

The Evening Telegram

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Tuesday, June 5, 1917.

Watchama Column

Being Tired.

Being tired is a feeling some
folks are born with and others
acquire by hard work.

Nobody's discovered a remedy
for the first. But the best thing
for the second is to hire a bed-
room with a bed in it and pro-
ceed to wear it out.

With the man born that way,
tiredness is a business. He starts
through life wearisome reaches a
fagged out middle age and dies
around the century mark of com-
plete exhaustion. He is not only
tired himself, but he makes
other people tired. He has Ep.
Van Winkle looking like a light,
intermittent sleeper.

There is a little time left in which
you may still live duty by your country.
Remember if you are within the age limit
and if you are not enroll your dollars
for the cause and purchase today a Lib-
erty Bond. Let your dollars do their
part in winning the war.

President Few of Trinity College, in
his address to the board of trustees of
the institution on Monday, recommended
the continuation of military training
at the institution at least for the time
being. Really it appears that Trinity
is merely taking the step in advance
and while this is a demand of the
time there seems to be little hope
that all the training in the military
that is possible will be necessary for the
next few years. It may be expected
that other institutions will follow Trinity
in this move.

The New Bern Sun-Journal points
that one of the biggest defects in our
military system at this time is that the
man with dependents cannot serve his
country without neglecting his family
since the government's meager salary
of a soldier does not permit the support
of dependents. When Congress may get
rid of some of the momentous problems
now before them it looks as though one
of the first that should engage their at-
tention should be that of caring for the
dependents of those who are called to
the colors. The men of affairs in the na-
tion needs turn their attention to this
and the sooner it is settled the more
satisfied and more zealous will be the
army to press the war to a final and suc-
cessful culmination.

If turning back an enemy over twenty
miles of territory in the strongest
possible fortified positions and if taking
fifty-two thousand prisoners is an
offensive that failed as the Kaiser and
General Von Hindenburg claim, it looks
to us that surely thus far the Allies
haven't attained anything. If that is
a failure as the Germans point that the
engagements on the western front have
been, one really wonders what on earth
the Germans think they have accom-
plished, surely that are not satisfied with
the way they have prosecuted the war
in the past three years. And while
there might be some contradictory
statements about the number of prison-
ers it looks to us that the allies or the
geography tells the story as to the dis-
tances.

Canton over in Haywood county is
being bounded to death right now on ac-
count of a hundred cases of typhoid
fever after the State Board of Health
had told them that their water sup-
ply was faulty and should be changed.
In fact the State Board of Health is
attempting to give itself an iron crown
on its own self, bring a brass band into
play and hire a hall for the hono-

Doctors Agree On
Eczema Remedy

Confirm the Statements About
D. D. Prescription

Geo. T. Richardson, M. D.: "In my
opinion, D. D. D. should be applied in all
cases of skin disease—an immediate relief
from the irritation and a decided nerve-
soothing, yet a powerful agent, a strength
to the general system."

Dr. Elmer Holmes, M. D.: "D. D. D. is an
excellent medicine for eczema and the droppings
possibly as far as the material for making
constipation, D. D. D. also for salt
cream, lotion, barber's itch, pimples, all
forms of itching eruptions, sores, warts,
etc. I have found it to be a good medicine
that D. D. D. reaches most cases of
eczema and permanently cures them."

Dr. Goss of Caldwell, Kansas, is one
of the best skin specialists in the state.
We can not say much about Dr. D. D.
Druggists are glad to recommend this
moistening, cooling liquid. 25c, 50c and \$1.00.

Come to us and we will tell you more about
the product. You can name your
own first batch callers you D. D. D.
keep your skin healthy." Ask about it.

THE GREAT AMERICAN THIEF.

(By Hapsburg Liebe of the Vigilants.)
It was a long dark night five years in the
dusty past, when I was perfectly good
after a big foggy day instead of a writer of
indifferent power, that I had my first
introduction of this Brodheadian.
I had just left the saw mill in company
with the sawyer, when I noticed an ordi-
nary but neatly dressed old man picking
up kindling that had fallen from a
passing wagon. We soon overlook him.
I was sorry for him.

"Old man," said I, "if you'll come
around to the mill tomorrow, I'll give
you all the kindling you can carry off."
He looked rather mousy. "S'pos'n,"
he replied, "I'm just picking this up to
keep it from going to waste. Waste is
the great American thief."

We patted him on the shoulder and whisper-
ed him and whispered, "That's odd
So-and-so he's worth a hundred thou-
sand, and he's not accounted a stingy
old man."

I got the lesson. I've since worked it
out very thoroughly—so very thoroughly,
in fact, that I am able to tell you
what this up to surprise you, that an
entire nation the size of ours could have
lived six years on that which we have
wasted during the last ten years! And,
which if of even great importance, both
this and the other nation would have
been better and stronger and more
of an nation because of it, but that
wasn't, is beyond any doubt, the great
American thief, just as that philistine
old man told me.

It is in our eating that we are most
indulgent, most imprudent, most
wasteful. We are, in the main, a nation
of meat eaters and butchers and overeaters.

