

Pembroke Housing Authority Receives \$485,667 Grant

PEMBROKE- The Pembroke Housing Authority received official notice from the United States Department of Housing & Urban Development (HUD) approving the FY2002 Capital Fund Program in the amount of \$485,667. This is the third consecutive Capital Fund Program awarded to the Authority since the Quality Housing and Work Responsibility Act of 1998 (QHWRA) authorized HUD to annually award these grants to the more than 3400 public housing agencies across the country. Prior to QHWRA, this program was entitled the Comprehensive Improvement Assistance Program (CIAP) of which the Authority received eight grants totaling approximately \$1.8 million since 1992. These funds will be used for the second phase of renovating the

existing bathrooms and kitchens, replacement of asphalt shingles for Dial Terrace and Maynor Manor, and the replacement of vinyl siding for Maynor Manor and Dial Terrace. The Authority will employ local labor to the fullest extent possible for the highly skilled work items. Interested contractors are encouraged to provide the Authority with contact information should quotes be solicited.

"Both the FY2001 and FY2002 Capital Fund Programs have impacted the viability of our housing stock," states Lemark Harris, Executive Director. "The funds allow us to prepare our units and successfully market them as an alternative to affordable housing to qualified applicants without the typical stereotype of a public housing unit."

Local educator completes world view program

Renee Hammonds, Parent Center Coordinator for the Public Schools of Robeson County, completed the third annual World View Residential Leadership Program in Global Studies on June 28, 2002. As one of the 33 educators selected to participate in the program, Hammonds completed the weeklong intensive program aimed at extending knowledge of global issues affecting schools and community colleges. The weeklong program focused on global systems that have replaced cold war arrangements and examined issues of culture, health, and economics throughout the world. "This program allows the Chapel Hill campus and UNC-Chapel Hill international programs to move ahead in partnership with school districts and community colleges in helping them develop

global programs at their schools and campuses," World View Director Robert Phay stated.

World View, which completes its fourth year as a UNC-Chapel Hill program helps educators better prepare their students for the small and interconnected world in which they live. It does so by producing symposiums, seminars, residential global leadership programs, workshops, and study abroad trips. Hammonds joins a growing number of World View program graduates who will now take on the responsibility of increasing international perspectives at his/her school. World View's Symposiums 2002, titled *Understanding Conflict in an Era of Globalization*, will be held October 14 and 15 on the UNC-Chapel Hill campus.

Maxton Family Practice Center's PA re-certifies

Physician Assistant Gene McLaughlin of Maxton Family Practice Center recently completed and passed the recertifying examination administered through the National Commission on Certification of Physician Assistants.

"Taking the recertification examination helps keep me up to date on medical knowledge," commented Mr. McLaughlin. "Keeping up-to-date is imperative and maintaining certification is important to me and to my patients. Displaying my certification at Maxton Family Practice Center helps my patients know that I strive to provide the best possible care possible and that I am aware of the most recent treatments available."

Most Physician Assistants who graduate from a two-year physician assistant study program opt to take the certification examination, which is provided through the National Commission for Certification of Physician Assistants.

Many hospitals, as well as many states, require certification of physician assistants. Scotland Memorial Hospital requires all of their physician assistants to be certified.

Mr. McLaughlin has been a physician assistant since 1987, graduating from the physician assistant program at Emory University in Atlanta, Georgia. He has worked for Scotland Health Care System for eight years.

Physician assistants must recertify every six years. The recertification process requires 100 hours of continuing education hours every two years. Forty of those hours must be in the classroom, or what is known as category I hours. The remaining hours, Category II, can be obtained through on-line study, reading medical journals, or by mentoring physician assistant students.

To make an appointment with Mr. McLaughlin, contact Maxton Family Practice Center at 910-844-4077.



Shown with the portrait of Brenda B. Brooks, Delora Locklear, Bridgette Brayboy Cummings, are: left to right: AIM Director Beverly Collins-Hall; AIM Treasurer, Christine Locklear and AIM Chairman, Janice Oxendine. Not shown are Secretary of AIM Lisa Locklear and AIM Ambassador Ruth Dial Woods. For information on how to purchase one of the prints of this portrait, contact the AIM office at (910) 843-9911.

American Indian Mothers present Memorial Scholarships

Memorial scholarships were presented by American Indian Mothers to three (3) Robeson County high school graduates who plan to attend postsecondary school in the fall. Christine Miday, a graduate of Red Springs High School and daughter of Mr. & Ms. Ben Miday of Shannon received the Bridgette Brayboy Cummings Memorial Scholarship. David L.

Hunt of Pembroke received the Brenda Brewington Brooks Memorial Scholarship. Jane Powell a graduate of Lumberton High School received the Delora J. Locklear Memorial Scholarship. Funds to support the Memorial Scholarship were raised at the first American Indian Mothers Awards Banquet in May. Proceeds from the banquet were utilized for ad-

ditional scholarships and community based activities of the American Indian Mothers.

The Memorial Scholarships were awarded on June 29, at 5:30 p.m. at the Indian Education Resource Center in Pembroke. A portrait of the three honorees, by Gene Locklear, is presently displayed in the Indian Education Art Gallery at the Indian Education Resource Center.

A Visit to the Saddletree Community



Shown above are Mrs. Eva and Mr. James W. Thomas of the Saddletree community. Mr. Thomas is recovering at home from his respiratory ailments. He and his wife Eva enjoy visits from friends. Mr. Thomas is a World War II veteran and enjoys retelling "war stories." Mrs. Thomas enjoys working in her flowers and "listening to Thomas." They were recently visited by Mr. and Mrs. John R. Brayboy of the Prospect community. Brayboy, a Vietnam veteran, enjoyed comparing differences between the two wars.

