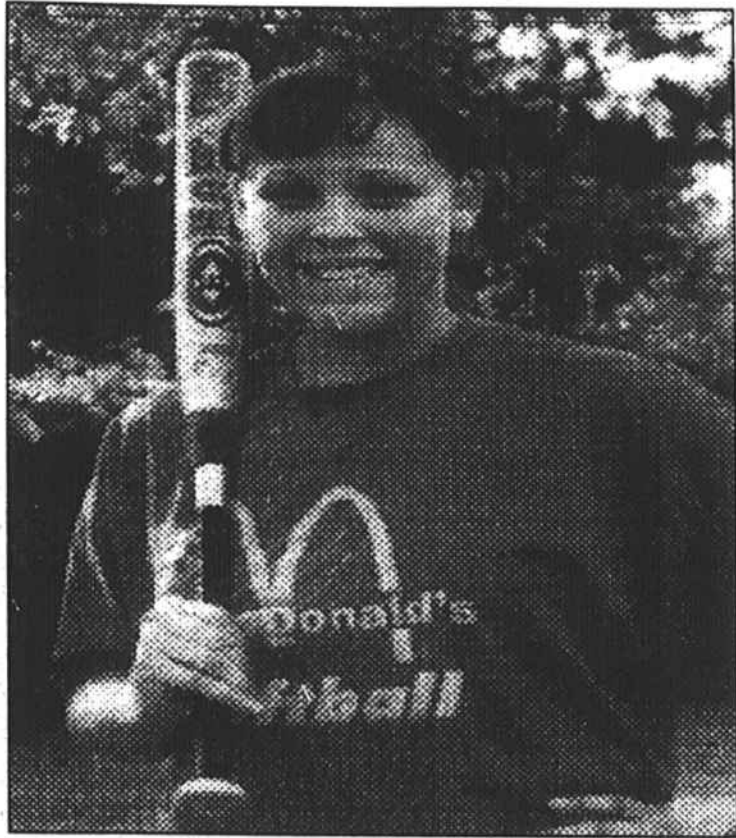


An Appeal for Donations for participation in Coast to Coast Softball team



My name is Brittney Danielle Lowery, 11th grade student of Lumberton Senior High. I have been accepted to participate in the Coast to Coast Softball team. My team will be playing in Hawaii, and I am responsible for earning the money to take this trip. Softball has always been a part of my life. This trip will be a great opportunity for me to travel the world and also meet new people who enjoy the same thing as I..... SOFTBALL. I am accepting donations and contributions of all kinds; I would also like to receive frequent flyer miles to make the trip. Anyone with donations or contributions are asked to contact Ms. Bobbi L. Richardson at (910) 735-0197. Please leave a message and I'll return your call.

To Whom It May Concern:

This trip will be a great opportunity for me to travel the world and also meet new people who enjoy the same thing as I..... SOFTBALL. I am currently involved in the WIA Program in Lumberton, N.C. worked a summer job at Big Lots, and hopefully will continue to be a part of the program. my skills in sports. Whatever the donation may be, every little bit helps.

The first half of the remaining balance which is \$1000.00 has to be paid by February 1, 2003, and the remainder by May 10, 2003.

Anyone with flying miles time, that you would like to donate, would be greatly appreciated also.

Once again, thanks for your time!

Company Name: _____

Sponsoring Person: _____

Address: _____

Phone#: _____

Amount: _____

Red Cloud Art Show is Announced for 2003

Supporters of American Indian artists have provided \$6,000 in awards for the 2003 Red Cloud Indian Art Show which opens June 8th at Pine Ridge, SD.

Now in its 35th year, the show displays the work of artists from 30 or more tribes and is the nation's largest Indian Art Show held on a Reservation. The show is open to all Native American artists-Indian, Eskimo and Aleut. All applicants must be eighteen years or older. All applicants must have a tribal enrollment number.

All works must be for sale, and each year about forty percent or more of the works are sold to the public.

We want to acquaint the public with the artistic talents of the Native American people. We also want to provide a market for the accomplished Indian artist and to give aspiring artists an opportunity to display their work. No entry fees are charged to the artists.

Open seven days a week, June 8th to August 17th, free to the public. Hours are from 9 to 5 daily.

Artists wishing to enter their works may get entry forms by writing to The Heritage Center, 100 Mission Drive, Pine Ridge, SD 57770

Applications now available for AIM Food Bank in Shannon,

Applications will be taken for the AIMI food bank beginning February 5, 2003 through February 10, 2003, at the AIMI Ruben Center Fran St Shannon NC 28386.

