations, edited by American Indian writers; Indian culture and the changing lifestyle of American Indians - this seminar

AIS 324, Indians of Latin America part six of the series, which consists of Indians residing south of the Rio

AIS 325, Indians of the Southeast Anthropology - a survey of the history, culture, interaction and present various processes and conditions condition of the major tribes of the southeastern United States.

AIS 360, History and Culture of the Lumbee - a study of the Lumbee, the largest tribal group east of the Mississippi River. While the focus is primarily historical, all facets of Lumbee culture are treated including the present, including painting, the economic, political and religious American Indian cultural traditions structure of the people as well as and ceremonial arts. artistic and literary accomplishments.

AIS 395, Archaeology in North AIS 210, History of the American Carolina — an approach to the study Indian - a survey of North American of archaeology as a way to learn about human beings. Emphasis is placed on prehistoric Indian cultures of North Carolina, and especially those of Robeson County, homeland of the Lumbee. Topics include: application Indians from prehistoric times into the developments, and adaptation to of archaeology to present day issues; recovery and care of archaeological AIS 213, American Indian materials; stages of Indian Religious Traditions - an prehistory; theoretical, practical and introduction to the contributions which ethical issues which face modern health problems in Indian Families will be contacted by phone American Indian religious traditions archaeologists working with Native communities; and traditional medical and asked to make a pledge Each

AIS 401, Special Topics in American Indian Studies AIS 220, American Indian investigation into selected topics American Indian literature through books, discussions and supplementary texts written, collected or edited by reports. Topics have included: Indian Women, Indian Wars, Indians

AIS 402, Federal Policy and the education policy and practice in the American Indian - a study of federal United States, focusing on traditional Indian policy from the colonial period

AIS 404, Field Methods in Archaeology - field methods and

AIS 302, Workshop in American techniques in archaeology, including will begin at 7 p.m. nightly with a supby Dr. Linda E. Oxendine. Along with Indian Studies — designed especially site reconnaissance, systematic invited to attend.

involve human remains or funerary

AIS 405, Contemporary Issues of examines principal issues of concern to American Indians today. Both a study of the history, culture and national and local in scope, topics North Carolina at Pembroke. This is contemporary achievements of the include: politics; economics; treaty relationships with federal and state governments; education; alcohol and substance abuse; the environment; a thorough examination of the cultural identity and survival; relations with non-Indians; religious freedom; land and water rights; tribal sovereignty and other issues as they

AIS 427, North American Indian Art History — a survey of the range of artistic expression of the North American Indians from prehistory to sculpture, types of habitation, crafts

AIS 450, Seminar in Native American Literature — a study of selected American Indian literature topics

AIS 460, American Indian Health examines nutritional, cultural, demographic and socio-economic Pembroke City Fire aspects of the health of American present, evaluated with a view to lessons for modern Indian health practitioners. Topics include: effects of European contact on Indian health; practices.

AIS 499, Independent Study directed reading and research for advanced students under the guidance equipment. For any additional infor-Literature - an introduction to through the reading of significant of an instructor in a specific area of mation call 1-800-253-2638. They American Indian Studies.

> Next week we will continue looking at the history of American Indian Studies at UNC Pembroke. For more information, visit the Native American Resource Center in historic Old Main Building, on the campus of The University of North Carolina at Pembroke (our Internet address is www.uncp.edu/nativemuseum).

Indian Senior Citizens Poems Sought in Contest from Pembroke Area **Poets**

A \$1,000.00 grand prize is being offered in a new poetry contest sponsored by Celestial Arts, free to everyone. A whopping \$50,000.00 in prizes will be awarded during the coming

"Even if you have never entered a competition before," says Poetry editor Michael Thomas, "this is your opportunity to win big. Even if you have written only one poem it de-serves to be read and appreciated. Beginners are welcome!'

To enter send one poem 21 lines or less: Celestial Arts, PO Box 1140, Talent, OR 97540, Or enter on-line at www.freecontest.com.

Be sure your name and address is on the page with your poem. The deadline for entering is November 17, 2001. A winner's list will be sent to all entrants.

West Robeson United Methodist Church will be holding their Fall Re-vival November 25-27. The service per to be held at 6 p.m. Everyone is

"it's all fun and games until someone loses an eye..."