McIntyre Announces \$225,000 for Pembroke

Washington, D.C.- U.S. Representative Mike McIntyre announced today that the Tribal Council of the Lumbee Nation will receive \$8,071,247 in federal funds for housing needs in the Lumbee community.

Congressman McIntyre stated, "This is great news for the Lumbee community! Congratulations to Tribal Chairman Jimmy Goins for their efforts in securing these funds. They worked hard to make this happen. These dollars will help many Lumbee families secure safe, decent and affordable housing and will also assist many as they make needed improvements to their current homes. Good housing leads to self-sufficiency and

economic independence, and I look forward to continuing to work with the Tribal Council and the Lumbee community."

The funds were approved by the U.S. Department of Housing and Urban Development under the Native American Housing Assistance and Self-determination Act of 1996. Funds can be used for a variety of eligible affordable housing activities including modernization and operating assistance for low income housing, new construction, acquisition or rehabilitation of rental or owner occupied housing, housing services, housing management, crime prevention, and safety activities.

Indian basketball Book's publication date in sight ...

As many of you know, Tim Brayboy and I have been working on a book about Indian basketball in Robeson & adjoining counties for some time. And the end is in sight.

We expect to present the book at the second annual meeting of the Indian Basketball Alumni Association, Inc. at the Indian Education Resource Center (located in the old "Indian" Pembroke High School building), next door to the UNC-Pembroke chancellor's residence, some time in December. There's our goal anyway! We can say with absolute certainty that the second banquet will be held when we have completed the book. At the meeting we will also disclose our long range plans, and present our non-profit corporate status to Indian basketball adherents. More information will be forthcoming in the next few days and weeks. The name of the book is:

**PLAYING BEFORE AN OVERFLOW CROWD,
The story of Indian basketball in Robeson & adjoining counties between 1939-1967.**

The book, now about 90% complete, is a history of "Indian" basketball in Robeson as we remember it. Information is scant, but it was a time of rank segregation although positive currents emanated from the unique social incubator and experiment. The book explores what happened, where it happened, when, how, who, and, most importantly, WHY?

Also, what valuable lessons can be learned from this special moment in time?

TO RESERVE A COPY, fill in the blanks and send it to Indian Basketball Book, c/o Bruce Barton, Post Office Box 362, Pembroke, N.C. 28372. Or call 910-521-2054 for more information. We also welcome old "Indian" basketball photographs and memories.

Name _____
Address _____

INGENIOUS IDEAS DEPARTMENT

Not All Cigarettes Are Created Equal

(NAPS)—If you or someone you know is a smoker, you're probably aware of the need to stop smoking.

Until you can quit, at least now there is an alternative to traditional cigarettes. Omni reduced carcinogen cigarettes taste, smoke and burn like premium cigarettes, but produce significantly lower levels of many of the recognized carcinogens and toxins in tobacco products.

The technology behind this reduced carcinogen cigarette involves using a proprietary catalytic process to decrease polycyclic aromatic hydrocarbons (PAHs), nitrosamines (TSNAs) and catechols.

"While there is no such thing as a safe cigarette, we believe if you do smoke, Omni is the best alternative," said Bennett S. Lebow, CEO of Vector Tobacco, makers of Omni.

The reductions in carcinogen levels are also found in the sidestream smoke produced by Omni cigarettes. According to the Environmental Protection Agency, sidestream smoke contains known or suspected car-

Quitting by the Numbers

- 52 million Americans smoke
- Only 2.5 percent quit every year
- Polycyclic aromatic hydrocarbons (PAHs) reduced by as much as 51 percent in mainstream smoke
- Tobacco specific nitrosamines (TSNAs) reduced by as much as 53 percent in mainstream smoke
- PAH Acenaphthylene reduced by 66 percent in sidestream smoke

cinogens. Dr. Bob Bereman, a Vector research scientist, agrees. "Many people who don't smoke are around family and friends who do," said Dr. Bereman. "That's why it is important to not only reduce the carcinogens in mainstream smoke, but in sidestream smoke as well."

Increasingly, this new cigarette is seen to be a logical and important first step for many smokers who understand the health risks associated with smoking.

Did You Know?

(NAPS)—Bananas with a speckled peel are extra-ripe and best for adding to baked goods, or for slicing into blender drinks, frozen or not. For example, you can whip up a delicious Pineberry smoothie by mixing bananas, yogurt, pineapple juice and assorted fresh berries. For more recipes, visit www.dole.com/health/recipes

While the Internet has made staying connected easier, wireless communication is becoming the ultimate way to stay in touch. Research indicates that the number of wireless subscribers in the United States will increase by 73 percent annually, from five million in 2000 to more than 84 million in 2005. Leading Internet companies, such as EarthLink, make it easier for people to communicate using e-mail through Internet-connected wireless devices available at www.earthlink.net. While people are away from home or the office, they can stay in touch with friends and family through their main e-mail address without being tied down to a computer.

Visa and Better Business Bureau Online offer tips to keep yourself safe online. They recommend that shoppers take specific actions and shop with online retailers who make security a priority. To purchase prod-



ucts online, the BBB suggests using your payment card. That way, you can take advantage of the wide range of fraud protection and liability limitations that credit and debit card issuers provide today. For example, Visa offers a new service called Verified by Visa that allows consumers to create their own passwords to prevent unauthorized use of their cards while shopping online.