Please contact AIMI Office at 910-843-9911 for more information. Office Hours 8am-5pm.

Information on Free Prescription Drugs available locally

Are your medications too expensive for your budget? If so, information from a new booklet might help.

Most major drug companies provide free or low cost medication, but rarely, if ever publicize the programs. Prescriptions can be gotten for free or at very low cost directly from the manufacturer. If you know how to obtain this information, you will never again have to pay for medication.

Hard to find information on how and where to get free and low cost prescription drugs is available for the low cost of \$5. Anyone interested in receiving this information should send \$5 to Mary Largent at PO Box 1088, Pembroke, NC 28372.

Information on how to obtain free prescription drugs will be sent immediately upon receipt of the name, address and \$5 to cover mailing, of the consumer needing this information.

"Building Communicative Bridges In A Tri-Racial Setting"



R.D. Locklear



Ben Jacobs

New Officers Installed at Pembroke Chamber Banquet

The Pembroke Area Chamber of Commerce installed new officers and recognized outstanding leaders at its annual Banquet and Awards Ceremony held January 18 at UNC Pembroke.

The officers installed, their position, and the businesses they represent include: R.D. Locklear, (President) of Locklear Financial Group; Angela Chavis, (Vice-President) of First Bank; Keith Branch, (Treasurer) of Progressive State Bank; Beverly Locklear, (Secretary) of Healthkeeperz; and Ben Jacobs, (Executive Director) of Lumbee Regional Development Association.

The theme of the banquet program was "Looking to the Future" and main speakers touched briefly on the theme by giving an outlook for the future of Pembroke.

Billy Ray Hall, President of the N.C. Rural Economic Development Center in Raleigh, was the main

speaker for the event. Hall presented information on the strengths, weaknesses, opportunities, and threats that face leaders of the Pembroke area. He encouraged the leaders to collaborate to build on their strengths.

After assuming the office of President, R.D. Locklear said, "In the past, the economy of Robeson was dominated by textiles and tobacco. We should not expect that they will be dominant in the future. The hope for economic prosperity in our future are in technology and tourism." Locklear challenged the Chamber and its members to be effective players and supporters of economic and tourism development in the Pembroke area.

The Harry West Locklear President's Award was presented to a Chamber volunteer who provided exemplary service to the

Chamber. The award was presented to Teresa Oxendine who had served in positions of Vice-President and Executive Director.

The Pembroke Chamber presented a major new award, the Pembroke Appearance Award, which is presented to a business or organization that has provided outstanding leadership in improving the appearance of the Pembroke Community. The Appearance Award was presented to the University of North Carolina at Pembroke which has completed extensive work in recent years in improving its facilities. Leaders of UNCP have served as leaders in efforts of the Pembroke community to improve appearances of the town.

For additional information, or to become a member of the Chamber, call the Pembroke Chamber office at 521-0647 or contact Chamber officers.

Swett High News

Students Appreciate Resource Officers

Ms. Karen Stickney's Business Law class showed appreciation for the resource officers at Purnell Swett High School. As students read poem over Channel One that had been written in the class. They also presented the resource officers posters to display in their office and made several speeches. Afterwards, they enjoyed lunch together and through open conversations, they got to know the officers better. The resource officers appeared to really enjoy and appreciate the students' efforts.



Gold Key Winner Roger Dean Hunt

Roger Dean Hunt, a visual arts student at PSHS is a 2003 Scholastic Art Awards winner for Eastern North Carolina. Roger is a sophomore and son of Teresa and Roger Dean Hunt. He is an advance student in Mrs. Delora Cummings art class. Roger is very interested in art and has won other art awards.

An awards ceremony for Gold Key winners was held on January 26, 2003 in which Roger and his family attended. His Gold Key Award is the highest art award given for outstanding achievement on this level. The Art Exhibition will be in the Barton Museum at Barton College Department of Art in Wilson, NC. Roger's winning entry is a scratch board drawing. His art work will go to the National Scholastic Art Competition in New York. You may view the Art Exhibition at this site: www.barton.edu/School of Arts & Sciences Art.

Students honored at Chamber of Commerce dinner. Among those honored were Mark Brooks, Ashley Oxendine, and Amber Bullard. They were recognized as selected students of excellence at the annual Pembroke Chamber of Commerce dinner January 18.

Congestive Heart Failure Patients Receive Above Average Care and Education at Scotland Memorial

For over a year now, congestive heart failure patients entering Scotland Memorial Hospital have become more educated about their disease due to an educational program which has become one of the four cornerstones of the hospital's "Back to Basics" campaign. The program's purpose is to better educate patients to help them decrease the number of visits they make to the Emergency Center and as a hospital patient.