That's what your parents told you when you were a kid. Shouldn't you tell your children?

Each year thousands of children suffer unnecessary sports-related eye injuries — bruised eyes, scraped or torn corneas, detached retinas and eye hemorrhaging

Vision Council of America wants parents to know that wearing protective eyewear can prevent or lessen the severity of most eye injuries.

Talk to your eyecare professional about protecting your child's eyes.





www.visionsite.org

Department Holding Fund Raising Drive

The Pembroke City Fire Depart-ment is having a special fund drive for the next several weeks in cooperation with Community Support Services. family that pledges receives a beautiful 10x13 Canvas Mount Portrait, compliments of the Department. Proceeds are being used for new appreciate past support and look for-



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Attend National Forum

Fifteen 4-H volunteers from Robeson County were part of over 700 4-H leaders who attended the Southern Regional 4-H Leader Forum held at the Rock Eagle 4-H Center in Eatonton, Georgia, According to Alex Hunter, 4-H Extension agent, 70 workshops over the three-day conference allowed the volunteers to develop new skills and knowledge in areas of youth at risk, the environment . 4-H projects and federal initiatives. Workshop topics included subjects such as Handling Sensitive Issues. Reaching Diverse Audiences. "Don't Slurp Your Soup." Indigo Dyeing Demo, Shair-Fair, Swap-Meet, and a wide variety of other topics. These workshops will help 4-H volunteers help youth in their communities develop into competent adults providing local leadership for the future.

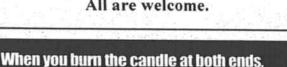
Attending from Robeson County were Tammy Tanner, Audrey Rozier, Georgi Mosby, Kenneth Bethea, Marilyn Merritt, Bobby Rogers, James Campbell, Aletha Mebane, Joyce Peay, Deborah Mitchell, Connie Lamb, Reschell Campbell, Greg Tanner, Lucille Bridges, and Gail Blackmon. Thirteen states, the Virgin Islands, and Puerto Rico made up the delegation for the southern region. Activities included dancing, funshops, and canoeing.

The Robeson County 4-H Youth Development program is a learning-bydoing educational program of the North Carolina Cooperative Extension Service for boys and girls ages 5-19. In addition to providing excellent opportunities to young people, the 4-H program is also structured to allow adults an opportunity to share leadership skills and to learn and develop additional skills. United Way funds provide 4-H with money for programming costs. For more information about the Robeson County 4-H Youth Development Program and the many opportunities offered, contact Alex Hunter, 4-H Extension agent with the Cooperative Extension Service, at 671-3276. Employment and program opportunities are available to all people regardless of race, color, national origin, sex, age, or disability.

United Methodist Woman Present the Annual Christmas Bazaar.

Pembroke First United Methodist Church on HWY 711, next to the Pembroke Town Park, will hold it's annual Christmas Bazaar on November 16th, starting at 5:00 P.M. until 8:00 P.M. and also November 17th from 8:00 A.M. until 1:00 P.M. There will be crafts and bake goods for sale. Come and

All are welcome.



Sleep deprived Americans have a 70% higher death rate.

it goes out too soon

A lack of sleep can cause marital strife, poor job performance, and more. California Department of Health statistics show that people who get less than the recommended amount of sleep have a 70% higher death rate.

Highways are a particularly dangerous place. Sleep problems put drivers at risk for microsleeps. Uncontrollable waves of fatigue where you nod off at the wheel. Each year drowsy drivers cause at least 100,000 crashes, killing more than 1,500 people and injuring another 71,000.**

Sleep help is available. New treatments are helping millions of Americans get the restorative sleep their bodies crave. Now they're rested, happier and more productive, too. Burning the candle at both ends is not only dangerous ... it's unnecessary.

Talk to your doctor or go to our FREE Risk Assessment page on the web. NATIONAL SLEEP FOUNDATION W W W . S L E E P F O U N D A T I O N . O R G

70% higher mortality in a 9 year follow-up period for people getting 6 hours of sleep or less per night. Wingard, D.U., Berkman, L.F., Mortality risk associated with sleeping pattern, Sleep, 1983; 6(2): 102-7.

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