We think that we save time when
we buy our food, but we don't we
forget, because by so doing we impair
health and shorten life to an extent that
would be alarming to us if we could only
realize it. The eating of much meat may
be all right for a digger of ditches, but
it certainly is unsatisfactory for those who
try to do any amount of clear thinking.
Our eating is good for nobody, for no
many reasons that I can not attempt to
set them down here. Let me begin the
news to you that Germany, as a nation,
can put it all over us when it comes to
efficient eating. And Germany's efficient
eating is one of the greatest factors in
the success with which she has fought
and is still fighting the best forces of
the civilized world.

If you are a meat-eater, try cutting out
at least half your meat and substituting
fruits and cereals and properly
cooked eggs. It will surprise you when
you realize how much your brain and skin
are cleaned.

If you are a butter-eater, try taking at least
half an hour for each meal, try leaving
business behind for the time being, try
thinking of light and pleasant things
when you are eating, and note the diff-
ference.

If you are an over-eater, cut out a
third of your usual meal and see how
much sluggishness of body and mind
you'll be able to throw off.

If you are a combination of all three,
it's a wonder you are alive!

C. A. HUMPHREY
Dealer
GOLDSBORO, N. C.

ALL KINDS
\$10.00 gets a good machine

INVENTOR OF GERMAN HOWITZERS IS DEAD

Washington, June 5.—Johann Gott-
lieb, inventor of the big Berlin
howitzers which have graced the
German war field, died at the home of
his daughter, Miss Thomasine M. Foley,

ALL KINDS
\$10.00 gets a good machine

Safest Druggists Sell E-Ru-Sa Pile Cure

BECAUSE it contains no opiates, no lead, no mercury, no Belladonna, no poison drug. All other pile medicines containing the above-named harmful
drugs cause piles, and the sale of same is illegal. E-RU-SA cures piles or \$50.00
forfeited. MAY & GORHAM, H. S. HICKS DRUG CO. and KYSER DRUG CO.

25th SERIES

of

Citizens Building and Loan Co.
NOW OPEN

Books for subscription to stock will be open
until May 31st.

There is no safer form of investment. Mon-
ey saved in this way is free from taxation and
pays a higher rate of interest than any other
form of saving.

Why not build a home with rent money?
Come in today and begin saving for your home.

OFFICE WITH

Wilkinson, Bulluck & Company

in Planters National Bank Building, corner of
Sunset Avenue and Howard Street,

J. C. BRASWELL, President W. S. WILKINSON, Secretary

15—Phones—16

any stune of being able to point their
finger at the little town and declare:
"We told you so." That is rather too
much self-praise so the average citizen
thinks and if the State Board of Health
knew of all this danger and that the
life of every citizen was in the balance
why didn't they do something more
than talk.

"Hopping the moving train," as you
have heard it spoken of hundreds of
thousands of times and which you have
seen performed a great deal more than
the average sober-thinking citizen re-
gards and every now and then the dan-
ger is more clearly established. The lat-
est of these occurred in the union station
in Raleigh Monday morning when a
train had started. He really had no
passenger made a run for the cars after
reason for leaving the coaches, being
a passenger from Greensboro to Golds-
boro, but he did with a confident belief
that he could get off and then back on
without danger, but it was one of those
which failed. We cannot see how the
railroad has any responsibility in the
matter, though of course the courts will
be called on to decide that.

If you are twenty-one and not yet
thirty-one and you haven't your little
brown boy band as a citizen of Rocky
Mount you had better get it out and in
fact had better keep your little regis-
tration card in easy access. If you
haven't got one you had better get one
and the proper way to apply to the re-
gister and enroll for the causes of the
nation. It is a duty that every citizen
within these ages should perform no
matter whether he be richer poor. In
this loyalty to nation he who registers
does that with a lot power and aligns
himself with the same real and spirit-
ual national institution as was in evidence
the morning that Paul Revere rode
over the road from Boston to Lexington
and aroused the men who were
to strike for independence of an Ameri-
can people.

The Wilmington Star is correct when
it declares that one of the best ways to
diversify our farm activities and the
fact that we haven't more meat
packing plants, flour mills and grain
eaters is because we have turned our eyes
to the honey crop of cotton, tobacco
and peanuts. There is no reason why
the South should not raise great
quantities of wheat as winter crops, and
that great flour mills should find the
grain to keep the mill moving the year
round. There is no reason why pack
and beef should not be packed in the
South as well as in the North and West.
North Carolina corn will make as good
breakfast cereal as will that of Illinois
and beans can be baked in Belhaven,
Buncombe or Battleboro just as good
as they can be shipped to Boston, baked
and sent back here at a multiplied cost
of about 50 per cent.

If you are a meat-eater, try cutting out
at least half your meat and substituting
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cooked eggs. It will surprise you when
you realize how much your brain and skin
are cleaned.

If you are a butter-eater, try taking at least
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If you are an over-eater, cut out a
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A Monday and Tuesday Sale
OF HOSIERY

For Women, Misses and Infants, will be an event of unusual interest. The prices, showing decided values from those that are ordinarily asked.

FULL FASHIONED BOOT SILKS

65 and 75c values both black
and white; sale price 48