Congestive heart failure patients are taught to weigh themselves daily to detect weight gain due to fluid build-up, when to contact their physician, smoking cessation for smokers, physical activity, and nutrition.

Registered Nurse Melissa Turner, Scotland Memorial Hospital's Cardiac Case Manager states that the Medical Review of North Carolina helped the hospital determine what patient care improvements were needed for patients diagnosed with congestive heart failure. "We have participated with data collection with the Medical Review of North Carolina since July 2001. That includes evaluating patients to see how well their hearts function and ensuring that the right medications (such as ACE inhibitors) are prescribed for patients whose heart function is less than 40%. We also now document the education patients receive in the hospital."

Frequent re-admissions for the same diagnosis became a focal point for the Medical Review of North Carolina, which in turn prompted Scotland Memorial Hospital to start data collection. "Our data is very favorable, compared to the other hospitals in North Carolina," continued Ms. Turner. "Our numbers are actually above the state average."

Scotland Memorial also provides this same data to the Maryland Hospital Association. They in turn report the data quarterly to the Joint Commission on Health Care Organizations, the organization through which Scotland Memorial Hospital is certified.

Dr. Matthew Block, local cardiologist, is very pleased with the care

LRDA recognizes top WIA student

LRDA's Workforce Investment Act Program (WIA) is pleased to announce their Top Classroom Training Student Ms. Kisha Locklear.

Kisha has received a 4.0 GPA for the fall semester. She attends Fayetteville Technical Community College, where she is pursuing a career in nursing.

Kisha enrolled in the WIA program in August 2002. She receives financial assistance for her tuition.

The LRDA Board of Directors and Staff and especially the WIA staff would like to congratulate Kisha and acknowledge her for the excellent she has accomplished.



Kisha Locklear

Red Springs Arts Council to sponsor Street Festival

Artists, Crafts people, food vendors and community organizations who wish to participate in the Red Springs Street Festival on Sunday afternoon, April 27, 2003, please contact Ralph Steeds at 910-843-3559 evenings.

Fund Raiser planned for Robeson County Church and Community Center

The County Church and Community Center will sponsor a fund-raising dinner at Sheff's Seafood, at 100 3rd St. Pembroke, NC. March 10 at 6:00 p.m. Tickets are \$40.00 per person.

Please contact Pat Lykins at 738-5204. Please support the center in its efforts in making a difference in the lives of others.

Studio One Lab Series 2003,

announces Arthur Miller's masterwork, *The Crucible*

Time: February 13 at 7:00 PM

February 14, 15 at 8:00 PM

February 15, 16 at 3:00 PM

Carolina Civic Center

downtown Lumberton on Chestnut St.

Prices: Adults: \$ 8.00 Seniors : \$6.00 Students: \$5.00

Contact: Jeanne Koonce at 424-8871

and education congestive heart failure patients receive at Scotland Memorial. "It's gratifying to know that at such a small hospital we are able to deliver care equivalent to any other hospital in the state. Hospitals our size may not have the budget for a big marketing campaign and often use these objective studies to see how we compare to other hospitals. It's great to know that Scotland Memorial Hospital is well above the average in its care of not just CHF patients, but all patients."

As the Cardiac Case Manager, all congestive heart failure patients become Ms. Turner's patient each time they are admitted to the hospital. Though she may not see the patient each time, she is behind the scenes coordinating their care and education.

"One of our main focuses is to decrease repeat patients. We found that congestive heart failure patients would visit the Emergency Center or may be admitted to the hospital because they were in such distress. We now have an inter-disciplinary method of educating the CHF patients to make them healthier, thereby helping to decrease their hospital visits," continued Ms. Turner. "We've added so much to our discharge planning for these patients and now involve the nursing staff, physician, dietician, and respiratory therapists. This inter-disciplinary team educates patients on their activity level, weight gain monitoring, follow-up with their doctor, and signs and symptoms to watch for, such as shortness of breath and swelling in the legs."

Approximately 30 CHF patients have been treated at Scotland Memorial Hospital since the implementation of the new program-either in the Emergency Center or as an inpatient. "We've worked hard through our "Back to Basics" and Patient Education programs to improve the care provided to our congestive heart failure patients," commented Ms. Turner.

For more information about congestive heart failure treatment and education at Scotland Memorial Hospital, contact Melissa Turner, RN, at 910-291-7510.